Third Annual Residential Treatment Conference

# Getting It Right, From the Start

February 23, 2015

February 24, 2015

February 24, 2015

February 25, 2015

February 25,

https://www.surveymonkey.com/s/Feb23ResidentialConferenceRegistration



Seating is limited. Register early!

Group registrations are encouraged;
lock in lowest price now,
submit names later.



# Sponsor/Exhibit/Advertising\* Opportunities

# Sign up to be a conference **EXHIBITOR**. Not only will you

have exhibit space at the conference, but the conference program—in the hands of every single attendee—can include a business-card-size promotion of your choice, and your logo will appear on signage at the conference. Price includes up to two box lunches for the exhibitor.

**EXHIBIT BOOTH PRICE: \$150** 



VISIT OUR BOOTH TODAY!
VISIT OUR WEBSITE ANY TIME: WWW.XYZ.COM



# Sponsor the conference TOTE BAG and your brand will be

in the hands of every attendee, both for the day of the conference and into the future in communities across Michigan. In addition, your logo will appear on signage at the conference and in the conference program.

**TOTE BAG SPONSOR PRICE: \$1,200** 

# Sign up to be a conference **SPONSOR** and you will have

attendees' full attention as you promote your organization (two minutes) and then introduce a session presenter. In addition, your logo will appear on signage at the conference and in the conference program.

OPENING KEYNOTE SPONSOR PRICE: \$1,000 GENERAL SESSION SPONSOR PRICE: \$800 WORKSHOP SPONSOR PRICE: \$500





# Provide a FULL-PAGE or HALF-PAGE AD for the conference program and your message/brand will

be in the hands of every conference attendee. In addition, your logo will appear on signage at the conference and in the conference program.

FULL-PAGE AD PRICE: \$400 HALF-PAGE AD PRICE: \$225

# **Important details**



## **Purpose of this conference**

The Michigan Federation for Children and Families is hosting this conference in response to the need for education for appropriately assessing the needs of youth in residential settings, understanding their trauma histories, and providing effective tools and strategies for treatment and healing of these youth.

#### Who should attend?

- Judges, referees and court administrators
- Prosecutors/assistant attorneys general
- Parents' attorneys and lawyer-guardians ad litem
- Probation officers
- Juvenile detention workers, managers and directors
- CPS workers
- BCAL consultants and regional managers
- DHS and private agency caseworkers, supervisors, program directors, administrators and CEOs
- Tribal caseworkers, tribal court judges, attorneys and related staff
- School social workers and administrators
- Court Appointed Special Advocates (CASAs)
- Foster Care Review Board members
- Child welfare and other professionals and staff working with special populations such as developmentally disabled, special education students and troubled youth.

### **Earn Social Work CECHs**

If you would like to qualify for as many as 5.5 Social Work CECHs, be sure to check the box included within

the online registration or when using the registration form in this brochure. Qualified individuals who attend the entire portion of the training for which they are registered will be provided SW CECHs for an additional charge of \$50 per person, payable to the Michigan Federation for Children and Families with registration or onsite via cash, check or credit card. Attendance forms must be signed onsite in order to receive the CECHs. There are no exceptions to these requirements.

If you attend this conference and wish to receive DHS In-Service Training credit, you will need to complete the training verification form at http://www.michiganchildwelfaretraining.com/Training/Resources/Forms.aspx and give it to your local training coordinator who will add it to the learning management system.

## Registration

Group registrations qualify for the lowest price for Michigan Federation member agencies! Blocks of registrations can be reserved now, with names of attendees to be provided by January 31, 2015.

Registrant type	Price per person*			
Employee of Federation Full or Affiliate member agency	First 5 registrants: Registrants #6 - #10: Registrants #11+:	\$100 each \$90 each \$85 each		
Non-Federation registrant	\$135			

\*After January 31, 2015, add \$25 per person.

Registrants wishing to earn Social Work CECHs: An additional \$50 per person fee applies, payable to the Michigan Federation for Children and Families. CE cost can be covered by the agency or employee in advance or paid onsite via cash, check or credit card (a 4% charge applies to credit card payments).

