

# CARA LOUGHEED

## Region 9 and Michigan Teacher of the Year

ENGLISH/HISTORY • STONEY CREEK HIGH SCHOOL

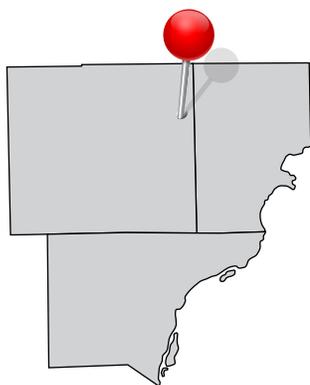
### BIO

Cara Lougheed is the 2019-2020 Michigan Teacher of the Year. Cara has taught English Language Arts and history in Rochester Community Schools for 21 years. She began her teaching career at Rochester High School in 1998 and was a founding staff member of Stoney Creek High School when it opened in the fall of 2001. Over the years, Cara has taught multiple levels of English, from remediation to Advanced Placement courses, as well as U.S. and World History.

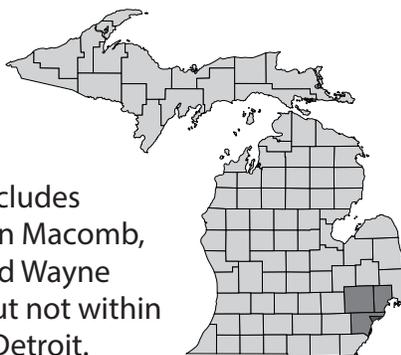


Cara has also served as a Social Studies teacher leader, a building Activities Director, union building representative and a National Education Association delegate. She has worked collaboratively with colleagues and administrators to write curriculum, design an attendance incentive program for students and contribute to various projects designed to increase student connectedness and improve school culture. Cara has also trained six student teachers from four different universities over the last decade. She is currently the student intern and mentor liaison to Oakland University (OU), and is working collaboratively with the Michigan Program Network (MiPN) and TeachingWorks to improve and broaden teacher education. In addition, Cara is an advisory member of OU's Vision 20/20 committee, which seeks the input of classroom teachers in making improvements to teacher education.

### REGION 9



Region 9 includes all schools in Macomb, Oakland and Wayne counties, but not within the City of Detroit.



Program expenses for the Regional Teachers of the Year, Michigan Teacher of the Year and Michigan Teacher Leadership Advisory Council are covered through a generous partnership with Meemic.



2019-2020



### EDUCATION

Bachelor of Arts –  
Secondary Education

Western Michigan University

Master of Arts –  
Teaching & Learning

Nova Southeastern University

### CERTIFICATIONS & ENDORSEMENTS

Secondary Education

English (6-12)

History (6-12)

### CONTACT

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