

## How to Use and Troubleshoot Your WIC Breast Pump

	Medela	Ameda	Hygeia	Ardo
<b>Multi-User</b>	<a href="#">Symphony</a> A video on how to assemble and use the pump.  <a href="#">Lactina</a> A video on how to assemble and use pump and accessory kit.	<a href="#">Elite</a> A video on how to use and clean the pump. Includes breast milk storage guidelines.	<a href="#">Endeare</a> A video on how to assemble, use and clean the pump.	
<b>Personal Electric</b>	<a href="#">Pump In Style with Max Flow</a> A 1 hour webinar on how to assemble, use, and clean this newer Medela pump.  <a href="#">Advanced Personal Double</a> A video on how to assemble, use and clean the pump	<a href="#">Ameda Mya Joy</a> A video on how to assemble, clean, and use.  <a href="#">Ameda Mya Joy (Spanish)</a> A video on how to assemble, clean, and use.  <a href="#">Purely Yours Ultra</a> A video on how to use the pump.  <a href="#">Purely Yours (Spanish)</a> A video on how to use the pump.  <a href="#">Finesse</a> A video on how to assemble, use and clean the pump.	<a href="#">Enjoye</a> A video on how to use the pump.  <a href="#">Enjoye</a> A handout on how to use and clean your pump, along with parts included.	<a href="#">Calypso</a> A video on how to assemble and use.
<b>Hand Pump</b>	<a href="#">Harmony</a> A video on how to assemble and clean the pump.	<a href="#">One-hand Manual Breast Pump</a> A video on how to assemble, use and clean the pump.	<a href="#">Enhande</a>	
<b>Cleaning</b>	<a href="#">Medela: Cleaning</a> A video on how to clean and sanitize your pump and accessories with or without a sink.  <a href="#">Pump in Style: Cleaning</a> A video on how to clean your pump after each use.	<a href="#">Ameda: Cleaning</a> A video on how to clean and use your pump accessories.  <a href="#">Ameda: Cleaning</a> A handout with cleaning instructions for Ameda breast pumps and kits.	<a href="#">Hygeia: Cleaning</a> A video on how to clean your pump and accessories.	
CDC Guidelines on How to Keep Your Breast Pump Kit Clean <a href="#">English</a> and <a href="#">Spanish</a>				
<b>Trouble Shooting</b>	<a href="#">Pump in Style: Trouble Shooting: Low or No Suction</a> A video on how to troubleshoot your pump.  <a href="#">Troubleshooting the Medela Symphony Breast Pump</a> A video on how to troubleshoot your pump.		<a href="#">Troubleshooting Your Hygeia Breast Pump and Accessories</a> A video on how to troubleshoot your pump and accessory kit.	