#### **Important registration notes:**

- If needed, hotel accommodations are the responsibility of the attendee; see back cover for nearby options.
- If necessary, report cancellations to **jenny@michfed.org** ASAP; refunds for cancellations made by February 10 will be minus a \$25 administrative fee.
- No refunds will be issued after February 10, but registration transfers are allowed if approved through the Federation in advance via e-mail to **jenny@michfed.org**.
- There will be no onsite registration.
- Confirmations will be issued via e-mail only.
- Full conference registration includes handouts, lunch and breaks; onsite parking is free.

# **Meet our presenters**

Dr. Lisa Boesky is a clinical psychologist, national speaker, consultant, and author of books and a dvd, including When to Worry: How to Tell If Your Teen Needs Help—and What To Do About It, Juvenile Offenders with Mental Health Disorders: Who Are They and What Do We Do With Them? and The Secret



Cut: Understanding Self-Injury & Teens. She has been interviewed by Anderson Cooper, Bill O'Reilly, CNN, CNN International, NPR, ABC News, CBS News, Fox News and in print by USA Today, US News & World Report, People Magazine and many others.

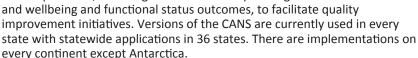
Dr. Lisa specializes in young people with emotional and behavioral disorders and has worked with some of the most challenging and dangerous youth in psychiatric hospitals and juvenile justice facilities. In addition to providing high-energy and content-filled presentations to professionals across the country, Dr. Lisa consults with youth-serving agencies on issues related to mental health and suicide, and serves as an expert witness on legal cases related to suicidal and mentally ill youth in residential settings. Find out more at www. troubledteenexpert.com.

**Phillip D. Hamberg** is a Licensed Clinical Social Worker (LCSW) and a Licensed Marriage and Family Therapist (LMFT). He earned a bachelor's degree from Calvin College in Grand Rapids, MI, and a master's degree in clinical social work in Ann Arbor



at the University of Michigan. He has training in infant mental health, preschool play therapy, school-age behavior and learning, as well as adult and family treatment and EMDR (eye movement desensitization reprocessing). He has 40 years of experience working with children, particularly the young child. Mr. Hamberg is a seminar presenter in areas of early child development and attachment, early childhood trauma, childhood violence, K-12 classroom behavior problems, and pre-school behavioral problems. He is currently the program director of Michigan Family Resources (Head Start for Kent County). He is also a private practice therapist and a consultant to area schools, agencies, and Head Start programs throughout Region V (Michigan, Indiana, Illinois, Ohio, Wisconsin, and Minnesota). Mr. Hamberg has authored a book about how attachment issues relate to behavior and the strategies that can be used to help. The book is entitled Attach Me if You Can and can be found on Amazon.com.

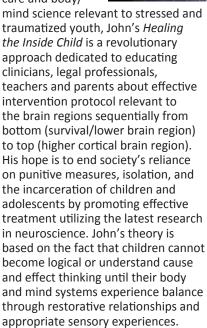
**Dr. John Lyons** is a senior policy fellow at Chapin Hall at the University of Chicago. He is the developer of an outcomes management approach for human services called Transformational Collaborative Outcomes Management (TCOM). Within the TCOM framework, the most commonly used tool is the Child and Adolescent Needs and Strengths (CANS), which supports decision making in child welfare, mental health, juvenile justice, schools and early intervention service provision, including level of care and planning



At Chapin Hall, Dr. Lyons continues to guide policymakers and practitioners using TCOM and the CANS to more effectively tailor supportive services to the needs of youth and children. Dr. Lyons' work will also be focused on expanding a suite of implementation supports to the CANS and TCOM framework. Emerging supports include training and certification processes; working alongside practitioners to determine decision points where collaborative decision-making tools can be integrated into clinical practice; creating automated and integrated reports that provide actionable data on service quality, developing decision support algorithms that optimize effectiveness, developing strategies to assess the efficiency and effectiveness for implementers as they work to overcome real-world obstacles and to bridge the training-to-practice gap; and ongoing coaching support. Learn more about Dr. Lyons at http://www.chapinhall.org/experts/john-lyons.

