

**Michigan Department of Health and Human Services  
Behavioral Health and Developmental Disabilities Admin.**

**Office of Recovery Oriented Systems of Care  
Strategic Plan FY 2021 – FY 2023**

The Office of Recovery Oriented Systems of Care (OROSC) aligns services and priorities consistent with the Michigan Department of Health and Human Services (MDHHS) Core Values:

- Opportunity - Offering all Michigan residents the tools to achieve health, stability, success, and championing equity; and
- Perseverance – Meeting needs and solving problems with innovation

OROSC implements a recovery-oriented system of care in which specialty behavioral health services are delivered within a full continuum of care. In addition, we have identified strategic priorities that target the prevention and treatment of substance use, trauma, and mental health disorders across the lifespan of individuals and families in Michigan. OROSC will continue the process of building a healthier Michigan, serving as a leader in recovery-oriented services and health innovation.

**Mission**

MDHHS provides opportunities, services and program that promote a healthy, safe, and stable environment for residents to be self-sufficient.

**Vision**

Develop and encourage measurable health, safety and self-sufficiency outcomes that reduce and prevent risks, promote equity, foster healthy habits, and transform the health and human services system to improve the lives of Michigan families.

**Purpose**

By promoting wellness, strengthening communities, and facilitating recovery for the people of Michigan, Behavioral Health and Developmental Disabilities Administration (BHDDA) serves citizens by diminishing the impact and incidence of addiction, emotional disturbance, mental illness, and developmental disability.

**Guiding Principles**

Promote and strengthen OROSC's delivery of specialty behavioral health services including behavioral health promotion, prevention, treatment, and recovery efforts across the lifespan of individuals and families.

- *Further enhance an interagency collaborative approach aimed to improve behavioral health through services that include prevention, treatment, and recovery*

- *Promote behavioral health wellness and recovery for individuals across the lifespan with dignity and respect*
- *Develop innovative practices to improve behavioral health outcomes that result in the reduction of the misuse of alcohol and other drugs*
- *Promote an interagency collaborative approach to Gambling Disorder prevention and treatment using evidence-based practices and recovery support services to increase abstinence and improve overall health and wellness*
- *Increase access to all behavioral health services for persons residing in communities with significant health disparities*
- *Increase access to integrated health care for persons receiving services*
- *Support safe and healthy behavioral health services to Michiganders across the lifespan in a culturally and developmentally competent manner*
- *Promote the use of a Strategic Planning Framework to address behavioral health needs and reduce preventable substance use and mental health disorders across all service systems (e.g. primary care settings, criminal justice, and child welfare)*
- *Implement evidence-based, promising, and best practices that support a recovery-oriented system of care*
- *Promote emotional health and reduce the impact of mental health and substance use and gambling disorders*
- *Implement a trauma informed system of care that includes evidence-based and promising practice*
- *Collect, analyze, and report on behavioral health trends and emerging issues*

### **Strategic Priorities**

**Children:** Improve Outcomes for Children (youth and families)

**Goal 1:** Reduce Childhood and Underage Drinking

**Performance Indicator:** Reduce past month use of alcohol among individuals aged 12-20 by FY 23  
Target: 20% (Source: National Survey on Drug Use and Health [NSDUH])

**Performance Indicator:** Reduce binge alcohol use in past month among individuals aged 12 to 20

Objective 1.1: Conduct Epidemiological (EPI) profile to track prevalence, mortality, and trend data

Objective 1.2: Increase visibility of anti-use campaign (Do Your Part, Talk. They Hear You, etc.)

Objective 1.3: Convene Michigan Higher Education Network (MIHEN) and the Michigan Coalition to Reduce Underage Drinking (MCRUD)

Objective 1.4: Convene State Epidemiological Outcomes Workgroup (SEOW) to address data

Objective 1.5: Impaired Driving Action Team participation

Objective 1.6: Convene Recovery Oriented Systems of Care, Transformation Steering Committee (ROSC/TSC) Prevention Workgroup

Objective 1.7: Maintain prevention programming and partnership with adolescent health centers

