Diabetes Care and Management Planning

Student Information

| Student | |
|-----------------|--|
| Grade | |
| Date | |
| School District | |
| School | |

Planning for Specific Situations

Please circle appropriate choices specific to student situation

| MEALS | ACTIVITY | TIME | LOCATION | BS CHECK √ | INSULIN | OTHER CONSIDERATIONS |
|-----------|---------------|------|----------|------------|---------|----------------------|
| | Arrival | | | | | |
| Breakfast | | | | | | |
| | Arrival | | | | | |
| Snack | | | | | | |
| | Gym/recess | | | | | |
| Lunch | | | | | | |
| | | | | | | |
| Snack | | | | | | |
| | Gym/recess | | | | | |
| | | | | | | |
| | Bus/dismissal | | | | | |
| Dinner | | | | | | |
| | Bus/dismissal | | | | | |

Further Steps

- Establish and document student routine
- Determine when to schedule routine BS Check
- Determine when to administer insulin