

*Center for Forensic Psychiatry
Family Education Program*



Families Helping Families

This is a group for those who are interested in learning about mental illness, supporting your loved one, and taking care of your own emotional health. We meet on the second Saturday of every month. Please arrive by 10:00 a.m.

Dear family members and friends,

The following is the schedule for the 2019 Family Education Program series with a brief description of the presenters and topics that will be covered:

January 12, 2019 – Kelly Burse-McIntrye and Amanda Marshall (unit staff at the CFP) will provide an overview of A Day in the Life of patients at the CFP.

February 9, 2019 – Dave Barry, LMSW (social worker at the CFP) will discuss ways to care for yourself while caring for your loved ones.

March 9, 2019 – Former NGRI patients will discuss their experiences while hospitalized at the CFP and while on the NGRI contract in the community.

April 13, 2019* – **Spring Picnic:** Patients, if eligible, will be able to join with their family members and loved ones for this event.

May 11, 2019 – Leon and Mary Ellen Judd (representatives from NAMI) will lead a discussion focusing on ways to advocate for your loved one in the mental health system.

June 8, 2019 – Nicole Kletzka, PhD (psychologist at the CFP) will discuss the Dialectical Behavioral Therapy treatment program at the CFP: Part 1 of 2.

July 13, 2019 – Nicole Kletzka, PhD (psychologist at the CFP) will discuss the Dialectical Behavioral Therapy treatment program at the CFP: Part 2 of 2.

August 10, 2019 – Katie Hoener, LMSW and Jen Lembesis, LMSW (social workers at Washtenaw County Community Mental Health) will participate in a panel discussion focusing on an overview of CMH services.

September 14, 2019 – Kimberly Kulp-Osterland, DO (psychiatrist at the CFP) will provide an overview of different psychiatric diagnoses.

October 12, 2019* – **Fall Picnic:** Patients, if eligible, will be able to join with their family members and loved ones for this event.

November 9, 2019 – Various members of the Rehabilitation Services department at the CFP will discuss the services they offer to the patients and their role in patient care.

December 14, 2019 – Joseph Corso, LMSW (social worker at the CFP) will discuss the Dual Diagnosis program at the CFP and the role substance use plays in mental health.

Please note in order to participate in the picnic events, you must have attended a minimum of half of the meetings since the last picnic (or half of the meetings since you joined, if you are a newer member). Limit – three family members/friends per patient. **We will reach out to you prior to the picnic if you are eligible to attend.*

If you have any questions or concerns, please free to contact the facilitators:

Kelsey Thompson (734-295-4465), Katlyn Belcher (734-295-4511), Morgan DeLeonard (734-295-4614), Lauren Jayasuriya (734-295-4523), Lindsay Scharboneau (734-295-4436), Amy Van Bonn (734-295-4313), or Ashley Wagner (734-295-4620).

We look forward to seeing you soon!