

From: Bushong, Linda (MDE) **On Behalf Of** Leikert, Howard (MDE)
Sent: Thursday, August 08, 2013 2:01 PM
To: MDE-SchoolNutrition
Subject: Weekly (monthly?) News from MDE 080813

Well, I have had my vacation so back to work until the new school year is well under way! Hope you all have had a great summer thus far but a new school year is less than a month away! Here is some new information:

- 1) Fresh Fruit and Vegetable Program – Attached is a list of schools receiving grant funding for the FFVP. We used \$55 per student and the cutoff for free and reduced percentage was around 94 percent.
- 2) 6 Cent Certification 2013 – We are winding down our 2013 6 Cent Certification process and hope to have all applications completed by the end of the month. This is important as of the end of September (the end of fiscal year) will mean the end of funding for 6 Cents for the 2013 school year. Due to this fact, I would like all SFAs to check to make sure their current 6 Cent Certification status in MEGS+ to help ensure it matches your understanding of its status. Following are the different statuses, what it means, and what steps you need to take to ensure your application is processed appropriately:
 - a) Approved and Certified – If this is your current status, you do not need to do any more work to complete your application.
 - b) In Process of Creation – All of these applications are now past the due date for approval in the year 2013. The new application for 2014 will be available shortly with updated spreadsheets and once the application is available, you need to complete this as soon as possible. By the end of 2014 ALL schools must have completed the 6 Cent certification process.
 - c) Modifications in Progress – This means the school district must complete modifications that were requested by MDE. We cannot move forward on your application until this is completed so we are emphasizing the importance of completing this work so your application can be approved on time for you to receive reimbursement.
 - d) Modifications Submitted – These applications are in MDE’s court. We will be evaluating the modifications and you should be hearing of the results of these modifications very soon. If your application has been in this status for some time, please contact me immediately so we can track down the cause of the delay in order to move your application along.
 - e) Pending Review – MDE will be reviewing these applications soon. If you do not hear of the results of this status in the next week, please contact me.

- f) Returned for Modifications – This has a large number of applications at this status. MDE cannot move forward on these applications until the requested modifications are made and then submitted. Again, I STRONGLY encourage all districts with their application in this status to make requested changes as soon as possible. Not doing so may jeopardize your districts ability to be reimbursed the 6 Cents per lunch.
- g) Review in Progress – These applications are in MDE’s control. If your application is in this status and you do not hear from us in the next 10 days, please contact me.

If you are unsure of your status, please email me. We want to make sure there are no applications that are not approved for the 2013 school year that could and should be.

- 3) 6 Cent Certification 2014 – For all districts that were certified in 2013, this process will be very easy as you will simply be attesting to your continued compliance with the new meal pattern in the MEGS+ SNP application (due to go live in the next couple of days). For those SFAs that did not complete a 2013 application, the new 2014 version will also be available very soon. It will look nearly identical to the 2013 application except for the fact that the Excel spreadsheets will have been updated to reflect the new breakfast meal pattern. It would be best for these to be completed no later than December 2013 before our office starts the Administrative Reviews on those schools that did not complete the application.
- 4) New Reimbursement Rates – The new reimbursement rates were released recently. Following is a link to the memo with the new rates for the 2013-2014 school year. <http://www.fns.usda.gov/cnd/Governance/notices/naps/NAPs13-14Chart.pdf>. Scroll down to see the chart of reimbursement rates. We will issue a formal memo on these rates which will include a more user friendly chart.
- 5) Check out the FNCS Recipe Box –It is USDA’s new webpage full of quick, delicious, cost-effective recipes for every type of cook. You’ll find a wealth of nutrition information at the Recipe Box. It consolidates the nutritious (and tasty) know-how of USDA’s Food Nutrition and Consumer Services agencies, Food and Nutrition Service, and the Center for Nutrition Policy and Promotion. From one central location, the new webpage greatly improves access to healthy nutrition information already available from USDA, by offering it in one central location. Hundreds of low-cost recipes are available on the site, plus state-of-the-art nutrition guidance – including a host of kid-friendly recipe ideas developed during the First Lady’s Let’s Move! Recipes for Healthy Kids Challenge. Encouraging Americans of all ages to make healthy nutrition choices is a key focus of USDA’s Food and Nutrition Service and the

Center for Nutrition Policy and Promotion. <http://www.fns.usda.gov/fncs-recipe-box>.

