Comparison of Current and New Regulatory Requirements under Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs" Jan. 2012

National School Lunch Program Meal Pattern		
Food Group	Current Requirements K-12	New Requirements K-12
Fruit and Vegetables	½ - ¾ cup of fruit and vegetables combined per day	¾ - 1 cup of vegetables plus ½ -1 cup of fruit per day Note: Students are allowed to select ½ cup fruit or vegetable under OVS.
Vegetables	No specifications as to type of vegetable subgroup	Weekly requirement for: • dark green • red/orange • beans/peas (legumes) • starchy • other (as defined in 2010 Dietary Guidelines)
Meat/Meat Alternate (M/MA)	1.5 – 2 oz eq. (daily minimum)	Daily minimum and weekly ranges: Grades K-5: 1 oz eq. min. daily (8-10 oz weekly) Grades 6-8 : 1 oz eq. min. daily (9-10 oz weekly) Grades 9-12 : 2 oz eq. min. daily (10-12 oz weekly)
Grains	8 servings per week (minimum of 1 serving per day)	Daily minimum and weekly ranges: Grades K-5: 1 oz eq. min. daily (8-9 oz weekly) Grades 6-8 : 1 oz eq. min. daily (8-10 oz weekly) Grades 9-12 : 2 oz eq. min. daily (10-12 oz weekly)
Whole Grains	Encouraged	At least half of the grains must be whole grain-rich beginning July 1, 2012. Beginning July 1, 2014, all grains must be whole grain rich.
Milk	1 cup Variety of fat contents allowed; flavor not restricted	1 cup Must be fat-free(unflavored/flavored) or 1% low fat (unflavored)

Comparison of Current and New Regulatory Requirements under Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs" Jan. 2012

School Breakfast Program Meal Pattern		
Food Group	Current Requirements K-12	New Requirements K-12
Fruit	½ cup per day (vegetable substitution allowed)	1 cup per day (vegetable substitution allowed) Note: Quantity required SY 2014-15. Students are allowed to select ½ cup of fruit under OVS.
Grains and Meat/Meat Alternate (M/MA)	2 grains, or 2 meat/meat alternates, or 1 of each per day	Daily min. and weekly ranges for grains: Grades K-5: 1 oz eq. min. daily (7-10 oz weekly) Grades 6-8 : 1 oz eq. min. daily (8-10 oz weekly) Grades 9-12 : 1 oz eq. min. daily (9-10 oz weekly) Note: Quantity required SY 2013-14. Schools may substitute M/MA for grains after the minimum daily grains requirement is met.
Whole Grains	Encouraged	At least half of the grains must be whole grain-rich beginning July 1, 2013. Beginning July 1, 2014, all grains must be whole grain rich.
Milk	1 cup Variety of fat contents allowed; flavor not restricted	1 cup Must be fat-free (unflavored/flavored) or 1% low fat (unflavored)

Comparison of Current and New Regulatory Requirements under Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs" Jan. 2012

Nutrient Standards	New Standards K-12		
Sodium Reduce, no set targets	**Target I: SY 2014-15** Lunch ≤1230mg (K-5); ≤1360mg (6-8); ≤1420mg (9-12) Breakfast ≤540mg (K-5); ≤600mg (6-8); ≤640mg (9-12	**Target 2: SY 2017-18** Lunch ≤935mg (K-5) ≤1035mg (6-8); ≤1080mg (9-12) Breakfast ≤485mg (K-5); ≤535mg (6-8); ≤570mg (9-12	**Final target: 2022-23** Lunch ≤640mg (K-5); ≤710mg (6-8); ≤740mg (9-12) Breakfast ≤430mg (K-5); ≤470mg (6-8); ≤500mg (9-12)
Calories (min. only) *Traditional Menu Planning* Lunch: 633 (grades K-3) 785 (grades 4-12) 825 (optional grades 7-12) Breakfast: 554 (grades K-12) *Enhanced Menu Planning* Lunch: 664 (grades K-6) 825 (grades 7-12) 633 (optional grades K-3) Breakfast: 554 (grades K-12) 774 (optional grades 7-12) *Nutrient Based Menu Planning* Lunch: 664 (grades K-6) 825 (grades 7-12) 633 (optional grades K-3) Breakfast: 554 (grades K-12) 618 (optional grades 7-12)	**Calorie Ranges (min. & max.)** *Only food-based menu planning allowed* Lunch: 550-650 (grades K-5) 600-700 (grades 6-8) 750-850 (grades 9-12) Breakfast: 350-500 (grades K-5) 400-550 (grades 6-8) 450-600 (grades 9-12)		
Saturated Fat <10% of total calories	**Saturated Fat** <10% of total calories		
Trans Fat: no limit	**New specification:** zero grams per serving (nutrition label)		

Handout: *Dietary Guidelines* and the School Nutrition Program

Dietary Guidelines for Americans 2010	School Nutrition Program
Balancing Calories to Manage Weight • The Dietary Guidelines recommend improving eating and physical activity behaviors, managing body weight, increasing physical activity, and maintaining appropriate calorie balance during each stage of life	**Balancing Calories to Manage Weight** • Specific calorie levels are required for a meal to be considered a healthy school meal depending on the age/grade groups. These calorie levels are based on weekly averages. Calorie Lunch ranges are: o Grades K-5 550-650 o Grades 6-8 600-700 o Grades 9-12 750 -850
Foods and Food Components to Reduce • Americans should reduce their sodium intake to less than 2,300 mg or 1,500 mg per day depending on age and other individual characteristics.	**Foods and Food Components to Reduce** • Target 1: July 1, 2014 (SY 2014–2015) Sodium mg for lunch: o Grades K-5 ≤ 1,230 o Grades 6-8 ≤ 1,360 o Grades 9-12 ≤ 1,420 • Target 2: July 1, 2017 (SY 2017–2018) Sodium mg for lunch: o Grades K-5 ≤ 935 o Grades 6-8 ≤ 1,035 o Grades 9-12 ≤ 1,080 • Target 3: July 1, 2022 (SY 2022–2023) o Grades K-5 ≤ 640 o Grades 6-8 ≤ 710 o Grades 9-12 ≤ 7 40 • USDA Foods are able to provide low-sodium processed meats, cheeses, and other Meat/Meat Alternate products

