

SUPPORTED BY



# 2017 Child Welfare In-Service Training

for the  
Michigan Department of Health and Human Services  
& DHHS-Contracted Private Agencies

Delivered by  
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work



*ALL trainings  
in this catalog  
are approved  
by the DHHS for  
in-service  
training hours*

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## Schools of Social Work

Andrews University  
Eastern Michigan University  
Ferris State University  
Grand Valley State University  
Michigan State University  
Spring Arbor University  
University of Michigan  
Wayne State University  
Western Michigan University

# Introduction

**W**orking effectively as a child welfare worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among nine Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (DHHS). We appreciate the commitment and support of DHHS Director Nick Lyon and his administrative team, particularly training team leaders Stacie Gibson, Laura Schneider, and Michele Harper.

Each workshop is supported by a school of social work. Questions about individual workshops should be directed to the sponsoring school. With the support of DHHS, we are able to offer these sessions free of charge for child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the workshops of interest; many of the workshop topics will have applicability beyond child welfare practice. Each workshop is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor  
Kadi M. Prout, LMSW, In-Service Project Coordinator  
MSU School of Social Work

**“Child welfare isn’t rocket science. It is harder.”**

—David Liederman, former director of the  
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for DHHS child welfare workers and supervisors and DHHS-contracted private agencies’ child welfare workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

◆ ◆ ◆ ◆ ◆  
**REGISTRATION** for each training will close once the 35-person capacity has been reached.

**If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.**

◆ ◆ ◆ ◆ ◆  
This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

# FAQs

**1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?** All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

**2 How do I record these in-service training hours to show that I am meeting this requirement?** Add the training to the Department of Health and Human Services (DHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

**3 I see that each training in this catalog has a curriculum reference. What does this mean?** Child welfare workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the DHHS Office of Workforce Development and Training, and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

**4 Do I register to attend the training with the university that is hosting the training or through the DHHS Learning Management System (LMS)?** In order to register to attend a workshop, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the DHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

**5 Is it true, I can attend any in-service training listed in this catalog for FREE?!** Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare workers and supervisors—both DHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,  
webinars are offered through Michigan State University.

See pages 21-24.

MICHIGAN STATE  
UNIVERSITY

School of Social Work



## Making a Difference: Open, Direct, and Honest TALK About Suicide

**Curriculum:** Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies.

**Date/time:** Friday, March 10, 2017 • 9:00 AM – 12:15 PM

**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers; \$45 all others; \$15 for students

**Presenter:** Roberto Overton, MS, LPC, NCC

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize that motivation is the key to learning suicide alertness skills.
- Recognize that safeTALK unfolds wisdom about alertness and better integration.
- Recognize the importance of open and direct talk about suicide.
- Recognize people with thoughts of suicide.
- Apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person with thoughts of suicide to a suicide first-aid intervention caregiver.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** Most people with thoughts of suicide do not truly want to die, but are struggling with the pain in their lives. When in a state of crisis, these suicidal individuals may reach out for help because they want to stay safe. The safeTALK training prepares participants to recognize these invitations for help and connect a person who has thoughts of suicide to intervention resources available. Powerful videos illustrate the importance of suicide alertness, while discussion and practice will stimulate learning. This training will utilize role playing, exercises, small group discussion, and visual displays.



## “ARMBands” for Effective Treatment

**Curriculum:** Permanency: Techniques to promote attachment and bonding.

**Date/time:** Friday, April 21, 2017 • 9:00 AM – 12:15 PM

**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

**SW CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers; \$45 all others; \$15 for students

**Presenter:** Janene M. Donarski, PhD, LP, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Promote parenting practices that create strong, healthy emotional bonds.
- Help teach parents on their caseload how to read their child's cues and behaviors to help him/her stay regulated and calm.
- Assist parents on their caseload to learn the importance of spending time every day playing with their child to create a connection, build the relationship, and provide a loving, secure environment.
- Utilize tips, techniques, and practical skills to promote attachment and bonding.

**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will discuss Attachment, Reaction, Meaning, Bonding, and Support (ARMBandS), addressing the emotional difficulties of many foster and adopted children who are unable to form secure attachments. Participants will explore ways to help children on their caseloads to experience and accept affective attunement, in an effort to encourage a secure attachment that can lead to behavioral change. All children, at the core of their beings, need to be attached to someone who considers them to be very special and who is committed to providing for their ongoing care. Children who lose their birth parents, even for a specific/short time, desperately need such a relationship if they are to heal and grow, and this training is focused on helping participants learn how to establish this for the families on their caseload. Participants will learn various approaches for facilitating children's emotional reparation and recovery from trauma and strategies for working with children, families, and groups. This training will explore the topics of parental loss, trauma, building trust, self-regulation, bonding, resilience, and post-traumatic growth. This training will utilize role playing, exercises, games, small and large group discussions, and visual displays.



## Help the Helper! Recognizing and Treating Compassion Fatigue

**Curriculum:** Secondary trauma: Compassion fatigue and how to recognize it.

**Date/time:** Friday, June 16, 2017 • 9:00 AM – 12:15 PM  
**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
 4185 E. Campus Circle Drive, Berrien Springs, MI 49104

**Social Work CECHs:** 3 hours • Approval pending  
**Cost:** Free to all DHHS and private agency child welfare workers; \$45 all others; \$15 for students  
**Presenter:** **Margaret Howell, MSW, LICSW**

- Training objectives:** As a result of this training, participants will be prepared to:
- Understand what compassion fatigue is and recognize the symptoms.
  - Recognize the wide range of difficulties that caregivers with compassion fatigue experience.
  - Identify strategies and resources for supporting caregivers experiencing compassion fatigue.

**Intermediate skill level**  
**Target audience:**  
 ✓ Children's Protective Services Workers  
 ✓ Foster Care Workers  
 ✓ Adoption Workers

**Description:** This training will present critical information for child welfare workers and other providers about compassion fatigue. The behavioral, attitudinal, social, and emotional difficulties that most caregivers with compassion fatigue experience and its impact on their charges will be discussed. Participants will learn how to identify these responses and how to determine strategies for working with families experiencing compassion fatigue. Helpful resources will be shared. This training will utilize role playing and small and large group discussions.



## “¿Qué? Help Me Understand! Latino or Hispanic? Implications for Practice That Go Beyond the Spanish Language

**Curriculum:** Cultural humility/cultural competence: Cross-cultural knowledge.

**Date/time:** Friday, August 11, 2017 • 9:00 AM – 12:15 PM  
**Location:** Andrews University, Chan Shun Hall, Whirlpool Room  
 4185 E. Campus Circle Drive, Berrien Springs, MI 49104

**Social Work CECHs:** 3 hours • Approval pending  
**Cost:** Free to all DHHS and private agency child welfare workers; \$45 all others; \$15 for students  
**Presenter:** **Ingrid A. Slikkers, LMSW**

- Training objectives:** As a result of this training, participants will be prepared to:
- Increase cultural competency by better understanding the diversity within the Hispanic population and its implications for practice.
  - Identify the ramifications, stressors, reasons, and history that immigration status places on the family.
  - Utilize strengths-based and culturally aware interventions for working with Latino families.

