



STATE OF MICHIGAN  
DEPARTMENT OF HEALTH AND HUMAN SERVICES  
LANSING

GRETCHEN WHITMER  
GOVERNOR

ELIZABETH HERTEL  
DIRECTOR

2/9/2022

**RE: COVID-19 Exposure**

Dear Preferred Name,

The Barry-Eaton District Health Department and Michigan Department of Health and Human Services have been recently informed of a case of Coronavirus Disease 2019 (COVID-19). You have been identified as a person who may have been exposed; what you should do next depends on your vaccination status. Please see the most current [guidance](#) for the definition of fully vaccinated.

- If you are not fully vaccinated or not up to date on your COVID vaccine: stay home, self-quarantine from others, and self-monitor for the signs and symptoms of COVID-19 through at least 2/9/2022. Self-quarantine is the best way you can help your family, friends, co-workers, and community members stay healthy.
- If you are fully vaccinated, you don't have to stay home.

Regardless of vaccination status, everyone who is a contact of someone with COVID-19 needs to wear a well-fitting mask for 10 days and test on day 5.

To help stop the spread of COVID-19, we urge you to take the following precautions:

- Reduce additional possible exposures to COVID-19 by avoiding close contact with people who are sick and observe general social distancing guidelines.
- Wash your hands often with soap and water for at least 20 seconds or use a hand sanitizer that contains at least 60% alcohol if soap and water are not readily available.
- Clean and disinfect frequently touched surfaces daily.
- Observe for signs and symptoms of COVID-19. Be sure to get care if you feel worse or think it is an emergency. If you need to seek care, call ahead to let them know that you may have been exposed to COVID-19.

If you need assistance during this time, please call Michigan 2-1-1.

Anyone with signs or symptoms of COVID-19 should get tested, even those who are fully vaccinated or have already had COVID-19 on day 5. There are many locations to get tested at no cost. Click here to find a test location near you [www.michigan.gov/coronavirusTest](http://www.michigan.gov/coronavirusTest)

More information about COVID-19 is available at [Michigan.gov/Coronavirus](http://Michigan.gov/Coronavirus) and [CDC.gov/Coronavirus](http://CDC.gov/Coronavirus). If you become sick or have questions about your specific situation, please call your health care provider. If you, your employer, or your school have other questions regarding COVID-19 or this letter, please call Barry-Eaton District Health Department. To find the contact information for your local health department, please visit: [Coronavirus - Local Health Department Map \(michigan.gov\)](#)

Thank you,

Alexis D.Travis, PhD  
Senior Deputy Director, Public Health Administration  
Michigan Department of Health and Human Services (MDHHS)