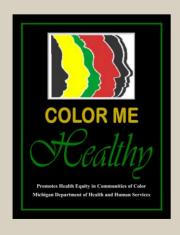
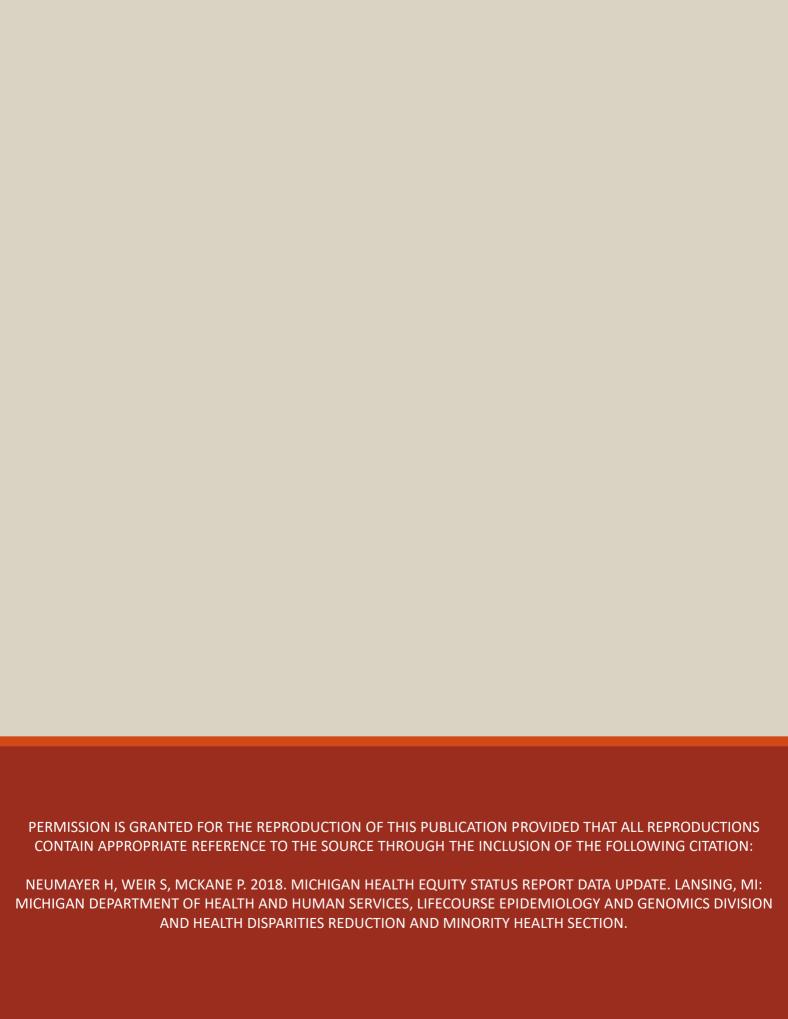
# Michigan Health Equity Status Report Data Update

FOCUS ON MATERNAL AND CHILD HEALTH







# Michigan Health Equity Status Report Data Update

- > Compared to Whites, most racial and ethnic groups experience higher rates of infant mortality. (Figure 1).
- ➤ Using a life course perspective helps us better understand how social determinants impact infant mortality outcomes .
- The social determinants related data are categorized into four domains: psychosocial factors, socioeconomic position, basic needs, and healthcare access.
- > Data are presented by racial and ethnic population groups.

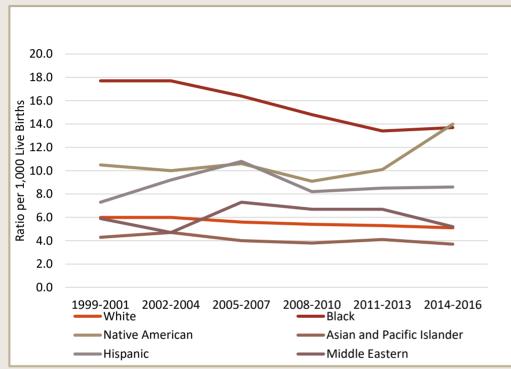


Figure 1. Infant Mortality Rate, per 1,000 Live Births.

Data Source: Michigan Resident Birth and Death Files, Division for Vital Records

and Health Statistics

# **Psychosocial**

- ◆ Racism
- ◆Intimate Partner Violence
- ◆Stress
- ◆Partner Support

#### **Socioeconomic position**

- ◆ Education
- ◆Unemployment
- ◆ Poverty

#### **Basic Needs**

- ◆Transportation
- ◆Affordable Housing
- ♦ Neighborhood Safety
- **♦**Sleep Environment

#### **Healthcare Access**

- Healthcare coverage for pregnancy and delivery
- ◆ Barriers to accessing prenatal care

#### Concepts:

<u>Health Equity:</u> Absence of systemic disparities in health and its determinants between groups of people at different levels of disadvantage<sup>1</sup>.

<u>Health Disparities:</u> Measured differences between two groups.

<u>Social Determinants of Health:</u> Social, economic, and environmental factors that contribute to the overall health of individuals and communities<sup>1</sup>.

<u>Life Course Perspective</u>: A woman's exposure to various risk and protective factors throughout her life strongly influence her reproductive potential and the health of her children<sup>2</sup>.

⇒Exposure to racism, and increased likelihood of exposure to harmful physical, social, and environmental risk factors, throughout the life course accumulate and contribute to worse birth outcomes for non-white women as compared to white women.

# **Psychosocial Determinants of Health**

#### Racism:

Studies have found a mother's self-reported experience of racism to be associated with very low birth weight and preterm infants.<sup>3</sup>

As compared to non-Hispanics White (NH White) mothers:

- ◆Non-Hispanic Black (NH Black) mothers were more than five times as likely to feel background stress, emotional symptoms, or physical symptoms based on their race.
- Non-Hispanic Asian Pacific Islanders (NH API) were approximately eight times as likely to feel physical or emotional symptoms and over nine times as likely to feel their racial or ethnic background contributed to their overall stress.
- ◆Non-Hispanic Other (NH Other) were approximately three times as likely to feel their racial or ethnic background contributed to their overall stress, four times as likely to experience emotional symptoms and six times as likely to experience physical symptoms based on their race or ethnicity.