**Beginning and intermediate skill levels**  
**Target audience:**  
 ✓ Children's Protective Services Workers  
 ✓ Foster Care Workers  
 ✓ Adoption Workers

**Description:** The Hispanic community is growing rapidly in the United States and is said to soon become the largest minority. This training will acknowledge and look at the differences between those who speak the same language—Spanish—but come from many different countries, backgrounds, and cultures. The discussion will include a brief history and will explore immigration issues that greatly influence the families. This training will provide concrete ways to work with Latino families in a strengths-based, culturally sensitive way while understanding the changing culture within the family as they attempt to assimilate into American society. This training will utilize exercises, small and large group discussions, and visual displays.



## Supporting Children Through Trauma and Grief

**Curriculum:** Trauma and crisis management: Trauma, grief, and loss.

**Date/time:** Friday, September 8, 2017 • 9:00 AM – 12:15 PM

**Location:** Lori's Place  
445 Upton Drive, St. Joseph, MI 49085

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers; \$45 all others; \$15 for students

**Presenters:** Mary Nell Rosenboom, LMSW  
Panelists from Lori's Place

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe grief and trauma in children.
- Identify how to support children and families who grieve.
- Utilize strategies for self-care as they work with children and families in traumatic situations.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** Most children will experience the death of a loved one before they complete their high school years.

Unaddressed grief has been shown to have a negative impact on the physical health and mental well-being of children. When they feel understood and accepted, children are better able to cope with their feelings. Presenters from Lori's Place will provide information on the topic of grief and trauma in children, how best to support these children and families who grieve, and how to exhibit positive self-care in the midst of a challenging workload involving trauma and children. Strategies and tools for working with children who have experienced trauma and grief will be shared and experientially studied. This training will utilize role playing, small and large group discussions, and visual displays.

**How to register:** Use the registration form at [www.andrews.edu/cas/socialwork/continuing](http://www.andrews.edu/cas/socialwork/continuing). Download the form, scan, and email it to [swceu@andrews.edu](mailto:swceu@andrews.edu)

**Contact:** Anita González

**Email:** [swceu@andrews.edu](mailto:swceu@andrews.edu)

**Phone:** 269-471-6196

**Website:** [www.andrews.edu/socialwork](http://www.andrews.edu/socialwork)



## Loss and Grief for Children and Youth in Care

**Curriculum:** Trauma and crisis management: Trauma, grief, and loss.

**Date/time:** Friday, March 10, 2017 • 9:00 AM – 4:30 PM

**Location:** EMU-Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

**Social Work CECHs:** 6 hours • Approval #MICEC-0031

**Cost:** Free to all DHHS and private agency child welfare workers; \$109 all others

**Presenter:** Tana Bridge, PhD, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Articulate an understanding of attachment and separation as critical developmental issues in relation to loss and grief.
- Articulate the unique cognitive and developmental stages and challenges for children and teens.
- Explore the many losses experienced by children and youth within the child welfare system.
- Apply principles of assessment of the grieving process, differentiating between adaptive and maladaptive responses.
- Recognize practice considerations and opportunities to support children and teens.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** Often unspoken is the profound loss and grief experienced by children in child welfare. This training will provide a comprehensive understanding of the unique grieving needs and the challenges in supporting children and teens through a developmental lens. Opportunities to explore adaptive and maladaptive grieving as well as opportunities to support the grieving process will be explored. This training will utilize exercises, small and large group discussions, and visual displays.



## Supporting African-American Youth in Schools

**Curriculum:** Education issues: Understanding a foster child's rights in education/special education.

**Date/time:** Friday, June 9, 2017 • 9:00 AM – 12:15 PM

**Location:** EMU-Livonia, 38777 W. Six Mile Road, Suite 400, Livonia, MI 48152

**Social Work CECHs:** 3 hours • Approval #MICEC-0031

**Cost:** Free to all DHHS and private agency child welfare workers; \$79 all others

**Presenter:** Celeste Hawkins, PhD, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the research related to the school-to-prison pipeline and how policies and practices impact outcomes among vulnerable students.
- Describe how African American students who are facing challenges may benefit from receiving intensive support services in schools and communities.
- Understand how a mentoring program was developed to interrupt the school-to-prison pipeline by fostering supportive learning environments for students, teachers, and families and how schools of social work can partner with local school districts to address multi-layered issues impacting students, schools, and communities.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

**Description:** The school-to-prison pipeline represents one of the most pressing issues facing our educational, child welfare, and criminal justice systems today. There's a critical need for intervention and the implementation of quality programs using a coordinated approach across systems. This training will explore strategies to support K-12 youth through mentoring. Participants will learn how innovative programming efforts established through education and community partnerships can help create equitable opportunities for all students. This training will utilize exercises and small and large group discussions.

**How to register:** Visit [www.emich.edu/socialworkce](http://www.emich.edu/socialworkce) or call 800-932-8689

**Contact:** Elena O'Connor

**Phone:** 734-487-4926

**Email:** [eoconnor@emich.edu](mailto:eoconnor@emich.edu)



## Effective Placement Strategies for Children in Foster Care



**Curriculum:** Placement.

**Date/time:** Friday, May 19, 2017 • 9:00 AM – 12:15 PM

**Location:** West Campus Community Center  
1414 Family Drive, Big Rapids, MI 49307

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers and FSU field instructors

**Presenters:** Dana Holcomb, LMSW, and Joanie Hazelton, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify specific challenges that relative caregivers encounter.
- Recognize the importance of preparing children for transition in placement.
- Develop concrete skills to retain relative caregivers and mitigate difficult situations.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This placement training will provide participants with general information in relation to placement challenges that relative caregivers encounter. The training will also assist participants in recognizing the importance of preparing children for transition in placement as well as provide participants with concrete tools to retain relative caregivers. The training will incorporate discussion related to difficult situations relative caregivers often face when providing placement for children and equip participants with the necessary tools to assist those caregivers. The training will utilize lecture, discussion, examples, and handouts as a means to provide information to participants and to increase their level of understanding about this topic.

## Trauma and Crisis Management for Children in Placement

**Curriculum:** Trauma and crisis management.

**Date/time:** Friday, September 15, 2017 • 9:00 AM – 12:15 PM

**Location:** West Campus Community Center, 1414 Family Drive, Big Rapids, MI 49307

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers and FSU field instructors

**Presenters:** Dana Holcomb, LMSW, and Joanie Hazelton, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Gain awareness of the effects of abuse and neglect as they relate to trauma.
- Obtain skills associated with minimizing trauma for children during the removal and placement process.
- Recognize the importance of safety planning for families in crisis.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This trauma and crisis management training will provide participants with generalized information in regard to trauma. The training will also provide information related to the effects of abuse and neglect and will demonstrate how experiencing abuse and neglect is often traumatic. The training will incorporate discussion related to the importance of acknowledging trauma for children during the removal and placement process and will offer tools that can assist in the minimization of such trauma. Finally, the training will recognize the necessity of safety planning for children and families while in a state of crisis. The training will utilize lecture, discussion, examples and handouts as a means to providing this information to participants.

