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NEW 2016 Child Welfare Training Opportunities: **Leadership, Caregiver, and Webinar Trainings**

Delivered by

MICHIGAN STATE
UNIVERSITY

School of Social Work



*Trainings
in this catalog
are approved
by the DHHS for
in-service
training hours*

Contact MSU School of Social Work Continuing Education
at **(517) 353-3060** or **email swcke@msu.edu**

Visit: **<http://socialwork.msu.edu/ceu/>**



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Introduction

Welcome and thank you for your interest in participating in the *NEW 2016 Child Welfare Training Opportunities: Leadership, Caregiver, and Webinar Trainings*. These new areas of training are offered as a part of the Child Welfare In-Service Training initiative made possible through a grant from the Michigan Department of Health and Human Services. Read more about the new and exciting opportunities for training below!

Leadership Training

Working effectively as a child welfare supervisor can be challenging. Working with staff who are deeply invested in keeping families safely together, reuniting families, or supporting new loving families requires a well-trained child welfare workforce. A child welfare professional needs to have extensive knowledge about child development, family dynamics, culture and community, evidence-based or promising approaches to helping children and families, trauma, and so much more. A supervisor needs to have the same wealth of knowledge, while also guiding staff, mentoring them to develop their skills, and keeping them engaged—no easy task!

The courses offered in this program are focused on helping you as a leader to achieve all of this while supervising a mobile workforce. Growing your supervisory and leadership skills requires an ongoing commitment to learning and improving. This is important work, as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families and the workforce serving them.

Caregiver Training

In an exciting new venture with MDHHS, the MSU School of Social Work is pleased to present five opportunities for training specific to all caregivers engaged with the Michigan child welfare system.

If you are a birth parent, foster parent, adoptive parent or kinship/relative parent, the FREE training opportunities found in this catalog under “Caregiver Training” are customized to help support your needs in raising the children in your home, understanding some of the unique and sometimes challenging needs that children and their families often face in the child welfare system.

Webinars and Online Training

Michigan State University School of Social Work Continuing Education now offers live webinars and online training! Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live one-hour presentations on various topics. Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

The Michigan State University School of Social Work is pleased to present part two of this 2016 in-service training catalog. We appreciate the commitment and support of MDHHS Director Nick Lyon and his administrative team, particularly training team leaders Stacie Gibson, Laura Schneider, and Michele Harper.

With the support of MDHHS, we are able to offer these sessions free of charge for child welfare workers, supervisors, and caregivers engaged with the Michigan child welfare system.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor, MSU
School of Social Work
Kadi M. Prout, LMSW, In-Service Project Coordinator,
MSU School of Social Work

FAQs

These child welfare trainings are offered **FREE OF CHARGE** for DHHS child welfare workers and supervisors and DHHS-contracted private agencies' child welfare workers and supervisors on a first come, first serve basis.

Caregiver trainings are offered **FREE OF CHARGE** for birth parents, foster parents, adoptive parents, and relative parent caregivers with children in their home engaged with the Michigan child welfare system.

◆ ◆ ◆ ◆ ◆ ◆
If you register and know in advance you cannot attend, you must contact MSU School of Social Work Continuing Education so your slot can be offered to another individual.
◆ ◆ ◆ ◆ ◆ ◆

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?

All public and private child welfare staff are required to complete 32 hours of in-service training each fiscal year (October through September). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

Following licensure, caregivers are required to earn 6 hours of training annually. The trainings listed in this catalog under “Caregiver Training” will count toward those hours.

2 How do I record these in-service training hours to show that I am meeting this requirement?

Add the training to the Department of Health and Human Services (DHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 Do I register to attend the training with the university that is hosting the training or through the DHHS Learning Management System (LMS)?

In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the DHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

4 Is it true, I can attend any in-service training listed in this catalog for FREE?!

Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare workers and supervisors—both DHHS and contracted private agencies—on a first come, first serve basis. The leadership training opportunities are unique to supervisors, while the webinar and online training opportunities are open to both workers and supervisors. Many of these trainings are eligible for social work continuing education credit hours, too!

