

Teaching Resources

The materials used in the *Michigan Model™* are categorized into three types:

- **Health Education Resources:** Materials obtained from your Regional Health Coordinator, regional materials center, or ordered from the vendor*
- **Teacher Resources:** Materials found in the manual or on the CD, such as student worksheets, teacher references, PowerPoints or transparency masters, and so on
- **Supplied by the Teacher:**
 - Digital tools, such as computers and other devices, district approved software, and so on (if available)
 - Materials typically found in the classroom or school, such as pencils, writing paper, art supplies, and so on

* If you have questions about any of the materials used in the *Michigan Model for Health™* or how to obtain them, phone or email the Michigan Model for Health Clearinghouse. They will help you locate what you need.

Phone: 888-517-6195
Email: sales@mmhclearinghouse.org

Following each item listed, the number of the lesson(s) where the item is used is indicated for your reference.

RESOURCES	LESSON NUMBERS														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Health Education Resources															
• Poster: "Reflection Questions," Michigan Model for Health Clearinghouse (Suggestion)			X	X							X				
• Video: <i>Scenes From Teenage Lives: Vignettes for Classroom Use</i> , Video Clips #1-13, Human Relations Media					X	X	X		X	X				X	
• Poster: "Listening Tips," Michigan Model for Health Clearinghouse				X											
• Poster: "I-Statement," Michigan Model for Health Clearinghouse					X				X						
• Poster: "The WISE Way," Michigan Model for Health Clearinghouse							X								
• Poster: "The WISE Way to Resolve Conflicts," Michigan Model for Health Clearinghouse								X							
• Video: <i>Flirting or Hurting</i> , Human Relations Media (20 minutes)											X				
• Resource (available on resource CD): "Human Trafficking: Implications for Adolescent Health Outcomes" (Suggestion)															X
Teacher Resources															
Student Worksheets and Handouts															
• Student Worksheet: "Emotions"	X														
• Student Worksheet: "Thoughts + Feelings = Behavior"	X														
• Student Worksheet: "How My Thoughts and Feelings Determined My Behavior"	X	X													
• Student Worksheet: "Identifying My Stressors"		X		X											
• Student Worksheet: "My Stress Log"		X		X											
• Student Handout: "Ways to Manage Stress: Notice Your Feelings and Thoughts"			X												