



Avoiding Risky Situations



Ideas for helping myself avoid risky sexual situations

Which strategies for avoiding risky sexual situations would work for me?

What would make it easier for me to avoid risky situations? What would make it harder?
Think about the effect of various situations and/or people.

What other ideas do I have for avoiding risky situations?

The Law Says

Having sex or sexual contact with an individual under the age of 16 is a crime punishable to imprisonment. Anyone convicted of this crime could also be listed on the sex offender registry for 15 years, 25 years, or life, and be posted on the Internet. The 25-year and lifetime lists of offenders are published on the Internet.

Make a Hypothetical Plan

Describe a hypothetical risky situation that might happen for someone in this school. Then, develop a plan for what this person could do to avoid the situation. Use the back of this page to describe the situation and how it could be avoided. Do not use names or divulge personal identifying information. (Use the back side of this paper to record your answer.)

Revised by Addendum 2014



Planning to Avoid Risky Situations

Dear Parent:

Because each individual expresses affection, caring, and physical intimacy in his or her own way, it is important for your adolescent to think about what he or she wants his or her relationships to be like. Encourage your adolescent to think about the meaning attached to sexual behaviors and what his or her boundaries will be before he or she gets into a situation where things “heat up.”

Sometimes, people can get into situations where physical affection goes farther than planned. When this happens, they might do things they regret later.

You can help your adolescent avoid risky situations by discussing the following questions together.

- What are some risky sexual situations that your adolescent should avoid?
- What would make it easier for your adolescent to avoid risky situations? What would make it harder?
- How can you and your adolescent work together to help him or her avoid risky situations?

The Law Says

It is important that you and your adolescent are aware that there is a law in Michigan that makes sex under the age of 16 a crime punishable to imprisonment. Anyone convicted of this crime could also be listed on the sex offender registry for 15 years, 25 years, or life, and be posted on the Internet. The 25-year and lifetime lists of offenders are published on the Internet. For more information about the Criminal Sexual Conduct statutes, go to www.michiganlegislature.org and type in 750.520b.

Planning to Avoid Risky Situations

We have discussed the questions on the letter, “Planning to Avoid Risky Situations.”

Signature of a Parent or Other Trusted Adult

Relationship to the Student

Signature of the Student