	When messages are sent by text messaging or through the Internet we are not always sure what the sender meant. This is one of the problems with online communications.	If you did not use the slides, add the following symbols to the end of the phrases written on the board: ":-)"
State today's health lesson topic.	During the next two health lessons we will be discussing the Internet and some of the problems that can occur with its use. Today we will explore how to make sure Internet communications are clear, how to handle on-line bullying, and how to protect your Internet privacy.	

Teacher Input: View the first half of the video, Think Before You Click. Identify six rules for Internet safety. Reinforce the cyber-bullying suggestions presented in the video. Discuss common Internet problems the students have experienced.

Approximately 20 minutes

Instructional Steps	Script & Detailed Directions	Extensions & Suggestions
View the first half of the video, Think Before You Click.	We are going to view the first half of a video titled, "Think Before You Click." Six rules for using the Internet will be presented during the video. Pay attention to these rules and their explanations. We will discuss them after I stop the video. Show the first 11 minutes of the video. Stop the video after the narrator says, "Rule #6: Never post anything online, including photos, that you don't want the whole world to have access to forever."	Popular social networking sites change over time. This video refers to MySpace. To be sure students understand the message of the video, explain to students that MySpace is a social networking site similar to (name the current commonly used site(s). More information will be presented about cyber-bullying in the next lesson.
Identify six Internet rules using the slide master, "Think Before You Click: Rules for Using the	What were the first six Internet rules suggested in the video? Call on students to share the rules and confirm their responses using the slide.	
Reinforce the cyberbullying suggestions presented in the video.	Do you have any questions or concerns about the suggestions made in the video? Respond to any student questions or concerns.	
	Make sure the students understand the importance of Rule #3 regarding cyber-bullying. Reinforce the suggestions given in the video:	
	 It is not the fault of the person being bullied. The bullied person needs to tell a trusted adult about the harassment. Bystanders should speak out against any bullying. 	

6-Safety

Lesson 5

Discuss common Internet problems the students have experienced.

Think about the Internet problems these rules address. Have you had similar problems when using the Internet? I will call on a few of you to share your experiences.

Please make sure that while sharing your experience with the rest of the class that you do not:

- · Share the name of anyone involved.
- · Share anything that is private and could be embarrassing.

Call on those students who are willing to share an Internet problem. Discuss the problems using these questions:

- · What was the problem?
- · Was it resolved? If so, how?
- · What did you learn from the experience?



Students might find it helpful to share their experiences with a partner prior to sharing them with the entire class.

Application or Skill Practice: Develop and present skits illustrating how to resolve conflicts created during an email exchange.

Approximately 17 minutes

Instructional Steps	Script & Detailed Directions	Extensions & Suggestions
Form dyads.	Form dyads so that students are paired with a student of the same gender. Have them determine which person is taller.	
Distribute the student handout, "What's	Distribute one copy of the student handout to each dyad.	
With the Email You Sent Last Night?"	The first rule in Think Before You Click is, "Always solve problems face-to-face." Let's practice that rule.	
Develop skits illustrating how to resolve conflicts	Select one of the email messages on your worksheet. Develop a skit resolving the conflict.	
created during an email exchange.	 Assume: The tallest person in your dyad received the message from the other person last night. You and your partner are good friends. You have met each other the next morning in the hallway at school. No other students or teachers are around. You have a couple of minutes before heading to class. You both want to stay friends. 	
	Message Receiver (taller of the two): If you had an emotional reaction to the email, such as, being mad, upset, or embarrassed, tell your friend how you felt and what you wish he or she would have done instead of sending you that message in an email.	
	Message Sender: If you were just kidding and meant your message to be funny, tell your friend that. If you were serious, apologize for sending the message as you did.	