- 6) Food Safety Inspections - Just a friendly reminder that the USDA requires two food safety inspections. While your local health department (the entity that conducts your food safety inspection) may only require one inspection per year for your food license, the USDA requires two food safety inspections per school year. You are responsible for requesting both of these inspections. The local health department is responsible for either conducting the inspections or denying the inspection. In the case that the local health department denies your request, your responsibility is to maintain that written documentation. In this case, you have met the requirement for two health inspections. If you have further questions regarding food safety inspections or would like further clarification regarding these rules/regulations, please contact Diane Golzynski at 517-373-3383 or GolzynskiD@michigan.gov.
- 7) Breakfast Outreach - Child Nutrition Reauthorization 2010: Outreach to Households on the Availability of the School Breakfast Program - The Healthy, Hunger-Free Kids Act of 2010 (the Act), Public Law 111-296, establishes requirements for conducting outreach to households on the availability of the School Breakfast Program (SBP). The purpose of this memorandum is to provide guidance on the implementation of the provision that requires schools participating in the National School Lunch Program to conduct outreach on the availability of the SBP just prior to or at the beginning of the school year.
http://www.michigan.gov/documents/mde/Child_Nutrition_Reauth_outreach_429615_7.pdf.
- 8) New Breakfast Meal Pattern – A new school year is just around the corner and with that comes the new Breakfast Meal Pattern for School Year (SY) 2013-14. Attached is a chart that lists the meal pattern requirements for each grade group and will also direct you to USDA memos that explain the requirements in greater detail.
- 9) Nutrient Worksheets – Attached find 3 excellent Excel worksheets that can help you calculate the nutrient content of recipes and weekly totals. They were forwarded to us through the Midwest Region of USDA from our colleagues in Wisconsin. Let me know if you find them useful.
- 10) Use of Distributor Provided Nutrition Information - USDA policy has been that SFAs must have actual copies of CN labels, Product Formulation Statements and/or actual Nutrition Facts/Ingredient lists on hand for a review. At the very least, SFAs should save a digital photograph of the product carton with the CN Label as proof of purchase. This is because CN Labels from other sources do not come with the FNS warranty intended by the CN Labeling Program. Copies sent in by the manufacturer or pulled from the internet do not guarantee that the

product that the school received was actually manufactured under the FNS required quality control program. More information on this can be found at this link: Copying Federally Inspected Product Labels – CN Policy:

http://www.fns.usda.gov/cnd/cnlabeling/copying_labels.htm.

Below is the guidance that states, SFAs, and LEAs need to be aware of when accepting product literature for documenting federal meal requirements without products that carry the CN Label on the actual product carton. If the SAs, SFAs/LEAs can trace the actual product received back to the copies you sent as attachments, then there is no issue.

Manufacturer's Product Formulation Statement (PFS)
Revised Memo TA 07-2010 (1/15/2013) -

http://www.fns.usda.gov/cnd/cnlabeling/TA_07-2010_os.pdf

PFS for Meat/Meat Alternate Product -

<http://www.fns.usda.gov/cnd/cnlabeling/PFSmma.pdf>

PFS for Documenting Fruits/Vegetables (revised 7/11/13)-

<http://www.fns.usda.gov/cnd/cnlabeling/PFSfv.pdf>

-- Sample PFS for Vegetables (revised 7/11/13) -

<http://www.fns.usda.gov/cnd/cnlabeling/PFSsamplevegetables.pdf>

-- Sample PFS for Fruits (revised

7/11/13)<http://www.fns.usda.gov/cnd/cnlabeling/PFSsamplefruits.pdf>

PFS for Documenting Grains

-- Previous crediting standard (14.75g) Option Available for SY 2012/2013

<http://www.fns.usda.gov/cnd/cnlabeling/PFSgrains12-13.pdf>

-- Crediting standard (16g) required Beginning SY 2013/2014

<http://www.fns.usda.gov/cnd/cnlabeling/PFSgrains13-14.pdf>

-- Sample PFS for Grains

<http://www.fns.usda.gov/cnd/cnlabeling/PFSsamplegrains.pdf>

School Food Authorities

-- Reviewer's Checklist for M/MA PFS

http://www.fns.usda.gov/cnd/cnlabeling/reviewer_checklist.pdf

- 11) Grains - USDA wanted us to share information based on questions they've received about crediting Grains. As you know, SY 2012-13 was a transition year. As we move to SY 2013-14, please keep the following in mind:

- SFAs must begin to count all breadings (that credits at least .25 oz eq) as part of their daily and weekly Grain counts.
- SFAs must begin to use the ounce equivalent (oz eq) and the new Exhibit A to credit all Grain items. There is no “grace” period for bread/bread alternates, and the term is now obsolete. If SFAs still have products with bread/bread alternate crediting information, they must determine the oz eq or request additional information from the manufacturer if needed.
- The upper limit on grains is still lifted this coming year.

