



MOTHER INFANT HEALTH & EQUITY IMPROVEMENT PLAN



Please visit our website at Michigan.gov/Coronavirus for up to date information. We will continue to share information and frequent communications to our maternal infant health network.

UPDATE: The [Mother Infant Health Action Committee](#) launch is delayed due to the Pandemic. The expected launch for these committees will be in late summer 2020. The Action Committees are an important step in achieving the Mother Infant Health and Equity Improvement Plan (MIHEIP) strategic vision, for more information visit Michigan.gov/MIHEIP.

The Disproportionate Effect of Coronavirus: Racial Disparities

[Office of Equity and Minority Health \(OEMH\) is providing information on the COVID-19](#) and its disproportionate burden of illness and death among racial and ethnic minority groups.

[COVID-19 Response & Mitigation: Racial & Ethnic Populations & Marginalized Communities](#)

recently released by the OEMH, this document offers background information on health disparities, discussed COVID-19 disproportionately affecting communities of color, offers resources for further review, and strategies & advocacy recommendations.

[RECORDED WEBINAR: An Equity Lens: COVID-19](#)

[RECORDED WEBINAR: Black Maternal Health and the U.S. COVID-19](#)

Response: Topics include Black breastfeeding; Navigating Doula services; Access to abortion care; and Hospital protocols – all from a health equity lens to highlight & address racial injustices and human rights violations of birthing persons and care providers within the U.S. COVID-19 context. More information is available at BlackMamasMatter.org



[Southeast Michigan IBCLC's of Color Free Online Breastfeeding](#)

Support Group: This group of International Board Certified Lactation Consultants is joined by peer counselors and a mental health professional, every Saturday from 3:00 PM-4:00 PM EST.

The Disproportionate Effect of Coronavirus: Emotional & Mental Health

The Certified Peer Support Specialist Warmline is providing support, resources & shared experience of recovery and hope. Call 888-PEER-753 (888-733-7753), 10 a.m.- 2 a.m., 7 days a week

[Substance Abuse and Mental Health Disaster Distress Help Line](#), 1-800-985-5990, is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis.

Additional resources for mental health and emotional needs:

- [Headspace 'Stay Home, Stay Mindful' website offers Free Mental Health Resources](#)
- [Addressing Emotional Needs While You're Sick: Guidance for Individuals](#)

- [Addressing patients emotional needs COVID-19 workup & diagnosis: Guidance for Clinicians](#)
- [Support for Emotional Health of the Health Care Workforce](#)
- [Support for Emotional Health of the Behavioral Health Workforce](#)
- [Support for First Responders](#)
- [Center for the Study of Traumatic Stress & Coronavirus](#)

Emotional support available through United Healthcare & Sanvello. For anyone experiencing anxiety or stress related to COVID-19, download the mobile app [Sanvello](#), or call the free Emotional Support Help Line at 1-866-342-6892 . Free premium access including coping tools and peer support.

Parents, Families and Caregivers

March of Dimes: NICU Family Online Education Series for all NICU families during COVID-19.

Make Your Date - COVID-19 Response Team is offering free online support to pregnant women: help with food, transportation, housing, baby items, mental health, or if you just need someone to talk to.

Preeclampsia Foundation provides latest updates on COVID-19. Preeclampsia is diagnosed by persistent high blood pressure that develops during pregnancy or the postpartum period. Important symptoms that may suggest preeclampsia are headaches, abdominal pain, shortness of breath, nausea or vomiting, and/or sensitivity to light, blurred vision, or seeing flashing spots or auras. More Preeclampsia FAQs are available at [the Preeclampsia Foundation](#).

1000 Days & Maven Clinic's Two Free Telemedicine Visits. Video appointments are offered with OB-GYNs, pediatricians, lactation consultants, & mental health providers, at no cost to the public.

