

Michigan's Prevention, Care, and Support Services: Resource Inventory

Per guidance from CDC and HRSA, a statewide HIV/AIDS resource inventory was developed as part of the 2015 needs assessment process. While previous resource inventories were available, none were comprehensive across the state. The purpose of this resource inventory is to provide up-to-date information on organizations throughout Michigan providing prevention, care and support services for individuals living with HIV/AIDS and at-risk for HIV. It is also intended that this inventory be used by HIV medical professionals and service providers to provide additional resources and referrals to their patients and clients. Though recommended by HRSA, this resource inventory does not provide information on number of clients served at each organization, nor does it provide information on funding levels and sources. This resource inventory was developed solely as a user-friendly guide that will be accessible via the MDHHS website for the general public and that can easily be maintained and updated by MDHHS staff each year. The resource inventory is a separate document that can be found in the Appendix, along with a user-friendly glossary describing each service that will also be made available to the public with the inventory.

Inspired by services funded by HRSA's Ryan White HIV/AIDS Program in addition to integral services identified by members of the HIV Project Planning Steering Committee, the services listed in the resource inventory include:

1. HIV Prevention Services

- HIV Testing
- STI Screening
- Partner Services
- PrEP/nPEP Services
- Peer Support
- Syringe Service Programs
- Substitution Therapy (e.g., Methadone)
- Individual Counseling
- Group Intervention

2. HIV Care Services

- Linkage to Care (e.g., referrals)
- HIV Medical Care
- Prevention Services (e.g., evidence-based prevention for positives programs)
- Insurance Navigation
- Home Health Services
- Hospice Care
- Mental Health Services
- Substance Abuse Outpatient Care
- Medical Case Management
- Dental Services

3. HIV Support Services

- Non-medical case management
- Emergency Financial Assistance
- Food Assistance
- Health Education
- Housing Assistance
- Legal Assistance
- Medical Transportation Services
- Support Groups
- Rehabilitation Services (e.g., physical and occupational therapy)
- Residential Substance Abuse Services
- Treatment Adherence Counseling

Created in Microsoft Access, the resource inventory database can be maintained and updated by MDHHS staff as needed. In its end-user format, the resource inventory is presented by county in Michigan; organizations providing any of the aforementioned services are listed along with the service(s) they provide and their up-to-date contact information.

The resource inventory was developed using a combination of pre-existing resource guides and lists of funded organizations as provided by members of the Steering Committee and MDHHS. All organizations were compiled and entered into the Access Database after being researched online to confirm contact information and services provided. Occasionally, organizations and websites would snowball to others offering similar services or receiving service referrals, in which cases those organizations would then too be added to the inventory. In some instances, the organizations and services provided did not fit neatly into a pre-existing category (e.g., optical care, employment assistance and job placement, domestic and sexual violence shelters); in these cases, the services provided were listed in a “notes” box, visible to end-users, and no services were checked.

Resource Inventory Glossary

Prevention Services: Services provided to anyone regardless of HIV status or anyone who is currently HIV negative.

HIV Testing: Testing provided to someone who would like to know their HIV status.

STI Screening/Testing: Testing provided to someone concerned that they may have sexually transmitted infections (e.g., chlamydia, gonorrhea, syphilis).

Partner Services: For someone with HIV or STIs and their sexual or needle-sharing partners – can speak with a trained Partner Services Specialist about HIV/STIs, learn ways to reduce to risk, and help notify sex and/or needle-sharing partners and help them get tested.

PrEP and nPEP Services: Any location that can provide Pre-Exposure Prophylaxis (PrEP) or Post-Exposure Prophylaxis (PEP) medications to help reduce the risk of getting HIV for anyone concerned that they may contract HIV from a sexual or needle-sharing partner.

Peer Support: Allows people at risk for HIV to come together and support one another mutually and reduce their risk.

Syringe Service Programs: Programs to provide syringe access, disposal, and/or exchange to people using intravenous drugs. These programs can also help link these people to HIV and viral hepatitis prevention services, substance abuse treatment, and medical and mental health care.

Substitution Therapy (e.g., methadone): Also known as opioid replacement therapy (ORT), this helps people addicted to opioid drugs (e.g., heroin) replace, or substitute, this drug with another to help lessen addiction and cope with withdrawal and cravings.

Individual Counseling: This can be good for someone at-risk for HIV that wants to improve their knowledge of HIV and reduce their risk of getting HIV.

Group Intervention: Like individual counseling, this can help improve someone's knowledge of HIV and ways to reduce the risk of getting HIV, though in a small group setting. This also includes developing skills needed to reduce this risk, like proper use of condoms, negotiating safer sex, and making safe decisions.

Care Services: Health care services provided to people living with HIV/AIDS

Linkage to Care: Assistance accessing or being directed to health care for someone who has HIV, particularly for someone newly diagnosed with HIV or who is currently not receiving health care to help manage their HIV.

HIV Medical Care: Medical care provided to someone with HIV/AIDS by any sort of professional health care provider (e.g., doctor, physician's assistant, nurse practitioner, etc.). Medical care includes examinations, diagnosis, and treatment of any physical and mental condition.

Prevention Services: Services to help someone with HIV get the knowledge and resources they need to help prevent spreading it to others, particularly their sex partners and/or need-sharing partners.

Insurance Navigation: Services to help someone with HIV/AIDS get health insurance and find a plan that is right for them.

Home Health Care: Services provided in someone's home by a health care professional.

Hospice Services: Care provided to someone in the terminal stage of an illness (end-of-life care).

Mental Health Services: Psychological and psychiatric treatment and counseling services for someone diagnosed with a mental illness.

Substance Abuse Outpatient Care: Medical or other treatment and/or counseling in an outpatient setting to help someone with a substance abuse problem.

Medical Case Management: These include many services to help link someone with HIV to health care and other HIV-related services. A case manager can help to coordinate medical treatment and other services, and perform treatment adherence counseling to help someone understand and maintain their HIV treatment.

Support Services: Other services to help someone living with HIV/AIDS

Non-Medical Case Management Services: Includes advice and assistance for someone with HIV/AIDS in getting medical, social, community, legal, financial, and other needed services.

Emergency Financial Assistance: For someone with HIV/AIDS to get one-time or short-term help when other resources are unavailable to help cover emergency expenses related to essential utilities, housing, food, transportation, and medication.

Food Assistance: The provision of food or meals to someone with HIV/AIDS, including ongoing vouchers used to purchase food.

Health Education: Activities educating someone with HIV on ways they can reduce their risk of transmission, along with information on medical and support services and counseling.

Housing Services: Short-term help for someone with HIV/AIDS to get emergency, temporary, or transitional housing.

Legal Services: Services for someone with HIV/AIDS to get powers of attorney and other legal assistance.

Medical Transportation Services: Transportation services for someone with HIV/AIDS to get to health services, either directly or with a voucher for his/her transportation.

Support Groups: A safe group environment where people with HIV can come together and share their challenges and successes and support one another. These can include counseling and support regarding HIV, child abuse and neglect, spiritual support, and loss of a friend or family member.

Rehabilitation Services: Services like physical and occupational therapy, speech pathology, and low-vision training provided by a professional.

Residential Substance Abuse Services: Medical or other treatment and/or counseling in a residential health setting to help someone with a substance abuse problem.

Treatment Adherence Counseling: Counseling or special programs, outside of medical case management or medical care, provided by a non-medical professional to help someone with HIV prepare for and maintain their HIV/AIDS treatments.