**How to register:** Contact Pam Bogucki, Program Secretary

**Phone:** 231-591-2737

**Email:** PamBogucki@ferris.edu



## MiTEAM Supervision and Mentoring

**Curriculum:** Social work agency management or administration.

**Date/time:** Friday, April 21, 2017 • 8:45 AM – 12:00 PM

**Location:** GVSU Bicycle Factory  
201 Front Avenue SW, Grand Rapids, MI 49504

**Social Work CECHs:** 3 hours • Approval #MICEC-0004

**Cost:** Free to all DHHS and private agency child welfare workers; \$49 all others

**Presenter:** Jennifer Batson, MA

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify core elements to effective MiTEAM supervision.
- Explain how supervision is valuable to the strength-based model.
- Recognize common obstacles and identify ways to overcome them.

**Beginning, intermediate, and advanced skill levels**

**Target audience:**

- ✓ Foster Care Supervisors

**Description:** The MiTEAM Practice Model began in 2013, requiring enhancement of services to children and families in child welfare. Champions such as supervisors were identified to assist in the implementation of evidence-based practices. These include Teaming, Engagement, Assessment, and Mentoring, with a renewed emphasis on family involvement. This training will reinforce the role of the supervisor in coaching practice skills, modeling best practices, and providing timely feedback to case managers to achieve core outcomes with children and their families. Additionally, common obstacles will be identified, and ideas of how to address them will be explored. This training will utilize exercises and small group discussion.



## Did You Hear What I Said? Culture, Communication, and Conflict

**Curriculum:** Cultural humility/cultural competence: Cross-cultural knowledge.

**Date/time:** Friday, May 26, 2017 • 8:45 AM – 12:00 PM

**Location:** GVSU Bicycle Factory  
201 Front Avenue SW, Grand Rapids, MI 49504

**Social Work CECHs:** 3 hours • Approval #MICEC-0004

**Cost:** Free to all DHHS and private agency child welfare workers; \$49 all others

**Presenter:** Sydeon (Syd) Harvey

**Training objectives:** As a result of this training, participants will be prepared to:

- Explain barriers to cross-cultural communication.
- Identify linguistics that promotes inclusion.
- Create your story as a bridge-building tool to cross-cultural relationships and working with others.

**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** While individuals would agree that a positive relationship is necessary to create change, all too often communication barriers and lack of understanding prevent meaningful relationships. This training is a lesson in diversity, focusing on sharpening skills that you already have to build cross-cultural relationships but are not typically "pushed/challenged to use." Participants will take a different route; you won't spend time examining "others" and "their culture," but rather focusing on the power of your story as a tool to connect with and lead others. This training will utilize exercises and small and large group discussions.



## Moving Toward Cultural Intelligence

**Curriculum:** Cultural humility/cultural competence: Cross-cultural knowledge.

**Date/time:** Friday, June 23, 2017 • 8:45 AM – 12:00 PM

**Location:** GVSU Bicycle Factory  
201 Front Avenue SW, Grand Rapids, MI 49504

**Social Work CECHs:** 3 hours • Approval #MICEC-0004

**Cost:** Free to all DHHS and private agency child welfare workers; \$49 all others

**Presenter:** Lois Smith Owens, MSW, MA

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand and learn our own biases.
- See cultural and understand cultural competency/intelligence through a clearer lens.
- Engage in culturally intelligent dialogue with greater knowledge and comfort.

**Intermediate and advanced skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** A safe environment will be created to allow for interactive processing and open dialogue. Participants will be able to communicate their understanding of the importance of life difference in shaping life experiences. This training will utilize exercises, small and large group discussions, and visual displays.

**How to register:** Visit [www.gvsu.edu/swce](http://www.gvsu.edu/swce)

**Contact:** Leslie Bateman

**Phone:** 616-331-7180

**Email:** [socialworkce@gvsu.edu](mailto:socialworkce@gvsu.edu)



## Working with Children Who Have Attachment Issues #603-17

**Curriculum:** Mental health and behavioral health:  
Understanding emotional and mental health concerns of youth.

**Date/time:** Thursday, May 11, 2017

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

**Location:** Kellogg Hotel and Conference Center

219 S. Harrison Road, East Lansing, MI 48824

**Social Work CECHs:** 3 hours • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenter:** Victoria Fitton, PhD, LMSW, ACSW

**Training objectives:** As a result of this training, you will be prepared to:

- Describe the nature and necessity of a secure parent-child attachment.
- Identify the connection between attachment relationships and emotional and behavioral regulation or dysregulation in children.
- Identify tools and techniques used to foster attachment connection and reparation.
- Identify tools and techniques for self-care and self-management for adoptive parents.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will outline the importance and significance of attachment for adopted children. The necessity of attachment and positive attachment relationships and the complex impact of disruption to those relationships will be discussed. The connection between attachment and the emotional and behavioral regulation or dysregulation in children that occurs in response to their attachment relationships and what attachment issues look like in the adoptive family will be examined. Adoptive parents' reactions to children with attachment issues will be discussed, and parenting techniques designed for children who have attachment issues will be explored. The training will conclude with an examination of effective self-care and self-management strategies and techniques for adoptive parents. This training will utilize exercises, small and large group discussions, and visual displays.



## Early Education and Child Welfare Services: Working Together #604-17

**Curriculum:** Education issues: Preschool/early education and child welfare services.

**Date/time:** Thursday, June 22, 2017

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

**Location:** Country Inn & Suites East by Carlson

3251 Deposit Drive NE, Grand Rapids, MI 49546

**Social Work CECHs:** 3 hours • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenter:** Stacey Goodson, BA

**Training objectives:** As a result of this training, you will be prepared to:

- Identify challenges for early education teachers/staff when working with the child welfare system.
- Identify tangible solutions to work as a team with early education teachers/staff.
- Identify ways to engage the child welfare team in a child's early education goals.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** For children in the child welfare system, a disproportionate number of them have little to no exposure to early education services. This training will work with participants to identify the struggles and successes of combining the child welfare system with early education. Additionally, this training will provide tangible and real-world solutions to creating an improved team environment for all involved in a child's case.