Objective 1.8: Establish and increase peer recovery community for adolescents

Objective 1.9: Promote utilization of the Michigan Model statewide

Objective 1.10: Secure training and technical assistance

- Objective 1.11: Encourage and support the use of evidence-based programs, practices and strategies shown to impact underage drinking
- Objective 1.12: Coordinate multi-system collaboration to implement strategies identified in the Underage Drinking Strategic Plan

**Goal 2:** Reduce Youth Access to Tobacco and Illegal Sales to Minors

**Performance Indicator:** Effect a 10% tobacco sales rate to minors by FY 23 (Source: SYNAR Survey Results)

- Objective 2.1: Conduct an EPI Profile
- Objective 2.2: Provide training and technical assistance (TA) to Designated Youth Tobacco Use Representative (DYTUR) on SYNAR regulations and policy
- Objective 2.3: Convene Youth Access to Tobacco Workgroup (YATTW)
- Objective 2.4: Continue collaboration with Tobacco Section
- Objective 2.5: Continue collaboration with Attorney General
- Objective 2.6: Continue implementation of the Federal Drug Administration (FDA) retailer inspection program throughout the state in accordance with Tobacco 21 federal law
- Objective 2.7: Continue implementation of the SYNAR retailer inspection program in the state
- Objective 2.8: Track and report on legislation regarding youth access to tobacco
- Objective 2.9: Develop and submit the annual SYNAR report to Substance Abuse and Mental Health Administration (SAMHSA)
- Objective 2.10: Update Do Your Part campaign
- Objective 2.11: Improving MI Practices campaign for retailer education
- Objective 2.12: Coordinate multi-system collaboration to implement strategies identified in the Strategic Tobacco Plan

**Goal 3:** Reduce Substance Exposed Births

**Performance Indicator:** Increase number of drug-free births by FY 21 - Target: 200

- Objective 3.1: Review analysis of Women's Specialty Services report
- Objective 3.2: Review data related to impact of substance use provided by Population Health and Children's Protective Services
- Objective 3.3: Increase access to treatment for pregnant women
- Objective 3.4: Increase stigma awareness and trainings for providers and partners
- Objective 3.5: Outreach to other agencies that serve children and families to improve education
- Objective 3.6: Align policies regarding substance exposed births across the state
- Objective 3.7: Reduce the impact of substance use in families by enhancing and improving access to treatment
- Objective 3.8: Establish and increase community support to families with children in recovery
- Objective 3.9: Secure federal grants to reduce the impact of substance abuse in families

**Goal 4:** Increase Youth Awareness of Gambling Disorder

**Performance Indicator:** Reduce past 30-day gambling activity among youth (Source: Michigan Profile for Healthy Youth [MiPHY])

- Objective 4.1: Use existing infrastructure to expand Gambling Disorder prevention efforts to youth and adolescents

- Objective 4.2: Continue to provide training opportunities and technical assistance for continued Gambling Disorder prevention
- Objective 4.3: Distribute redesigned youth media campaign to target youth and adolescents
- Objective 4.4: Continue to promote parent utilization of Gambling Disorder helpline
- Objective 4.5: Continue participation with ROSC/TSC workgroup
- Objective 4.6: Establish and convene gambling disorder youth tax steering committee

**Goal 5:** Reduce the effects of parental substance use on youth

**Performance Indicator:** Increase the number of students and children receiving indicated services

- Objective 5.1: Improve screening of youth whose parents are served in pregnant and parenting women's programs
- Objective 5.2: Provide training and technical assistance to pregnant and parenting women's programs, regarding Adverse Childhood Experiences (ACEs), resiliency factors and evidence-based practices (EBPs) that can be enhanced by the treatment provider
- Objective 5.3: Review pregnant and parenting women's programming referral process to ensure that children are receiving the services indicated by screening

**Adults and Family Support:** Promote and Protect Health, Wellness, and Safety (across the lifespan within communities)

**Goal 1:** Build community assets to address behavioral health needs

**Performance Indicator:** Increase number of consumer-run drop-in centers in the state

**Performance Indicator:** Increase number of naloxone kits distributed through FY 23 (Source: Reported by Prepaid Inpatient Health Plans [PIHPs])

**Performance Indicator:** Increase number of environmental and community-based prevention strategies by FY23 (Source: Michigan Prevention Data System)