Caregiver trainings are offered FREE OF CHARGE for birth parents, foster parents, adoptive parents, and relative parent caregivers with children in their home engaged with the Michigan child welfare system.

Happy training!

Child Welfare Leadership Training

These child welfare trainings—both in-person and webinar formats—are offered FREE OF CHARGE for DHHS and DHHS-contracted private agencies' SUPERVISORS on a first come, first serve basis.

In-Person Courses



Supervising a Mobile Workforce



Date/time: **May 19, 2016** • 1:00 PM – 4:15 PM • **#610-16**
Location: **WMU Beltline Conference Center**
2333 E. Beltline Avenue, SE, Grand Rapids, MI 49546

Date/time: **August 4, 2016** • 1:00 PM – 4:15 PM • **#611-16**
Location: **Troy Community Center**
3179 Livernois, Troy, MI 48083

Date/time: **September 9, 2016** • 1:00 PM – 4:15 PM • **#612-16**
Location: **Greater Lansing Association of Realtors®**
4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016, and Michigan Social Work Continuing Education Provider #0001 for all programs through September 2016

Cost: Free to all DHHS and private agency child welfare supervisors

Presenters: **Rosemary Jackson, LMSW**
Cheryl Williams-Hecksel, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Name three strategies that are designed to assist supervisors to engage workers, monitor their development, and increase job satisfaction based on phase of professional development.
- Implement strategies that instill a sense of mission and vision while setting goals and priorities with telecommuting staff.
- Establish guidelines with mobile workers that promote trust while tracking productivity.

Beginning and intermediate skill levels

Target audience:

- ✓ **Children's Protective Services Supervisors**
- ✓ **Foster Care Supervisors**
- ✓ **Adoption Supervisors**

Description: Join us for an experiential training that presents strategies designed to support telecommuting staff based on their phase of professional development. If you want to learn how to support the development, engagement, and satisfaction of your staff that spend less and less time in the office, you will want to attend this training. Discussions will include measures to support your staff with an eye on retention, a challenge with staff whose jobs routinely expose them to secondary trauma. Come to this training to learn how to balance your supervision to include an emphasis on mission and value while tracking productivity. Creating trust long distance will be a focus as will learning how to provide oversight with connection to avoid the urge to over control with staff who are not in the office every day. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.

Child Welfare Leadership Training

Webinars



Principles of Supervision with a Mobile Workforce



Dates/times: **April 21, 2016** • 10:00 AM – 11:15 AM • #520-16
June 9, 2016 • 10:00 AM – 11:15 AM • #523-16

Social Work CECHs: 1 hour • ASWB ACE approval #1136, approval June 14, 2013–June 13, 2016, and Michigan Social Work Continuing Education Provider #0001 for all programs through September 2016

Cost: Free to all DHHS and private agency child welfare supervisors

Presenters: **Rosemary Jackson, LMSW**
Cheryl Williams-Hecksel, LMSW

Training objectives: As a result of this training, participants will be prepared to:

- Identify the impact of telecommuting on employee engagement and support through the supervisory process.

Description: Join us for this one-hour interactive webinar that introduces the principles and concepts for supervising a mobile workforce. Learn about the impact of telecommuting on the supervisory experience. Get ideas about how to create a foundation for supervision that supports staff development with an emphasis on staff retention. This webinar will set the stage for further exploration of this topic in a follow-up three-hour face-to-face training that you will have the opportunity to register for once you have completed this webinar training. This training will utilize pre- and post-tests and visual displays.

Beginning and intermediate skill levels

Target audience:

- ✓ **Children's Protective Services Supervisors**
- ✓ **Foster Care Supervisors**
- ✓ **Adoption Supervisors**

See additional webinar opportunities on page 9
for WORKERS and SUPERVISORS.

