

STATE OF MICHIGAN
DEPARTMENT OF HEALTH AND HUMAN SERVICES
LANSING

ELIZABETH HERTEL

2/9/2022

GRETCHEN WHITMER

GOVERNOR

## **RE: COVID-19 Exposure**

To the parent/guardian of Preferred Name,

The Barry-Eaton District Health Department and Michigan Department of Health and Human Services have been recently informed of a case of Coronavirus Disease 2019 (COVID-19). Your child has been identified as a person who may have been exposed to this case.

Please refer to your school and Local Health Department regarding guidance on symptom monitoring and quarantine. If you are directed that he/she can return to the classroom, they will still need to follow safety measures, such as masking and social distancing.

Generally, what your child should do next depends on their vaccination status. Please see the most current guidance for the definition of fully vaccinated.

- If your child is not fully vaccinated, they should: stay home, self-quarantine from others, and self-monitor for the signs and symptoms of COVID-19 through at least 2/9/2022. Self-quarantine is the best way you can help your family, friends, co-workers, and community members stay healthy.
- If your child is fully vaccinated, they don't have to stay home.

Regardless of vaccination status, everyone who is a contact of someone with COVID-19 needs to wear a well-fitting mask for 10 days and test on day 5.

Preferred Name should take the following precautions:

- Observe for signs and symptoms of COVID-19. **If they develop symptoms, keep them home.** Be sure to get care if they feel worse or think it is an emergency. If you need to seek care, call ahead to let them know that they may have been exposed to COVID-19.
- Reduce additional possible exposures to COVID-19 by avoiding close contact with people who are sick and observe general social distancing guidelines.
- Wash hands often with soap and water for at least 20 seconds or use a hand sanitizer that contains at least 60% alcohol if soap and water are not readily available.

If you need assistance during this time, please call Michigan 2-1-1.

Anyone with signs or symptoms of COVID-19 should get tested, even those who are fully vaccinated or have already had COVID-19 on day 5. There are many locations to get tested at no cost. Click here to find a test location near you: <a href="https://www.michigan.gov/coronavirusTest">www.michigan.gov/coronavirusTest</a>

More information about COVID-19 is available at Michigan.gov/Coronavirus and CDC.gov/Coronavirus. If you become sick or have questions about your specific situation, please call your health care provider. If you, your employer, or your school have other questions regarding COVID-19 or this letter, please call Barry-Eaton District Health Department. To find the contact information for your local health department, please visit: <a href="Coronavirus - Local Health Department Map (michigan.gov">Coronavirus - Local Health Department Map (michigan.gov)</a>)

Thank you,

Alexis D. Travis, Phd Senior Deputy Director, Public Health Administration. Michigan Department of Health and Human Services (MDHHS)