

There's No Place

This year, school meals are getting a whole new look. Thanks to the USDA's new Healthy, Hunger-Free Kids Act, school meals are now looking a lot more like MyPlate, the government's roadmap for healthy eating. "MyPlate allows school nutrition professionals and students to speak the

Choose **MyPlate.gov**

same language," says Rachel Begun, M.S., R.D., a spokesperson for the Academy of Nutrition and Dietetics. "Now school children will be able to make the connection between the changes they're seeing on their plates in school and the messages conveyed by the MyPlate visual."

Like MI Plate

MI Plate

Home is where

MI lunch is!

MI Place

SCHOOL MEALS THAT ROCK

Kid Friendly Foods