As you know there are several methods to assess if a product meets the definition of whole grain-rich. One simple method is to determine if the first ingredient is a whole grain ingredient. This is practical since most product labels don't list the amount of creditable grains and manufacturers don't have to provide that information. However, if the SFA knows what the actual creditable grain count in a product is, you should use that. For example, a slice of bread that weighs 28g and contains whole wheat flour as the first ingredient would typically meet the 1 oz eq requirement. However, if you know the bread only contains 14 g of creditable grain (7 g of whole wheat, 7 g of enriched), you should divide 14 g by the 16 g/oz eq. That would give you .875 oz eq. Round down to $\frac{3}{4}$ oz eq. And finally, it is helpful to offer a wide variety of Grains. Some grain items meet the definition of whole grain-rich, but tend to have a higher sugar content than others. By offering variety, SFAs can ensure children are exposed to nutritious choices.

Howard Leikert, MBA, SMS

Supervisor, School Nutrition Programs
Michigan Department of Education
517-373-3892

“The MDE School Nutrition Programs team is committed to the success of child nutrition programs through training, support, and leadership by fostering partnerships to ensure the nutritional well-being of all students in Michigan.”

**Michigan Department of Education
Office of School Support Services
2013-2014
Fresh Fruit and Vegetable Program (FFVP) Grant Recipients**

Sponsor Name	School Name
Adrian, School District of the City of	Michener Elementary School
Albion Public Schools	Harrington Elementary School
Alpena Public Schools	Lincoln Community School
Baldwin Community Schools	Baldwin Elementary
Battle Creek Public Schools	Ann J. Kellogg School
Battle Creek Public Schools	Coburn School
Battle Creek Public Schools	Dudley School
Battle Creek Public Schools	Franklin School
Battle Creek Public Schools	Lamora Park School
Battle Creek Public Schools	Northwestern Middle School
Battle Creek Public Schools	Springfield Middle School
Battle Creek Public Schools	Verona Elementary School
Battle Creek Public Schools	Urbandale School
Bay City School District	Linsday Elementary School
Bay City School District	MacGregor Elementary School
Bay City School District	Washington Elementary School
Bay County PSA	Bay County PSA
Bridge Academy	Bridge Academy - Elementary
Carrollton Public Schools	Carrollton Elementary School
Chandler Park Academy	Chandler Park Academy - Elementary
Conner Creek Academy East	Conner Creek Academy East - Elementary
Covert Public Schools	Covert Elementary School
Dearborn City School District	McDonald Elementary School
Dearborn City School District	Salina Elementary P - 3
Detroit Academy of Arts and Sciences	Detroit Academy of Arts and Sciences
Detroit City School District	Young, Coleman A. Elementary
Detroit City School District	Wright, Charles School
Detroit City School District	Wilkins Elementary-Middle School
Detroit City School District	Wayne Elementary School
Detroit City School District	Vernor Elementary School
Detroit City School District	Trix Elementary
Detroit City School District	Thirkell Elementary School
Detroit City School District	Stewart Elementary
Detroit City School District	Spain Elementary-Middle School
Detroit City School District	Schulze Elementary-Middle School
Detroit City School District	Sampson Academy
Detroit City School District	Rutherford Winans Academy
Detroit City School District	Robeson Academy, Malcolm X Academy
Detroit City School District	Pulaski Elementary-Middle School
Detroit City School District	Priest Elementary-Middle School
Detroit City School District	Phoenix Elementary-Middle School
Detroit City School District	Pasteur Elementary School
Detroit City School District	Palmer Park Preparatory Academy
Detroit City School District	Oakman Elementary / Orthopedic School
Detroit City School District	Nolan Elementary-Middle School
Detroit City School District	Noble Elementary-Middle School
Detroit City School District	Nichols Elementary-Middle School
Detroit City School District	New Paradigm Loving Academy
Detroit City School District	New Paradigm Glazer Academy
Detroit City School District	Neinas Elementary School
Detroit City School District	Murphy Elementary
Detroit City School District	Munger Elementary-Middle School
Detroit City School District	Maybury Elementary School
Detroit City School District	Mason Elementary School
Detroit City School District	Mary McLeod Bethune Elementary-Middle
Detroit City School District	Marshall, Thurgood Elementary School
Detroit City School District	Marquette Elementary-Middle School
Detroit City School District	Mark Twain Elementary-Middle School
Detroit City School District	Mann Elementary School
Detroit City School District	Mackenzie Elementary-Middle School
Detroit City School District	Ludington Magnet Middle School

