

Michigan Health Education Standards

All students will:

<i>Applied Health Concepts</i>	1. Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.
<i>Accessing Information</i>	2. Access valid health information and appropriate health promoting products and services.
<i>Health Behaviors</i>	3. Practice health enhancing behaviors and avoid or reduce health risks.
<i>Influences</i>	4. Analyze the influence of family, peer, culture, media, and technology on health.
<i>Goal Setting</i>	5. Use goal setting skills to enhance health.
<i>Decision Making</i>	6. Use decision-making skills to enhance health.
<i>Social Skills</i>	7. Demonstrate effective interpersonal communication and other social skills which enhance health.
<i>Health Advocacy</i>	8. Demonstrate advocacy skills for enhanced personal, family, and community health.