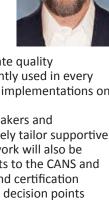
**John Micsak**, MA, LLPC, CTC, is a trauma

consultant with at-risk children. From 33+ years of front-line resiliency work, trauma-informed care and body/



Michael J. Reiffer, LMSW, is a Christian counselor who graduated from Calvin College with a BA in Psychology and earned his MSW from Western Michigan University. Michael

is a clinical social worker licensed by the State of Michigan and has over 18 years experience working with individuals, couples, children and families. Michael currentlyworks for Pine Rest Christian Mental Health Services and is the Clinic Manager of the Southwest Clinic in Grandville, MI. His treatment areas of interest include relationship/marital problems, parenting and family issues, spiritual/ religious issues, life adjustments, depression, anxiety, stress management, anger management, and abuse and trauma resolution. Michael has advanced training in Motivational Enhancement Therapy and in Eye Movement Desensitization and Reprocessing (EMDR), Parts I and II.





#### Third Annual Residential Treatment Conference



# **Getting It Right, From the Start**

Assessment & Treatment in Residential Settings

# **Schedule**



8:00 AM - 8:50 AM • Check in 8:50 AM - 9:00 AM • Welcome and Housekeeping

9:00 AM - 10:30 AM • Opening Keynote

Big Problem, Tragic Results: Over, Under & Mis-Diagnosis: What *You* and *Your Agency* Can Do to Help

#### **Dr. Lisa Boesky**

Children and adolescents in residential treatment are often very clinically complex. Many carry two, three, four (or more) mental health diagnoses. Yet, not all are currently accurate. In addition, the impact of trauma is commonly misdiagnosed as ADHD, bipolar, or another mental health disorder. Youth who have primarily been diagnosed with oppositional defiant disorder, conduct disorder, or a substance use disorder may suffer from additional conditions. Over, under, and misdiagnosis of children and teens in residential facilities can lead to treatment that is not helpful or treatment that can actually make things worse. Learn why over, under and mis-diagnosis continues to happen even now, the tragic results that can occur, and what you and your agency can do to help. This will be a fast-moving, practical presentation with video clips, real-life case examples, and audience interaction.



10:30 AM - 10:45 AM • Break and Visits with Exhibitors

10:45 AM - 12:15 PM • General Session

# The Use of CANS as a Performance Management Tool in Michigan



## Dr. John Lyons

The Child and Adolescent Needs and Strengths (CANS) is a multi-purpose tool developed for children's services to support decision making, including level of care and service planning, to facilitate quality improvement initiatives, and to allow for the monitoring of outcomes of services. *Importantly, the use of CANS is required in residential treatment contracts with the Michigan Department of Human Services, effective October 1, 2014.* Versions of the CANS are currently used in 25 states in child welfare, mental health, juvenile justice, and early intervention applications. Dr. Lyons will present the development of the CANS, successful utilization of the tool and application to residential settings.