## Putting Your Own Mask on First: Understanding Secondary Traumatic Stress and Self-care in the Workplace #605-17

**Curriculum:** Secondary trauma: Witnessing trauma in the workplace and self-care for workers.

**Date/time:** Wednesday, July 12, 2017

Registration 8:30 AM • Program 9:00 AM – 4:30 PM

**Location:** Great Lakes Summer Institute at Great Wolf Lodge

3575 US-31 South, Traverse City, MI 49684

**Social Work CECHs:** 6 hours • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenter:** Stephanie McCann, LMSW

**Training objectives:** As a result of this training, you will be prepared to:

- Understand key trauma definitions and understand what is and is not secondary traumatic stress (STS).
- Recognize and assess their own levels of trauma exposure in the workplace.
- Identify supports to help manage any experienced secondary traumatic stress, including the introduction to mindfulness-based self-care for STS management.
- Identify areas in their personal and professional lives that need self-care attention.
- Identify resources for self-care when they are experiencing feelings of stress.
- Utilize a self-care tool kit they created as a result of attending the workshop.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** Child welfare staff are often the first to respond to family crisis and trauma situations, and yet they are not prepared as first responders. This training seeks to prepare you to understand secondary traumatic stress, the conditions that may expose staff to secondary traumatic stress, and allow you the space to assess their exposure to workplace conditions that may impact their mental health and heart-space. You will be able to identify supports and resources to improve their functioning as well as utilize self-assessment tools for reflection. This training will also discuss the importance of appropriately addressing the holistic needs of the self. You will be given an opportunity to learn how to assess their self-needs and will be provided resources on how to take care of the self as a child welfare worker. A self-care tool-kit will be developed during this workshop and will be individualized for each participant. Self-care for each participant will be unique, as it should meet each person's needs. The self-care tool kit will be able to be used in the workplace, when working mobile, at home, or in the office. This training will utilize exercises, small and large group discussions, and visual displays.

**How to register online:** [socialwork.msu.edu/ce](http://socialwork.msu.edu/ce)

**Contact:** Mary Aymor

**Phone:** 517-353-3060

**Email:** [swkce@msu.edu](mailto:swkce@msu.edu)

MSU School of Social Work Continuing Education Program, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) Approved Continuing Education Program (ACE). Approval period: June 14, 2016 – June 14, 2019. Michigan State University School of Social Work Continuing Education Program maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. For ADA requests, grievances, or concerns, contact [swkce@msu.edu](mailto:swkce@msu.edu) or (517) 353-3060. Social workers in other jurisdictions should contact their regulatory board to determine course



## Transitioning to Higher Education: Improving Outcomes for Youth from Foster Care #607-17

**Curriculum:** Education issues: Navigating higher education with youth.

**Date/time:** Friday, August 4, 2017

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

**Location:** Greater Lansing Association of REALTORS®  
4039 Legacy Parkway, Lansing, MI 48911

**Social Work CECHs:** 3 hours • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenter:** Stephanie McCann, LMSW

**Training objectives:** As a result of this training, you will be prepared to:

- Locate resources to assist youth preparing for higher education, including financial aid, career development and planning, and applying to higher education programs.
- Understand alumni's perceptions of transitions from foster care to higher education.
- Address mental health needs for youth in higher education and locate resources for mental health.

**Beginning skill level**

**Target audience:**

✓ Foster Care Workers

**Description:** Youth who transition out of foster care face many challenges, including lack of support and other educational barriers. They are less likely to graduate from high school than youth who have not experienced out-of-home care, and yet many succeed and are able to go on to higher education programs. This training will explore the resources available to foster care case managers and resource families to support youth transitioning to higher education, including financial aid, career development and planning, and applying to higher education programs that will best meet the youth's needs. This training will utilize small and large group discussions and visual displays.



## Promoting Healing Health and Wellness in Youth Who Have Been Sexually Abused and Experienced Other Trauma #608-17

**Curriculum:** Mental and behavioral health: Health and wellness needs of youth in foster care.

**Date/time:** Thursday, September 21, 2017

Registration 12:30 PM • Program 1:00 PM – 4:15 PM

**Location:** Houghton/Keweenaw Department of Health and Human Services  
47420 State Highway M26, Suite 62, Houghton, MI 49931

**Social Work CECHs:** 3 hours • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenter:** Cheryl Williams-Hecksel, LMSW

**Training objectives:** As a result of this training, you will be prepared to:

- Develop an awareness of the health and wellness needs of children who have been sexually abused and experienced other trauma.
- Identify protective factors that promote health and wellness for children who have been sexually abused and experienced other trauma.
- Strategize to meet the health and wellness needs of children who have been sexually abused and experienced other trauma.

**Beginning skill level**

**Target audience:**

✓ Children's Protective Services Workers

✓ Foster Care Workers

✓ Adoption Workers

**Description:** A holistic approach and range of supports and resources are essential to promote healing and the health and well-being of children who have been sexually abused and experienced other trauma. This training will explore the unique experience of these youth while exploring their problems and needs. You will strategize about promoting healing while building upon strengths and enhancing protective factors. This training will utilize small and large group discussions and pre- and post-tests.



## Understanding Emotional and Mental Health Concerns of Youth

**Curriculum:** Mental and behavioral health.

**Date/time:** Friday, May 5, 2017 • Program 8:45 AM – 12:00 PM

**Location:** Spring Arbor University  
4202 Collins Road, Suite 100, Lansing, MI 48910

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers; \$65 all others

**Presenter:** Shanel Bishop, DSW, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand typical adolescent development versus development of adolescents with emotional and mental health concerns.
- Understand various emotional and mental health disorders related to youth.
- Utilize strategies for working with emotional and mental health concerns in various settings.

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**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** In the field of child welfare, a worker may encounter a child or adolescent who has an emotional and/or mental health concern. There is a need to understand the typical development of children and youth as well as the impact of an emotional and mental health disorder on "normal" development. Understanding strategies that work with youth are in order to engage and support the client and their natural support systems. This training will utilize role playing, exercises, games, small and large group discussions, and visual displays.

**How to register:** Contact Peter Lauber

**Phone:** 231-421-3491

**Email:** Peter.Lauber@arbor.edu



## Taking a Pulse: Examining Compassion Fatigue in Child Welfare

**Curriculum:** Secondary trauma: Compassion fatigue and how to recognize it.

**Date/time:** Thursday, May 11, 2017 • Program 9:00 AM – 12:15 PM

**Location:** University of Michigan School of Social Work  
1080 South University, Room 1840, Ann Arbor, MI 48109

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all DHHS and private agency child welfare workers; \$65 all others

**Presenters:** Mary Ruffolo, PhD, LMSW, and Alia Wesala, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Review key literature on compassion fatigue in the child welfare field.
- Examine strategies to address compassion fatigue in the organization.
- Explore one's own level of compassion fatigue and ways to build wellness.

**Beginning skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will engage participants in examining organizational and individual strategies to address compassion fatigue in child welfare settings. Evidence-based research will be presented as it relates to effective practices. Exercises that focus on organizational practices and individual well-being approaches will allow participants to explore their own work situations and coping strategies. Participants will leave with a toolkit for action to combat compassion fatigue. This training will utilize exercises, small group discussion, and visual displays.