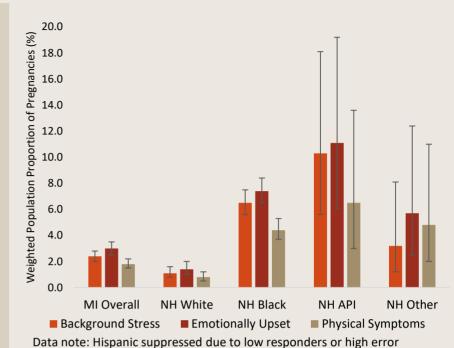


Figure 2. Racial stressors in 12 months before delivery by Race/Ethnicity, MI PRAMS 2012-2015

Background Stress: "I felt that my race or ethnic background contributed to the stress in my life"
Emotionally Upset: "I felt emotionally upset as a result of how I was treated based on my race or ethnic background"
Physical Symptoms "I experienced physical symptoms that I felt were related to how I was treated based on my race or ethnic background"

#### **Intimate Partner Violence:**

Pregnancy Risk Assessment Monitoring Survey (PRAMS) data from multiple states have shown that women reporting intimate partner violence in the year before giving birth had higher risks for pregnancy complications<sup>4</sup>.

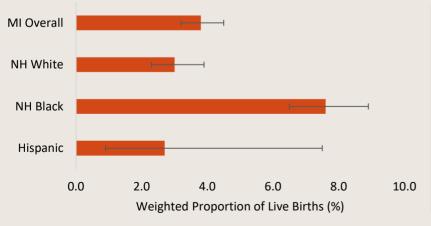


Figure 3. Abuse in the 12 months before pregnancy or during pregnancy by Race/Ethnicity, MI PRAMS 2012-2014

#### As compared to NH White:

- ◆NH Black mothers were 2.5 times more likely to report abuse.
- ◆Hispanics report a similar percentage of abuse.

# **Psychosocial Determinants of Health**

#### Stress:

Stress during pregnancy and throughout a mother's life have been associated with poor pregnancy and birth outcomes, including: preterm labor and delivery, low birth weight, and gestational diabetes<sup>5</sup>.

As compared to NH White mothers:

- ♦ NH Black mothers were more than twice as likely to feel more than six life stressors in the year before delivery.
- ♦ Hispanic mothers were 1.5 times as likely to feel more than six life stressors in the year before delivery.
- ♦NH Other mothers were 1.2 times as likely to feel more than six life stressors in the year before delivery.

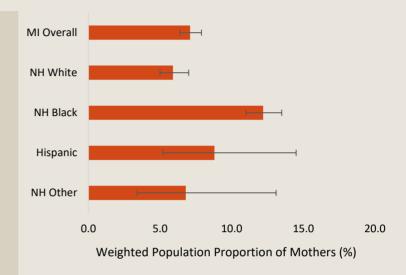


Figure 4. More than six life stressors in year before delivery, MI PRAMS 2012-2015

Table 1. Top life stressors in the year before delivery, in order of frequency for each race, MI PRAMS 2012-2015

|   | NH Black                                    | NH White                                    | Other  | Total (All Races)                           |
|---|---|---|--|---|
| 1 | Moved to a new address (40.8%)              | Moved to a new address (36.0%)              | Moved to a new address (36.9%)                               | Moved to a new address (36.9%)              |
| 2 | Argued with partner more than usual (37.8%) | Close family member hospitalized (28.2%)    | Close family member hospitalized (22.4%)                     | Close family member<br>hospitalized (27.6%) |
| 3 | Close person died (28.9%)                   | Had problems paying bills (20.3%)           | Argued with partner<br>more than usual<br>(21.5%)            | Argued with partner more than usual (23.3%) |
| 4 | Close family member hospitalized (28.7%)    | Argued with partner more than usual (19.9%) | Had problems paying bills (18.5%)                            | Had problems paying bills (21.4%)           |
| 5 | Had problems paying bills (27.6%)           | Close person died (18.0%)                   | Partner or myself had<br>cut in work hours or<br>pay (18.1%) | Close person died (19.6%)                   |

# **Psychosocial Determinants of Health**

#### Female Headed Household:

Unmarried mothers have been shown to have higher odds of low birth weight, preterm, and infant mortality as compared to married mothers<sup>6,7</sup>.

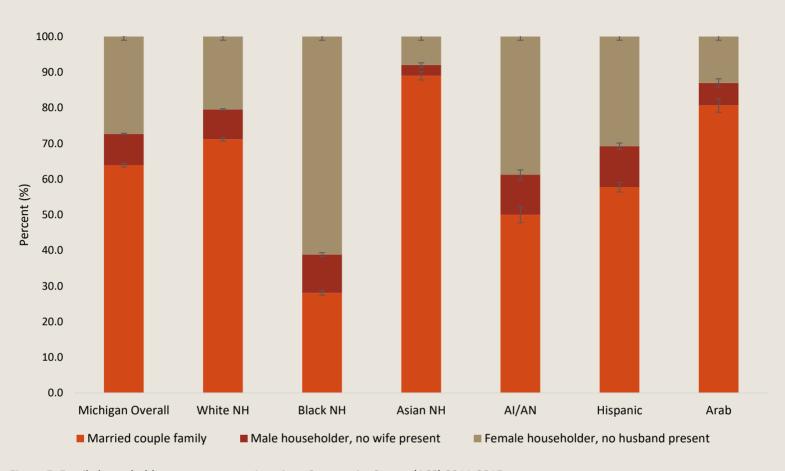


Figure 5. Family household type percentage, American Community Survey (ACS) 2011-2015

- ♦ Among family households with children present, NH Asians had the highest percentage of married couple households (89.0%), followed by Arab (80.7%) and NH Whites (71.2%)
- ♦ NH Blacks had the lowest percentage of married couple households (28.1%), followed by American Indian/Alaska Native (AI/AN) (50.0%) and Hispanic (57.7%).
- ♦ NH Blacks had the highest percentage of female headed households (61.2%) as compared to other racial and ethnic groups.

  ⇒Female headed households with children present were three times more prevalent among NH Blacks as compared to NH Whites.
- ♦ Hispanics had the highest percentage of male headed households with children present (11.5%) as compared to other racial and ethnic groups.
  - ⇒Female headed households with children present were three times more prevalent among NH Blacks as compared to NH Whites.