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Child Welfare Caregiver Training

Caregiver trainings are offered FREE OF CHARGE for birth parents, foster parents, adoptive parents, and relative parent caregivers with children in their home engaged with the Michigan child welfare system.



Advocating for My Child in the School System #519-16

Date/time: **March 30, 2016** • 12:00 PM – 1:15 PM
Location: **Webinar**

Cost: Free to all adoptive, foster, and kinship parents

Presenters: **Tracy Kapusansky, LMSW**
Rachel Kornilakis, MS



Training objectives: As a result of this training, participants will be prepared to:

- Describe tips to enhance school advocacy by caregivers.
- Identify two strategies to work with school issues.
- Recognize steps in the IEP process.

Intermediate skill level

Target audience:

- ✓ **Adoptive Parents**
- ✓ **Foster Parents**
- ✓ **Kinship Parents**

Description: This one-hour webinar will help foster, adoptive, and kinship parents understand how to best advocate for their children around common issues in the school system. This training will utilize visual displays and have questions/answers at the end.



Raising Infants, Preschoolers, and Young School-age Children: Creating Security #613-16

Date/time: **May 21, 2016** • 9:00 AM – 12:00 PM

Location: **Kentwood Community Church**
2950 Clyde Park Avenue SW, Wyoming, MI 49509

Cost: Free to all adoptive, foster, and kinship parents

Presenters: **Stacey Goodson, BA**
Lori Marthens



Training objectives: As a result of this training, participants will be prepared to:

- Name two ways to strengthen attachment and create security in young children.
- Describe how to support young children by working with birth parents and workers during transitions.
- Recognize two interventions designed to decrease behavior problems in this age group.

Beginning and intermediate skill levels

Target audience:

- ✓ **Adoptive Parents**
- ✓ **Foster Parents**
- ✓ **Kinship Parents**

Description: This training is designed for foster, adoptive, and kinship parents raising young children. You will learn ways to create security in your child, as well as learn ways to work with birth parents around visits. Come to hear experienced trainers who are foster and adoptive parents talk about these issues as well as how to effectively intervene with behavioral issues. This training will utilize exercises, small and large group discussions, and visual displays.

Child Welfare Caregiver Training



Raising Elementary and Middle School-age Children: Putting the Pieces Together #614-16

Date/time: **June 8, 2016** • 6:00 PM – 9:00 PM
Location: **Ingham County Health Department**
5303 S. Cedar Street, Lansing, MI 48911

Cost: Free to all adoptive, foster, and kinship parents

Presenter: **Michael Reiffer, LMSW**

Training objectives: As a result of this training, participants will be prepared to:

- Identify three anger management techniques to use with traumatized school-age children.
- Describe two techniques to support school-age children who are transitioning from one home to another.
- Recognize constructive approaches to working with school behavior and peer issues.

Intermediate skill level

Target audience:

- ✓ **Adoptive Parents**
- ✓ **Foster Parents**
- ✓ **Kinship Parents**

Description: This face-to-face training is designed to be experiential and will utilize activities and tools that are designed for foster, adoptive, and kinship parents who are raising elementary and middle school children who have experienced life in the child welfare system. Specifically, this training will address anger management and emotional regulation skills and practical ways for children and families to effectively manage behaviors. The training will be interactive, and participants will engage in discussion, but also in utilizing skills and interventions being taught. This training will utilize role playing, exercises, small and large group discussions, and visual displays.



Understanding the Role of Life Books for Youth in Care #526-16

Date/time: **August 17, 2016** • 6:00 PM – 7:15 PM
Location: **Webinar**

Cost: Free to all adoptive, foster, and kinship parents

Presenter: **Rosemary Jackson, LMSW**

Training objectives: As a result of this training, participants will be prepared to:

- Describe the role of life books in helping children deal with attachment and trauma issues.
- Recognize two tips for foster, adoptive, and kinship parents in completing life books with children.

