Emergency Preparedness....Focusing on our children and family
A presentation by Melissa DeRoche, Emergency Preparedness Coordinator

Emergency Management and Emergency Preparedness Coordinator.... What is the difference?

County Emergency Managers are located in each county in Michigan plus some of our major cities and universities – 107 in total. They are responsible for all emergencies in their jurisdiction.

Emergency Preparedness Coordinators are located in every health department in Michigan plus the City of Detroit – 46 in total. They are responsible for responding to public health emergencies in their jurisdiction.

We all need to be prepared......

“Personal responsibility before, during and after a disaster applies to people with disabilities just as it applies to people without disabilities. Although ability varies from person to person, educational and outreach efforts, information, and tools must be made accessible, available and achievable for everyone.” FEMA
The time to fix the roof is when the sun is shining.

Advantages
• Peace of mind
• Empowerment
• Resilience

Where to Begin?
“First comes thought; then organization of that thought into ideas and plans; then transformation of those plans into reality...” Napoleon Hill
Central Michigan District Health Department

- Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon Counties
- Regions 3, 6 and 7 for emergency preparedness
- Approximately 190,000 residents across the district.

Public Health and Preparedness

- Prior to 9/11, local public health department personnel served as partners on disaster planning groups.
- In 2002, local public health departments received CDC funds to create and implement an all-hazards plan and begin collaborating with local, regional and statewide response partners, schools and communities to respond to emergencies.

Steps to Preparedness

- Create an emergency kit
  - One kit for sheltering-in-place and one go-kit
  - Think about medications and medical supplies
  - Include copies of important documents
- Create a plan
  - Develop a family emergency plan for both sheltering-in-place and relocating temporarily.
  - Create a personal support network
  - Remember to have plans for severe weather and fire. Practice those plans with your family.
  - Contact your local emergency management office to find out if they have a registry for people with disabilities or other special needs.
- Be informed about what might happen.
- Know your resources.
Disasters in Michigan

What are they?

More Preparedness Information: Family Disaster Kits & Family Emergency Plans

Disaster kits should be created for sheltering-in-place and home evacuation. Visit www.redcross.org for more information.

Develop a Family Emergency Plan to include communication, lists of medications & medical conditions, etc. Visit www.ready.gov for more information.

In Summary........

• Have a personal/family preparedness plan and family disaster kit.
• To signup to receive monthly preparedness tips: text PREPARE to 43362 (4FEMA) – standard message and data rates apply.
• Financial Preparedness
• CPR & First Aid Classes
• How can you assist the community while managing your own family/home? Visit www.mivolunteerregistry.org to sign up as a volunteer. Check with your local American Red Cross, CERT or Medical Reserve Corps Coordinator.
• KNOW YOUR RESOURCES
Resources & Tools

Z-Cards

http://www.michigan.gov/michiganprepares
Sesame Street’s Breathe, Think, Do App

It helps teach children to calm down by deep breathing, think about solutions and then act.

- iTunes
- For iPhones and iPads
- Google Play
- Amazon for Kindle Fire

Also from Sesame Street
- SesameStreet.org/challenges
- Sesame in Communities YouTube Channel
- Sesame Street in Communities Facebook Page
- Sesame Street on Twitter

For more information……

Contact your local health department Emergency Preparedness Coordinator

Today’s presentation was provided by:
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Sources

- Michigan Department of Health and Human Services – Office of Public Health Preparedness (Special thanks to Kathy Wahl for sharing their slides)
- FEMA’s ready.gov campaign
- Michigan Prepares website
- Do 1 Thing
- Partnership for Health & Disability