



#### Michigan Department of Health and Human Services

Bulletin Number: MSA 16-45

**Distribution:** Medical Suppliers, Practitioners, Medicaid Health Plans

Issued: December 29, 2016

Subject: Standards of Coverage and Documentation for Pull-on Briefs

Effective: February 1, 2017

Programs Affected: Medicaid, Healthy Michigan Plan

The purpose of this bulletin is to notify providers of changes to the Medicaid pull-on brief standards of coverage and documentation requirements effective February 1, 2017. Pull-on briefs are primarily considered a short-term transitional product for beneficiaries with a medical condition causing incontinence of bowel and/or bladder.

### Standards of Coverage for Ages 3 Through 20

Pull-on briefs are covered when there is the presence of a medical condition causing bowel/bladder incontinence and one of the following applies:

# • For Short-Term Use

The beneficiary is actively participating in a bowel/bladder training plan and is demonstrating consistent measurable progress in the plan (i.e. consistent reduction in the amount of pull-on briefs used, successful completion of the bowel/bladder training in three years or less, etc.); or

# • For Long-Term Use

The beneficiary has a permanent medical condition (such as Muscular Dystrophy, Spina Bifida, etc.) that will prevent the person from ever achieving bowel and bladder continence; however the beneficiary has the cognitive and physical ability to care for his/her toileting needs independently or with minimal assistance.

### Bowel/Bladder Training Plan

A bowel/bladder training plan must be designed and implemented within the school and home environments in order to achieve optimum success.

#### Initial and Reassessment

The use of pull-on briefs requires an initial nursing assessment and reassessment every six months thereafter or a time determined by the Michigan Department of Health and Human Services (MDHHS). Reassessments must detail measurable progress the beneficiary has made in the training plan since the last assessment. Long-term use requires an initial nursing assessment and reassessment every 24 months thereafter or a time determined by MDHHS. Documentation of the initial/reassessments must be kept in the beneficiary file.

If the beneficiary no longer has a medical condition causing bowel/bladder incontinence and he/she has not achieved continence within three years of the start of the bowel/bladder training program, the pull-on briefs will no longer be a covered benefit.

### Standards of Coverage for Ages 21 and Older

Pull-on briefs are covered when there is the presence of a medical condition causing bowel/bladder incontinence and the beneficiary is able to care for his/her toileting needs independently or with minimal assistance from a caregiver and one of the following applies:

# • For Short-Term Use

The beneficiary has a temporary medical condition (including recent discharge from a nursing home or hospital) causing bowel/bladder incontinence, or

# • For Long-Term Use

The beneficiary has a permanent medical condition (such as Muscular Dystrophy, Spina Bifida, etc.) that will prevent the person from ever achieving bowel and bladder continence.

#### Initial and Reassessment

The use of pull-on briefs requires an initial nursing assessment and reassessment whenever there is a prior authorization request for a change in quantity or a medical condition resulting in continued need beyond established policy timelines. Recent discharge from a nursing home or hospital is considered a qualifying condition for short term use of pull-on briefs. Beneficiaries with medical conditions which result in permanent incontinence or who have product needs for over established policy quantities must be re-assessed every 12 months or a time determined by MDHHS. Documentation of the initial and reassessment(s) must be kept in the beneficiary file.

Pull-on briefs are not covered for the following:

- Beneficiaries under 3 years of age.
- A medical condition causing incontinence of bowel/bladder is not present.
- For children that have an occasional bowel or bladder accident.
- Night time incontinence of bowel or bladder.

### **Documentation**

In addition to the documentation previously mentioned in this bulletin and in current policy, the following is required:

- An initial nursing assessment for all ages regardless of whether the pull-on will be used short or long term.
- A six month reassessment is required for under 21 years of age or a time determined by MDHHS.
- If the beneficiary has a medical condition that results in permanent incontinence, reassessment is required annually or a time determined by MDHHS.
- For under age 21 attending school, a copy of the teacher's continence report or a letter from the school detailing the bowel/bladder plan. The reassessment must have a copy of the teacher's plan or school letter detailing any changes to the plan and progress made since the last assessment.

#### Manual Maintenance

Retain this bulletin until the information is incorporated into the Michigan Medicaid Provider Manual.

### Questions

Any questions regarding this bulletin should be directed to Provider Inquiry, Department of Health and Human Services, P.O. Box 30731, Lansing, Michigan 48909-8231, or e-mail at <u>ProviderSupport@michigan.gov</u>. When you submit an e-mail be sure to include your name, affiliation, and phone number so you may be contacted if necessary. Providers may phone toll-free 1-800-292-2550.

### Approved

Chins Print

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