**Performance Indicator:** Increase support to existing or newly established syringe service programs (SSP)

- Objective 1.1: Create and develop drop-in recovery support pilots to provide resources and movement of peers back to the community
- Objective 1.2: Promote consumer-run drop-in center locations in the community
- Objective 1.3: Conduct and implement the Anti-Stigma Educational Day, which promotes anti-stigma initiatives in the community
- Objective 1.4: Involvement of community interactions, outings, and connectedness by the implementation of the Federal Block Grant, Health and Wellness Grant to consumer-run drop-in centers
- Objective 1.5: Implement training of trauma informed care in Community Mental Health Service Providers (CMHSPs) and their communities with adults
- Objective 1.6: Promote community-wide overdose education and training on use of naloxone
- Objective 1.7: Promote purchase and distribution of naloxone statewide
- Objective 1.8: Track distribution of naloxone kits
- Objective 1.9: Promote utilization of Naloxone Standing Order
- Objective 1.10: Creation and distribution of statewide language regarding definition of and Frequently Asked Questions (FAQs) regarding behavioral health needs

- Objective 1.11: Encourage multi-system collaboration to implement prevention and mental health promotion strategies
- Objective 1.12: Continue to build and enhance community prevention infrastructure and capacity
- Objective 1.13: Coordinate multi-system collaboration to implement strategies and support services for SSP programs

**Goal 2:** Reduce prescription and over-the-counter drug misuse and abuse

**Performance Indicator:** Reduce non-medical use of prescription drugs, including opiates

**Performance Indicator:** Increase the number of prescription drug collection sites

- Objective 2.1: Collaborate with community programs, organizations, health centers and law enforcement to be area specific when planning permanent collection sites or take-back day events
- Objective 2.2: Encourage multi-system collaboration at state and community levels, including leadership development to oversee surveillance, intervention, education, and enforcement
- Objective 2.3: Broaden the use of brief screenings in behavioral and primary care settings
- Objective 2.4: Promote increased access to and use of prescription drug monitoring program
- Objective 2.5: Provide training and technical assistance for communities to address emerging issue of unprecedented increases in opioid use among adults age 55 and older

**Goal 3:** Reduce misuse and abuse of alcohol, opioid medications, and illicit drugs.

**Performance Indicator:** Decrease in overdose deaths due to any opioid, heroin, synthetic or non-synthetic non-heroin opioids - rate and number (Source: Michigan Death Certificates); Decrease in hospitalizations due to opioid overdose (Source: Michigan Inpatient Database)

**Performance Indicator:** Decrease in past 30-day use of alcohol, opioids and illicit drugs among young adults (18 to 25 years), adults (26 to 54 years) and older adults (age 55+) by FY23

- Objective 3.1: Promote the utilization of best practice guidelines for opioid prescribing
- Objective 3.2: Promote alternative pain management strategies to patients and medical providers
- Objective 3.3: Increase visibility of the [stopoverdose](#) website
- Objective 3.4: Increase utilization of the state prescription drug monitoring program (PDMP) to reduce overprescribing of prescription opioids
- Objective 3.5: Develop and promote campaign to increase awareness of opioid misuse and abuse
- Objective 3.6: Support the development and distribution of culturally competent messaging for tribal communities on opioid misuse and abuse
- Objective 3.7: Implement evidence-based primary prevention practices to reduce opioid misuse and abuse
- Objective 3.8: Outreach and collaborate with other agencies that implement educational initiatives
- Objective 3.9: Implement and distribute evidence-based alcohol misuse/abuse prevention strategies specific to young adults and older adults
- Objective 3.10: Engage all segments of the community in establishing a recovery-oriented system of care and increase the use of brief intervention
- Objective 3.11: Provide technical assistance and resources to the Higher Education Network, to address problem drinking and other drug use among college students

Objective 3.12: Build relationships and partnerships with MDHHS communicable disease divisions (hepatitis, TB, and HIV/AIDS) to assure issues of opioid and illicit drug misuse and abuse are addressed

Objective 3.13: Coordinate multi-system collaboration to implement strategies identified in the Marijuana Prevention Strategic Plan

