Behavioral Health Advisory Council Meeting Minutes for June 16, 2017

Members Present: Julie Barron, Ricardo Bowden, Linda Burghardt, Karen Cashen, Mary Chaliman, Sara Coates, Norm DeLisle, Erin Emerson, Kevin Fischer, Deborah Garrett, Greg Johnson, Arlene Kashata, Lauren Kazee, Mark Maggio, Michelle Mull, Chris Flores for Paula Nelson, Stephanie Oles, Jamie Pennell, Neicey Pennell, Eva Petoskey, Mark Reinstein, Ben Robinson, Kristie Schmiege, Larry Scott, Jane Shank, Patricia Smith, Sally Steiner, Jennifer Stentoumis, Jeff Van Treese, Brian Wellwood, Mark Witte

Members Absent: Benjamin Jones, Kevin McLaughlin, Malkia Newman, Marcia Probst, Cynthia Wright

Others Present: John Addis, Glenn Cornish, Jamie Estep, Lorianne Fall, Kim Gaedeke, Tom Renwick, Alyson Rush, Brenda Stoneburner, Haley Winans, Lynda Zeller

Welcome and Introductions: Mark Reinstein called the meeting to order and introductions were made.

Review and Approval of Minutes: The Council reviewed the meeting minutes from March 3, 2017. Chris moved and Sally seconded, minutes approved with one typo correction on page 2.

MDHHS/BHDDA Updates - Tom Renwick

<u>1115 Waiver</u> – CMS' approval of the 1115 Waiver is still in process and there has been no change since the last meeting. CMS is not yet ready to approve the waiver as written. CMS needs to make some decisions about how certain services are handled across the country and until those decisions are made they will not approve Michigan's waiver. Therefore, no 1115 Waiver language will be included in FY18 PIHP/CMHSP contracts with MDHHS as these contracts are already being finalized. There will have to be additional work on contracts once the waiver is approved.

<u>Combined Block Grant Review</u> – MDHHS has not received a report back from SAMHSA regarding the review and MDHHS was not given a time frame as to when to expect this report. MDHHS will review any recommendations included in the report when it is received.

<u>Shortage of Inpatient Psychiatric Hospital Beds</u> – Discussions continue in many different venues about this issue. There is now a MIPAD (Michigan Inpatient Psychiatric Admissions Discussion) group working on this with a deadline for recommendations by October 1st. Karen will email the BHAC a list of the members of the group and how people can make suggestions and comments to the group. The point of this group is to identify as many avenues that exist to try to remedy the problem from

every possible area (hospitals, licensing, BHDDA, etc.). The BHAC discussed their concerns regarding this issue of accessing inpatient psychiatric services.

<u>Healthy Michigan</u> – There has been some discussion about having to re-evaluate Healthy Michigan rates. There is also some concerns that there are changes to a person's Medicaid eligibility that may originate at the local MDHHS level at annual eligibility determination that are impacting Medicaid reimbursement rates. MDHHS is looking into this, as this may be more related to assignment of former "DAB" Medicaid to HMP or TANF.

Governor's Recognition of Excellence – Lynda Zeller, Tom Renwick & Brenda Stoneburner

Lynda presented Karen Cashen with a Governor's Recognition of Excellence coin. This is a very prestigious honor for Karen. Brenda nominated Karen for all her very important and expansive work for BHDDA.

Section 298 and Promoting Integration of Behavioral Health in Primary Care – Mark Reinstein

<u>Section 298</u> - The conference committee on the MDHHS budget has agreed on some recommendations to include in the final budget language for section 298. The language is vague regarding the recommended pilot in Kent County but a pilot is named and allowed in Kent County. They also recommended 1 to 3 pilots where the Medicaid Health Plans are given "first dollar control" of all Medicaid money. They also recommended a change in number of PIHPs but this may not end up in the final version of the language. The pilots are to last two years and have an evaluation component that is to start 18 months into the pilots. Advocacy groups have already begun contacting Governor Snyder asking him to veto this portion of the MDHHS budget.

Lynda reminded the BHAC that this current language is regarding financial models only. There is also work continuing on the other policy recommendations that came out of the 298 Workgroup's report. This budget process has been different than previous years and there are a lot of rumors flying around but the language on 298 is not final yet.

Ben asked about how the duals projects are being considered in this process. Erin Emerson indicated that the evaluation of the duals project is in full swing right now and they don't have results to report at this time.