Handout: *Dietary Guidelines* and the School Nutrition Program

Dietary Guidelines for Americans 2010	School Nutrition Program
Foods and Food Components to Reduce • Less than 10% of calories should be from saturated fat, less than 300 mg of cholesterol, reduce trans fat consumption, reduce calories from solid fat	**Foods and Food Components to Reduce** • Saturated fat less than 10% of calories over a school week • Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving
Foods and Nutrients to Increase • Choose a variety of protein such as lean meat, beans, peas, soy products, and unsalted nuts/seeds, increase the amount in variety of seafood, use oils to replace solid fats where possible	**Foods and Nutrients to Increase** • Lean or extra lean meats, seafood, yogurt, tofu, poultry, beans/peas (legumes), eggs, cheese • Nuts and seeds and their butters listed in USDA-FNS guidance are nutritionally comparable to meat or other meat alternates based on available nutritional data. However, nuts and seeds may be used to meet no more than one-half of the Meat/Meat Alternate component and must be paired with another Meat/Meat Alternate to meet the full requirement. This restriction does not apply to nut butters.
Building Healthy Eating Choices • Choose foods that provide: potassium, dietary fiber, calcium, and vitamin D	**Building Healthy Eating Choices** • Food-Based Menu Planning • Food component means one of the five food components which comprise reimbursable meals. The five food components of K-12 school lunch meals are: o Meat/Meat Alternate (M/MA) o Fruit (F) o Vegetable (V) o Grains(G) o Fluid Milk

Handout: *Dietary Guidelines* and the School Nutrition Program

Dietary Guidelines for Americans 2010	**School Nutrition Program**
Building Healthy Eating Choices • Consume at least half of all grains as whole grains. Increase whole-grain intake by replacing refined grains with whole grains. • Choose foods that provide: potassium, dietary fiber, calcium, and vitamin D	**Building Healthy Eating Choices** • Whole Grain-rich foods required weekly and daily. At least half of the grains must be whole grain-rich beginning July 1, 2013. Beginning July 1, 2014, all grains must be whole grain-rich. Of whole grain-rich items the grain content must be at least 50% whole grain, and the remaining grains must be enriched • Daily vegetable requirement and dark green, red/orange, beans/peas (legumes), starchy, and other vegetable subgroups required weekly • Fruit is offered daily • Fluid milk, must be low-fat (unflavored) or fat-free (unflavored or flavored) is offered daily
Building Healthy Eating Choices • Individual water intake needs vary widely, based in part on level of physical activity and exposure to heat stress	**Building Healthy Eating Choices** • The Healthy, Hunger-Free Kids Act of 2010 established a requirement for making water available to children in the National School Lunch Program
Helping Americans Make Healthy Choices • Americans prepare their own food and engage in physical activity • The Nation's health will require a multi-sector approach	**Helping Students Make Healthy Choices** • USDA Foods • HealthierUS School Challenge • Chef's Move to Schools • Fuel Up to Play 60

Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs – Jan. 2012

	Breakfast Meal Pattern			Lunch Meal Pattern		
	Grades K-5[a]	*Grades 6-8*[a]	*Grades 9-12*[a]	*Grades K-5*	*Grades 6-8*	*Grades 9-12*
Meal Pattern	Amount of Food[b] Per Week (Minimum Per Day)					
Fruits (cups)[c,d]	5 (1)[e]	5 (1)[e]	5 (1)[e]	2½ (½)	2½ (½)	5 (1)
Vegetables (cups)[c,d]	0	0	0	3¾ (¾)	3¾ (¾)	5 (1)
Dark green[f]	0	0	0	½	½	½
Red/Orange[f]	0	0	0	¾	¾	1¼
Beans/Peas (Legumes)[f]	0	0	0	½	½	½
Starchy[f]	0	0	0	½	½	½
Other[f,g]	0	0	0	½	½	¾
Additional Veg to Reach Total[h]	0	0	0	1	1	1½
Grains (oz eq)[i]	7-10 (1)[j]	8-10 (1)[j]	9-10 (1)[j]	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	0[k]	0[k]	0[k]	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups)[l]	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)	5 (1)
Other Specifications: Daily Amount Based on the Average for a 5-Day Week						
Min-max calories (kcal)[m,n,o]	350-500	400-550	450-600	550-650	600-700	750-850
Saturated fat (% of total calories)[n,o]	< 10	< 10	< 10	< 10	< 10	< 10
Sodium (mg)[n,p]	≤ 430	≤ 470	≤ 500	≤ 640	≤ 710	≤ 740
Trans fat[n,o]	Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.					

[a]In the SBP, the above age-grade groups are required beginning July 1, 2013 (SY 2013-14). In SY 2012-2013 only, schools may continue to use the meal pattern for grades K-12 (see § 220.23).
[b] Food items included in each food group and subgroup and amount equivalents. Minimum creditable serving is ¼ cup.
[c]One quarter-cup of dried fruit counts as ½ cup of fruit; 1 cup of leafy greens counts as ½ cup of vegetables. No more than half of the fruit or vegetable offerings may be in the form of juice. All juice must be 100% full-strength.
[d]For breakfast, vegetables may be substituted for fruits, but the first two cups per week of any such substitution must be from the dark green, red/orange, beans and peas (legumes) or "Other vegetables" subgroups as defined in §210.10(c)(2)(iii).
[e]The fruit quantity requirement for the SBP (5 cups/week and a minimum of 1 cup/day) is effective July 1, 2014 (SY 2014-2015).
[f]Larger amounts of these vegetables may be served.
[g] This category consists of "Other vegetables" as defined in §210.10(c)(2)(iii)(E). For the purposes of the NSLP, "Other vegetables" requirement may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups as defined in §210.10(c)(2)(iii).
[h]Any vegetable subgroup may be offered to meet the total weekly vegetable requirement.
[i]At least half of the grains offered must be whole grain-rich in the NSLP beginning July 1, 2012 (SY 2012-2013), and in the SBP beginning July 1, 2013 (SY 2013-2014). All grains must be whole grain-rich in both the NSLP and the SBP beginning July 1, 2014 (SY 2014-15).
[j]In the SBP, the grain ranges must be offered beginning July 1, 2013 (SY 2013-2014).
[k]There is no separate meat/meat alternate component in the SBP. Beginning July 1, 2013 (SY 2013-2014), schools may substitute 1 oz. eq. of meat/meat alternate for 1 oz. eq. of grains after the minimum daily grains requirement is met.
[l]Fluid milk must be low-fat (1 percent milk fat or less, unflavored) or fat-free (unflavored or flavored).
[m]The average daily amount of calories for a 5-day school week must be within the range (at least the minimum and no more than the maximum values).
[n]Discretionary sources of calories (solid fats and added sugars) may be added to the meal pattern if within the specifications for calories, saturated fat, trans fat, and sodium. Foods of minimal nutritional value and fluid milk with fat content greater than 1 percent milk fat are not allowed.
[o]In the SBP, calories and trans fat specifications take effect beginning July 1, 2013 (SY 2013-2014).
[p]Final sodium specifications are to be reached by SY 2022-2023 or July 1, 2022. Intermediate sodium specifications are established for SY 2014-2015 and 2017-2018. See required intermediate specifications in § 210.10(f)(3) for lunches and § 220.8(f)(3) for breakfast

Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs (1/26/12)

Sodium Reduction: Timeline & Amount				
Age/Grade Group	**Baseline: Average Current Sodium Levels As Offered[1] (mg)**	**Target 1: July 1, 2014 SY 2014-2015 (mg)**	**Target 2: July 1, 2017 SY 2017-2018 (mg)**	**Final Target: July 1, 2022 SY 2022-2023 (mg)**
School Breakfast Program				
K-5	573 (elementary)	≤ 540	≤ 485	≤ 430
6-8	629 (middle)	≤ 600	≤ 535	≤ 470
9-12	686 (high)	≤ 640	≤ 570	≤ 500
National School Lunch Program				
K-5	1,377 (elementary)	≤ 1,230	≤ 935	≤ 640
6-8	1,520 (middle)	≤ 1,360	≤ 1,035	≤ 710
9-12	1,588 (high)	≤ 1,420	≤ 1,080	≤ 740

[1]SNDA-III

Jan. 2012

Implementation Timeline for Final Rule

"Nutrition Standards in the National School Lunch and School Breakfast Programs"

Implementation of most meal requirements in the NSLP begins SY 2012-2013. In the SBP, the meal requirements (other than milk) will be implemented gradually beginning SY 2013-2014.

New Requirements	Implementation (School Year) for NSLP (L) and SBP (B)						
	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2022/23
Fruits Component							
• Offer fruit daily	L						
• Fruit quantity increase to 5 cups/week (minimum 1 cup/day)			B				
Vegetables Component							
• Offer vegetables subgroups weekly	L						
Grains Component							
• Half of grains must be whole grain-rich	L	B					
• All grains must be whole-grain rich			L, B				
• Offer weekly grains ranges	L	B					
Meats/Meat Alternates Component							
• Offer weekly meats/meat alternates ranges (daily min.)	L						
Milk Component							
• Offer only fat-free (unflavored or flavored) and low-fat (unflavored) milk	L, B						
Dietary Specifications (to be met on average over a week)							
• Calorie ranges	L	B					
• Saturated fat limit (no change)	L, B						
• Sodium Targets o Target 1 o Target 2 o Final target			L, B			L, B	L, B
• Zero grams of trans fat per portion	L	B					
Menu Planning							
• A single FBMP approach	L	B					
Age-Grade Groups							
• Establish age/grade groups: K-5, 6-8, 9-12	L	B					
Offer vs. Serve							
• Reimbursable meals must contain a fruit or vegetable (1/2 cup minimum)	L		B				
Monitoring							
• 3-year adm. review cycle		L, B					
• Conduct weighted nutrient analysis on 1 week of menus	L	B					