#### **Socioeconomic Position**

Unemployment, poverty and lower levels of education have repeatedly associated with poor birth outcomes.8

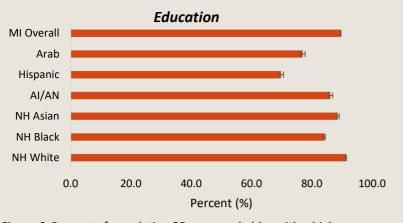
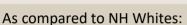


Figure 6. Percent of population 25 years and older with a high school graduate degree, ACS 2011-2015



**Poverty** 

- All racial and ethnic minority populations experienced lower percentages of high school graduation.
- Hispanics experienced the lowest percentage of high school graduation (69.8%), followed by Arabs (77.0%).

■ All families

# MI Overall Arab Hispanic AI/AN NH Asian NH Black NH White 0.0 5.0 10.0 15.0 20.0 25.0 Percent (%)

Figure 7. Civilian labor force unemployment rate, ACS 2011-2015

#### As compared to NH Whites,

■ Female Householder

- All racial and ethnic minority populations, with the exception of NH Asian, experienced higher unemployment rates.
- NH Blacks experienced over 2.5 times the rate of unemployment.

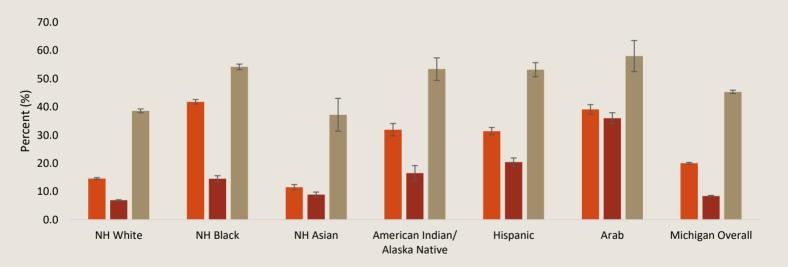


Figure 8. Percentage of families with related children of the householder under 18 years whose income in the past 12 months is below the poverty level, ACS 2011-2015

■ Married Couple Families

- ♦ All female headed households with no husband present experienced higher percentages of poverty as compared to married couple families. Persons and families experiencing poverty are at a greater risk for poor health and birth outcomes
- ◆ Among both female headed households and married couple families, Arabs experienced the highest percentage of poverty.

#### **Basic Needs**

Lack of access to basic needs influence an individuals opportunity to access prenatal care. Basic needs are sometimes referred to as intermediate determinants as they are often determined by psychosocial and socioeconomic determinants. 9

#### **Transportation:**

## As compared to NH Whites

- ◆All racial and ethnic minority groups experienced higher percentages of no vehicle available.
- ♦ NH Blacks had over 3.5 times the rate of no vehicle available.
- ◆AI/AN experienced over 2 times the rate of no vehicle available.
- ♦ Hispanics experienced 1.5 times the rate of no vehicle available.

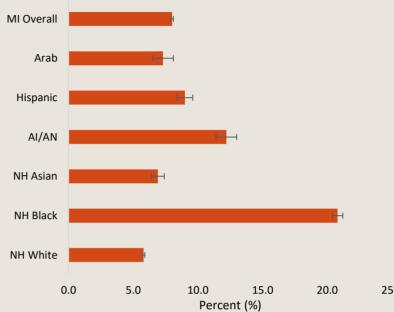


Figure 9. Percentage of households with no vehicle available, ACS 2011-2015

#### Affordable Rental Housing

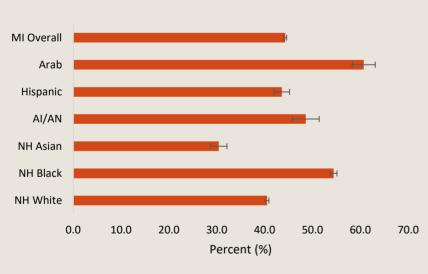


Figure 10. Percentage of renter-occupied housing units spending 35% or more of annual household income on rent, ACS 2011-2015

#### As compared to NH Whites,

- All racial and ethnic minority groups, with the exception of NH Asians, experienced higher percentages of rental housing cost burden\*.
- ♦ NH Blacks experienced the highest percentage of rental housing cost burden.
- NH Blacks experienced over 1.3 times the rate of rental housing cost burden.
- \*rental housing cost burden refers to renteroccupied housing units spending more than 35 percent of income of annual household income on rent.

#### **Basic Needs**

#### Neighborhood Safety:

As compared to NH Whites,

- All racial and ethnic minority groups experienced higher percentages of feeling unsafe in their neighborhood always or often.
- ♦ NH Black mothers reported over 3.5 times the rate of always or often feeling unsafe in their neighborhood.
- ◆Hispanic mothers reported 1.8 times the rate of always or often feeling unsafe in their neighborhood.
- ◆NH Other mothers reported over 2 times the rate of always or often feeling unsafe in their neighborhood.

#### Sleep Environment:

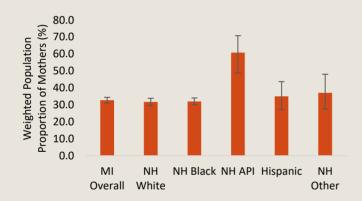


Figure 12. Percentage of babies who usually sleep with mother or another person , MI PRAMS 2012-2014

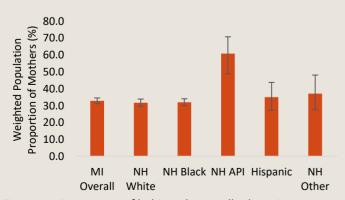


Figure 14. Percentage of babies who usually sleep in a space with at least one hazardous sleep item, MI PRAMS 2012-2014

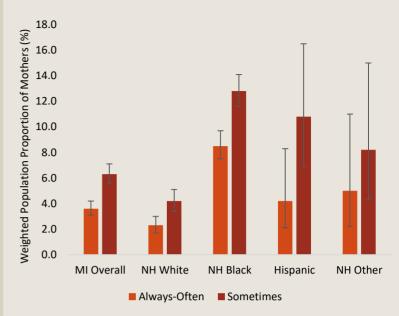


Figure 11. Mother felt unsafe in neighborhood 12 months before delivery, MI PRAMS 2012-2015

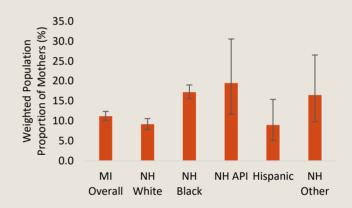


Figure 13. Percentage of babies who do not usually sleep in a crib or portable crib, MI PRAMS 2012-2014

- ◆It is recommended that infants be placed to sleep in their own sleep space on a firm sleep surface, such as a crib or portable crib that is free from soft objects that could increase the risk of suffocation.
- ♦ NH White infants tend to experience higher percentages of safe sleep practices as compared to racial/ethnic minority populations.