To access: **1.** Visit www.mavenclinic.com/register. **2.** Complete a profile. **3.** Schedule an appointment. **4.** When checking out, enter code 1000Days. *No payment or insurance is required.*

Information for Providers

Weekly COVID-19 Obstetrics Team Call: MI AIM & the MHA Keystone Center will be hosting calls for Michigan birthing hospitals to discuss questions and to share updates on COVID-19 obstetric guidelines. [The GoToMeeting call is held every Tuesday from 12:30 - 1 P.M. EST.](#) US Call (Toll Free): 1 866 899 4679 or +1 (312) 757-3117. Access Code: 808-214-749



The Obstetric Initiative (OBI) COVID-19 Resources: Including April 2020 Quicktips: COVID-19 and It's Impact on Timing of Admission and Supporting Spontaneous Labor Progress

RECORDED WEBINAR: Providing the Best Possible Solutions in Less Than Ideal Circumstances. California Breastfeeding Coalition presents: integrating practices for COVID-19 positive and PUI birthing parents with consideration of infection control and Baby-Friendly practices. [Link to Slides](#). The webinar discusses issues related to:

- Breastfeeding, donor milk, formula, cleansing the breast, what if mom is too sick to breastfeed
- Rooming-in, mother-infant separation, skin-to-skin care following birth, bathing the baby
- Support persons and What to do when baby is in the NICU



MATERNAL INFANT HEALTH



Updates to Perinatal Testing in Michigan

[Perinatal and Infant Infection Screening Flow Charts for Clinicians](#)

These flow charts are a resource for clinicians to quickly reference when a patient is pregnant and needs to be screened for HIV, Syphilis, and Hep B.

[Michigan Perinatal HIV, Syphilis, and Hep B Testing Guidelines](#)

These guidelines now reflect the changes in Michigan testing laws made in December 2018 and the recommendations align with those of the Centers for Disease Control and Prevention.

The flow charts and guidelines will be available to order as physical copies within the next couple of months. [To request physical copies of the flow charts and guidelines, please email: MDHHS-DHSSupplies@Michigan.gov](#)

Michigan Launches Mail Order Condom Distribution Program

It is extremely important during this public health crisis to continue to support our communities in protecting themselves against unintended pregnancy, STIs, and HIV.

Many people are currently unable to access condoms due to financial stress and the temporary closing of local health centers. In response to this, the Division of HIV and STD Programs has developed a mail order condom distribution program for Michigan residents at no cost. [In order to get condoms delivered, a person must send an email with their name and mailing address to MDHHS-FreeCondoms@Michigan.gov](#).

The program is asking that organizations help inform staff and clients of the distribution. Organizations can also [request graphics and social media content related](#).

More Information on COVID-19, STDs and Sexual Health



[The Centers for Disease Control and Prevention \(CDC\) Guidance to STD Prevention Programs on COVID-19](#) includes guidance to STD Prevention Programs and STD clinics on providing effective care and prevention when facility-based services and in-person patient-clinician contact is limited.

[Syphilis in Pregnancy: March of Dimes](#) includes information on testing, treatment and prevention. Syphilis can have very serious complications when left untreated, if you're pregnant and have syphilis, get treatment right away. Getting early treatment can help protect you and your baby.

[Sexually Transmitted Diseases \(STDs\) During Pregnancy: CDC Resources](#) include statistics, fact sheets, treatment options and information to help protect women and their babies from infection.

- [COVID-19 and Your Sexual Health & Wellness](#)
- [COVID-19 STD Program Resources](#)
- [COVID-19 and HIV - CDC Resources](#)
- [STDs during Pregnancy - CDC Fact Sheet](#)
- [HIV.gov Coronavirus \(COVID-19\) and People with HIV](#)
- [Coronavirus \(COVID-19\) and Women's Health Care: A Message for Patients - ACOG](#)



MATERNAL INFANT HEALTH



[Stress & Mental Health: Pregnant/Parenting Mothers & COVID-19](#)

Tuesday, May 19 - 12pm -1pm EST

Hosted by HHS Region 5 Office of the Assistant Secretary for Health

[Supporting Health Through Nourishing Foods](#)

Thursday, May 21 - 3:00 pm - 4pm EST

Hosted by Regions 2 and 8 Office of the Assistant Secretary for Health

[University of Michigan Injury Prevention Center-Video Resource for Mental Health and Covid-19](#)



[NIH Maternal Mortality Workshop: Addressing Life-Threatening Pregnancy Complications](#)

Including lessons learned from caring for pregnant women with COVID-19, and a review of research published on symptomatic and asymptomatic pregnant women since the outbreak began.

