

Quick Tip Sheet

Signs and Symptoms of High Blood Glucose

HYPERGLYCEMIA

HIGH BLOOD GLUCOSE KNOW THE SYMPTOMS

An individual may not always recognize symptoms of high blood glucose. These common symptoms, and others, may indicate high blood glucose.



Frequent urination
(bedwetting in children)



Extreme thirst/
dry mouth



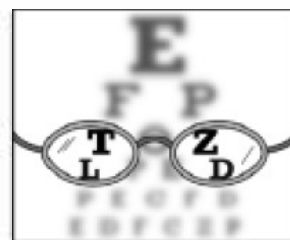
Sweet, fruity breath



Tiredness/fatigue



Increased hunger



Blurred Vision



Nausea/vomiting



Stomach pain/
cramps



Unusual weight loss

If individual has labored breathing, weakness,
is confused or unconscious,
SEEK MEDICAL ASSISTANCE

Adapted from Children's Diabetes Foundation at Denver

Quick Tip Sheet

Signs and Symptoms of Low Blood Glucose

HYPOGLYCEMIA

LOW BLOOD GLUCOSE KNOW THE SYMPTOMS

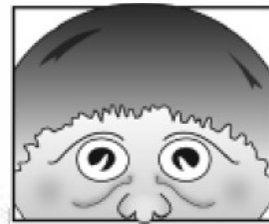
An individual may not always recognize symptoms of low blood glucose. These common symptoms, and others, may indicate low blood glucose.



Hungry



Shaky/weak/clammy



Blurred vision/
glassy eyes



Dizzy/headache



Sweaty/flushed/hot



Tired/drowsy



Mood/
behavior change



Inattentive/spacey



Slurred/
garbled speech

If individual is confused/unable to follow commands,
unable to swallow, unable to awaken(unconscious), or is
having a seizure or convulsion,

GIVE GLUCAGON

Adapted from Children's Diabetes Foundation at Denver