

Howard's News From MDE

March 22, 2018

Here is the latest from MDE:

This is Your Year for Healthier Habits!

MDE is working with the School Nutrition Association (SNA) [STEPS](#)ⁱ and [SNA Michigan](#)ⁱⁱ to enroll 200 school nutrition professionals by October 25, 2018, which is also the date of the next [School Nutrition Association of Michigan Conference](#).ⁱⁱⁱ

Congratulations to our most recent [STEPS](#)^{iv} winners:
September - Jodi Nieuwstadt, Plymouth Canton Schools
October - Sue Nemeth, Kingston Community Schools
November - Maria Hill, Port Huron Area School District
December - Roseann Kimmel, Port Huron Area School District
January - Laura Taylor, Port Huron Area School District

Winner Spotlight

November Winner - Maria Hill, Port Huron Area School District!



What motivates you to stay active?

Maria: "Staying healthy for my family and my job so I can enjoy life to the fullest! Knowing that I have a great family to come home to and friends! I also know my co-workers appreciate me as well!"

What activities do you enjoy doing to practice wellness?

Maria: "Walks with my family and dog, working out in the gym with my friend, and yoga."

Summer Food Service Program (SFSP) Operational Trainings

This year's SFSP operational trainings will be held throughout the state during March, April, and May. MDE is offering half-day and full-day training sessions. Full-day sessions are required for new sponsors and/or new staff and half-day sessions are for returning sponsors. Registration for trainings is required via the Eventbrite site. To register, visit [SFSP Training Registration](#)^v and click on the training date listed in the memo.

Healthy Changes in the Child and Adult Care Food Program (CACFP)

For information on serving tasty and healthy foods in the CACFP, visit [Healthy Changes in CACFP](#).^{vi} Please remember, all preschool children must be served the new CACFP meal pattern, regardless of how the meals are claimed (under CACFP or NLSF). Questions? Contact the CACFP unit at 517-373-7391.

10 Cents A Meal for School Kids & Farms

10 Cents A Meal for School Kids & Farms is a state pilot program that provides schools with up to 10 cents per meal in match funding to purchase and serve Michigan-grown fruits, vegetables, and legumes. Following the successful 2016-2017 pilot school year, the state of Michigan grew the program from \$250,000 to \$375,000 and opened the opportunity to schools in an additional region. Schools in Michigan Prosperity Regions 2, 4, and 9 are now receiving this funding and are making a difference for our kids and our economy. Learn the impact of the second program year by visiting [10 Cents A Meal for School Kids & Farms 2017/2018 Legislative Report](#).^{vii}

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ⁱ <https://schoolnutrition.org/Resources/STEPS/Home/>

ⁱⁱ <http://michigansna.org/index.php?bypassCookie=1>

ⁱⁱⁱ http://michigansna.org/content.php?page=Annual_Conference

^{iv} <https://schoolnutrition.org/Resources/STEPS/SignUp/>

^v http://www.michigan.gov/documents/mde/2018_Training_Schedule_611146_7.pdf

^{vi} <https://www.usda.gov/media/blog/2018/03/12/healthy-changes-child-and-adult-care-food-program>

^{vii} https://d3n8a8pro7vhmx.cloudfront.net/tencentsmichigan/pages/1/attachments/original/1521560557/GW_10CAM_V2_Report.pdf?1521560557