#### **Healthcare Access**

#### Healthcare Coverage:

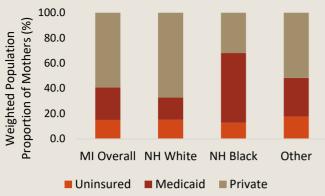


Figure 15. Pre-pregnancy insurance status, MI PRAMS 2012-2015

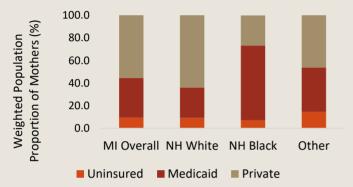


Figure 17. Mother's current insurance source, MI PRAMS 2012-2015

Table 2. Barriers to accessing prenatal care, MI PRAMS 2012-2015

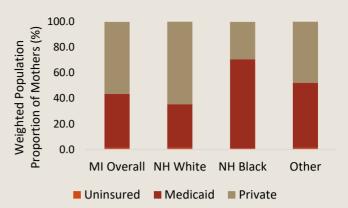


Figure 16. Payment method for prenatal care, MI PRAMS 2012-2015 As compared to NH Whites,

- ◆NH Black mothers were over three times more likely to have Medicaid as their form of insurance before pregnancy.
- ♦NH Black mothers were twice as likely to have Medicaid as their form of insurance for prenatal care.
- Mother's that identified as a race other than NH White or NH Black were 1.5 times more likely to be uninsured after delivery.

|   | 9.   | •  |  |  |
|---|--|--|--|--|
|   | NH Black   | NH White   | Other  | Total (All Races)  |
| 1 | I didn't know that I was<br>pregnant (48.9%)   | I could not get appointment when I wanted one (42.8%)                          | I didn't know that I was pregnant (44.7%)  | I didn't know that I was pregnant (42.6%)  |
| 2 | I could not get appointment<br>when I wanted one (37.9%)                               | I didn't know that I was<br>pregnant (38.5%)                                   | I could not get appointment<br>when I wanted one<br>(31.0%) †                    | I could not get appointment<br>when I wanted one (39.1%)                             |
| 3 | I had too many other things<br>going on (20.5%)  | The doctor or health plan would not start my care as early as I wanted (35.7%) | The doctor or health plan would not start my care as early as I wanted (23.5%) † | The doctor or health plan would<br>not start my care as early as I<br>wanted (29.0%) |
| 4 | The doctor or health plan<br>would not start my care as<br>early as I wanted (18.5%)   | I didn't have enough money or<br>insurance to pay for my visits<br>(13.7%) †   | I didn't have my Medicaid or<br>MOMS card (23.4%) †                              | I didn't have enough money or insurance to pay for my visits (16.2%)                 |
| 5 | I didn't have any transportation<br>to get to the clinic or doctor's<br>office (18.0%) | I had too many other things<br>going on (12.6%) †                              | I didn't have enough money<br>or insurance to pay for my<br>visits (22.5%) †     | I had too many other things<br>going on (14.8%)                                      |

<sup>†</sup>This estimate should be interpreted with caution due to low reliability and precision.

# **Acknowledgments**

Special thank you to Pete Haak and Jill Hardy with Michigan PRAMS for analyzing the PRAMS data for this document.

Thank you to Rebecca Coughlin for her work on the original health equity update.

#### References

- 1. Michigan Department of Health and Human Services (MDHHS), Health Disparities Reduction and Minority Health Section. Michigan Health Equity Roadmap. Lansing, MI: MDHHS, 2010.
- 2. Lu MC and Halfon N. Racial and ethnic disparities in birth outcomes: a life-course perspective. Maternal and Child Health Journal 2003; 7(1): 13-30.
- 3. Patcher LM and Garcia Coll C. Racism and child health: a review of the literature and future directions. Journal of Developmental and Behavioral Pediatrics 2009; 30(3): 255-263.
- 4. Silverman JG, Decker MR, Reed E, and Raj A. Intimate partner violence victimization prior to and during pregnancy among women residing in 26 U.S. states: Associations with maternal and neonatal health. American Journal of Obstetrics and Gynecology 2006; 195: 140-148.
- 5. Cardwell MS. Stress: pregnancy considerations. Obstetrical and Gynecological Survey 2013; 68(2): 119-129.
- 6. Shah PS, Zao J, and Ali S. Maternal marital status and birth outcomes: a systematic review and meta-analyses. Maternal and Child Health Journal 2011; 15: 1097-1109.
- 7. Luo ZC, Wilkins R, Kramer MS, Fetal and Infant Health Study Group of the Canadian Perinatal Surveillance System. Disparities in pregnancy outcomes according to marital and cohabitation status. Obstetrics and Gynecology 2004; 103(6): 1300-1307.
- 8. Blumenshine P, Egerter S, Barclay CJ, Cubbin C, and Braveman PA. Socioeconomic disparities in adverse birth outcomes: a systematic review. American Journal of Preventative Medicine 2010; 39(3): 263 -272.
- 9. Michigan Department of Health and Human Services (MDHHS), Health Disparities Reduction and Minority Health Section. Michigan Health Equity Status Report. Lansing, MI: MDHHS, 2013.10
- 10. American Academy of Pediatrics. 2016. How to keep your sleeping baby safe. Retrieved from https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/A-Parents-Guide-to-Safe-Sleep.aspx2016

