# Michigan WIC Checklist for Reviewing Lesson Modules

#### A. General information

Submitted by:	Date Submitted:
---------------	-----------------

Title:

Suggested MI-WIC Nutrition Ed topic of topics:

Lesson Module type (check all that apply):

Individual

Group

Self-directed education, e.g. Education mall or take-home

### B. Components of the lesson module. Check the components included.

#### **Required Components:**

Title.

<u>Learning objectives:</u> These should describe what the client should know or be able to do after the lesson is complete.

Target group (For example, all client categories (prenatal, postpartum, and/or breastfeeding women, infants, and children), and their caregivers (father, foster parent, guardian, etc.))

<u>Learning activities or methods</u> (For example, group class, facilitated discussion, demonstration, role playing, hands-on activities, etc.)

<u>Materials</u> (For example, electronic resources, food/food models, flip charts, posters, take-home materials, etc.)

<u>Outline of presentation content</u> may include introduction/icebreaker (to engage client and assess knowledge, attitudes, and stage of behavior change), sequence of activities, how materials are to be used, summary, etc.

<u>Evaluation methods and materials</u>: Review objectives and reassess clients' knowledge, attitudes, or behavior change intention. This may be done orally, through a question and answer period, written posttest or quiz, or other method.

<u>References</u> (Sources of information used to develop the presentation content.)

#### **Recommended Components:**

<u>Equipment and facilities</u> (For example, classroom size, seating, computer, projector, food preparation equipment, etc.)

Reinforcements. (For example, software (DVD/CD), print materials, website links, etc.)

Approximate time

Staff trained to present

## C. Lesson Module. Please check one response for each item. Add comments to clarify.

	CONTENT DETAILS	NOT APPLICABLE	ACCEPTABLE	NOT ACCEPTABLE	COMMENTS Indicate outstanding items and those that need improvement.
1.	Is current, accurate, and consistent with USDA Dietary Guidelines and standards of practice				
2.	Addresses relevant health-related topics of the target audience				
3.	Objectives are simple and measurable				
4.	Contains main points that stand out clearly				
5.	Includes method to connect with audience and allows for client engagement and feedback				
6.	Uses culturally appropriate content for the target audience				
7.	Incorporates positive messages focused on desired positive behavior				
8.	Format is user-friendly for presenter and/or client				
9.	(If visuals) Uses purposeful, relevant, and culturally appropriate visuals for the target audience				
10.	Incorporates various learning styles as needed; visual, auditory, hands-on				
11.	Includes reinforcements that support the nutrition education (Use 5.01C to review client materials)				
12.	Evaluation method assesses objectives (learning and intent to change behavior/behavior change)				
13.	Other comments			1	

Recommended for Use:	Yes	No	
Reviewer:	Date:		Agency:
References:			