## Addressing Suicide: A Culturally Responsive Approach to Prevention and Intervention

**Curriculum:** Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies.

**Date/time:** Friday, June 2, 2017 • Program 9:00 AM – 12:15 PM

**Location:** University of Michigan School of Social Work  
1080 South University, Room 1840, Ann Arbor, MI 48109

**Social Work CECHs:** 3 hours • Approved

**Cost:** Free to all DHHS and private agency child welfare workers; \$65 all others

**Presenter:** Abigail Eiler, LMSW, CMHP, QMHP

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe different cultural perspectives of suicide and suicidal behaviors.
- Describe how to assess and confirm the risks of suicide and suicidal behaviors.
- Describe the complexity of social work ethical and legal responsibility when suicide and suicidal behaviors are present.

**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will help participants gain a deeper understanding of suicide prevention and interventions in clinical practice. With the goal to become more comfortable and confident identifying and helping address suicidal ideation, plan(s) and intent in communities, this training will offer opportunities to engage in role plays and review case examples. Ethical and legal responsibilities as social workers exist when working with consumers. It is essential to understand the complexity of responses in clinical practice when suicide is present and needs to be addressed. This training will allow participants the opportunity to explore their beliefs regarding suicide at different stages of the lifespan and how one's beliefs do and do not influence our practice. This training will utilize role playing, large group discussion, and visual displays.

**How to register:** Online at <http://ssw.umich.edu/offices/continuing-education>

**Contact:** Alia Wesala

**Email:** [ssw.conted@umich.edu](mailto:ssw.conted@umich.edu)

**Phone:** 734-763-5723



## No Time for Goodbye: When a Loved One's Death Is Traumatic

**Curriculum:** Trauma and crisis management: Trauma, grief, and loss.

**Date/time:** Friday, March 10, 2017 • Program 9:00 AM – 12:15 PM

**Location:** WSU Oakland Center  
33737 West 12 Mile Road, Farmington Hills, MI 48331

**Social Work CECHs:** 3 hours • Approval #MICEC-0058

**Cost:** Free to all DHHS and private agency child welfare workers; \$30 all others

**Presenter:** Felecia Berry, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify behaviors characteristic of traumatic death.
- Recognize normal versus complicated grief (how traumatic grief reactions are different from normal grief reactions).
- Assess therapeutic interventions most conducive to the healing process.
- Utilize a multi-disciplinary team approach in the healing process.
- Distinguish beneficial therapeutic tools, tasks and exercises that reduce stressors relevant to a traumatic event.

**Intermediate and advanced skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will address *A Clinician's Guide to Helping Survivors Heal* by utilizing therapeutic support, community resources and collaboration. This training will utilize small and large group discussions and visual displays.



## Assessing and Treating Mental Health Concerns in Very Young Children

**Curriculum:** Education issues: Preschool/early education and child welfare services.

**Date/time:** Friday, March 17, 2017 • Program 9:00 AM – 12:15 PM

**Location:** WSU Schoolcraft Center  
18600 Haggerty Road, Livonia, MI 48152

**Social Work CECHs:** 3 hours • Approval #MICEC-0058

**Cost:** Free to all DHHS and private agency child welfare workers; \$30 all others

**Presenter:** Carolyn Dayton, LMSW, PhD, IMH-E®(IV)

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize the importance of early child-caregiver relationships in assessing and treating mental health concerns in very young children.
- Utilize trauma-informed care in treating young children who have been exposed to violence.
- Identify treatment techniques when providing services to very young children with mental health concerns.

**Intermediate and advanced skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will describe the assessment and treatment of mental health concerns for very young children and their families and caretakers. Basic principles of attachment theory, trauma theory, and trauma-informed care will be described and illustrated. The centrality of child-caretaker relationships in promoting resilience in young children will be outlined. This training will utilize small and large group discussions and visual displays.



## Perspectives on Youth Substance Abuse

**Curriculum:** Substance abuse: Sharpening assessment skills and how to recognize signs/symptoms.

**Date/time:** Friday, April 28, 2017 • Program 9:00 AM – 12:15 PM

**Location:** Macomb Advanced Technology Educational Center  
14601 E. 12 Mile Road, Warren, MI 48088

**Social Work CECHs:** 3 hours • Approval #MICEC-0058

**Cost:** Free to all DHHS and private agency child welfare workers; \$30 all others

**Presenter:** Charlene McGunn, PhD, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize emerging youth drug use trends.
- Recall the signs and symptoms of drugs most commonly used by children and adolescents.
- Employ the SBIRT (Screening, Brief Intervention and Referral to Treatment), an evidence-based approach for youth substance use screening.

**Intermediate and advanced skill levels**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will provide information on emerging youth drug trends and the signs and symptoms of youth use. Attendees will learn how to implement SBIRT, an evidence-based approach for youth substance use screening. This training will utilize small and large group discussions and visual displays.

**How to register:** Visit <http://socialwork.wayne.edu/continuing-education/>

**Contact:** Lauree A. Emery, PhD, LMSW

**Phone:** 313-577-9348

**Email:** ce\_ssw@wayne.edu



## Workers' Cultural Identities, Values, and Beliefs: Where Do They Fit in Our Jobs?

**Curriculum:** Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice.

**Date/time:** Friday, March 10, 2017 • Program 8:45 AM – 12:00 PM

**Location:** WMU College of Health & Human Services, 1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all DHHS and private agency child welfare workers; \$55 all others

**Presenter:** Amy Vliek, PhD candidate, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify core personal values and beliefs and appropriate ways to integrate them into practice.
- Identify personal unconscious biases, how they impact personal values and beliefs, and the implications for practice.
- During the workshop participants will develop a personalized plan that will outline appropriate ways to include their values and beliefs, their professions values and beliefs, and their clients' values and beliefs into their practice.

**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will focus on understanding one's personal values and beliefs and their relationship to cultural identity and practice. It will allow participants to examine their own personal values and beliefs and compare them with the values and beliefs of their profession, and the values and beliefs of their clients. Participants will examine their own cultural identity and their unconscious biases in relation to their practice. By the end of the workshop participant will have completed a personalized plan outlining appropriate ways they will incorporate their own cultural identity, personal values and beliefs, professional values and beliefs, and their clients' cultural identities and personal values and beliefs into their practice. This training will utilize exercises, small and large group discussions, and writing exercises.



## Domestic Violence and Trauma-informed Services

**Curriculum:** Trauma and crisis management: Domestic violence and threatened harm.

**Date/time:** Friday, March 24, 2017 • Program 8:45 AM – 12:00 PM

**Location:** WMU College of Health & Human Services, 1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all DHHS and private agency child welfare workers; \$55 all others

**Presenter:** Sherry Brockway, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify the many different ways in which trauma can impact survivors of domestic violence, focusing on beliefs, emotions, feelings, and behaviors of individuals.
- Understand and develop safety options with clients.
- Utilize trauma-informed delivery skills.

**Intermediate skill level**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** The purpose of this training is to increase service providers' awareness of domestic violence and trauma, focusing on the nature and prevalence of domestic violence and survivor psychological responses. As a result of the training, participants will be able to provide trauma-informed care and services. This training will utilize large group discussions.



