

# Experience the MAC— the area's best fitness value

**PHP members pay only \$99 to join (Save \$296).**



Your MAC membership is all-inclusive: more than 150 free classes each week, plus state-of-the-art equipment, indoor track, four pools, basketball, tennis—amenities like massage, restaurant and Pro Shop. Get fit while enjoying strength training, cardio, aerobics, water fitness, Pilates, Yoga, cycling, racquetball, squash, handball and so much more.

Come in for a free tour and complimentary day guest pass. Stop in or call 517.364.8888 to take advantage of this special offer.

Restrictions may apply. No cash value. One-year agreement required.

2900 Hannah Blvd., East Lansing, MI 48823 • 517.364.8888 • [sparrow.org/mac](http://sparrow.org/mac)