**Goal 4:** Reduce barriers to accessing treatment for opioid use disorders

**Performance Indicator:** Increase the number of individuals accessing treatment, by county, by FY22  
(Source: Encounter Database and Behavioral Health Treatment Episode Data Set [BH TEDS])

**Performance Indicator:** Expansion and collaboration with community partners

Objective 4.1: Review BH TEDS and other data sources for identification of gaps in treatment

Objective 4.2: Expand use of peers in healthcare settings, to increase early referral to treatment

Objective 4.3: Increase TA to treatment providers for persons with opioid use disorder

Objective 4.4: Increase transportation resources for persons seeking treatment for opioid use disorder

Objective 4.5: Promote expansion of treatment options for incarcerated populations

Objective 4.6: Increase coverage of uninsured and underinsured persons seeking various treatment and recovery support options for opioid use disorder

Objective 4.7: Identify and share community resources to support recovery

Objective 4.8: Train program employees in evidence-based programs, such as Motivational Interviewing and Trauma Focused Cognitive Behavioral Therapy

Objective 4.9: Disseminate information and training to the field for a statewide assessment

Objective 4.10: Increase collaboration between programs, including sharing of assessments

Objective 4.11: Provide health disparity reports, regarding gaps in services to Michiganders, to continue creation of services to underserved areas

Objective 4.12: Creation of financial map of the state, to evaluate current trends and influence future financial priorities

**Goal 5:** Increase longevity and quality of life, by reducing health disparities and improving self-management

**Performance Indicator:** Increase in treatment usage; decrease in injuries and deaths related to substance use disorders

**Performance Indicator:** Increase medication assisted treatment services to specialty populations, such as expectant mothers and adolescents

**Performance Indicator:** Reduce past 30-day gambling activity (Source: Behavioral Risk Factors Surveillance System [BRFSS])

Objective 5.1: Develop statewide activities during Gambling Disorder Awareness Month

Objective 5.2: Support and participate in workgroups tasked with further developing Gambling Disorder prevention services

Objective 5.3: Promote utilization of peer-led recovery support services within populations receiving treatment for opioid use disorder

- Objective 5.4: Yearly disparity reports, regarding gaps in services to Michiganders, to continue creation of services to underserved areas
- Objective 5.5: Delay initiation of first use of drugs or alcohol
- Objective 5.6: Increase exposure of behavioral health resources
- Objective 5.7: Distribute Information to medical providers highlighting recommended practices of Medication Assisted Treatment (MAT) for Pregnant and Parenting Women (PPW)
- Objective 5.8: Coordinate efforts with other State of Michigan offices regarding causes and resolution of health disparities with PPW

**Health Services:** Align Behavioral and Physical Healthcare

**Goal 1:** Continue the implementation of a recovery-oriented system of care across the lifespan

**Performance Indicator:** Provide increased services to adolescent and transitional aged youth

**Performance Indicator:** Increase services to adults and older adults (Source: BH TEDS)

- Objective 1.1: Enhance prevention services to youth and older adults
- Objective 1.2: Increase recovery and outpatient services for adolescents and transitional aged youth
- Objective 1.3: Develop community-based recovery opportunities (e.g. support groups, youth peer mentors) for youth and families
- Objective 1.4: Collaborate with primary care and the behavioral health field to identify gaps in resources for adults/older adults
- Objective 1.5: Offer trainings and technical assistance around the Self-Healing Communities model and how a community's Adverse Childhood Experience score influences all aspects of health
- Objective 1.6: Collaborate with providers to develop and provide recovery high schools to adolescents
- Objective 1.7: Train workforce in evidence-based programming for adolescents and transitional age youth
- Objective 1.8: Create workforce of peer mentors through training and additional services

**Goal 2:** Expand integrated behavioral health and primary care services for persons at risk for and with substance use and mental health disorders

**Performance Indicator:** Number of consumer-run drop-in center members participating in health activities (per location and statewide)

**Performance Indicator:** Increase number of resources for co-occurring (MH and SUD) disorders

- Objective 2.1: Implement the Health and Wellness Federal Block Grant to 37 consumer-run drop-in centers
- Objective 2.2: Promote health care to peers at drop-in centers, support groups, workshops, and conferences
- Objective 2.3: Identify, recognize, and acknowledge drop-in centers and peers who are achieving their new health goals
- Objective 2.4: Provide training opportunities to programs regarding co-occurring behavioral health and physical disorders