## Integrated Self-care for Helping Professionals

**Curriculum:** Secondary trauma: Self-care for workers.

**Date/time:** Friday, April 7, 2017 • Program 8:45 AM – 12:00 PM

**Location:** WMU College of Health & Human Services, 1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all DHHS and private agency child welfare workers; \$55 all others

**Presenter:** Yvonne A. Unrau, PhD, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand body-brain concepts related to stress.
- Increase personal awareness of how stress manifests in the body.
- Utilize body-based stress management techniques to practice scenarios.

### Beginning skill level

#### Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** This training will offer helping professionals an in-depth look at body-

sensing approaches to self-care. Much of our professional lives involve thinking about how to best serve our clients, as well as how to manage daily challenges of work-life balance. The busy pace of the helping professional, accompanied by difficult economic and political times, leaves many of us feeling unbalanced and frazzled. This training will focus on body-based strategies to not only restore a sense of well-being and health but also rejuvenate our spark to do good work and enjoy other aspects of our lives. The aim is to have participants leave with practical strategies and a renewed charge for moving forward with their work and life goals. This training will utilize exercises, small and large group discussions, and visual displays.



## Impact of Childhood Neglect on Early Development: An Interdisciplinary Approach

**Curriculum:** Trauma and crisis management: Effects of abuse and neglect on children.

**Date/time:** Friday, April 21, 2017 • Program 8:45 AM – 12:00 PM

**Location:** WMU College of Health & Human Services, 1240 Oakland Drive, Kalamazoo, MI 49008

**Social Work CECHs:** 3 hours • Approval #MICEC-0060

**Cost:** Free to all DHHS and private agency child welfare workers; \$55 all others

**Presenter:** Brandon Morkut, MS, OTRL

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the importance of attachment and how it can mitigate neglectful care: secure attachment, ambivalent attachment, and disorganized attachment.
- Understand sensory processing disorder.
- Better understand sensory modulation disorder and its subtypes: over-responsive, under-responsive, and craving.

### Beginning and intermediate skill levels

#### Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Description:** Science tells us that repeated and persistent periods of prolonged unresponsiveness from primary caregivers will lead to excessive activation of a young child's psychological and physiological stress response systems. This, in turn can lead to toxic stress and its consequences: behavior problems, a lifetime of impairments in learning, and physical and mental health issues. Conversely, extensive research points toward the healing power of nurturing, responsive, and reliable relationships for young children who have experienced severe neglect. This training will utilize role playing and large group discussions.

**How to register:** Visit [https://secure.touchnet.net/C21782\\_ustores/web/store\\_cat.jsp?STOREID=1&CATID=3](https://secure.touchnet.net/C21782_ustores/web/store_cat.jsp?STOREID=1&CATID=3)

**Contact:** Rebecca Schrock-Herdeck

**Phone:** 269-387-3158

**Email:** [rebecca.schrock-herdeck@wmich.edu](mailto:rebecca.schrock-herdeck@wmich.edu)

**Website:** <http://www.wmich.edu/socialwork/academics/continuing>

**M**ichigan State University School of Social Work Continuing Education now offers live webinars!

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be mailed a certificate of completion. Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

**Beginning and intermediate skill levels****Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Teen Parents in Foster Care #206-17**

*Date/time:* **Tuesday, March 21, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Amy Dworsky, PhD**

*Description:* Growing attention has been paid in recent years to the high rate of teenage pregnancy among young people in and aging out of foster care. This presentation will summarize what we know about the rate of teenage pregnancy among this population, examine some of the factors that may explain why so many foster youth are becoming pregnant and discuss prevention strategies. This webinar will utilize visual displays and allow time for questions and answers.

**Intergenerational Trauma and Our Work with Birth Parents:  
Understanding the Bridge to Success! #207-17**

*Date/time:* **Thursday, April 6, 2017** • Program 9:00 AM – 10:15 AM

*Presenter:* **Connie Black-Pond, MA, LMSW, LPC**

*Description:* The reality for many of our families is that generation after generation, children are exposed to interpersonal trauma in the home/family setting. Understanding how patterns of intergenerational trauma occur, how this affects parenting and life management, as well as how best to interpret our parents' behavior to then engage with them and help them create safety and stability for their children is critical to their success and relationship with their child(ren). This webinar will begin by discussing the need for screening for adult trauma exposure. In addition, this webinar will utilize visual displays and allow time for questions and answers.

**Intermediate and advanced skill levels****Engagement, Readiness for Change, and Transition Planning #208-17**

*Date/time:* **Tuesday, May 2, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Timothy M. Monroe, LMSW, ACSW**

*Description:* This webinar will take an in-depth look at three important aspects of child welfare that often do not garner the level of attention they should: client engagement, readiness for change, and transition planning. In today's increasingly technical and evidence-based service delivery environments, it is easy to lose sight of the importance of relational foundations when serving children and families. For services to be effective, a therapeutic alliance is required; engagement, change readiness, and transition planning are important aspects of this and are also essential components to assist families in achieving success and permanence. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

**Youth Transitioning Out of Foster Care #209-17**

*Date/time:* **Friday, May 12, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Amy Dworsky, PhD**

*Description:* Although permanency is the goal for all children who are placed in foster care, tens of thousands of young people "age out" of the child welfare system each year because that goal was not achieved. This webinar will describe what is currently being done to help prepare foster youth for the transition to adulthood and summarize what we know from research about foster youth outcomes. This webinar will utilize visual displays and allow time for questions and answers.

### **Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/Dissolution #210-17**

*Date/time:* **Tuesday, May 16, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Lena Wilson, JD**

*Description:* This webinar will discuss the types of post adoption services that are available to families in Michigan and the challenges that families face in accessing post adoption services. The webinar will also help participants to understand crisis as a normal, predictable part of the adoption process and how educating families around this can enable them to make a successful transition into becoming a stable family, thus avoiding the dissolution/ disruption cycle. This webinar will utilize visual displays and allow time for questions and answers.

### **The Welfare of Children with Autism Spectrum Disorders and Their Families #211-17**

*Date/time:* **Friday, May 19, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Sally Burton-Hoyle, PhD**

*Description:* This webinar will provide information on the characteristics of autism spectrum disorders and the support families may need upon learning of this diagnosis. Emphasis will be placed on accessing the systems of support in school and community mental health and securing evidenced-based therapies. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### **Understanding and Supporting Adoptive Families #212-17**

*Date/time:* **Tuesday, June 6, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Tracy Kapusansky, LLMSW**

*Description:* Adoptive families are often faced with complex dynamics and challenging needs. This webinar will provide a better understanding of those challenges as well as several strategies on how to best support adoptive families. Gain tips for building successful working relationships with both adoptive families and youth. Learn about resources that are designed for adoptive families and how to engage them in utilizing services. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### **Accessing Special Education Supports for Children in Foster Care #213-17**

*Date/time:* **Thursday, June 8, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Kim Battjes, LMSW**

*Description:* This webinar will explore the unique circumstances children in foster care face in the educational system. Specifically, this webinar will explore the process, ramifications, and prevalence of children in foster care who qualify for special education. This webinar will utilize visual displays and allow time for questions and answers.