Mary D 'Alton, M.D., chair of the Department of Obstetrics and Gynecology and Gynecologist-in-Chief at New York-Presbyterian/Columbia University Irving Medical Center.

Jane Ebot-Bish, Ph.D., a demographer and data management expert and senior advisor for the Centers for Civic Impact at Johns Hopkins Krieger School of Arts and Science.

MEETING DATE AND TIME:

[Tuesday, May 19, 8:00 a.m.–5:30 p.m. VideoCast](#)

[Wednesday, May 20, 8:00 a.m.–5:30 p.m. VideoCast](#)

**Registration is now full but, Non-registered participants can view the workshop on NIH VideoCast



[PSI-MI \(Michigan Statewide Perinatal Mood Disorders Coalition\) Capitol Steps Event is Virtual](#)

May 20, 2020 (8:30 - 2:30pm)

Pre-Recorded Webinar: Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know

Webinar: Dispelling Myths about PMADs and Management

Webinar: The First FDA Approved Medication for PPD

Q&A and a virtual Town Hall

[WEBINAR: A Physician's Role in Addressing ACEs: Building Trust and Patient Resiliency](#)

May 22, 2020 from 1:00 - 2:00pm EST

CDC HEALTH ADVISORY

Multisystem Inflammatory Syndrome in Children (MIS-C) Associated with Coronavirus Disease 2019 (COVID-19)

The CDC is providing additional background information on several cases of a recently reported multisystem inflammatory syndrome in children (MIS-C) associated with coronavirus disease 2019 (COVID-19); and a case definition for this syndrome. CDC recommends healthcare providers report any patient who meets the case definition to local, state, and territorial health departments to enhance knowledge of risk factors, pathogenesis, clinical course, and treatment of this syndrome.

Case Definition for Multisystem Inflammatory Syndrome in Children (MIS-C)

- An individual aged < 21 years presenting with fever, laboratory evidence of inflammation, and evidence of clinically severe illness requiring hospitalization, with multisystem (> 2) organ involvement (cardiac, renal, respiratory, hematologic, gastrointestinal, dermatologic or neurological); AND
- No alternative plausible diagnoses; AND
- Positive for current or recent SARS-CoV-2 infection by RT-PCR, serology, or antigen test; or COVID-19 exposure within the 4 weeks prior to the onset of symptoms

Additional comments

- Some individuals may fulfill full or partial criteria for Kawasaki disease but should be reported if they meet the case definition for MIS-C
- Consider MIS-C in any pediatric death with evidence of SARS-CoV-2 infection

CDC Guidance Documents for COVID19 have been UPDATED

This includes guidance for COVID19 safety measures, safely reopening & other community guidance:

- Social Distancing, Quarantine, and Isolation (Updated)
- What To Do if You Are Sick (Updated)
- Shared and Congregate Housing (New)
- Tribal Communities (New)
- Care for Breastfeeding Women (Updated)
- If You Are Pregnant, Breastfeeding, or Caring for Young Children (Updated)
- Guidance for U.S. Healthcare Facilities about Coronavirus (COVID-19)

For the latest information on COVID-19 from CDC, visit [CDC Coronavirus Disease 2019](https://www.cdc.gov/coronavirus/2019-ncov/index.html).



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NEW: Pregnancy, Breastfeeding & Caring for Newborns during COVID19 Guidance Documents

For more information on Maternal & Infant Health visit Michigan.gov/MIHEIP

Moms, Families & Communities

Urgent Maternal Warning Signs: If you have any of these symptoms during or after pregnancy, contact your health care provider and get help right away. If you can't reach your provider, go to the emergency room.

[Download the Maternal Warning Signs PDF poster.](#)

More information on Pregnancy-related complications & mortality is available at the Centers for Disease Control & Prevention (CDC)



Michigan Hands & Voices offers support for parents whose child may be experiencing hearing loss: New families are matched with trained, experienced parents. Online/phone visits and online resources provided. Call 1-517-712-8061.