Beginning skill level

Target audience:

- ✓ **Adoptive Parents**
- ✓ **Foster Parents**
- ✓ **Kinship Parents**

Description: If you are interested in learning about the new life book that is being offered through the Michigan Adoption Resource Exchange, you will want to attend this webinar. Find out why life books are so important for children from the child welfare system and learn tips to help children complete a life book. This training will utilize visual displays.

Child Welfare Caregiver Training



Raising Older Youth (Ages 14–21): Preparing to Fly #615-16



Date/time: **September 7, 2016** • 6:00 PM – 9:00 PM
Location: **Holiday Inn Detroit-Livonia**
17123 Laurel Park Drive North, Livonia, MI 48152

Cost: Free to all adoptive, foster, and kinship parents

Presenters: **Danita Echols, LLMSW**
Katie Page Sander, LMSW

- Training objectives:* As a result of this training, participants will be prepared to:
- Describe developmental issues for teens and young adults.
 - Identify ways to help youth develop supportive relationships.
 - Identify two post-secondary benefits and programs available for youth.

Beginning and intermediate skill levels

Target audience:

- ✓ **Adoptive Parents**
- ✓ **Foster Parents**
- ✓ **Kinship Parents**

Description: This training will feature information about understanding the needs of older teens who have experienced foster care and how caregivers can assist youth in transitioning to adulthood, including post-secondary benefits and programs. This training will utilize exercises, small and large group discussions, and visual displays.

How to register for trainings

In-person training: Visit <https://socialwork.msu.edu/ceu/catalog.php>
Under Topics of Interest, click “Child Welfare In-Service Trainings” to register for the course you want to attend. If you do not already have an online account with the MSU School of Social Work Continuing Education Program, you will be asked to create one.

Webinar training: Visit <https://socialwork.msu.edu/ceu/catalog.php>
Under Topics of Interest, click “Webinars” or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac>. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

For information regarding policies and procedures, please visit <https://socialwork.msu.edu/ceu/faq.php>

Questions?

Contact: MSU School of Social Work Continuing Education office
Phone: 517-353-3060
Email: swkce@msu.edu

Webinars

Michigan State University School of Social Work Continuing Education now offers live webinars! Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. Participants view the one-hour webinar and following will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, attendees will be mailed a certificate of completion within 30 days. You must be present for the full length of the webinar to receive credit. Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world. These webinars are in addition to those found on pages 5, 6 and 7.

Date	Time	Title and Course #	Faculty
5-23-2016	12:00 PM - 1:15 PM	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care #521-16	Andrea Martineau, LMSW
5-24-2016	12:00 PM - 1:45 PM	The Private Logic of Kids Who Outwit Adults #500-16	John Seita, EdD
6-8-2016	12:00 PM - 1:15 PM	When Addiction Trumps Relationship: Working with Mothers and Addiction #522-16	Suzanne Brown, PhD, LMSW
6-27-2016	9:15 AM - 10:30 AM	Working with Families Affected by Substance Abuse #516-16	Cindy Ahmad, LMSW
6-28-2016	12:00 PM - 1:15 PM	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration #524-16	Stephanie McCann, LMSW
7-6-2016	9:00 AM - 10:15 AM	Extending the Welcome Mat to Our Newest Americans #525-16	Shirin Kambin Timms, MA Gina Zerka, LMSW
8-26-2016	9:00 AM - 10:15 AM	Indicators and Trends of Domestic Violence and Intervention Services #527-16	Laura Donker, LLMSW
8-31-2016	12:00 PM - 1:15 PM	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers #528-16	Tina Blaschke-Thompson, LMSW
9-7-2016	9:00 AM - 10:15 AM	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression) #529-16	Jessie Fullenkamp, LMSW
9-13-2016	12:00 PM - 1:15 PM	Through a Baby's Eyes: Foster Care, Parenting Time and Transitions #530-16	Molly A. Minnick, LMSW, IMH® (Level III)
9-14-2016	12:00 PM - 1:15 PM	The Healing Breath: Practicing Meditation and Self-Care as a Child Welfare Professional #531-16	Stephanie McCann, LMSW Avianna Castro

For pricing, further details, and online registration, visit <https://socialwork.msu.edu/ceu/catalog.php> Under Topics of Interest, click "Webinars" or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac>. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

Additional live webinar trainings will become available in 2016! If you happen to miss a live webinar, courses will also be recorded and become available for future use.

