

Documentation Checklist: Process Guideline for Maintaining Hydration and Electrolyte Balance

November 8, 2005

Resident: _____

Date: _____

If a concern related to maintaining hydration and electrolyte balance is triggered during the survey process, the facility will be given the opportunity to demonstrate that it has followed the steps in this checklist, as evidence to support an appropriate care process related to maintaining hydration and electrolyte balance. Evidence of an appropriate care process will be considered in determining whether an adverse event (a negative outcome), or the potential for an adverse event, related to maintaining hydration and electrolyte balance can be attributed to a deficient facility practice. If attributable to a preventable (avoidable) deficient facility practice, this checklist may also be used in analyzing the severity of the deficiency, if a citation should result.

F- tags, which could be associated with maintaining hydration and electrolyte balance concerns, are provided within the checklist. Other tags may also be appropriate.

**DOCUMENTATION CHECKLIST: Process Guideline
for Maintaining Hydration and Electrolyte Balance**

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	Yes	No	N/A
ASSESSMENT/PROBLEM RECOGNITION: May relate to F Tags: F272 (Assessment), F327 (Hydration maintenance)			
1. Did the staff review and define the individual's hydration status?			
2. Did the staff and practitioner identify existing fluid and electrolyte imbalance?			
3. Did the staff and practitioner identify risk factors for developing fluid and electrolyte imbalance?			
DIAGNOSIS/CAUSE IDENTIFICATION: May relate to F Tags: F 327 (Hydration maintenance), F386 (Physician review of total plan of care)			
4. Did the staff and practitioner evaluate likely cause(s) of fluid and electrolyte imbalance?			
5. Did the staff and practitioner evaluate relevant information and provide a clinically pertinent basis for their conclusions?			
TREATMENT/PROBLEM MANAGEMENT: May relate to F Tags: F279/280 (Comprehensive Care Plans), F 327 (Hydration maintenance), F 386 (Physician review of total plan of care)			
6. Did the staff provide or assist with necessary hydration?			
7. Did the staff and practitioner address underlying causes of fluid and electrolyte imbalance?			
MONITORING: May relate to F Tags: F272 (Assessment), F 327 (Hydration maintenance)			
8. Did the staff and practitioner review and adjust interventions based on appropriate rationale?			
9. Did the staff and practitioner monitor the subsequent course of impaired hydration or other significant fluid electrolyte imbalance or risk?			

Signature of person completing the form