

(Applied Suicide Intervention Skills Training)

February 11-12, 2021 8:00 AM - 4:30 PM Bavarian Inn Restaurant 713 S. Main St. Frankenmuth, MI 48734

#### **ABOUT THIS TRAINING**

ASIST is a two-day interactive workshop in suicide first aid. Skills learned in one environment are transferable to others, creating a life-saving impact across the community.

Help is possible when skills, opportunity, and safety are present. When these are available throughout the different facets of someone's life, they're more likely to receive help.

- ♦ Live instruction, audiovisuals, and simulation
- Trusted by professionals yet learnable by anyone
- Built-in safety resources and features

#### WHO SHOULD ATTEND

Anyone can experience thoughts of suicide. By giving participants the skills to help friends, family members, colleagues, and clients stay alive, ASIST supports suicide-safer communities. Although ASIST is widely used by healthcare providers, no formal training is needed to attend the workshop. Anyone 15 or older can learn and use the model.

#### **LEARNING GOALS & OBJECTIVES**

Over the course of the two-day workshop, participants will learn to:

- Understand the ways that personal and societal attitudes affect views on suicide and interventions
- Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs
- Identify the key elements of an effective suicide safety plan and the actions required to implement it
- Appreciate the value of improving and integrating suicide prevention resources in the community at large
- Recognize other important aspects of suicide prevention including life-promotion and self-care

# **HOW TO REGISTER**

Non-Refundable Registration Fee: \$50.00

Seat limit: 30

# Online registration:

https://p2p.onecause.com/bavarianinn2021

(please use Google Chrome, Internet Explorer does not work for registration)

#### **Questions?**

(989) 781-5260 or info@srrn.net

# **ABOUT THE TRAINERS**

# **Barb Smith**

Barb Smith is the founder and Executive Director of the Barb Smith Suicide Resource and Response Network. For the past 32 years, she has dedicated her life to advocating for suicide prevention and aftercare both state and nationwide. Barb is a certified trainer for the following LivingWorks programs ASIST, safeTALK and Suicide Awareness.

# **Lisa Clavier**

Founder and President of Kiersten's Ride, a non-profit for suicide awareness, education and prevention. Lisa serves as Chair of the Charlevoix/Emmet County Suicide Prevention Coalition and facilitator of Boyne City Survivors of Suicide Loss Support Group. Lisa is a certified LivingWorks instructor for ASIST and safeTALK.

# **AGENDA** (Both Days)

8:00 am Registration and Welcome Food

8:30 am Training

Lunch On Site 12:30 pm

1:30 pm Training

4:15 pm (Day 2) Evaluations, Sign out, Award Certificates

Breaks will be given at a time to be determined by the trainers. Must be at training 2 full days; no exceptions due to the structure of the training.



Please follow CDC guidelines and please be sure to bring your own mask. We will also be taking temperature checks with a no contact thermometer.

### **Special Accommodations:**

Please let us know at least 3 days in advance if you are in need of any special accommodations such as mobility assistance, interpreters, dietary needs etc and we will make every effort to honor your special needs request.

#### Certificates

Certificates will be awarded at the end of the session. Attendees spending excessive time out of the room or engaging in activities not associated with the training (as determined by the trainers) may not receive credit. No partial credit will be given.

\*\*\*Continuing Education Credits Available\*\*\* When registering, please indicate if either Social Work or SCHECH credit hours are needed.

> Social Work (13.5 CE's) ❖ SCECH (11 CE's)



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**BARB SMITH** 

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