For more information on this project please visit: https://www.michigan.gov/documents/mdhhs/HE Status Report 506754 7.pdf

# Appendix A

DATA TABLES

#### Disparity ratios for select indicators

|  | Black: White | Asian:White | AI/AN:White | Hispanic:White | Arab: White | Other:White |
|--|--------------|-------------|-------------|----------------|-------------|-------------|
| Background stress due to race                            | 5.91         | 9.36        | ·           |                |             | 2.91        |
| Emotional symptoms due to race                           | 5.29         | 7.93        |             |                |             | 4.07        |
| Physical symptoms due to race                            | 5.50         | 8.13        |             |                |             | 6.00        |
| Abuse in 12<br>months before or<br>during pregnacy       | 2.53         |             |             | 0.9            |             |             |
| Always-often<br>unsafe in<br>neighborhood                | 3.70         |             |             | 1.83           |             | 2.17        |
| Sometimes unsafe in neighborhood                         | 3.05         |             |             | 2.57           |             | 1.95        |
| Rarely-never<br>unsafe in<br>neighborhood                | 0.84         |             |             | 0.91           |             | 0.93        |
| More than 6 life<br>stressors in year<br>before delivery | 2.07         |             |             | 1.49           |             | 1.15        |
| High school graduate                                     | 0.92         | 0.97        | 0.94        | 0.76           | 0.84        |             |
| Unemployment   | 2.59         | 0.78        | 1.98        | 1.55           | 1.43        |             |
| No vehicle<br>available                                  | 3.59         | 1.19        | 2.10        | 1.55           | 1.26        |             |
| Unaffordable<br>Housing                                  | 1.34         | 0.75        | 1.20        | 1.08           | 1.50        |             |
| Poverty- married couple                                  | 2.10         | 1.29        | 2.39        | 2.96           | 5.22        |             |
| Poverty- female householder                              | 1.40         | 0.96        | 1.38        | 1.38           | 1.50        |             |
| Prenatal care –<br>uninsured                             | 0.6          |             |             |                |             | 0.9†        |
| Prenatal care –<br>Medicaid                              | 2.1          |             |             |                |             | 1.5         |
| Prenatal care-<br>Private                                | 0.5          |             |             |                |             | 0.7         |

<sup>†</sup>This estimate should be interpreted with caution due to low reliability and precision.

Interpretation Example: Black, non-Hispanic mothers were 3.7 times more likely to feel always or often unsafe in the neighborhood that they lived in 12 months before their baby was born as compared to White, non-Hispanics.

|   | Michiga | an Overall | Wh  | ite NH    | Bla | ck NH     | А    | sian       | Ot  | ther NH    |
|---|---------|------------|-----|-----------|-----|-----------|------|------------|-----|------------|
|   | %       | 95% CI     | %   | 95% CI    | %   | 95% CI    | %    | 95% CI     | %   | 95% CI     |
| I felt that my race or<br>ethnic background<br>contributed to the<br>stress in my life                              | 2.4     | (2.0-2.8)  | 1.1 | (0.7-1.6) | 6.5 | (5.6-7.6) | 10.3 | (5.7-18.1) | 3.2 | (1.2-8.1)  |
| I felt emotionally<br>upset as a result of<br>how I was treated<br>based on my race or<br>ethnic background         | 3.0     | (2.6-3.5)  | 1.4 | (1.0-2.0) | 7.4 | (6.4-8.4) | 11.1 | (6.1-19.2) | 5.7 | (2.5-12.5) |
| I experienced physical symptoms that I felt were related to how I was treated based on my race or ethnic background | 1.8     | (1.5-2.2)  | 0.8 | (0.5-1.3) | 4.4 | (3.7-5.2) | 6.5  | (3.0-13.6) | 4.8 | (2.0-10.9) |

#### Percentage of moms experiencing abuse in the year before or during pregnancy, Michigan PRAMS 2012-2014

|                                      | Michig | an Overall | Wh  | ite NH    | Bla | ck NH      | Hispanic |           |  |
|--------------------------------------|--------|------------|-----|-----------|-----|------------|----------|-----------|--|
|                                      | %      | 95% CI     | %   | 95% CI    | %   | 95% CI     | %        | 95% CI    |  |
| Any abuse before or during pregnancy | 3.8    | (3.2- 4.5) | 3.0 | (2.3-3.9) | 7.6 | (6.5- 8.9) | 2.7      | (0.9-7.5) |  |

# Felt unsafe in neighborhood where lived in 12 months before baby was born, Michigan PRAMS 2012-2015

|              | Michi         | gan Overall | W    | hite NH     | ВІ   | ack NH      | Н    | ispanic     | 0    | ther NH     |
|--------------|---------------|-------------|------|-------------|------|-------------|------|-------------|------|-------------|
|              | %             | 95% CI      | %    | 95% CI      | %    | 95% CI      | %    | 95% CI      | %    | 95% CI      |
| Always-Often | 3.6 (3.1-4.1) |             | 2.3  | (1.7-3.0)   | 8.5  | (7.5-9.7)   | 4.2  | (2.1-8.4)   | 5.0  | (2.2-11.0)  |
| Sometimes    | 6.3           | (5.6-7.0)   | 4.2  | (3.5-5.2)   | 12.8 | (11.5-14.1) | 10.8 | (6.9-16.5)  | 8.2  | (4.3-15.0)  |
| Rarely-Never | 90.1          | (89.2-91.0) | 93.5 | (92.3-94.4) | 78.7 | (77.1-80.2) | 85.0 | (78.8-89.6) | 86.8 | (79.2-91.9) |

