

Center for Forensic Psychiatry  
**Family Education Program**



**Families Helping Families**

This is a group for everyone who is interested in learning about mental illness, supporting your loved one, and taking care of your own emotional health. *We meet on the second Saturday of each month*  
**Everyone is welcome!**

**March 9, 2013**

Per group members' request, Dr. Jean Kanitz, PhD, presented on Cognitive Behavioral Therapy and Schizophrenia offered in the women's unit (S-4). Mr. Joe Corso, LMSW, Social Work Supervisor facilitated the meeting. Family members in attendance rated this presentation as excellent and good. Written feedback from group members indicated that the presentation was educational and applicable to other areas in their lives. Other feedback requested more presentations like this one. Group members were very complimentary about this support group and the therapeutic treatments offered to their loved ones at the CFP.



**Knowledge unlocks many doors!**

**April 13, 2013**

We viewed a film called "Living With Schizophrenia". This documentary aimed at addressing issues affecting individuals with mental illness and those who care about them. After the film we engaged in discussion and emotional support for the common apprehensions and challenges group members have experience in caring for their loved ones.

**Look us up on line.** The Center for Forensic Psychiatry has a new Internet Website. You can view our calendar of scheduled meetings and the newsletter which will list the topics of upcoming meetings.

[www.michigan.gov/mdch/](http://www.michigan.gov/mdch/) choose <Mental Health & Substances>, then <Mental Health & Developmental Disability>, then <Hospitals and Centers>, then <Center for Forensic Psychiatry> then <Family Support>.

Facilitators: *Kelly Burse, Donald Riffenburg & Eugenia Ramon (734) 295-4355*

*July, 2013*

**May 11, 2013**

Speakers Leon Judd, President and Mary Ellen Judd, Education and Community Outreach for NAMI Metro (Oakland, Wayne and Macomb Counties) addressed family education issues and provided support to our group members. Their knowledge base includes first-hand experience with being parents of a mentally ill person. They have developed educational programs for family members of individuals in recovery from mental illness. If interested in attending their program please contact the National Alliance on Mental Illness - Metro. They provided a large amount of information and responded to questions and concerns raised in a practical, compassionate and supportive manner.

**June 8, 2013**

Ms. Susan Casha, OTRL, Rehabilitation Services Director, provided a tour of Main Street and we learned about the different programs offered by the Rehabilitation Services Department at the CFP.

**Just a reminder...September 14<sup>th</sup>, 2013 is our Annual Picnic. Please remember that in order to participate in this event you must be a group member and have attended a minimum of three meetings from March to August (or half the number of meetings offered since you joined). If you cannot attend the August meeting, please sign up for the Picnic by calling (734) 295-4355. Limit-3 family members per patient.**

**News about Future Meetings:**

**July 13: "Discussion and Support with Jackie Castine"**

**August 10: Joe Corso, LMSW and John Scully, LMSW will present on the Dual Diagnosis program of the CFP.**

**September 14: Annual Picnic for group members and their CFP hospitalized loved ones.**

**October 12: Cathy Ward, LMSW, Social Work Director, and NGRI Committee member, will discuss the NGRI legal status.**

Please join us... We look forward to meeting you.