**Michigan Department of Education
Office of School Support Services
2013-2014**

Fresh Fruit and Vegetable Program (FFVP) Grant Recipients

Detroit City School District	Law Elementary School
Detroit City School District	King, John R. Academic & Performing Arts Acad.
Detroit City School District	Keidan Special Education School
Detroit City School District	International Prep. Academy - MacDowell
Detroit City School District	Hutchinson Elementary-Middle School
Detroit City School District	Holmes, A.L. Elementary-Middle School
Detroit City School District	Henderson Academy
Detroit City School District	Greenfield Union Elementary-Middle School
Detroit City School District	Gompers Elementary-Middle School
Detroit City School District	GEE White Academy
Detroit City School District	GEE Edmonson Academy
Detroit City School District	Garvey Academy
Detroit City School District	Gardner Elementary School
Detroit City School District	Ford Academy for Comm./Perf. Arts
Detroit City School District	Fisher Magnet Upper Academy
Detroit City School District	Fisher Magnet Lower Academy
Detroit City School District	Escuela Avancemos
Detroit City School District	Emerson Elementary-Middle School
Detroit City School District	Edward "Duke" Ellington Elementary-Middle
Detroit City School District	Edison Elementary School
Detroit City School District	Earhart Elementary-Middle School
Detroit City School District	Durfee Elementary-Middle School
Detroit City School District	Dossin Elementary-Middle School
Detroit City School District	Dixon Elementary School
Detroit City School District	Davison Elementary-Middle School
Detroit City School District	Cooke Elementary School
Detroit City School District	Clemente, Roberto Academy
Detroit City School District	Clark, J.E. Preparatory Academy
Detroit City School District	Carver Elementary-Middle School
Detroit City School District	Carstens Elementary-Middle School
Detroit City School District	Carleton Elementary School
Detroit City School District	Burton International School
Detroit City School District	Burns Elementary-Middle School
Detroit City School District	Bunche Elementary-Middle School
Detroit City School District	Brown, Ronald Academy
Detroit City School District	Brewer Elementary-Middle School
Detroit City School District	Brenda Scott Academy for Theatre Arts
Detroit City School District	Bow Elementary-Middle School
Detroit City School District	Blackwell Institute
Detroit City School District	Bennett Elementary School
Detroit City School District	Beckham, William Academy
Detroit City School District	Beard Elementary School
Detroit City School District	Barber Focus School of MST
Detroit City School District	Bagley Elementary School
Detroit City School District	Ann Arbor Trail Magnet School
Detroit West Preparatory Academy	Detroit West Preparatory Academy
Dr. Charles Drew Academy	Dr. Charles Drew Academy
Ecorse Public Schools	GrandPort Elementary Academy
Ecorse Public Schools	Ralph J. Bunche Academy
Flint, School District of the City of	Brownell School
Flint, School District of the City of	Carpenter Road School
Flint, School District of the City of	Cummings School
Flint, School District of the City of	Dort School
Flint, School District of the City of	Doyle/Ryder School
Flint, School District of the City of	Durant Tuuri Mott School
Flint, School District of the City of	Eisenhower School
Flint, School District of the City of	Freeman School
Flint, School District of the City of	Manley Early Childhood Education Center
Flint, School District of the City of	Neithercut Elementary School
Flint, School District of the City of	Pierce School
Flint, School District of the City of	Potter School
Flint, School District of the City of	Scott School
Flint, School District of the City of	Summerfield Early Childhood Education Ctr.
Flint, School District of the City of	Summerfield School
Flint, School District of the City of	Washington School
Global Heights Academy	Global Heights Academy