## Number of life stressors in the year before delivery, Michigan PRAMS 2012-2015

|  | Michig | gan Overall | Wł         | nite NH   | Bla  | ack NH      | Н   | ispanic    | Other NH |            |
|--|--------|-------------|------------|-----------|------|-------------|-----|------------|----------|------------|
|  | %      | 95% CI      | % 95% CI % |           | %    | 95% CI      | %   | 95% CI     | %        | 95% CI     |
| More than 6 life<br>stressors in year<br>before delivery | 7.1    | (6.4-7.9)   | 5.9        | (5.0-7.0) | 12.2 | (11.0-13.6) | 8.8 | (5.2-14.5) | 6.8      | (3.4-13.1) |

| Racial stressors in 12 n  | nonth | is before deli | very, M | lichigan PRAN | <b>ЛS 201</b> : | 2-2015      |      |             |                 |                 |
|---|-------|----------------|---------|---------------|-----------------|-------------|------|-------------|-----------------|-----------------|
|   | Mich  | nigan Overall  | W       | /hite NH      | В               | Black NH    |      | Other       | Disparit        | ty Ratios       |
|   | %     | 95% CI         | %       | 95% CI        | %               | 95% CI      | %    | 95% CI      | Black:<br>White | Other:<br>White |
| I moved to a new address  | 36.9  | (35.4-38.5)    | 36.0    | (34.0-37.9)   | 40.8            | (38.9-42.7) | 36.9 | (32.3-41.8) | 1.13            | 1.03            |
| I argued with my partner<br>more than usual                       | 23.3  | (22.0-24.6)    | 19.9    | (18.3-21.6)   | 37.8            | (36.0-39.7) | 21.5 | (17.6-25.8) | 1.90            | 1.08            |
| Someone very close to me died                                     | 19.6  | (18.4-20.8)    | 18.0    | (16.5-19.6)   | 28.9            | (27.2-30.7) | 14.8 | (11.6-18.7) | 1.61            | 0.82            |
| A close family member was very sick and had to go to the hospital | 27.6  | (26.2-29.0)    | 28.2    | (26.4-30.0)   | 28.7            | (27.0-30.5) | 22.4 | (18.6-26.7) | 1.02            | 0.79            |
| I had problems paying<br>the rent, mortgage or<br>other bills     | 21.4  | (20.1-22.7)    | 20.3    | (18.7-22.0)   | 27.6            | (25.9-29.4) | 18.5 | (14.9-22.8) | 1.36            | 0.91            |
| My husband, partner or I<br>had a cut in work hours<br>or pay     | 17.4  | (16.2-18.7)    | 18.3    | (16.9-19.8)   | 17.1            | (15.6-18.7) | 18.1 | (14.4-22.4) | 0.93            | 0.99            |
| I lost my job even though<br>I wanted to go on<br>working         | 10.8  | (9.9-11.8)     | 8.4     | (7.3-9.6)     | 20.0            | (18.5-21.6) | 11.3 | (8.4-14.9)  | 2.38            | 1.35            |
| My husband or partner lost his job                                | 11.6  | (10.6-12.6)    | 11.2    | (10.0-12.6)   | 14.9            | (13.5-16.3) | 8.4  | (6.0-11.7)  | 1.33            | 0.75            |
| My husband or partner said he didn't want me to be pregnant       | 8.2   | (7.4-9.1)      | 7.1     | (6.1-8.2)     | 13.9            | (12.6-15.3) | 6.2  | (4.1-9.3)   | 1.96            | 0.87            |
| Someone very close to me had a problem with drinking or drugs     | 13.3  | (12.3-14.5)    | 13.9    | (12.6-15.4)   | 13.4            | (12.1-14.8) | 9.8  | (7.2-13.3)  | 0.96            | 0.71            |
| I got separated or<br>divorced from my<br>husband or partner      | 7.2   | (6.4-8.0)      | 5.9     | (5.0-7.0)     | 12.1            | (10.9-13.4) | 7.2  | (5.0-10.3)  | 2.05            | 1.22            |
| My husband, partner, or<br>I went to jail                         | 4.7   | (4.1-5.4)      | 3.7     | (3.0-4.7)     | 8.8             | (7.8-9.9)   | 4.4  | (2.7-7.0)   | 2.38            | 1.19            |
| I was homeless or had to  |       |                |         |               |                 |             |      |             |                 |                 |

7.2

2.8

(6.3-8.3)

(2.2-3.5)

2.4

3.1

(1.2-4.5)

(1.8-5.2)

5.54

0.68

1.85

0.76

1.3

4.1

(0.9-1.9)

(3.4-4.9)

sleep outside, in a car, or 2.5 (2.1-3.0)

3.7

(3.2-4.4)

in a shelter

I was apart from my husband or partner due to military deployment

> or extended workrelated travel

# Family households with one or more people under 18 years by household type, ACS 2011-2015

|   |      | chigan<br>verall | Whi  | te NH           | Black<br>NH |                 | Asian<br>NH |                 | AI/AN |                 | Hispanic |                 | Arab |                 |
|---|------|------------------|------|-----------------|-------------|-----------------|-------------|-----------------|-------|-----------------|----------|-----------------|------|-----------------|
|   | %    | 90% CI           | %    | 90% CI          | %           | 90% CI          | %           | 90%<br>Cl       | %     | 90% CI          | %        | 90% CI          | %    | 90% CI          |
| Married<br>couple<br>family                     | 63.9 | (63.4-<br>64.4)  | 71.2 | (70.7-<br>71.7) | 28.1        | (27.4-<br>28.8) | 89.0        | (87.8-<br>90.2) | 50.0  | (47.8-<br>52.3) | 57.7     | (56.4-<br>59.1) | 80.7 | (78.8-<br>82.6) |
| Male<br>householder,<br>no wife<br>present      | 8.8  | (8.6-<br>9.0)    | 8.4  | (8.2-<br>8.6)   | 10.7        | (10.2-<br>11.3) | 3.0         | (2.4-<br>3.7)   | 11.2  | (9.9-<br>12.6)  | 11.5     | (10.6-<br>12.4) | 6.3  | (5.1-<br>7.5)   |
| Female<br>householder,<br>no husband<br>present | 27.3 | (27.0-<br>27.5)  | 20.4 | (20.2-<br>20.7) | 61.2        | (60.4-<br>62.0) | 8.0         | (7.0-<br>8.9)   | 38.8  | (36.3-<br>41.2) | 30.8     | (29.5-<br>32.0) | 13.0 | (11.7-<br>14.3) |