### **Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development #214-17**

*Date/time:* **Thursday, June 15, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Thomas Green, MS**

*Description:* This webinar will explore the foundations and effects of early childhood emotional and psychological abuse. The emphasis will be on how these early childhood experiences impact the course of natural child development and how you can be more effective in providing suitable social support for your clients. Information in this webinar will address the needs of children in foster care, pre-adoption, and post adoption. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### **Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice #215-17**

*Date/time:* **Monday, June 19, 2017** • Program 9:00 AM – 10:15 AM

*Presenter:* **Joseph Kozakiewicz, JD, LMSW**

*Description:* Child welfare workers (CWW) effect social justice through working with families and children in need of help. CWWs are well positioned to seek social justice on a broader scale through using their knowledge and skills as advocates for change. However, most CWWs think that advocacy on this level is relevant only to macro-level or policy-oriented workers. Few CWWs think of advocating for social justice as a part of their daily work. This webinar will explore a conceptual framework that challenges the traditional micro/macro-level practice dichotomy as it relates to the pursuit of social justice. The webinar will also consider how CWWs pursue social justice through their work without even realizing they do so. Finally, this webinar will challenge CWWs to be more thoughtful regarding how they may intentionally seek opportunities to effect social justice in the child welfare field. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### **Honoring and Empowering Adolescents #216-17**

*Date/time:* **Thursday, June 22, 2017** • Program 12:00 PM – 1:15 PM

*Presenter:* **Amanda Dubey-Zerka, LMSW**

*Description:* Adolescence is a time of developmental transition involving many internal and external changes. You will learn about “normal” adolescent development, identify current issues teens face, as well as how trauma and environmental factors impact this developmental transition time. From a trauma-informed lens, learn strategies to honor and empower the teens you serve. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

### **Having the Tough Conversations About Race with Your Clients #217-17**

*Date/time:* **Tuesday, August 1, 2017** • Program 9:00 AM – 10:15 AM

*Presenter:* **Stacey Goodson, BA**

*Description:* This webinar will assist and guide child welfare staff in having the challenging discussions about race and current events, with their clients. The training, itself, may cause discomfort for participants due to the nature of the discussion; however, it will be provided in a safe environment. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

For pricing, further details, and online registration, visit [socialwork.msu.edu/ceu/catalog.php](http://socialwork.msu.edu/ceu/catalog.php) under Topics of Interest “Webinars” or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at [support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac](http://support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac). It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

Additional live webinar trainings will become available soon! If you happen to miss a live webinar, courses will also be recorded and become available for future use.

**Stay tuned, and check the website often!**



## Making the Case for Retention-focused Management #204-17

**Dates/times:** Thursday, March 16, 2017 • Program 11:00 AM – 12:15 PM

**Location:** WEBINAR

**Social Work CECHs:** 1 hour • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenter:** Rosemary Jackson, LMSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify two concepts that form the basis for retention-focused supervision.
- Describe two techniques to create a retention-focused work environment.

**Description:** Do you experience the frustration of losing staff just as they become fully trained and oriented to work on your team? Do you wish that there was more that you could do to retain good staff? Join us for this one-hour webinar that looks at the supervisor's role in retaining staff. Learn the philosophy that underpins the fundamentals of staff retention in child welfare and what you can do to be more intentional in your supervision. Get some tips on things that you can do to create an environment that focuses on retention of good staff. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.

**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors



## Operationalizing Retention-focused Management

**Date/time:** Friday, April 28, 2017 #602-17

Registration 12:30 PM • Program 1:00 PM – 4:15 PM

**Location:** Troy Community Center

3179 Livernois, Troy, MI 48083

**Date/time:** Friday, July 14, 2017 #606-17

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

**Location:** Great Wolf Lodge

3575 US-31 South, Traverse City, MI 49684

**Social Work CECHs:** 3 hours • ASWB ACE approval #1136, approval June 14, 2016 – June 14, 2019

**Presenters:** Rosemary Jackson, LMSW  
Cheryl Williams-Hecksel, LMSW



**Training objectives:** As a result of this training, participants will be prepared to:

- Identify two concepts that underpin the supervisor's role in building a culture of retention.
- Name three strategies designed to develop and retain child welfare staff.
- Implement two techniques to increase the intentional use of supervision for staff within the first year of employment.

**Description:** If you are interested in reducing the turnover rate of staff you supervise, you will want to join us for this experiential workshop that focuses on what you can do to retain your staff. This workshop will give you tips and tools to use with your staff as well as ideas that you can employ to strengthen your skills. The emphasis will be on strategies to retain staff during the first year of employment, which studies indicate is when most staff make the decision to leave an agency. By learning about the developmental phases of new staff in the first six months of employment, you will learn how to manage changing emotional and confidence levels of new staff and inspire commitment to the agency mission and vision. This training will utilize exercises, small and large group discussions, pre- and post-tests, and visual displays.

**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

# Previously advertised trainings

**There is still space to register  
for upcoming previously advertised trainings!**

Refer to the hosting university's webpage for more information.

MONTH	WORKSHOP TITLE	DATE & TIME	LOCATION	HOSTING UNIVERSITY
<b>January 2017</b>	When Children Get Removed: Using Play to Reduce the Effects of Trauma	Friday, January 13 8:45 AM - 12:00 PM	GVSU Pew Campus, Bicycle Factory, Grand Rapids	Grand Valley State University
	Effective Recruitment and Retention Strategies for Foster and Adoptive Families	Friday, January 20 9:00 AM - 12:15 PM	Greater Lansing Association of REALTORS®, Lansing	Michigan State University
	Holding Them While They Grieve	Friday, January 20 1:00 PM - 4:15 PM	UoM School of Social Work, Ann Arbor	University of Michigan
	Fetal Alcohol Syndrome Disorder: What You Should Know	Tuesday, January 24 3:30 PM - 4:45 PM	WEBINAR	Michigan State University
<b>February 2017</b>	Building Resiliency: Family Approaches to Surviving Substance Abuse	Friday, February 10 9:00 AM - 12:15 PM	WSU Oakland Center, Farmington Hills	Wayne State University
	Involving Fathers to Create Functional Families	Friday, February 10 9:00 AM - 10:15 AM	WEBINAR	Michigan State University
	Understanding Sexuality and Gender Expression	Friday, February 17 8:45 AM - 12:00 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University
	Infant Mental Health: The Importance of Attachment	Friday, February 17 9:00 AM - 12:15 PM	EMU-Livonia, Livonia	Eastern Michigan University
	Promoting Health and Wellness for Foster Youth	Thursday, February 23 12:00 PM - 1:15 PM	WEBINAR	Michigan State University

