Adolescent Health Initiative****

**YACYAC Youth Leadership Assessment Tool**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Strongly Disagree** | **Somewhat Disagree** | **Somewhat Agree** | **Strongly Agree** |
| **Communication Skills** | | | | |
| I am comfortable talking in a group |  |  |  |  |
| I listen actively |  |  |  |  |
| I think before I speak |  |  |  |  |
| **Observation** **Skills** | | | | |
| I pay attention to the interest level of the group |  |  |  |  |
| I acknowledge who is being “left out” |  |  |  |  |
| I pay attention to reactions to my comments |  |  |  |  |
| **Problem-Solving Skills** | | | | |
| I am comfortable stating problems or goals |  |  |  |  |
| I am comfortable asking for ideas and opinions |  |  |  |  |
| I evaluate ideas critically |  |  |  |  |
| **Morale-Building Skills** | | | | |
| I support the rights of individuals in the face of group pressure |  |  |  |  |
| I give praise or appreciation |  |  |  |  |
| I am respectful of other viewpoints and backgrounds |  |  |  |  |
| I feel comfortable dealing with tension |  |  |  |  |
| **Expressing Emotions** | | | | |
| I feel comfortable telling others how I feel |  |  |  |  |
| I feel comfortable disagreeing openly |  |  |  |  |
| **Personal Qualities** | | | | |
| I am a confident person |  |  |  |  |
| I am a positive person |  |  |  |  |
| I have a sincere desire to help others |  |  |  |  |
| I follow through with my goals |  |  |  |  |
| I feel comfortable facing disappointment |  |  |  |  |
| I listen while others speak |  |  |  |  |
| I can motivate others |  |  |  |  |
| I show up to meetings on time |  |  |  |  |
| I regularly attend meetings |  |  |  |  |

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**