May-12

SY 2013 National School Lunch Foods Available list

Material Number	Group	Material Description	Code	Material Group
100206		APPLE SLICES CAN-6/10	A345	FRUIT, CANNED
100258		APPLE SLICES UNSWEETENED FRZ CTN-30 LB	A346	FRUIT, FROZEN
100523		APPLES BRAEBURN FRESH B CARTON-40 LB	A343	FRUIT, FRESH
100517		APPLES EMPIRE FRESH CTN-40 LB	A343	FRUIT, FRESH
110149		APPLES FOR FURTHER PROCESSING – BULK		FRUIT, FRESH
100284		APPLES FRESH SLC-100/2 OZ	A337	FRUIT, FRESH
100286		APPLES FRESH SLC-200/2 OZ	A339	FRUIT, FRESH
100285		APPLES FRESH SLC-64/2 OZ	A338	FRUIT, FRESH
100521		APPLES GALA FRESH G CARTON-40 LB	A343	FRUIT, FRESH
100512		APPLES GRANNY SMITH FRESH CTN-37 LB	A343	FRUIT, FRESH
100514		APPLES RED DELICIOUS FRESH CTN-40 LB	A343	FRUIT, FRESH
100206		APPLESAUCE UNSWEETENED CAN-6/10	A345	FRUIT, CANNED
100260		APRICOT FRZ CTN-40 LB	A447	FRUIT, FROZEN
100261		APRICOT FRZ CUP-96/4.5 OZ	A449	FRUIT, FROZEN
100259		APRICOT SLICES FRZ BOX-20 LB	A358	FRUIT, FROZEN
100209		APRICOTS CAN-6/10	A360	FRUIT, CANNED
100216		APRICOTS DICED PEELED CAN-6/10	A382	FRUIT, CANNED
110230		APRICOTS DICED PEELED SUCROSE CAN 6/10	new	FRUIT, CANNED
110231		APRICOTS SUCROSE CAN-6/10	new	FRUIT, CANNED
100244		BLUEBERRY CULTIVATED UNSWEETENED FRZ CTN-30 LB	A367	FRUIT, FROZEN
100243		BLUEBERRY WILD UNSWEETENED FRZ CTN-30 LB	A366	FRUIT, FROZEN
100299		CHERRIES DRIED PKG-4/4 LB	A293	FRUIT, DRIED
100237		CHERRIES FRZ IQF CTN-40 LB	A364	FRUIT, FROZEN
100228		CHERRIES RED TART PITTED CAN-6/10	A363	FRUIT, CANNED
100235		CHERRIES RED TART PITTED FRZ CTN-30 LB	A365	FRUIT, FROZEN
100214		CRANBERRY SAUCE CAN-6/10	A288	FRUIT, CANNED
100296		FRUIT AND NUT MIX DRIED PKG-5/5 LB	A261	FRUIT, DRIED
110161		FRUIT MIX DRIED PKG-5/5 LB	A343	FRUIT, DRIED
100212		MIXED FRUIT CAN-6/10	A470	FRUIT, CANNED
110233		MIXED FRUIT SUCROSE CAN-6/10	new	FRUIT, CANNED
100276		ORANGE JUICE CONC FRZ CAN-12/32 OZ	A301	FRUIT, JUICE
100204		ORANGE JUICE CONC -TANKERS	A303	FRUIT, JUICE
100205		ORANGE JUICE DRUM-55 GAL	A305	FRUIT, JUICE
100277		ORANGE JUICE SINGLE CTN-70/4 OZ	A299	FRUIT, JUICE
100220		PEACHES CLING DICED CAN-6/10	A409	FRUIT, CANNED
110234		PEACHES CLING DICED SUCROSE CAN-6/10	new	FRUIT, CANNED
100219		PEACHES CLING SLICES CAN-6/10	A408	FRUIT, CANNED
110236		PEACHES CLING SLICES SUCROSE CAN-6/10	new	FRUIT, CANNED
100239		PEACHES FREESTONE SLICES FRZ CTN-20 LB	A424	FRUIT, FROZEN
100262		PEARS BARTLETT FRESH CTN-45 LB	A435	FRUIT, FRESH
100239		PEACH FREESTONE DICED FRZ CUP-96/4.4 OZ	A424	FRUIT, FROZEN
100280		PEARS BOSC FRESH CTN-45 LB	A442	FRUIT, FRESH
100279		PEARS D'ANJOU FRESH CTN-45 LB	A441	FRUIT, FRESH
100225		PEARS DICED CAN-6/10	A434	FRUIT, CANNED
110237		PEARS DICED SUCROSE CAN-6/10	new	FRUIT, CANNED

100235		PEARS HALVES CAN-6/10	A365	FRUIT, CANNED
100241		PEARS HALVES SUCROSE CAN-6/10	new	FRUIT, CANNED
100224		PEARS SLICES CAN-6/10	A433	FRUIT, CANNED
110239		PEARS SLICES SUCROSE CAN-6/10	new	FRUIT, CANNED
100293		RAISINS BOX-144/1.33 OZ	A504	FRUIT, DRIED
100294		RAISINS CTN-30 LB	A500	FRUIT, DRIED
100295		RAISINS PKG-24/15 OZ	A501	FRUIT, DRIED
100253		STRAWBERRY UNSWEETENED FRZ CTN-30 LB	A375	FRUIT, FROZEN
100256		STRAWBERRY FRZ CUP-96/4.5 OZ	A417	FRUIT, FROZEN
100254		STRAWBERRY SLICES FRZ CTN-30 LB	A380	FRUIT, FROZEN
100351		BEANS GREEN FRZ CTN-30 LB	A070	VEGETABLE, CANNED
100307		BEANS GREEN CAN-6/10	A061	VEGETABLE, CANNED
coming 2013	*dark green*	*BROCCOLI FLORETS*		*VEGETABLE, FROZEN*
100309	red/orange	CARROTS CAN-6/10	A100	VEGETABLE, CANNED
100315	red/orange	CARROTS FRESH BABY CUTS BAG-100/2 OZ	A140	VEGETABLE, FRESH
100352	red/orange	CARROTS FRZ CTN-30 LB	A099	VEGETABLE, FROZEN
100349		CORN COB FRZ CSE-96	A129	VEGETABLE, FROZEN
100348		CORN FRZ CTN-30 LB	A130	VEGETABLE, FROZEN
100313		CORN WHOLE KERNEL(LIQ) CAN-6/10	A110	VEGETABLE, CANNED
100315		PEAS CAN-6/10	A140	VEGETABLE, CANNED
100350		PEAS GREEN FRZ CTN-30 LB	A160	VEGETABLE, FROZEN
100506		POTATO BULK FOR PROCESS FRZ	A232	VEGETABLE, FRESH
110227		POTATO FOR PROCESS INTO DEHY PRD-BULK	new	VEGETABLE, FRESH
100357		POTATOES OVENS FRY PKG-6/5 LB	A210	VEGETABLE, FROZEN
100358		POTATOES ROUNDS FRZ PKG-6/5 LB	A204	VEGETABLE, FROZEN
100340		POTATOES RUSSET FRESH CTN-50 LB	A214	VEGETABLE, FRESH
100356		POTATOES WEDGE FAT FREE FRZ PKG-6/5 LB	A173	VEGETABLE, FROZEN
100358		POTATOES WEDGE FRZ PKG-6/5 LB	A204	VEGETABLE, FROZEN
100336	red/orange	SPAGHETTI SAUCE MEATLESS CAN-6/10	A243	VEGETABLE, CANNED
110177	red/orange	SPAGHETTI SAUCE MEATLESS POUCH-6/106 OZ	new	VEGETABLE, CANNED
100980	red/orange	SWEET POTATO BULK FRESH PROC	A212	
100343	red/orange	SWEET POTATO FRESH CTN-40 LB	A230	VEGETABLE, FRESH
100318	red/orange	SWEET POTATOES MASHED CAN-6/10	A222	VEGETABLE, CANNED
100354	red/orange	SWEET POTATOES MASHED FRZ PKG-6/5 LB	A225	VEGETABLE, CANNED
100353	red/orange	SWEET POTATOES RANDOM CUT FRZ PKG-6/5 LB	A224	VEGETABLE, FROZEN
100317	red/orange	SWEET POTATOES W/ SYRUP CAN-6/10	A220	VEGETABLE, CANNED
100329	red/orange	TOMATO DICED CAN-6/10	A241	VEGETABLE, CANNED
110185	red/orange	TOMATO DICED POUCH-6/102 OZ	new	VEGETABLE, CANNED
100327	red/orange	TOMATO PASTE CAN-6/10	A252	VEGETABLE, CANNED
100326	red/orange	TOMATO PASTE DRUM-55 GAL	A249	VEGETABLE, CANNED
100332	red/orange	TOMATO PASTE FOR BULK PROCESSING	A048	VEGETABLE, CANNED
110189	red/orange	TOMATO PASTE POUCH-6/111 OZ	new	VEGETABLE, CANNED
100330	red/orange	TOMATO SALSA CAN-6/10	A237	VEGETABLE, CANNED
110186	red/orange	TOMATO SALSA POUCH-6/106 OZ	new	VEGETABLE, CANNED
100330	red/orange	TOMATO SAUCE CAN-6/10	A237	VEGETABLE, CANNED
110186	red/orange	TOMATO SAUCE POUCH-6/106 OZ	new	VEGETABLE, CANNED