**Michigan Department of Education
Office of School Support Services
2013-2014**

Fresh Fruit and Vegetable Program (FFVP) Grant Recipients

Godfrey-Lee Public Schools	Godfrey-Lee Early Childhood Ctr.
Hamtramck, School District of the City	Dickinson East Elementary School
Hamtramck, School District of the City	Dickinson West Elementary School
Hamtramck, School District of the City of	Early Childhood Elementary School
Ionia Public Schools	Emerson School
Jackson Public Schools	McCulloch School
Kalamazoo Public Schools	Washington Writers' Academy
Lansing Public School District	Kendon School
Lansing Public School District	North School
Marvin L. Winans Academy of Performing Arts	Marvin L. Winans Academy of Performing Arts Elem.
Mount Clemens Community School District	George Washington Academy
Old Redford Academy	Old Redford Academy - Elementary
Owosso Public Schools	Bryant School
Pontiac Academy for Excellence	Pontiac Academy for Excellence - Elementary
River Rouge, School District of the City of	Ann Visger K-5 Preparatory Academy
Saginaw, School District of the City of	Chester F. Miller School
Saginaw, School District of the City of	Heavenrich School
Saginaw, School District of the City of	Herig School
Saginaw, School District of the City of	Jessie Loomis School
Saginaw, School District of the City of	Jessie Rouse School
Saginaw, School District of the City of	Stone School
School District of the City of Inkster	Meek-Baylor Elementary School
School District of the City of Inkster	Baylor Woodson Elementary School
Threshold Academy	Threshold Academy
Traverse City Area Public Schools	Traverse Heights Elem. School
Westwood Community School District	Daly School
Westwood Community School District	Thorne Elementary School
Westwood Heights Schools	Colonel Donald McMonagle Elementary School
William C. Abney Academy	William C. Abney Academy

Gearing Up for the 2013-14 Breakfast Meal Pattern

A new school year is just around the corner and with that comes the new Breakfast Meal Pattern for School Year 2013-14! The meal pattern is a departure from the old traditional pattern and this article will steer you on the right path to successfully implementing the new meal pattern. For starters, make sure you thoroughly read the following USDA memos which are found at: <http://www.fns.usda.gov/cnd/governance/policy.htm>

SP 28-2013: Questions & Answers on the School Breakfast Program Meal Pattern in SY 2013-14 (6/13/2013)

SP 45-2013: Updated Offer versus Serve Guidance for the National School Lunch and School Breakfast Program in SY 2013-14 (6/13/2013)

SP 26-2013: Extending Flexibility in the Meat/Meat Alternate and Grains Maximums for SY 2013-14 (2/25/2013)

SP 30-2012: Grain Requirements for the National School Lunch Program and School Breakfast Program (4/26/2012)

Let's start with this chart that captures the 2013-14 breakfast meal pattern requirements:

Food Components	Grades K – 5	Grades 6 – 8	Grades 9 – 12
Milk - Offer at least two choices to include only fat-free (flavored or unflavored) and low-fat (unflavored) milk	1 cup daily	1 cup daily	1 cup daily
Grains - At least 1 ounce equivalent (oz eq) must be offered daily - Minimum daily & weekly offering must be met - Half of grains must be whole grain-rich in SY 2013-14	7 – 10 oz eq/week (may exceed weekly amount as long as weekly dietary specifications & calories are met)	8 – 10 oz eq/week (may exceed weekly amount as long as weekly dietary specifications & calories are met)	9 – 10 oz eq/week (may exceed weekly amount as long as weekly dietary specifications & calories are met)
Meat/Meat Alternate (optional) - None required, but may substitute 1 oz eq of meat/meat alternate for 1 oz eq grains <u>after</u> minimum daily 1 oz eq grains is offered - May offer meat/meat alternate as additional food & not credit it as grain			
Juice/Fruit/Vegetable - No limitations on juice in SY 2013-14 - Fruits & vegetables may be offered interchangeably; no substitution requirements or vegetable subgroup requirements - Not required to take fruit under OVS in SY 2013-14	½ cup daily (SY 2013-14) (may combine two - ¼ cup servings of fruit/vegetable/juice to meet ½ cup requirement)	½ cup daily (SY 2013-14) (may combine two - ¼ cup servings of fruit/vegetable/juice to meet ½ cup requirement)	½ cup daily (SY 2013-14) (may combine two - ¼ cup servings of fruit/vegetable/juice to meet ½ cup requirement)
Minimum/Maximum Calories (kcal) - Weekly average	350 – 500	400 – 550	450 - 600
Saturated Fat (% of total calories) - Weekly average	< 10%	< 10%	< 10%
Sodium** - Weekly average	≤ 540 mg*	≤ 600 mg*	≤ 640 mg*
Trans Fat	0 grams/serving	0 grams/serving	0 grams/serving

*Effective SY 2014-15

**Increasingly restrictive targets in SY 2017-18 and SY 2022-23