



Feedback Nutrition Education Staff Training *Basic Nutrition Module*

Our goal is to provide a relevant, engaging, and valuable training experience. Let us know if you like it or add your comments/suggestions for revisions. When evaluating, please consider:

- Content
- Relevancy
- Depth of information
- Layout
- Images
- Length

Section	Like	Comments/ Suggestions for Revisions
Cover/Table of Contents/Introduction		
Nutrients in the Foods We Eat		
Carbohydrates		
Proteins		
Fats		
Vitamins		
Minerals		
Water		
What Should American Eat?		
The Dietary Guidelines for Americans		
MyPlate		
Food Groups		
Food Labels		
Special Nutrition Issues		
Weight/Energy Balance/Physical Activity		
Caloric Intake		
Weight Management		
When Someone is Too Thin		
Vegetarian Diets		
Vegetarian Diet/Benefits/Risks		
Protein/Calcium/Iron		
Meal Planning for Vegetarians		
Other Comments and Suggestions		

Thank You for Your Feedback! Please send completed form to fischert1@michigan.gov.

Date: _____
 Name(s): _____
 Agency: _____