Cherry

100371	legumes	BEANS BABY LIMA CAN-6/10	A082	BEANS VEGETABLE, CANNED
100359	legumes	BEANS BLACK TURTLE CAN-6/10	A908	BEANS VEGETABLE, CANNED
100368	legumes	BEANS BLACKEYE CAN-6/10	A084	BEANS VEGETABLE, CANNED
100360	legumes	BEANS GARBANZO CAN-6/10	A089	BEANS VEGETABLE, CANNED
100373	legumes	BEANS GREAT NORTHERN CAN-6/10	A088	BEANS VEGETABLE, CANNED
100369	legumes	BEANS PINK CAN-6/10	A083	BEANS VEGETABLE, CANNED
100365	legumes	BEANS PINTO CAN-6/10	A079	BEANS VEGETABLE, CANNED
100370	legumes	BEANS RED KIDNEY CAN-6/10	A086	BEANS VEGETABLE, CANNED
100362	legumes	BEANS REFRIED CAN-6/10	A085	BEANS VEGETABLE, CANNED
100366	legumes	BEANS SMALL RED CAN-6/10	A087	BEANS VEGETABLE, CANNED
100364	legumes	BEANS VEGETARIAN CAN-6/10	A091	BEANS VEGETABLE, CANNED
110089	legumes	BEANS GARBANZO DRY BAG-25 LB	A933	BEANS, DRY
100381	legumes	BEANS GREAT NORTHERN DRY BAG-25 LB	A925	BEANS, DRY
100377	legumes	BEANS NAVY PEA DRY BAG-25 LB	A924	BEANS, DRY
100383	legumes	BEANS PINTO DRY BAG-25 LB	A942	BEANS, DRY
101014	legumes	BEANS LENTILS DRY BAG 25 LB	A134	BEANS, DRY
100161		BEEF 100% PATTY FRZ CTN-40 LB	A626	BEEF, GROUND
100156		BEEF BONELESS SPECIAL TRIM FRZ CTN-60 LB	A602	BEEF, SPECIAL TRIM
100127		BEEF CAN-24/24 OZ	A721	BEEF, CANNED
100154		BEEF COARSE GROUND FRZ CTN-60 LB	A594	BEEF, GROUND
110264		BEEF CRUMBLES W/ SPP LFT OPT PKG 4/10	new	BEEF, COOKED
100134		BEEF CRUMBLES W/SPP PKG-4/10 LB	A717	BEEF, COOKED
110196		BEEF DICED FRZ CTN-60 LB	new	BEEF, FROZEN
100158		BEEF FINE GROUND FRZ CTN-40 LB	A608	BEEF, GROUND
110261		BEEF FINE GROUND LFT OPT FRZ CTN - 40 LB	new	BEEF, GROUND
100155		BEEF FRESH BONELESS COMBO-20/2000 LB	A704	BEEF, FRESH
110085		BEEF IRRADIATED FINE GRND FRZ CTN-40 LB	A579	BEEF, GROUND
110082		BEEF IRRADIATED PATTY FRZ CTN-40 LB	A578	BEEF, GROUND
100163		BEEF PATTY LEAN FRZ CTN-40 LB	A580	BEEF, GROUND
100162		BEEF PATTY 90/10 FRZ CTN-40 LB	A627	BEEF, GROUND
110270		BEEF LEAN PATTY LFT OPT FRZ CTN - 40 LB	new	BEEF, GROUND
100160		BEEF SPP PATTY FRZ CTN-40 LB	A616	BEEF, GROUND
100130		BEEF SPP PATTY HOMESTYLE CKD CTN-40 LB	A706	BEEF, COOKED
100037		CHEESE BLEND AMER SKM WHT SLC LVS-6/5 LB	B133	CHEESE, PROCESSED
100036		CHEESE BLEND AMER SKM YEL SLC LVS-6/5 LB	B119	CHEESE, PROCESSED
100011		CHEESE CHEDDAR RDU FAT WHT SHRED BAG-6/5 LB	B028	CHEESE, NATURAL AMER
100008		CHEESE CHEDDAR RDU FAT YEL CUTS-4/10 LB	B034	CHEESE, NATURAL AMER
100012		CHEESE CHEDDAR RDU FAT YEL SHRED BAG-6/5 LB	B027	CHEESE, NATURAL AMER
100005		CHEESE CHEDDAR WHT BLOCK-40 LB - CY 2012	B071	CHEESE, NATURAL AMER
110253		CHEESE CHEDDAR WHT BLOCK-40 LB (40800) - CY 2013	new	CHEESE, NATURAL AMER
100004		CHEESE CHEDDAR WHT CUTS-4/10 LB	B087	CHEESE, NATURAL AMER
100002		CHEESE CHEDDAR WHT SHRED BAG-6/5 LB	B032	CHEESE, NATURAL AMER
100007		CHEESE CHEDDAR YEL BLOCK-40 LB - CY 2012	B072	CHEESE, NATURAL AMER
110254		CHEESE CHEDDAR YEL BLOCK-40 LB (40800) - CY 2013	new	CHEESE, NATURAL AMER

