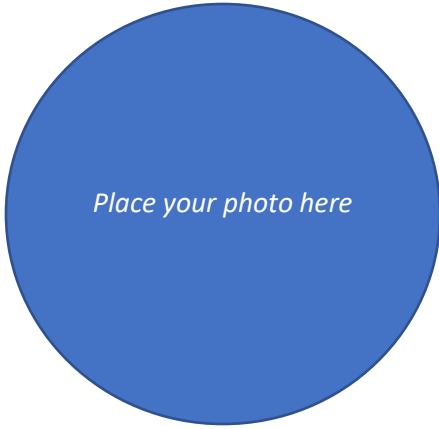


Meet Me



Place your photo here

My Health

Type(s) of seizures I have:

How long I have had seizures:

How I manage my seizures
(medications, sleep, diet, exercise, etc.):

Shared Decision Making relies on mutual trust and understanding. The Patient and Family Advisors to Michigan's Pediatric Epilepsy Project recommend patients and families set the stage for partnership *before* the first visit by sharing key information with your health care provider. This tool can be used with pediatric or adult patients.

All about me

My school or work:

I feel most confident about:

I'm really proud of:

My goals for the future:

I am concerned about:

Questions I have about my future:

I would like more information about:



This document may be reprinted without permission

Materials supported through a grant from the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$416,000 per year. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.