Stay tuned, and check the website often!
<http://www.socialwork.msu.edu/ceu/>

On Demand Online Courses



For those who do not meet the DHHS In-Service Training criteria, the cost is \$15 a credit.

How to register for On Demand Online programs:

- 1 Visit http://socialwork.msu.edu/ceu/online_continuing_education.php
- 2 Click “On Demand Courses.”
- 3 Choose your course and click to register.
- 4 Add to shopping cart, check out, and click account creation to create a community ID.
- 5 Click Individual Registration, open your cart, and proceed with payment.
- 6 To access the course, go to <https://d2l.msu.edu> and log in with the ID you created at registration.

Michigan State University School of Social Work seeks to be as accessible as possible. Earn CECHs from the convenience of your home, office, or on the go! This new process will allow you to register, complete the course, and have your certificate in hand—all in less than 2 hours.

The following programs are available for you to view and earn continuing education credit 24 hours a day, 7 days a week:

- **Finding and Utilizing Services for Adoptive Families**
- **Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice**
- **Safety Planning**
- **Suicide Assessment, Management and Intervention**
- **Effective Courtroom Advocacy**
- **Children of Parents with Mental Illness**

Coming soon:

- **Parent-Child Attachment Relationships and the Effects of Attachment Disruption**
- **Working with Immigrant Children and Their Families**
- **Supervision in Child Welfare: Strategies to Engage and Support Workers**
- **The Power of Peer Support for Foster and Adoptive Families**
- **Detection and Diagnosis of Substance Use Conditions**
- **Creating Safety With Children**

For program descriptions and details, visit http://socialwork.msu.edu/ceu/online_continuing_education.php. More topics are being added regularly, so visit our website often or check social media for updates.

ONLINE COURSES • FREQUENTLY ASKED QUESTIONS

Will my state licensing board approve online courses as an approved format for obtaining continuing education credits? All courses offered by MSU School of Social Work Continuing Education are approved by ASWB ACE through June 13, 2016, and renewal will be sought at this time to maintain continuity. Approved through Michigan Social Work Continuing Education Provider #0001 for all programs through September 2016. Please check with your Social Work State Board for rules and regulations regarding online continuing education, as they vary by state. If you are looking for information specific to Michigan, visit <http://www.michigan.gov/lara>.

How many times can I access or view the material for the course? You have unlimited access to the course material and may view it as many times as you wish until the end of the year the course was created. All courses close on December 31st. We are unable to offer additional CECHs for extra time you spend with the course material. Once you submit a passing post-test, you will receive the advertised CECHs for the course.

What score do I need to pass? A score of 75% or higher is required to pass each course.

How many times can I take the post-test? You may retake the post-test two times for each course. Your score will be made available to you once you submit your post-test answers.

What are the post-tests like? The post-tests are multiple choice, and true/false questions. There are ten questions for the first CECH and five questions for each additional CECH. For example, a 1-CECH course would have ten questions.

How do I obtain my certificate? Your certificate will be made available for you to print immediately if you pass the post-test with 75% accuracy.

For questions about program content, concerns, or grievances, contact us during regular business hours at (517) 353-3060 or via email to swkce@msu.edu.

For technical assistance, 24 hours a day, call MSU Distance Learning Services at (517) 432-6200 or toll-free at 844-678-6200 (North America and Hawaii).