



A Coordinated School Health & Safety Program addresses children’s social, emotional and physical needs so they can be healthy, fit and ready to learn.

Did you know schools with an effective coordinated school health & safety program in place have reported:

- ☑ **Reduced** absenteeism
- ☑ **Fewer** behavior problems in the classroom
- ☑ **Improved** student performance
- ☑ **Higher** test scores
- ☑ **Better** student attitudes toward school and classmates

Be part of the solution ... check out what’s happening at your school and take action!

- Is there a Coordinated School Health **Advisory Team** in place?
- Has your school adopted and implemented a **Wellness Policy** that promotes healthy eating and physical activity for students and staff for all school related activities?
- Is **physical education** part of the regular school day (at least 30 minutes every day)?
- Does your child receive **health education**?
- Is **healthy food** the norm in the lunch room, vending machines, school store and concession stands?
- Is the school climate **respectful and caring** of all students?
- Do school fundraisers **promote** healthy food and physical activity?
- Does your school assist you in accessing health or **psychological services**?
- Is healthy food promoted for **school meetings**, parties and classroom snacks?
- Is there an opportunity for school staff to **participate** in wellness programs?

Healthy kids make better students,
 and better students make *healthy communities.*



For more information go to:

www.michigan.gov/cshsp

www.parentactionforhealthykids.org/parent-resources