12:15 PM to 12:50 PM • Lunch Onsite and Visits with Exhibitors

#### Schedule - continued

1:00 PM — 2:30 PM • Concurrent Sessions							
The Roots of Rage: What Can We Do?	The New School Epidemic: Addressing "Dysregulation"	Cultivating Resiliency: Growing Hope Afer Tragedy					
Phillip D. Hamberg	John Micsak	Michael J. Reiffer					
We are seeing too many children who have too much shame and not enough guilt! This session will define the concepts of shame and guilt and trace the roots of rage to incomplete attachment and emotional premature separation from a nurturing adult. Suggestions on repair will be presented.	Dysregulation (atrophy and disturbance in the brain and nervous system development) of school students, is now recognized as the number one reason why school trajectories (e.g., positive school performance and discipline problems) have not improved since the 1960s. This session will provide a high quality, multi-theoretical program that combines neuro-physiological science, trauma-informed care, attachment research and positive youth psychology in addressing this issue. John will build the framework to bring in a resiliency and wellness approach for your setting and give critical insight for professionals working with vulnerable student populations. Video footage of John's pilot school programs will be presented along with case reviews of the hardest to reach students.	How is it that people can go through similar experiences and yet each will have very different reactions? Are there better ways to "get it right, right from the start" in understanding and managing the trauma and stress of our clients and ourselves? Trauma, stress, and critical incidents impact individuals in distinct and individual ways; yet, there are also some common elements and skills that make up resiliency, trauma resolution and stress management. Cultivating resiliency is a training that will address navigating trauma treatment and will also pay specific attention to the compassion fatigue and vicarious trauma of those who care for the traumatized. This training promises to be informative, participatory, relevant, engaging and practical.					
2:30 PN	2:30 PM to 2:45 PM • Break and Visits with Exhibitors						

2:45 PM - 4:00 PM • General Session

## **Preventing Youth Suicide & Self-Injury in Residential Care: How Your Facility Can & Must Do It Better**

#### **Dr. Lisa Boesky**

Residential treatment facilities house some of the most clinically complex youth in the country, including those at high risk for suicide and self-injury. The key to true suicide and self-injury prevention in residential care is not always what you think. Recent research and "best practices" show that primarily relying on the strategies and policies the system has used for years can put facilities at risk of a significant youth injuries, a tragic death and a large lawsuit. Learn the most "clinically-effective," "cost-effective" and "liabilityprotective" ways to keep youth from killing or harming themselves in your facility—and to manage those at highest risk of doing so. This will be a practical presentation with video, photos and real-life case examples.

## 4:00 PM - 4:15 PM • Closing Remarks & Evaluation

#### 4:15 PM - 4:45 PM • Ask the Experts

This is a limited-time chance for registrants to meet one-on-one with our presenters to ask questions. [Not all presenters will be able to stay for this session.] Ask them anything, but please limit your "time" to 2-3 minutes so others can take advantage of this special opportunity.

# Getting It Right, From the Start · February 23, 2015 Registration & Evhibit/Spansor/Ad Order Form

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#### Location

West Campus of Lansing Community College Michigan Technical Education Center 5708 Cornerstone Drive • Lansing, MI 48917

#### **Hotel accommodations**

Overnight accommodations are available at nearby hotels. Hotel reservations and payment are the responsibility of the individual or organization. Ask for the "LCC preferred rate." LCC preferred rates shown below are as of December 3, 2014, and are subject to availability.

Closest hotels are about 2 miles away (6 minutes); these are both near the I-496 Crevts Road Exit (North):

#### Crowne Plaza Lansing West ● (517) 323-7100 - offers free shuttle rides

925 South Creyts Road, Lansing, MI 48917 \$135.00 + tax standard king or two double beds \$155.00 + tax deluxe king

#### Country Inn & Suites ● (517) 827-7000

6511 Centurion Drive, Lansing, MI 48917 www.countryinns.com/Insg \$75.00 + tax standard room

\$75.00 + tax studio suite

\$89.00 + tax one-bedroom suite

Hotels within 4-5 miles (approx. 10-minute drive); these are near the I-96 Saginaw Highway (M-43) Exit:

#### **Spring Hill Suites • (517) 627-0002**

111 S. Market Place Blvd., Lansing, MI 48917 www.springhillsuites.com \$89.00 + tax single king or two double beds

#### **Quality Suites • (517) 886-0600**

901 Delta Commerce Dr., Lansing, MI 48917 www.qualitysuiteslansing.com \$85.00 + tax single king or two double beds



Willow

- From I-496:
- Turn south on Crevts Road to West Mt. Hope.
- Turn left on West Mt. Hope and continue eastbound for about a half-mile to Sanders Drive (next to the Chapman Insurance Agency).
- Turn left onto Sanders Drive to Cornerstone Drive.



320 N. Washington Square, Suite 100 Lansing MI 48933 Phone (517) 485-8552 • Fax (517) 485-6680

#### www.michfed.org

#### Staff

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