

# Michigan WIC Checklist for Reviewing Lesson Modules

## A. General information

Submitted by:

Date Submitted:

Title:

Suggested MI-WIC Nutrition Ed topic of topics:

Lesson Module type (check all that apply):

Individual

Group

Self-directed education, e.g. Education mall or take-home

## B. Components of the lesson module. Check the components included.

### Required Components:

Title.

Learning objectives: These should describe what the client should know or be able to do after the lesson is complete.

Target group (For example, all client categories (prenatal, postpartum, and/or breastfeeding women, infants, and children), and their caregivers (father, foster parent, guardian, etc.))

Learning activities or methods (For example, group class, facilitated discussion, demonstration, role playing, hands-on activities, etc.)

Materials (For example, electronic resources, food/food models, flip charts, posters, take-home materials, etc.)

Outline of presentation content may include introduction/icebreaker (to engage client and assess knowledge, attitudes, and stage of behavior change), sequence of activities, how materials are to be used, summary, etc.

Evaluation methods and materials: Review objectives and reassess clients' knowledge, attitudes, or behavior change intention. This may be done orally, through a question and answer period, written post-test or quiz, or other method.

References (Sources of information used to develop the presentation content.)

### Recommended Components:

Equipment and facilities (For example, classroom size, seating, computer, projector, food preparation equipment, etc.)

Reinforcements. (For example, software (DVD/CD), print materials, website links, etc.)

Approximate time

Staff trained to present