Jane expressed her ongoing concern with the proposed language and moved that the BHAC have a formal response to this, Michelle seconded. Jane reiterated that she feels the MDHHS did hear the voices of consumers and families in policy recommendations but that the legislature did not. Chris Flores indicated that private providers lost their voice along the way as the focus became only CMHSPs. Ricardo indicated that his experience with an affinity group was that people did not want the mental health system privatized. Mark R. asked what the specific action is that the BHAC should take. Jane amended her motion to be that the BHAC send a letter, to be written by Mark R., to the Governor that spells out the BHAC members concerns with

298. Michelle seconded the amended motion. The group discussed this new motion. It was clarified that the letter will be modeled after the letter from the advocate groups that was already sent to the Governor minus the request for veto. The BHAC voted; 15 yes and 1 no with 9 abstaining. All State of Michigan employees present abstained. Motion approved. Mark will email a copy of the letter to the group.

Promoting Integration of Behavioral Health in Primary Care Grants

These are joint efforts between MDHHS, Michigan Hospital Association, CMHSPs/PIHPs, and FQHCs. The grant applications asks for projects in 3 communities to integrate behavioral health into primary care setting. MDHHS expects to hear whether we are chosen for funding in September.

Improving MI Practices Presentation – John Addis

John gave a presentation on the <u>improvingMIpractices.org</u> website. Allyson Rush from MDHHS asked for the BHAC's help in reviewing trainings on the website that were transferred over from the VCE in Wayne County. If BHAC members have expertise in any of the content areas of the trainings, please let Allison know if you would like to help in reviewing them. Information that was presented will be emailed to BHAC members as members who joined by webinar could not see the presentation.

FY18 – FY19 Combined Block Grant Application – Karen Cashen

A part of the feedback MDHHS did receive from SAMHSA is that the BHAC would like to be more actively involved in the block grant application process. BHAC members clarified that they really just wanted more time to review and provide input. Karen explained the application process and indicated that there are areas of the application that members of the BHAC do have expertise in and if members who have that expertise would like to contribute they certainly can. Karen indicated that she will likely be reaching out to those folks individually for input.

The BHAC members discussed their experience with the SAMHSA Block Grant review meeting. Some recollections members had were that they would like to have more time to review the application and getting technical assistance from SAMHSA for the Council and as a whole. The technical assistance issue was not clearly communicated to MDHHS by SAMHSA. Karen can request technical assistance from SAMHSA whenever the Council wants. Karen asked the Council to think about specific technical assistance requests and this will be added to the August BHAC agenda. It is also time to review the BHAC by-laws. Sally will lead this group. Please contact Sally if you want to participate in this review.

Michigan Automated Prescription System (MAPS) – Kim Gaedeke and Hailey Winans

Kim and Hailey from LARA gave a presentation on the MAPS project. The BHAC members received a PowerPoint handout on the project. Karen will email the presentation to the BHAC.

Michigan Opioid State Targeted Response Grant – Larry Scott

The state received a \$33 million dollar grant to reduce prescription drug and opioid misuse and overdose. There were 2,400 opioid overdose deaths in Michigan in 2016. This is a very serious issue in Michigan. The first year money is guaranteed but the second year is not. MDHHS has released a request to all the participating agencies to obtain information for this project. There are also collaborative agreements in place between state agencies. This money will be used for: a statewide opioid media campaign; statewide training in the Iowa Model (an EBP to address opioid misuse and overdose); to fund the expansion of MAPS; to fund the statewide expansion of the Red Project (a prevention initiative); to expand the Michigan OPEN Project (training doctors on proper prescribing, specifically surgeons); to fund inter-tribal participation in prevention; to expand funding for motivational interviewing; to increase medication assisted treatment programs in areas where there are none; to fund transportation to clinics and psychiatric treatment and medications to participants in MAT; to fund a program to provide peer recovery supports and MAT to people re-entering society from prison; to fund a hospital-based SBIRT model using peers (Project Assert); and to fund the Angel Project (provides Narcan to police officers and law enforcement offices and assists people in accessing SUD treatment). This grant is very comprehensive and innovative and the hope is there will be some great outcomes that result from this work.

Public Comment

Stephanie Oles asked that all BHAC member agencies, especially state department representatives, keep the chronic homeless population in mind when looking at mental health initiatives.

Announcements

<u>Deborah Garrett</u> – There are 12 officially recognized recovery organizations in Michigan. There is a rally on Belle Isle on September 9th. There was a regional recovery organization training that was recently held in Lansing.

Brain Wellwood – The annual Support Group Conference is July 20th at LCC West.

<u>Mary Chaliman</u> – Will be attending a regional opioid crisis meeting in Indiana as part of a Michigan team as the child welfare representative.

Jane Shank – The ACMH Statewide Conference is at the Lansing Radisson on September 21st.

Michelle Mull – Elmer is back to work some and he continues to make progress.

Mark adjourned the meeting.