- Objective 2.5: Increase number of health homes that include mental health and substance use disorder services onsite
- Objective 2.6: Increase the capacity for a community specific prevention referral system, to engage Michigan residents in prevention services
- Objective 2.7: Increase number of coordinated care plans

**Goal 3:** Promote opportunities for individuals with mental health disorders to self-direct their services and supports

**Performance Indicator:** Increase number of persons involved in Self-Directed Care (SDC) as a part of the Robert Wood Johnson (RWJ) study – Target: 50 by FY23

- Objective 3.1: Continue to provide a curriculum for 2-day trainings to Certified Peer Support Specialists (CPSS) on Person-Centered Planning (PCP)
- Objective 3.2: Develop and provide Train the Trainer class on PCP curriculum
- Objective 3.3: Select CPSS trainers and provide ongoing mentoring
- Objective 3.4: Continue to provide technical assistance for SDC to Bay Arenac Behavioral Health (BABH) and other CMHSPs
- Objective 3.5: Develop up to two additional CMHSPs to expand the SDC project
- Objective 3.6: Develop and implement a curriculum of the role of CPSS and independent support brokers and disseminate to the field

**Goal 4:** Promote and strengthen the role of consumer-run programs

**Performance Indicators:** Number of activities, contacts of the technical assistance center of Justice in Mental Health Organization (JIMHO) contracted with the State of Michigan

- Objective 4.1: Support, oversee, provide technical assistance to the 47 consumer-run drop-in centers
- Objective 4.2: Implement statewide two self-help support conferences
- Objective 4.3: Provide technical assistance to the drop-in center for the Health & Wellness Grant, and Transportation Grant through Federal Block Grant
- Objective 4.4: Promote the creation of new consumer-run initiatives
- Objective 4.5: Trauma informed implementation of all drop-in centers
- Objective 4.6: Promote recovery with drop-in members

**Goal 5:** Treat addiction as a chronic disease

**Performance Indicator:** Increase client retention in recovery-based services

- Objective 5.1: Creation of continuum of care for individuals that begins with prevention and follows through to recovery
- Objective 5.2: Increase education to partners and communities to reduce stigma
- Objective 5.3: Increase provider use of MAT
- Objective 5.4: Increase client use of MAT services

**Goal 6:** Improve behavioral health outcomes while leveraging efficiencies in cost and societal consequence

**Performance Indicators:** Decreased cost of behavioral health

- Objective 6.1: Increase length of time in recovery

- Objective 6.2: Collect data from access centers and programs for admitted individuals, through BH TEDS and evidence-based assessment tool
- Objective 6.3: Gather data from outreach/follow-up services
- Objective 6.4: Explore connection between completion of follow-up services and length of recovery (include MAT data)
- Objective 6.5: Augment relationship between recovery and prevention providers

**Goal 7:** Implement Trauma Informed Care throughout the Systems of Care for all populations in Michigan

**Performance Indicator:** Increase the services, programs, and environment to promote Trauma Informed Care throughout each of the CMHSPs in Michigan, including their provider system

- Objective 7.1: Implement the State Trauma Policy
- Objective 7.2: Survey the depth of trauma implementation in the system of care
- Objective 7.3: Conduct the Trauma Subcommittee at the state level to create further trauma resilience initiatives
- Objective 7.4: Promote new initiatives on trauma
- Objective 7.5: Conduct trauma-specific trainings for clinicians of CMHSPs
- Objective 7.6: Incorporate Michigan Fidelity Assistance Support Team (MIFAST) findings in the promotion of training needs

**Workforce:** Strengthen Workforce and Economic Development**Goal 1:** Provide statewide training in best-practice behavioral health services including prevention, treatment, and recovery technology

**Performance Indicator:** Creation of a workforce development plan

**Performance Indicator:** Increase number of certified individuals providing services to individuals in treatment for mental health and substance use disorders

**Performance Indicator:** Increase number of clinicians trained in best-practice psychosocial techniques (Source: reported by PIHPs and State Training Coordinators [CMHAM])

