



Assessment Rubric: Setting My Goal, Reducing My Risks

Elements in the Lesson

Note: The goal is pre-determined. The student will be scored on the following goal setting steps.

- Describe your tasks.
 - What simple steps do you need to take to reach your goal? Ask key questions to identify tasks:
 - What will I do to reduce the risk of infection with HIV or other sexually transmitted infections when I decide to have sex?
 - What information can I get from my parents or family or other trusted adults?
 - How will I know when I'm ready to have sex?
 - In the future, how could I get condoms?
- Measure your progress.
 - How will I know that I am making progress toward my goal?
 - How often will I check on whether or not I am making progress?
- Evaluate whether or not the goal was met.
 - How will I evaluate if I met my goal?

The following **holistic** rubric can be used for assessing student ability to plan to achieve a goal related to risk reduction. The student has demonstrated the elements listed above through a written assignment.

To access an **analytic** rubric for this assignment or a **generic, holistic** rubric that can be used for any assignment, check the resources for Lesson 8 on the flash drive that came with your manual.



Elements	Exceeds Expectations 4	Meets Expectations 3	Progressing Toward Expectations 2	Does Not Meet Expectations 1	Comments
Describe Tasks to Reach Your Goal	Clear, simple, and helpful tasks are identified and described in detail, showing a depth of understanding.	Clear, simple, and helpful tasks related to the goal are identified.	Most of the identified tasks are clear, helpful and related to the goal.	Few of the identified tasks are clear, helpful, or related to the goal.	
Measure Your Progress	The method(s) for measuring progress is identified and clearly described in detail showing a depth of understanding.	The method(s) for measuring progress is identified and clearly described.	The method(s) of measuring progress is slightly vague or unclear.	The method(s) of measuring progress is missing or unhelpful.	
Evaluation	The method for evaluating whether or not the goal is reached is identified and clearly described in detail showing a depth of understanding.	The method for evaluating whether or not the goal is reached is identified and clearly described.	The method for evaluating whether or not the goal is reached is slightly vague or unclear.	The method for evaluating whether or not the goal is reached is missing or unhelpful.	



Setting My Goal, Reducing My Risks

This rubric can be used for assessing your ability to plan to reach a goal related to risk reduction.

Review the rubric and circle the number with the statements that best represents your work for this assignment. Record any comments you have about your assessment in the "Comments" column.

Elements	Exceeds Expectations 4	Meets Expectations 3	Progressing Toward Expectations 2	Not Meeting Expectations 1	Comments
Describe Tasks to Reach Your Goal	I identified clear, simple, and helpful tasks related to the goal. I described them in detail, showing a depth of understanding.	I identified clear, simple, and helpful tasks related to the goal.	Most of the tasks that I identified are clear, helpful and related to the goal.	Few of the tasks that I identified are clear, helpful, or related to the goal.	
Measure Your Progress	I identified a method(s) for measuring progress and clearly described it in detail, showing a depth of understanding.	I identified and clearly described a method(s) for measuring progress.	The method(s) of measuring progress I identified and described is slightly vague or unclear.	I did not identify and describe a method(s) of measuring progress or what I identified was not helpful.	
Evaluation	I identified a method for evaluating whether or not the goal is reached and clearly described the method in detail showing a depth of understanding.	I identified and clearly described a method for evaluating whether or not the goal is reached.	The method I identified and described for evaluating whether or not the goal is reached is slightly vague or unclear.	I did not identify a method for evaluating whether or not the goal is reached or what I described was not helpful.	