Cherry

100006	CHEESE CHEDDAR YEL CUTS-4/10 LB	B088	CHEESE, NATURAL AMER
100003	CHEESE CHEDDAR YEL SHRED BAG-6/5 LB	B031	CHEESE, NATURAL AMER
100034	CHEESE MOZZARELLA LITE SHRED FRZ BOX-30 LB	B035	CHEESE, MOZZARELLA
110243	CHEESE MOZZARELLA LITE UNFZ PROCESSR PK (41125) - CY 2013	NEW	CHEESE, MOZZARELLA
100022	CHEESE MOZZARELLA LM PART SKIM FRZ LVS-8/6 LB	B042	CHEESE, MOZZARELLA
100042	CHEESE MOZZARELLA LM PART SKIM UNFZ PROCESSR PK - CY 2012	B077	CHEESE, MOZZARELLA
100021	CHEESE MOZZARELLA LM PART SKM SHRD FRZ BOX-30LB	B037	CHEESE, MOZZARELLA
110244	CHEESE MOZZARELLA LM PT SKM UNFZ PROC PK(41125) - CY 2013	new	CHEESE, MOZZARELLA
110242	CHEESE NAT AMER FBD BARREL-500 LB(40800) - CY 2013	new	CHEESE, NATURAL AMER
100010	CHEESE NATURAL AMER FBD BARREL-500 LB - CY 2012	B049	CHEESE, NATURAL AMER
100017	CHEESE PROCESS LVS-6/5 LB	B064	CHEESE, PROCESSED
100019	CHEESE PROCESS WHT SLC LVS-6/5 LB	B066	CHEESE, PROCESSED
100018	CHEESE PROCESS YEL SLC LVS-6/5 LB	B065	CHEESE, PROCESSED
100877	CHICKEN BONED CAN-12/50 OZ	A507	CHICKEN, CANNED
100098	CHICKEN CUT-UP FRZ CTN-40 LB	A515	CHICKEN, FROZEN
100101	CHICKEN DICED CTN- 40 LB	A517	CHICKEN, COOKED
100115	CHICKEN DRUMSTICKS CHILLED -BULK	A573	CHICKEN, BULK
100117	CHICKEN FAJITA STRIPS CTN-30 LB	A563	CHICKEN, COOKED
100103	CHICKEN LARGE CHILLED- BULK	A522	CHICKEN, BULK
100113	CHICKEN LEGS CHILLED - BULK	A518	CHICKEN, BULK
100105	CHICKEN LEG QTR CTN - 40 LBS	A509	CHICKEN, FROZEN
110080	CHICKEN OVEN ROASTED FRZ 8 PC CTN-30 LB	A494	CHICKEN, COOKED
100100	CHICKEN SMALL CHILLED-BULK	A521	CHICKEN, BULK
100114	CHICKEN THIGHS CHILLED - BULK	A531	CHICKEN, BULK
100045	EGGS WHOLE FRZ CTN-30 LB	A569	EGG PRODUCTS
100046	EGGS WHOLE FRZ CTN-6/5 LB	A568	EGG PRODUCTS
100047	EGGS WHOLE LIQ BULK -TANK	A566	EGG PRODUCTS
100201	FISH CATFISH STRIPS BRD OVN RDY PKG-4/10 LB	A752	FISH, FROZEN
100892	FISH ALASKAN POLLOCK FRZ BULK CTN-49 LBS	A747	FISH, FROZEN
100184	PORK HAM WATER ADDED FRZ PKG 4/10 LB	A693	HAM, FROZEN
100187	PORK HAM WATER ADDED SLC FRZ PKG-8/5 LB	A726	HAM, FULLY COOKED
100188	PORK HAM WATER ADDED CUBED FRZ PKG-4/10 OR 8/5 LB	A727	HAM, FULLY COOKED
100139	PORK CAN-24/24 OZ	A722	PORK, CANNED
100144	PORK CRUMBLES W/ SPP PKG-4/10 LB	A720	PORK, COOKED
110138	PORK BONELESS LEG ROASTS - BULK CTN-60 LB	A734	PORK, FROZEN
100193	PORK PICNIC BONELESS FRZ CTN-60 LB	A632	PORK, FROZEN
100173	PORK ROAST LEG FRZ CTN-32-40 LB	A672	PORK, FROZEN
100119	TURKEY TACO FILLING CTN-30 LB	A565	TURKEY, COOKED
100121	TURKEY BREAST DELI FRZ CTN-40 LB	A549	TURKEY, COOKED
100122	TURKEY BREAST SMKD DELI FRZ CTN-40 LB	A550	TURKEY, COOKED
100123	TURKEY CONSUMER PACK WHOLE CTN-30-60 LB	A529	TURKEY, FROZEN
100124	TURKEY CHILLED -BULK	A534	TURKEY, BULK
100125	TURKEY ROASTS FRZ CTN-32-48 LB	A537	TURKEY, FROZEN
100126	TURKEY HAMS SMKD FRZ CTN-40 LB	A548	TURKEY, COOKED
100883	TURKEY THIGHS BONELESS SKINLESS CHILLED-BULK	A582	TURKEY, BULK

