# If you think PrEP is the right step...

Talk to your health care provider!

"I would like to talk about getting on PrEP for HIV prevention."

Things to consider when you talk to your health care provider about PrEP:

- Know why PrEP is a good option for you.
- Prepare questions you may have about PrEP.
- Be open and honest.

#### If your health care provider is uncomfortable prescribing PrEP, you have other options:

- Ask your provider to consult with the MDHHS Henry Ford HIV Consultation Line at 313-575-0332.
- Request a referral to another health care provider with more knowledge of PrEP.
- Locate another health care provider by visiting Michigan.gov/MIPrEP or scanning the code.



You can also reach out to your local health department or HIV community-based organization to get connected to PrEP.

#### **Resources**

For more information on PrEP, visit Michigan.gov/MIPrEP or scan the QR code.



For questions, call the Michigan HIV/STI Hotline or chat online: 800-872-2437 misexualhealthinfo.com

CDC PrEP: CDC.gov/HIV/Prevention/PrEP.html

#### PrEP Payment Assistance Resources

Gilead Advancing Access Program: Gileadadvancingaccess.com

ViiV Connect for Apretude: ViiVConnect.com/for-providers/ financial-support

# For additional resources, call 211 or visit mi211.org/HIV-STI-Services.



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### What is PrEP?

Pre-exposure prophylaxis (PrEP) is medication that can help prevent HIV. PrEP can be taken as a daily pill or bi-monthly injection. Taking PrEP as prescribed can reduce the chances of getting HIV by up to **99%** for sexual encounters and **74%** for people who share needles or other injection equipment.

There is no evidence that PrEP will interfere with hormone therapy. PrEP does not treat or cure HIV, and it does not protect against sexually transmitted infections (STIs). Discuss your particular concerns with your health care provider.



## Things to note

- Only start, stop or restart PrEP with the guidance of a health care provider.
- Do not share PrEP with someone who has not been prescribed PrEP.
- Speak with your health care provider if you feel PrEP is no longer the right choice for you.

# Who should consider taking PrEP?

PrEP might be right for you if you relate to any of the following:



Inconsistent condom use during sex.

Had a sexually transmitted infection in the past six months.



Have sex without a condom with someone whose HIV status is unknown or who is living with HIV and has not been undetectable for six months.

Share needles or other injection equipment.



Exchange sex for money, drugs, housing or other things.

Have sex with someone who may have multiple sexual partners.

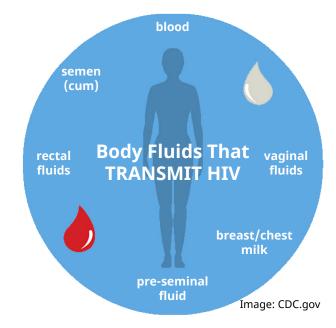
### **PrEP Resource Finder**

If you want to learn more about PrEP or are ready to take the next steps, you can use our resource finder to get a list of services and providers.



#### **About HIV**

Human immunodeficiency virus (HIV) damages the body's immune system. If left untreated, HIV reduces the body's ability to fight off illnesses.



#### How is HIV spread?

- By having vaginal or anal sex without using protection like condoms or medicine to treat or prevent HIV.
- By sharing needles or other injection equipment.
- From birthing person to child during pregnancy, delivery and chest/breast feeding.

You **cannot** get HIV by donating blood or through casual contact like hugging or shaking hands.