

"Mental Health: We Can and Must do better"

Please discuss among your tablemates and write down answers to the following questions

1. Out of every hundred adults in the United States how many will have a mental health problem this year?
2. What member of the team doesn't breathe, eat or sleep? Yet is crucial to the collaborative care model?
3. What is clinical inertia and how does treat-to-target fit in?
4. What is the role of the care manager in treatment intensification?
5. What is "curb-side" consultation?

Patient Health Questionnaire (PHQ-9)



Name _____ DOB _____ Date _____

Instructions: Fill out questions one and two first. Circle the number to indicate your answer.
If you score a zero on questions one and two, do not continue.

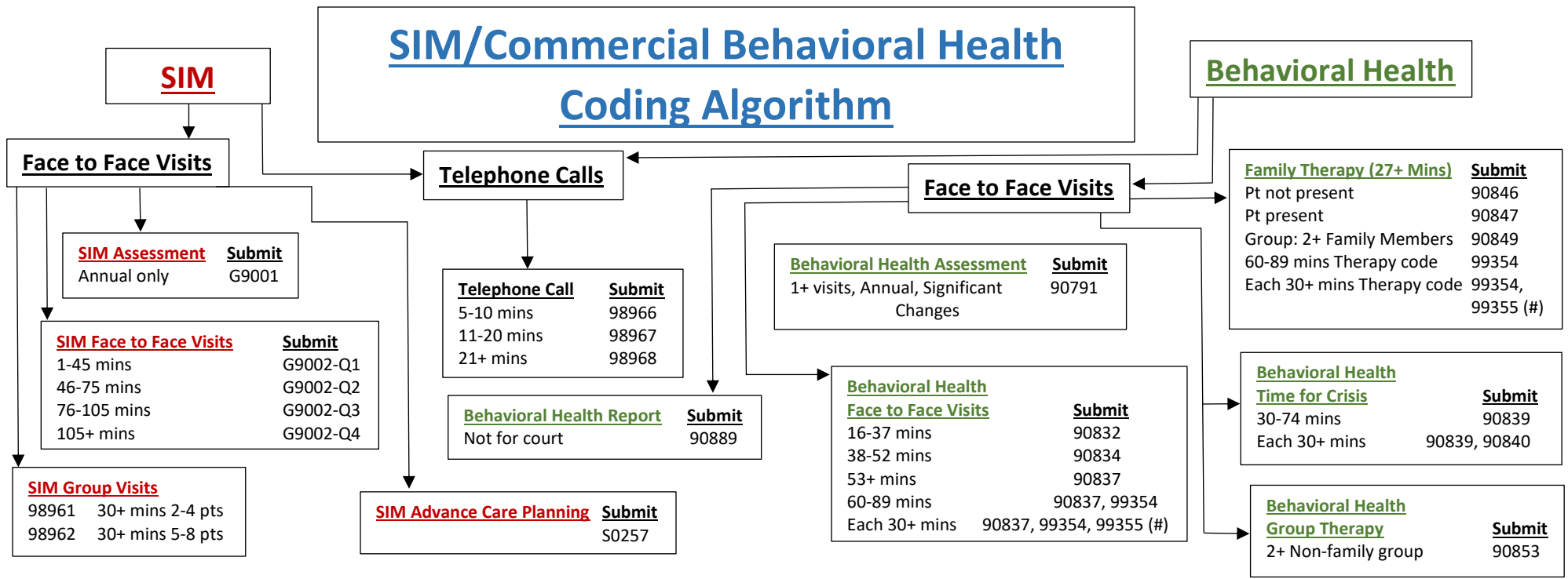
In the past two weeks, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than half the days	Nearly every day
1. Little Interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3
Add columns		+	+	
		Total of 3 columns =		

Instructions: If your score is a total of two or over, please continue filling out the rest of the form.

3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself – or that you are a failure or having let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or hurting yourself	0	1	2	3
Add columns		+	+	
		Total of 3 columns =		
Totals from both charts		+	=	

SIM/Commercial Behavioral Health Coding Algorithm



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Behavioral Health Assessment With Complexity Submit
1+ visits 90791, 90785

Behavioral Health Visits With Complexity Submit
16-37 mins 90832, 90785
38-52 mins 90834, 90785
53+ mins 90837, 90785
60-89 mins 90837, 99354, & 90785
Each 30+ mins 90837, 99354, 99355 (#) and 90785

Family Therapy With Complexity Submit
Pt not present 90846, 90785
Pt present 90847, 90785
Group 2+ Family members 90849, 90785
60-89 mins
Therapy code 99354, and 90785
Each 30+mins
Therapy code 99354, 99355 (#), and 90785

Behavioral Health Time For Crisis With Complexity Submit
30-74 mins 90839 and 90785
Each 30+ mins 90840 (#) and 90785

Behavioral Health Group Therapy With Complexity Submit
2+ Non-family group 90853 and 90785