

What you need to know

about your medication for latent tuberculosis (TB) infection

ISONIAZID

You have been given medicine to treat your latent TB infection. You do not have TB disease and cannot spread TB to others. This medicine is to **PREVENT** you from getting TB disease.

While on this medicine:

- Tell your doctor or nurse if you have questions or concerns about the medicine.
- Go to your clinic visits.
- Discuss any alcohol use with your doctor or nurse. It is best not to drink alcohol while taking this medication.
- Be sure to tell your other doctors that you are being treated for latent TB infection.
- Take all your medicine as you were told by your TB doctor or nurse.
- Some people find it is better to take the medication with food.

Tips to help you take your medicine:

- ✓ Take your medicine at the same time each day.
- ✓ Set an alarm reminder for the time you should take your medicine.
- ✓ Ask a family member or friend to remind you.
- ✓ Use a pillbox.
- ✓ Put a reminder note on your mirror or refrigerator.
- ✓ Use a calendar to check off the day when you take your medicine.

Medicine schedule: (Providers, indicate the appropriate number of pills)

Medicine	Schedule	Days	# of pills / day	Length of time
Isoniazid	Daily	Every day		4 months

Your doctor may have you meet with a health care worker to take your meds. This plan is called directly observed therapy (DOT).

If you forget to take your medicine: If it is still the same day, then take the dose as soon as you remember. If the day has passed, skip the missed dose and take your next scheduled dose – do not take 2 doses at the same time.

TB doctor's name: _____

Clinic name: _____

Clinic number: _____

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Watch for these possible problems

STOP taking your medicine right away and call your TB doctor or nurse if you have any of the problems below:

- Less appetite, or no appetite for food
- An upset stomach or stomach cramps
- Nausea or vomiting
- Cola-colored urine or light stools
- Rash or itching
- Yellowing skin or eyes
- Tingling or numbness in your hands or feet