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100416		CORN MASA FLOUR INSTANT YELLOW BAG-50 LB	B345	CORN PRODUCTS
100444		CORN YELLOW TOTE-2700 LB	B136	CORN PRODUCTS
100471		CORNMEAL DEGERMED YELLOW BAG-8/5 LB	B138	CORN PRODUCTS
100472		CORNMEAL DEGERMED YELLOW BAG-4/10 LB	B142	CORN PRODUCTS
100470		GRITS WHITE BAG-8/5 LB	B382	CORN PRODUCTS
100469		GRITS FINE YELLOW BAG-8/5 LB	B384	CORN PRODUCTS
110215		FLOUR ALL PURPOSE ENRCH UNBLCH BAG-25 LB	new	FLOUR, WHEAT
100399		FLOUR ALL PURPOSE ENRCH BLCH BAG-50 LB	B190	FLOUR, WHEAT
100400		FLOUR ALL PURPOSE ENRCH BLCH BAG-8/5 LB	B182	FLOUR, WHEAT
100402		FLOUR ALL PURPOSE ENRCH UNBLCH BAG-50 LB	B191	FLOUR, WHEAT
110146		FLOUR ALL PURPOSE ENRCH UNBLCH BAG-8/5 LB	new	FLOUR, WHEAT
100413		FLOUR BAKER HARD UNBLCH BAG-50 LB	B276	FLOUR, BAKERY
100412		FLOUR BAKER HARD WHT BLCH BAG-100 LB	B280	FLOUR, BAKERY
100411		FLOUR BAKER HARD WHT BLCH BAG-50 LB	B275	FLOUR, BAKERY
100417		FLOUR BAKER HARD WHT BLCH-BULK	B285	FLOUR, BAKERY
100418		FLOUR BAKER HARD WHT UNBLCH-BULK	B286	FLOUR, BAKERY
100414		FLOUR BAKER HEARTH BLCH BAG-100 LB	B300	FLOUR, BAKERY
100419		FLOUR BAKER HEARTH BLCH-BULK	B301	FLOUR, BAKERY
100420		FLOUR BAKER HEARTH UNBLCH-BULK	B303	FLOUR, BAKERY
100421		FLOUR BAKER SOFT UNBLCH-BULK	B321	FLOUR, BAKERY
100415		FLOUR BAKER SOFT WHT BLCH-BAG 50 LB	B323	FLOUR, BAKERY
100918		FLOUR BAKERY MIX LOWFAT BAG-6/5 LB	B364	FLOUR, BAKERY MIX
100912		FLOUR BREAD-BULK	B198	FLOUR, BAKERY
110147		FLOUR BREAD ENRCH BLCH BAG-8/5 LB	new	FLOUR, WHEAT
110225		FLOUR BREAD ENRCH UNBLCH BAG-25 LB	new	FLOUR, WHEAT
110148		FLOUR BREAD ENRCH UNBLCH BAG-8/5 LB	new	FLOUR, WHEAT
100911		FLOUR HIGH GLUTEN -BULK	B304	FLOUR, BAKERY
100915	WGR	FLOUR TORTILLA WHOLE WT BULK BAG-50 LB	B228	FLOUR, BAKERY
100408	WGR	FLOUR WHOLE WHEAT BAG-25 LB	B355	FLOUR, WHEAT
100409	WGR	FLOUR WHOLE WHEAT BAG-50 LB	B360	FLOUR, WHEAT
100410	WGR	FLOUR WHOLE WHEAT BAG-8/5 LB	B352	FLOUR, WHEAT
100466	WGR	OATS ROLLED PKG-12/3 LB	B445	CEREAL, PROCESSED
100468	WGR	OATS ROLLED BAG-50 LB	B450	CEREAL, PROCESSED
100467	WGR	OATS ROLLED PKG-25 LB	B444	CEREAL, PROCESSED
100429		PASTA MACARONI PLAIN ELBOW CTN-20 LB	B430	PASTA, MACARONI
100432		PASTA ROTINI MACARONI CTN-20 LB	B435	PASTA, MACARONI
100425		PASTA SPAGHETTI CTN-20 LB	B840	PASTA, OTHER
100919	WGR	PASTA WHOLE GRAIN MACARONI CTN-20 LB	B426	PASTA, MACARONI
100434	WGR	PASTA WHOLE GRAIN ROTINI MAC CTN-20 LB	B428	PASTA, MACARONI
100427	WGR	PASTA WHOLE GRAIN SPAGHETTI CTN-20 LB	B836	PASTA, OTHER
100499	WGR	RICE BROWN US#1 BAG-25 LB	B545	RICE, GRAIN
100500	WGR	RICE, BROWN, LONG-GRAIN, PARBOILED 24/2	B537	RICE, GRAIN
101031	WGR	RICE BROWN US#1 LONG PARBOILED BAG-25 LB	B539	RICE, GRAIN
100494		RICE US#1 LONG GRAIN PARBOILED BAG-25 LB	B507	RICE, GRAIN
100495		RICE US#1 LONG GRAIN PARBOILED BAG-50 LB	B508	RICE, GRAIN
100496		RICE US#1 MEDIUM GRAIN BAG-25 LB	B522	RICE, GRAIN
100490		RICE US#2 LONG GRAIN BAG-25 LB	B505	RICE, GRAIN

100493		RICE US#2 LONG GRAIN BAG-50 LB	B506	RICE, GRAIN
100486		RICE US#2 MEDIUM GRAIN BAG-25 LB	B513	RICE, GRAIN
100489		RICE US#2 MEDIUM GRAIN BAG-50 LB	B521	RICE, GRAIN
100937	WGR	WHOLE WHEAT PANCAKES FZN-144 COUNT	B151	CEREAL, PROCESSED
100938	WGR	WHOLE WHEAT TORTILLA 8" CTN-12/24 1.5	B153	CRACKER PROD, PROC
100442		OIL SOYBEAN LOW SAT FAT BTL-6/1 GAL	B664	VEG OIL
100439		OIL VEGETABLE BTL-6/1 GAL	B670	VEG OIL
100440		OIL VEGETABLE BTL-8/48 OZ	B666	VEG OIL
100441		OIL VEGETABLE BTL-9/48 OZ	B665	VEG OIL
100443		OIL VEGETABLE-BULK	B672	VEG OIL
100397		PEANUT BUTTER SMOOTH DRUM-500 LB	B480	PEANUT PRODUCTS
100396		PEANUT BUTTER SMOOTH JAR-6/5 LB	B473	PEANUT PRODUCTS
100392		PEANUTS ROASTED REGULAR-CAN 6/#10	B500	PEANUT PRODUCTS
100389		PEANUTS ROASTED RUNNER UNSL-CAN 6/#10	B498	PEANUT PRODUCTS
100935		SUNFLOWER SEED BUTTER 6-5#'S	B477	SEED BUTTER
110120		SUNFLOWER SEED BUTTER BARREL-520 LB	B478	SEED BUTTER

