

Preparing Makes Sense

Staying Healthy During Disasters

Public Health

Emergency Preparedness Coordination

Mission:

Protect, preserve and promote the health and safety of the people of Michigan with particular attention to providing for the needs of vulnerable and under-served populations.

Preparing for the Unthinkable

Public Health Emergency Preparedness Capabilities:

1. Community Preparedness
2. Community Recovery
3. Emergency Operations Coordination
4. Emergency Public Information & Warning
5. Fatality Management
6. Information Sharing

Preparing for the Unthinkable

7. Mass Care
8. Medical Countermeasure Dispensing
9. Medical Material Management and Distribution
10. Medical Surge
11. Non-Pharmaceutical Interventions
12. Public Health Laboratory Testing
13. Public Health Surveillance & Epi Investigation

Preparing for the Unthinkable

- 14. Responder Safety and Health
- 15. Volunteer Management

Why Prepare?

“Personal responsibility before, during and after a disaster applies to people with disabilities just as it applies to people without disabilities. Although ability varies from person to person, educational and outreach efforts, information and tools must be made accessible, available and achievable for everyone.” FEMA

Who's at risk?

- * Economic Disadvantage
- * Language & Literacy barriers
- * Medical Issues and Disabilities (both physical, mental, emotional, spiritual health)
- * Isolation
- * Age

Addressing Barriers

- * Communication
- * Maintaining Health
- * Independence
- * Safety, Services & Self Determination
- * Transportation

Where to begin

- * Know what your community resources are
- * Help your families identify possible emergency & Hazards during a Public Health Emergency
- * Personal assessment
- * Support Group
- * Emergency Information List
- * Medical Information
- * 7 Day Supply of Medications

Beginning Preparation Continued

- * Are Immunizations up to date & included in the File for Life?
- * Know your environment
- * Emergency Supply Kit
- * Make the Environment Safer

Common Hazards in the UP

- * Severe Winter Weather
- * Flooding
- * Wildfire
- * Power Outages
- * Upcoming years – more weather extremes

Working on The Plan

- * Determine the level of independence
- * What may be needed before, during & after emergencies
- * Special Needs:
 - ADL's
 - Adaptive or Personal Care Equipment
 - Transportation
 - Nutrition (including safe water supply)
 - Power (electricity, renewable, generator back up)

Mental Health Considerations

- * Family have an identified Support Group System in place
- * Any communication barriers
- * Are they willing to be guided
- * Is all emergency information readily available

CSHCS Environment Check

A Few Additional Suggestions:

- ✓ At least 1 smoke alarm on each floor
- ✓ Do they know where the utility shut-off valves are
- ✓ Evacuation routes (of house and away from area)
- ✓ Safe places to go during an emergency

Additional Preparation

- * Survival basics – food, water, first aid & tools
- * Plan for at least 3 days
- * One kit that contains what you need to stay put (shelter in place)
- * A “Grab & Go” Bag

Resources & Tools

www.ready.gov

www.Do1Thing.com

<http://www.michigan.gov/michiganprepares>

“Z-Cards”

Upper Peninsula Contacts (handout)