

# It's Their Health, Too

# HIV and Syphilis Testing During Pregnancy

## Why is prenatal care important?

If you are pregnant or planning to become pregnant, it is important to get routine prenatal care. Prenatal care and testing are important steps to make sure you and your baby are healthy throughout your pregnancy and after delivery.

## What should I do if I test positive?

- Discuss results with your doctor.
- Take only medications as prescribed by your doctor to ensure the health of you and your baby.

## Why is it important to get tested during pregnancy, and how often should I be tested?

The only way to know if you have human immunodeficiency virus (HIV) or syphilis is to get tested. You should get tested for HIV and syphilis at these times:

- At the first prenatal visit.
- At the beginning of the third trimester, ideally around 28-32 weeks.
- At delivery.

## How do I prevent giving HIV or Syphilis to my baby?

People living with HIV can manage the virus with medication to prevent transmission to their baby. Syphilis can be treated and cured with medication to prevent transmission. Getting treatment early and staying on track with treatment is key to making sure your baby is healthy.



# Resources:

Michigan's HIV/STI Hotline:  
800-872-2437

Maternal Infant Health Program:  
833-644-6447  
[Michigan.gov/MIHP](http://Michigan.gov/MIHP)

For information about the Women, Infants, & Children (WIC) program and additional community resources, call 211 or contact your local health department.



**For more information on prenatal care and testing, scan this QR code:**



[Bit.ly/4lR28lx](https://bit.ly/4lR28lx)

**To find testing near you, scan this QR code:**



[Gettested.cdc.gov](https://Gettested.cdc.gov)