- Objective 1.1: Promote utilization of best-practice psychosocial techniques for clinicians treating individuals with opioid use disorder
- Objective 1.2: Update and dissemination of a workforce development ladder for prevention specialists
- Objective 1.3: Update and dissemination of a workforce development ladder for treatment specialists
- Objective 1.4: Update and dissemination of a workforce development ladder for recovery specialists
- Objective 1.5: Provide education opportunities that target the components of certification
- Objective 1.6: Work with credentialing body to develop a mechanism to effectively assist those with development plans, to ensure they successfully complete the requirements and pass exams
- Objective 1.7: Ensure that learning opportunities are available to the field related to evidence-based and promising practices and emerging issues impacting the field

Objective 1.8: Revise the substance use disorder (SUD) communicable disease training for SUD practitioners

**Goal 2:** Increase the number of individuals certified as peer support specialist and recovery coaches

**Performance Indicator:** Increase number of individuals certified in each workforce area – Target: 240 CPSS and 300 Certified Peer Recovery Coach (CPRC) for FY 21-23

**Performance Indicator:** Increase number of training opportunities offered/available to CPSS and CPRC

Objective 2.1: Compile, interview and approve each CPRC who meet the requirements submitted for grand parenting

Objective 2.2: Organize, plan, and implement statewide and regional CPRC trainings

Objective 2.3: Organize, plan, and implement statewide and regional CPSS trainings

Objective 2.4: Provide ongoing oversight, technical assistance and mentoring with statewide trainers

**Goal 3:** Provide training and continuing education to strengthen skills of CPSS and CPRC

**Performance Indicator:** Increase number of CPSS/CPRC trainings offered – Target: 70 for FY 21-23

Objective 3.1: Secure training sites and develop a calendar of training dates to send out to stakeholders

Objective 3.2: Develop and provide classes based on promising, best, and evidence-based practices

Objective 3.3: Review evaluations and participate in networking during trainings to add new and additional trainings recommended by the workforce

Objective 3.4: Request information from peer liaisons on training topics beneficial to peers in their agencies

Objective 3.5: Track and review data for CPRC and CPSS after each training

**Goal 4:** Expand employment opportunities for Certified Peer Recovery Coaches and Certified Peer Support Specialists in primary and integrated care settings

**Performance Indicator:** Number of peers trained and certified in the areas of Wellness Recovery Action Planning (WRAP), Whole Health Action Management (WHAM), tobacco recovery and as certified Community Health Workers (CHW) - Target: 15% of the workforce FY 21-23

Objective 4.1: Organize, plan, and implement 2-day and 5-day WRAP trainings

Objective 4.2: Organize, plan, and implement WHAM trainings

Objective 4.3: Organize, plan, and implement tobacco recovery/smoking cessation trainings

Objective 4.4: Continue to work in partnerships with the Michigan Community Health Worker Alliance (MICHWA) to expand CHW certification training

Objective 4.5: Provide CHW certification training

**Goal 5:** Increase the capacity of prevention efforts to address Gambling Disorder

**Performance Indicator:** Increase number of Gambling Disorder trained individuals in each workforce area

- Objective 5.1: Assist with the development of job descriptions, guidelines, recruitment and retention for peer specialists and peer recovery coaches to provide services for persons with Gambling Disorders
- Objective 5.2: Convene Gambling Disorder youth workgroup
- Objective 5.3: Continue to implement North American Training Institute (NATI) Gambling Disorder training
- Objective 5.4: Educate the prevention workforce about comorbidities, overlapping risk, and protective factors between SUD, MH, and Gambling Disorder
- Objective 5.5: Host annual Gambling Disorder Symposium
- Objective 5.6: Continue participating in Gambling Disorder TSC workgroup
- Objective 5.7: Continue to expand Gambling Disorder prevention efforts
- Objective 5.8: Provide training opportunities and technical assistance for effective prevention service development and implementation
- Objective 5.9: Enhance Gambling Disorder prevention efforts to underserved populations

**Office of Recovery Oriented System of Care Website Development:****Goal 1:** Information Dissemination

**Performance Indicator:** Increase visits on OROSC website

- Objective 1.1: Promote OROSC website and ease of access to program information

- Objective 1.2: Continue to update OROSC website on annual basis

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