What to expect from COVID-19 as the weather warms up



Decision Tools for Schools and Childcare Programs

- [Childcare Resources – Michigan Specific](#)
- [Schools & Universities – Michigan Specific FAQ's](#)
- [Childcare Programs During the COVID-19 Pandemic - CDC](#)
- [Youth Programs and Camps During COVID-19 - CDC](#)
- [Schools During the COVID-19 Pandemic – CDC](#)

Governor Whitmer Reopens Retail, Restaurants, and Offices in Upper Peninsula, Traverse City

Regions: Executive Order 2020-92, allowing for the reopening, in two regions, of retail businesses, office work that cannot be done remotely, and restaurants and bars with limited seating. More details can be found in the governor's [MI Safe Start Plan](#) to re-engage Michigan's economy.

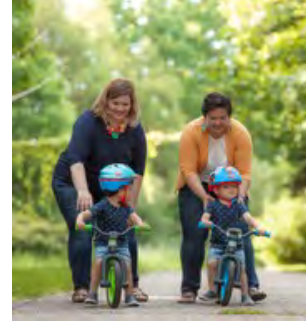
Decision Tools for Businesses and Workplaces

- [Workplaces During the COVID-19 Pandemic - CDC](#)
- [Restaurants and Bars During the COVID-19 Pandemic - CDC](#)
- [Updated Interim Guidance for Businesses and Employers Responding to COVID-19, May 2020](#)

[Safe family activities can involve opportunities to get outdoors.](#)

Most of Michigan's State Parks, Trails & Outdoor Facilities remain open but social distancing must be maintained.

- [COVID-19 Tips for going out again from the Mayo Clinic](#)
- [MI Outdoor Recreation FAQ's](#)
- [MI DNR FAQs](#)
- [MI Recreation and Park Association](#)
- [Library of MI – COVID-19 Save Your Story Project](#)
- [Visiting Parks and Recreational Facilities - CDC](#)



For Providers

[RECORDED WEBINAR: Multisystem Inflammatory Syndrome in Children \(MIS-C\) Associated with COVID-19:](#) information about clinical characteristics of MIS-C, how cases have been diagnosed and treated, and how clinicians are responding to recently reported cases associated with COVID-19.

[Caring for Newborns:](#) This guidance is intended to inform healthcare providers about the diagnosis, evaluation, infection prevention and control practices, and disposition of neonates (≤ 28 days old) with confirmed or suspected COVID-19 or known COVID-19 exposure.

[Decline in Child Vaccination Coverage During COVID-19 Pandemic in Michigan:](#) CDC reports declining vaccine coverage among children at milestone ages since the pandemic began.

[MDHHS Division of Immunization confirms that vaccination coverage estimates have declined.](#) Even short disruptions in routine immunization services can increase the risk of vaccine-preventable disease outbreaks, such as measles and pertussis. Included is guidance, resources, and tools to help Michigan providers respond to the decline in immunizations.

[Framework for Healthcare Systems Providing Non-COVID-19 Clinical Care](#) – Given the dynamic nature of the pandemic, considerations may change over time and vary by practice type and setting.

[Infection Prevention & Control Assessment Tool for Nursing Homes](#) – Infection Control Assessment and Response (ICAR) tool was developed to help prepare for and respond to COVID-19.

[Considerations for Memory Care Units in Long-term Care Facilities](#) – Infection prevention strategies to prevent the spread of COVID-19 and the unique challenges in memory care units.

[Special Considerations for Patients on Home Dialysis](#) – Dialysis is a lifesaving therapy and patients should not miss treatments, special considerations are outlined.

[What Workers & Employers Can Do to Manage Workplace Fatigue: COVID-19](#) – This document provides general strategies that can use to manage workplace fatigue and work safely.

[Updated Training for Healthcare Professionals](#) – includes clinical & infection prevention trainings

[Updated Interim Clinical Guidance for Management of Patients with COVID-19](#)

Thank you for the work that you do each and every day to protect and promote the health of our Michigan moms, babies and families.