

Measles Outbreak Alert

Measles is highly contagious; everyone in your household should be up-to-date on Measles-Mumps-Rubella (MMR) Vaccine!

Call Your Doctor Right Away If You Develop These Symptoms!

What are the Symptoms?

- High fever
- Cough
- Runny nose
- Red eyes
- Rash all over body
- Diarrhea
- Ear infection



Is it Serious?

Especially in babies and young children, measles can lead to:

- Lung infection
- Brain damage
- Deafness
- Death

There are ongoing measles outbreaks in the United States and internationally.

Vaccination with MMR is essential to protect you and your family!

Routine Recommendation:

- Children need a dose of MMR at 12 months of age and again at 4 to 6 years of age

Catch-Up Vaccination:

- Unvaccinated children and adolescents should receive 2 doses at least 4 weeks apart
- Adults who have no evidence of immunity should receive 1 dose, unless considered high risk, then they should receive 2 doses at least 4 weeks apart

International Travel Recommendations:

- Travelers with measles continue to bring the disease into the United States. Large outbreaks are occurring in Europe and other parts of the world.
- Infants age 6 to 11 months should receive 1 dose before departure
- Unvaccinated children age 12 months and older should receive 2 doses at least 4 weeks apart before departure
- Adults who have no evidence of immunity should receive 2 doses at least 4 weeks apart before departure

*Ask your doctor about MMR vaccine or contact your Local Health Department (LHD) to find out about free or low-cost vaccinations. This is a good opportunity to make sure you are up-to-date on all your vaccines!

The MMR Vaccine is Very Safe and Effective!

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