# Calendar of trainings

MONTH	WORKSHOP TITLE	DATE & TIME	LOCATION	HOSTING UNIVERSITY	PAGE
<b>March 2017</b>	Making a Difference: Open, Direct, and Honest TALK About Suicide	Friday, March 10 9:00 AM - 12:15 PM	Chan Shun Hall, Berrien Springs	Andrews University	5
	Loss and Grief for Children and Youth in Care	Friday, March 10 9:00 AM - 4:30 PM	EMU-Livonia, Livonia	Eastern Michigan University	8
	No Time for Goodbye: When a Loved One's Death Is Traumatic	Friday, March 10 9:00 AM - 12:15 PM	WSU Oakland Center, Farmington Hills	Wayne State University	17
	Workers' Cultural Identities, Values, and Beliefs: Where Do They Fit in Our Jobs?	Friday, March 10 8:45 AM - 12:00 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	19
	Making the Case for Retention-focused Management	Thursday, March 16 11:00 AM - 12:15 PM	WEBINAR	Michigan State University	24
	Assessing and Treating Mental Health Concerns in Very Young Children	Friday, March 17 9:00 AM - 12:15 PM	WSU Schoolcraft Center, Livonia	Wayne State University	17
	Teen Parents in Foster Care	Tuesday, March 21 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	21
	Domestic Violence and Trauma-informed Services	Friday, March 24 8:45 AM - 12:00 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	19
<b>April 2017</b>	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success	Thursday, April 6 9:00 AM - 10:15 AM	WEBINAR	Michigan State University	21
	Integrated Self-care for Helping Professionals	Friday, April 7 8:45 AM - 12:00 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	20
	"ARMBandS" for Effective Treatment	Friday, April 21 9:00 AM - 12:15 PM	Chan Shun Hall, Berrien Springs	Andrews University	5
	MiTEAM Supervision and Mentoring	Friday, April 21 8:45 AM - 12:00 PM	GVSU Bicycle Factory, Grand Rapids	Grand Valley State University	10
	Impact of Childhood Neglect on Early Development: An Interdisciplinary Approach	Friday, April 21 8:45 AM - 12:00 PM	WMU College of Health & Human Services, Kalamazoo	Western Michigan University	20
	Perspectives on Youth Substance Abuse	Friday, April 28 9:00 AM - 12:15 PM	Macomb Advanced Technology Education Center, Warren	Wayne State University	18
	Operationalizing Retention-focused Management	Friday, April 28 1:00 PM - 4:15 PM	Troy Community Center, Troy	Michigan State University	24
<b>May 2017</b>	Engagement, Readiness for Change, and Transition Planning	Tuesday, May 2 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	21
	Understanding Emotional and Mental Health Concerns of Youth	Friday, May 5 8:45 AM - 12:00 PM	Spring Arbor University, Lansing	Spring Arbor University	15
	Working with Children Who Have Attachment Issues	Thursday, May 11 9:00 AM - 12:15 PM	Kellogg Hotel & Conference Center, East Lansing	Michigan State University	12
	Taking a Pulse: Examining Compassion Fatigue in Child Welfare	Thursday, May 11 9:00 AM - 12:15 PM	UoM School of Social Work, Ann Arbor	University of Michigan	16
	Transitioning Youth Out of Foster Care	Friday, May 12 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	21
	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/Dissolution	Tuesday, May 16 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	22
	Effective Placement Strategies for Children in Foster Care	Friday, May 19 9:00 AM - 12:15 PM	West Campus Community Center, Big Rapids	Ferris State University	9
	The Welfare of Children with Autism Spectrum Disorders and Their Families	Friday, May 19 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	22
	Did You Hear What I Said? Culture, Communication, and Conflict	Friday, May 26 8:45 AM - 12:00 PM	GVSU Bicycle Factory, Grand Rapids	Grand Valley State University	10

# Calendar of trainings

MONTH	WORKSHOP TITLE	DATE & TIME	LOCATION	HOSTING UNIVERSITY	PAGE
<b>June 2017</b>	Addressing Suicide: A Culturally Responsive Approach to Prevention and Intervention	Friday, June 2 9:00 AM - 12:15 PM	UoM School of Social Work, Ann Arbor	University of Michigan	15
	Understanding and Supporting Adoptive Families	Tuesday, June 6 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	22
	Accessing Special Education Supports for Children in Foster Care	Thursday, June 8 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	22
	Supporting African-American Youth in Schools	Friday, June 9 9:00 AM - 12:15 PM	EMU-Livonia	Eastern Michigan University	8
	Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development	Thursday, June 15 9:00 AM - 12:15 PM	WEBINAR	Michigan State University	22
	Help the Helper! Recognizing and Treating Compassion Fatigue	Friday, June 16 9:00 AM - 12:15 PM	Chan Shun Hall, Berrien Springs	Andrews University	6
	Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice	Monday, June 19 9:00 AM - 10:15 AM	WEBINAR	Michigan State University	22
	Early Education and Child Welfare Services: Working Together	Thursday, June 22 9:00 AM - 12:15 PM	Country Inn & Suites East By Carlson, Grand Rapids	Michigan State University	12
	Honoring and Empowering Adolescents	Thursday, June 22 12:00 PM - 1:15 PM	WEBINAR	Michigan State University	22
	Moving Toward Cultural Intelligence	Friday, June 23 8:45 AM - 12:00 PM	GVSU Bicycle Factory, Grand Rapids	Grand Valley State University	11
<b>July 2017</b>	Putting Your Own Mask on First: Understanding Secondary Traumatic Stress and Self-care in the Workplace	Wednesday, July 12 9:00 AM - 4:30 PM	Great Wolf Lodge, Traverse City	Michigan State University	13
	Operationalizing Retention-focused Management	Friday, July 14 9:00 AM - 12:15 PM	Great Wolf Lodge, Traverse City	Michigan State University	24
<b>August 2017</b>	Having the Tough Conversations About Race with Your Clients	Tuesday, August 1 9:00 AM - 10:15 AM	WEBINAR	Michigan State University	23
	Transitioning to Higher Education: Improving Outcomes for Youth from Foster Care	Friday, August 4 9:00 AM - 12:15 PM	Greater Lansing Association of REALTORS®, Lansing	Michigan State University	14
	“¿Qué? Help Me Understand! Latino or Hispanic? Implications for Practice That Go Beyond the Spanish Language	Friday, August 11 9:00 AM - 12:15 PM	Chan Shun Hall, Berrien Springs	Andrews University	6
<b>September 2017</b>	Supporting Children Through Trauma and Grief	Friday, September 8 9:00 AM - 12:15 PM	Lori's Place, St. Joseph	Andrews University	7
	Trauma and Crisis Management for Children in Placement	Friday, September 15 9:00 AM - 12:15 PM	West Campus Community Center, Big Rapids	Ferris State University	9
	Promoting Healing Health and Wellness in Youth Who Have Been Sexually Abused and Experienced Other Trauma	Thursday, September 21 1:00 PM - 4:15 PM	Houghton/Keweenaw Department of Health and Human Services, Houghton	Michigan State University	14



Additional trainings  
and exciting new  
topics coming  
in fall 2017

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