Abbreviation	Word
BRD	Breaded
BTL	Bottle
CKD	Cooked
CONC	Concentrate
CTN	Container
ENRCH	Enriched
FBD	Fiberboard
FRZ	Frozen
GAL	Gallon
IQF	Individually Quick Frozen
LB	pound
LFT OPT	Lean Fine Textured Optional
LIQ	Liquid
LM	Low Moisture
LVS	Loaves
NAT	Natural
OVN	Oven
OZ	Ounce
PK	Pack
PKG	Package
PT	Part
SHRED	Shredded
SKM	Skim
SKNLS	Skinless
SLC	Slice
SMKD	Smoked
SPP	Soy Protein
TRM	Trim
UNBLCH	Un-bleached
UNFZ	Un-Frozen
UNSL	Unsalted
WGR	Whole Grain Rich
WHT	White
WT	Wheat
YEL	Yellow

highlighted = Bulk for Processing

How USDA Foods supports Regulatory Requirements under Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs"

Revised April 2012

National School Lunch Program Meal Pattern		
Food Group	**New Requirements**	**How USDA Foods supports new requirements**
Fruits	½ -1 cup of fruit per day Note: 1. Students are allowed to select ½ cup fruit or vegetable under OVS 2. Fruits (and vegetables) that are prepared without added solid fats, sugars, refined starches, and sodium are nutrient rich foods.	USDA offers a wide variety of canned, frozen, fresh and dried fruits, which are low in sugar or have no added sugars. • Canned fruits in extra light syrup. Applesauce is unsweetened. • Frozen fruits - unsweetened blueberries, whole strawberries, and apple slices without added sugar. In SY 13-14, all frozen fruits will be offered with no added sugar. • Fresh sliced apples, whole apples for direct delivery or processing, fresh pears, fresh oranges • Dried fruits include raisins, cherries, (dried plums apricots, and fig pieces in fruit-nut mix)
Vegetables	¾ - 1 cup of vegetable per day Weekly requirement for: • dark green • red/orange • beans/peas (legumes) • starchy • other (as defined in 2010 Dietary Guidelines)	USDA offers a wide variety of low sodium canned, frozen and fresh vegetables and tomato products. • Red/ Orange- Fresh Baby carrots, frozen carrots, sweet potatoes(canned, fresh, frozen, bulk), tomato products • Dark green - Exploring frozen broccoli, and blends with broccoli/carrots/cauliflower. • Beans- canned and dry, including garbanzos; bulk pinto beans for processing • Starchy vegetables- No salt added canned and frozen corn, fat free potato wedges, low sodium canned and no salt added frozen peas. • Other – green beans (canned, frozen)
Meat/Meat Alternate	Daily minimum and weekly ranges: K-5: 1 oz eq. min. daily (8-10 oz weekly) 6-8 : 1 oz eq. min. daily (9-10 oz weekly) 9-12 : 2 oz eq. min. daily (10-12 oz weekly)	USDA offers a wide variety of nutrient dense meat/meat alternate products which are reduced or low sodium and lower in fat. • Egg products- 5 lb or 30 lb cartons of liquid eggs, bulk eggs; • Reduced Fat Shredded Cheddar, reduced sodium/reduced fat American Cheese • Shredded Mozzarella; light or part skim • Lean meat, pork, poultry and fish products • Piloting lower sodium Pork Ham • Turkey Ham, lower sodium; deli breast • Chicken Fajita -lower sodium • Turkey taco filling – lower sodium
Grains	Daily minimum and weekly ranges: Grades K-5: 1 oz eq. min. daily (8-9 oz weekly) Grades 6-8 : 1 oz eq. min. daily (8-10 oz weekly) Grades 9-12 : 2 oz eq. min. daily (10-12 oz weekly)	• Whole grain pastas (spaghetti, rotini, macaroni) • Whole grain tortillas • Whole grain pancakes • Whole wheat flour • Rolled oats • Regular and quick cooking brown rice • Whole Kernel corn for further processing • Exploring whole white wheat specification
Whole Grains	At least half of the grains must be whole-grain rich beginning July 1, 2012. Beginning July 1, 2014, all grains must be whole grain rich.	USDA Foods offers whole-grain products which meet the whole grain rich requirement of >50%.
Milk	1 cup Must be fat-free(unflavored/flavored) or 1% low fat (unflavored)	

Pink

How USDA Foods supports Regulatory Requirements under Final Rule "Nutrition Standards in the National School Lunch and School Breakfast Programs"

Revised April 2012

Nutrient Standards	New Standards under Final Rule		
Sodium	**Target I: SY 2014-15**		• USDA offers canned, frozen, and fresh vegetables, meat, poultry, pork, and cheeses which have reduced or low sodium levels to help school meet or exceed the SY 14-15 target. • USDA continues to dialog with industry to modify specifications. (10-15% reduction from current levels.)
	Lunch ≤1230mg (K-5) ≤1360mg (6-8) ≤1420mg (9-12)	Breakfast ≤540mg (K-5). ≤600mg (6-8) ≤640mg (9-12)	
	Target 2: SY 2017-18		USDA will continue to dialog with industry to modify specifications for further reductions to meet subsequent targets.
	Lunch ≤935mg (K-5) ≤1035mg (6-8) ≤1080mg (9-12)	Breakfast ≤485mg (K-5) ≤535mg (6-8) ≤570mg (9-12)	
	Final target: SY 2022-23		
	Lunch ≤640mg (K-5) ≤710mg (6-8) ≤740mg (9-12)	Breakfast ≤430mg (K-5) ≤470mg (6-8) ≤500mg (9-12)	
Saturated Fat	**Saturated Fat** <10% of total calories		USDA offers lean meats, poultry, fish, and reduced fat cheeses.
Trans Fat	**New specification:** zero grams per serving (nutrition label) Note: FDA allows products with less than .5 gm per serving to count as zero.		USDA Foods do not contain added trans fats. Each specification will be modified to require zero trans fats: • Peanut & Sunflower butters • Vegetable oils • Potato products • Catfish strips. • Very little naturally occurring *trans* fats in beef and cheese
Calories	**Calorie Ranges (min and max)** **Only food-based menu planning allowed:** **Lunch:** **550-650 (grades K-5)** **600-700 (grades 6-8)** **750-850 (grades 9-12)** **Breakfast:** **350-500 (grades K-5)** **400-550 (grades 6-8)** **450-600 (grades 9-12)**		USDA offers a wide variety of nutrient dense foods which are reduced or low in solid fat and added sugar, and thus provide fewer discretionary calories.