# Social Determinants, ACS 2011-2015

|   | Mich<br>Ove | _               | Wh   | ite NH          | Black<br>NH |                 | Asian NH |                 | AI/AN |                 | Hispanic |                 | Arab |                 |
|---|-------------|-----------------|------|-----------------|-------------|-----------------|----------|-----------------|-------|-----------------|----------|-----------------|------|-----------------|
|   | %           | 90%<br>CI       | %    | 90% CI          | %           | 90% CI          | %        | 90% CI          | %     | 90% CI          | %        | 90% CI          | %    | 90% CI          |
| High school<br>graduate<br>degree                               | 89.6        | (89.5-<br>89.7) | 91.4 | (91.3-<br>91.5) | 84.2        | (83.9-<br>84.5) | 88.6     | (88.1-<br>89.1) | 86.2  | (85.5-<br>86.9) | 69.8     | (69.0-<br>70.6) | 77.0 | (76.2-<br>77.8) |
| Unemployment  | 9.8         | (9.7-<br>9.9)   | 8.0  | (7.9-<br>8.1)   | 20.7        | (20.3-<br>21.1) | 6.2      | (5.8 -<br>6.6)  | 15.8  | (14.8-<br>16.8) | 12.4     | (11.9-<br>12.9) | 11.4 | (10.6-<br>12.2) |
| No Vehicle<br>Available   | 8.0         | (7.9-<br>8.1)   | 5.8  | (5.7-<br>5.9)   | 20.8        | (20.4-<br>21.2) | 6.9      | (6.4-<br>7.4)   | 12.2  | (11.4-<br>13.0) | 9.0      | (8.4 -<br>9.6)  | 7.3  | (6.5-<br>8.1)   |
| Gross Rent 35.0<br>percent or<br>more of<br>household<br>income | 44.3        | (44.0-<br>44.6) | 40.5 | (40.1-<br>40.9) | 54.4        | (53.7-<br>55.1) | 30.4     | (28.7-<br>32.1) | 48.6  | (45.8-<br>51.4) | 43.6     | (42.0-<br>45.2) | 60.7 | (58.3-<br>63.1) |

Percentage of families whose income in the past 12 months is below poverty level with related children of the householder under 18 years, ACS 2011-2015

|  |      | chigan<br>verall | Whi  | te NH           | Black NH |                 | Asian NH |                 | AI/AN |                 | Hispanic |                 | Arab |                 |
|--|------|------------------|------|-----------------|----------|-----------------|----------|-----------------|-------|-----------------|----------|-----------------|------|-----------------|
|  | %    | 90% CI           | %    | 90% CI          | %        | 90% CI          | %        | 90% CI          | %     | 90% CI          | %        | 90% CI          | %    | 90% CI          |
| All Families                                   | 20.0 | (19.7-<br>20.3)  | 14.6 | (14.3-<br>14.9) | 41.8     | (41.0-<br>42.6) | 11.5     | (10.5,<br>12.5) | 31.9  | (29.7-<br>34.1) | 31.4     | (30.1-<br>32.7) | 39.1 | (37.4-<br>40.8) |
| Married<br>Couple<br>Family                    | 8.4  | (8.2-<br>8.6)    | 6.9  | (6.7-<br>7.1)   | 14.5     | (13.4-<br>15.6) | 8.9      | (8.0-<br>9.8)   | 16.5  | (13.8-<br>19.2) | 20.4     | (18.9-<br>21.9) | 36.0 | (34.1-<br>37.9) |
| Female<br>householde,<br>no husband<br>present | 45.3 | (44.7-<br>45.9)  | 38.6 | (37.9-<br>39.3) | 54.2     | (53.2-<br>55.2) | 37.2     | (31.4-<br>43.0) | 53.4  | (49.4-<br>57.4) | 53.2     | (50.7-<br>55.7) | 58.0 | (52.5-<br>63.5) |

#### Sleep practices, Michigan PRAMS 2012-2014

|   | Michig | gan Overall     | Whi  | te NH           | Black NH |                 | API NH |                 | Hispanic |                 | Other |                 |
|---|--------|-----------------|------|-----------------|----------|-----------------|--------|-----------------|----------|-----------------|-------|-----------------|
|   | %      | 95% CI          | %    | 95% CI          | %        | 95% CI          | %      | 95% CI          | %        | 95% CI          | %     | 95% CI          |
| Co-Sleeping   | 21.2   | (19.8-<br>22.7) | 17.7 | (16.0-<br>19.6) | 31.6     | (29.5-<br>33.6) | 49.3   | (38.0-<br>60.7) | 20.0     | (13.8-<br>28.0) | 21.8  | (14.3-<br>31.7) |
| Sleeps outside<br>crib                              | 11.2   | (10.2-<br>12.4) | 9.2  | (8.0-<br>10.7)  | 17.5     | (15.9-<br>19.3) | 19.5   | (11.7-<br>30.7) | 9.0      | (5.1- 15.4)     | 16.5  | (9.8- 26.6)     |
| At least one<br>hazardous<br>item in sleep<br>space | 32.8   | (31.1-<br>34.6) | 31.7 | (29.6-<br>33.9) | 32.0     | (30.0-<br>34.1) | 60.8   | (49.2-<br>71.3) | 35.0     | (27.2-<br>43.7) | 37.1  | (27.6-<br>47.7) |

## Pre-pregnancy Insurance Coverage, Michigan PRAMS 2012-2015

|           | Mich | igan Overall | Wh   | ite NH       | Black NH | Other        |      |              |
|-----------|------|--------------|------|--------------|----------|--------------|------|--------------|
|           | %    | 95% CI       | %    | 95% CI       | %        | 95% CI       | %    | 95% CI       |
| Uninsured | 15.0 | (13.9- 16.2) | 15.1 | (13.7- 16.7) | 12.8     | (11.5- 14.1) | 17.8 | (14.2- 22.1) |
| Medicaid  | 25.9 | (24.6- 27.2) | 17.7 | (16.1- 19.4) | 55.2     | (53.3- 57.1) | 30.5 | (26.0- 35.4) |
| Private   | 59.1 | (57.6- 60.6) | 67.2 | (65.2- 69.1) | 32.0     | (30.3- 33.9) | 51.7 | (46.7- 56.7) |

