



# LESSON 14

## The Cost of Pregnancy and Teen Parenting

| Student Learning Objectives:   | National Health Standards:  |
|--|---|
| <ul style="list-style-type: none"> <li>Evaluate the economic costs of pregnancy and teen parenting.</li> </ul>   | <ul style="list-style-type: none"> <li>Accessing Information</li> </ul> |
| <ul style="list-style-type: none"> <li>Predict the social and emotional impact pregnancy and teen parenting would have on personal lifestyle.</li> </ul> | <ul style="list-style-type: none"> <li>Analyzing Influences</li> </ul>  |
| <ul style="list-style-type: none"> <li>Identify adoption as an option for teen parents who decide they are not ready for parenting.</li> </ul>           | <ul style="list-style-type: none"> <li>Core Concepts</li> </ul>         |
| <ul style="list-style-type: none"> <li>Identify Safe Delivery as an alternative to infant abandonment for teen parents.</li> </ul>                       | <ul style="list-style-type: none"> <li>Core Concepts</li> </ul>         |
| <ul style="list-style-type: none"> <li>Conclude that pregnancy can be fully prevented by abstaining from sex.</li> </ul>                                 | <ul style="list-style-type: none"> <li>Core Concepts</li> </ul>         |

### Lesson Synopsis

Review skills for avoiding and escaping risk situations using the homework assignment. Conduct an inventory of current personal daily routines, identifying how time is spent and with whom. Conduct a simulation to calculate the statistical odds of teen pregnancy. Identify the legal responsibilities of parents for their children and predict how daily activities and relationships would be affected by caring for a baby. Estimate the financial costs of a baby for the first year and for 18 years. Identify adoption as an option for teen parents who decide they are not ready for parenting. Identify Safe Delivery as an alternative to infant abandonment for teen parents. Discuss which costs impact teens most.



| Activity     | Time       | Materials Needed   |
|--------------|------------|--|
| Introduction | 2 minutes  | Teacher Manual Resources <ul style="list-style-type: none"> <li>Family Worksheet: “Tip Sheet–Avoiding and Escaping Risky Situations” (from Lesson 13)</li> <li>Family Worksheet: “Working Together to Avoid and Escape Risky Situations” (from Lesson 13)</li> </ul> Supplied by the Teacher <ul style="list-style-type: none"> <li>Student folders</li> </ul>                                     |
| Input        | 20 minutes | Teacher Manual Resources <ul style="list-style-type: none"> <li>Student Worksheet: “My Daily Routine”</li> <li>Appendix K: “Michigan Laws Pertaining to Responsibility of Parents for Children Born In and Out of Wedlock”</li> </ul> Supplied by the Teacher <ul style="list-style-type: none"> <li>Die, one per student</li> <li>Index card, one per student</li> <li>Pens or pencils</li> </ul> |

|                    |                   |   |
|--------------------|-------------------|---|
| <b>Application</b> | 20 minutes        | <p>Teacher Manual Resources</p> <ul style="list-style-type: none"> <li>• Student Worksheet: “The Cost of Parenting”</li> <li>• Student Handout: “Please Don’t Abandon Your Baby! Safe Delivery”</li> <li>• Teacher Reference: “Safe Delivery Program Fact Sheet”</li> <li>• Appendix L: “Resources on Adoption and the Safe Delivery of Newborns”</li> <li>• Teacher Reference—Assessment: “Assessment Rubric for Skill Development: Assessing the Cost of Teen Pregnancy”</li> </ul> <p>Supplied by the Teacher</p> <ul style="list-style-type: none"> <li>• Computer lab</li> </ul> |
| <b>Closure</b>     | 3 minutes         | <ul style="list-style-type: none"> <li>• None</li> </ul>  |
| <b>TOTAL</b>       | <b>45 minutes</b> |   |

### Preparation

- Prior to the Lesson**
- **Determine which version of the lesson has been approved** by your Board of Education to be taught in your classroom, abstinence-based or abstinence-only.
  - **Visit the websites** on the student worksheet, “The Cost of Parenting,” to make sure students will be able to access the sites. If the websites are not accessible, print off the information and **duplicate** it for the students. **For additional information**, visit <http://www.usda.gov/cnpp/Crc/crc2004.pdf> to read “Expenditures on Children by Families, 2004.”
  - **Decide if you want to assess** student skill development. A rubric is provided for your use in the teacher reference—assessment, “Assessment Rubric for Skill Development: Assessing the Cost of Teen Pregnancy.”
  - Arrange for students to have **access to computers** to visit websites that calculate the costs of parenting for the Application segment of this lesson. Have them work in small groups if a limited number of computers are available in the classroom. If computers are not available, print off the information and provide it for the students. Alternately, you could have the students price items at local stores as a homework assignment.

- For Input**
- **Read** Appendix K, “Michigan Laws Pertaining to Responsibility of Parents for Children Born In and Out of Wedlock.”
  - **Duplicate** the student worksheet, “My Daily Routine,” for each student.

- For Application**
- **Duplicate** the student worksheet, “The Cost of Parenting,” and the student handout, “Please Don’t Abandon Your Baby! Safe Delivery,” so that students have one of each.
  - **Read** the teacher reference, “Safe Delivery of Newborns Law Fact Sheet.”
  - **Read** Appendix L, “Resources on Adoption and the Safe Delivery of Newborns.”