# Prenatal Care Insurance Coverage, Michigan PRAMS 2012-2015

|           | Mich | nigan Overall | Wh   | ite NH       | Black NH | Other        |      |              |
|-----------|------|---------------|------|--------------|----------|--------------|------|--------------|
|           | %    | 95% CI        | %    | 95% CI       | %        | 95% CI       | %    | 95% CI       |
| Uninsured | 1.3  | (1.0- 1.7)    | 1.4  | (1.0- 2.0)   | 0.9      | (0.6- 1.4)   | 1.3  | (0.5- 2.9)   |
| Medicaid  | 42.3 | (40.8- 43.9)  | 34.0 | (32.0- 36.0) | 69.7     | (67.9- 71.5) | 50.9 | (46.0- 55.9) |
| Private   | 56.3 | (54.8- 57.9)  | 64.6 | (62.6- 66.6) | 29.3     | (27.6- 31.1) | 47.8 | (42.9- 52.8) |

Insurance Coverage after delivery, Michigan PRAMS 2012-2015

|           | Mich | igan Overall | Wh   | ite NH       | Black NH | Other        |      |              |
|-----------|------|--------------|------|--------------|----------|--------------|------|--------------|
|           | %    | 95% CI       | %    | 95% CI       | %        | 95% CI       | %    | 95% CI       |
| Uninsured | 9.6  | (8.6- 10.6)  | 9.3  | (8.2- 10.6)  | 7.3      | (6.4- 8.4)   | 14.6 | (11.2- 18.7) |
| Medicaid  | 35.1 | (33.7- 36.6) | 26.8 | (25.0- 28.7) | 65.8     | (64.0- 67.7) | 39.1 | (34.3- 44.2) |
| Private   | 55.3 | (53.7- 56.8) | 63.9 | (61.9- 65.8) | 26.8     | (25.2- 28.6) | 46.3 | (41.4- 51.3) |

Barriers to accessing prenatal care, Michigan PRAMS 2012-2015

|                          | Michigan Overall |                | White NH |                | Black NH |               | Other |              | Disparity Ratios |                 |
|--------------------------|------------------|----------------|----------|----------------|----------|---------------|-------|--------------|------------------|-----------------|
|                          | %                | 95% CI         | %        | 95% CI         | %        | 95% CI        | %     | 95% CI       | Black:<br>White  | Other:<br>White |
| I didn't know that I was |                  |                |          |                |          |               |       |              | 1.3              | 1.2             |
| pregnant                 | 42.6             | 6 (34.7- 50.8) | 38.5     | 5 (27.1- 51.4) | 48.9     | (40.4- 57.6)  | 44.7  | (26.5- 64.5) | 1.5              | 1.2             |
| I could not get          |                  |                |          |                |          |               |       |              |                  |                 |
| appointment when I       |                  |                |          |                |          |               |       |              | 0.9              | 0.7             |
| wanted one               | 39.1             | L (31.4- 47.4) | 42.8     | 3 (31.0- 55.4) | 37.9     | (29.8- 46.7)  | 31.0† | (15.5- 52.3) |                  |                 |
| The doctor or health     |                  |                |          |                |          |               |       |              |                  |                 |
| plan would not start my  |                  |                |          |                |          |               |       |              | 0.5              | 0.7             |
| care as early as I       |                  |                |          | - <b>.</b>     |          |               |       |              |                  |                 |
| wanted                   | 29.0             | 0 (22.1- 37.1) | 35.7     | 7 (25.1- 48.0) | 18.5     | (12.6- 26.3)  | 23.5† | (10.5- 44.6) |                  |                 |
| I didn't have enough     |                  |                |          |                |          |               |       |              |                  |                 |
| money or insurance to    |                  |                |          | <b>/ &gt;</b>  |          |               |       | ( <u>-</u> ) | 1.2              | 1.6             |
| pay for my visits        | 16.2             | 2 (11.0- 23.2) | 13./1    | (7.3- 24.5)    | 16.3     | (10.7- 24.1)  | 22.5† | (9.8- 43.7)  |                  |                 |
| I had too many other     |                  |                |          |                |          |               |       |              | 1.6              |                 |
| things going on          | 14.8             | 3 (9.8- 21.7)  | 12.61    | (6.2- 24.0)    | 20.5     | (14.0- 29.0)  |       |              | 1.0              |                 |
|                          |                  | - (0:0 ==::)   |          | (0.2)          |          | (= ::: = :::) |       |              |                  |                 |
| I didn't have my         |                  |                |          |                |          |               |       |              | 1.5              | 2.8             |
| Medicaid or MOMS card    | 12.8             | 3 (8.2- 19.4)  | 8.51     | (3.6- 18.5)    | 12.9     | (8.0- 20.2)   | 23.4† | (10.4- 44.5) |                  |                 |
| I didn't have any        |                  |                |          |                |          |               |       |              |                  |                 |
| transportation to get to |                  |                |          |                |          |               |       |              | 1.6              |                 |
| the clinic or doctor's   |                  |                |          |                |          |               |       |              | 1.0              |                 |
| office                   | 12.7             | 7 (8.2- 19.2)  | 11.21    | (5.2 22.3)     | 18.0     | (12.1- 26.0)  |       |              |                  |                 |
| I couldn't take time off |                  |                |          |                |          |               |       |              | 1.1              |                 |
| from work or school      | 9.9              | 9 (6.0- 16.0)  | 10.1     | (4.4- 21.1)    | 11.6     | (6.9- 18.8)   |       |              | 1.1              |                 |
| I didn't want anyone     |                  |                |          |                |          |               |       |              |                  |                 |
| else to know I was       |                  |                |          |                |          |               |       |              |                  |                 |
| pregnant                 | 6.8              | 3 (3.8- 11.9)  |          |                | 13.3     | (8.2- 20.8)   |       |              |                  |                 |
| I didn't wont are actal  |                  |                |          |                |          |               |       |              |                  |                 |
| l didn't want prenatal   | 2 2-             | F/1 2 7 4\     |          |                | г 1+     | (2.4.10.0)    |       |              |                  |                 |
| care                     | 3.2              | (1.3- 7.4)     |          |                | 5.11     | (2.4- 10.9)   |       |              |                  |                 |
| I didn't have anyone to  |                  |                |          |                |          |               |       |              |                  |                 |
| take care of my children | 1.9              | (0.8- 4.7)     |          |                |          |               |       |              |                  |                 |
| 1=1.1                    |                  |                |          |                |          |               |       |              |                  |                 |

†This estimate should be interpreted with caution due to low reliability and precision.