

Get a regular physical exam every year, and you can head off problems like blood pressure.

**Best for You
Best for Baby**

MICHIGAN.GOV/BIRTHDEFECTSI...
See your doctor.
Get more Best for You tips.

LEARN MORE

Partner Highlight



January was National Birth Defects Prevention Month. MiTracking and MDHHS Birth Defects program hosted a campaign to increase knowledge of birth defects prevention, treatment and services available to affected babies, and data available on MiTracking. This statewide campaign began in January and went through March. The campaign used *Best for you, Best for baby* messaging. To learn more about Birth Defects outreach and prevention, visit: www.michigan.gov/birthdefectsinfo

Announcements

New Resources

MDHHS has created several carbon monoxide (CO) videos perfect for sharing on the web or through social media. Check out MiTracking's CO page for more info at bit.ly/MDHHSCO

University Presentations

MiTracking has been able to present for students and staff at WMU, EMU, UM and MSU over the past year. We look forward to another year of university outreach.

Calls for Training!

MiTracking offers training or presentations on portal usage. If you are interested in a training, please contact our email.

Data Submitted to CDC

MiTracking had more successful "data calls" this past fall and spring. Data submitted were hospitalization and drinking water (available now on MiTracking).

PM/PI CDC Meeting - Feb 2020

MiTracking's Program Manager and Principal Investigator attended a meeting at the CDC where ideas for strategic planning for the next 5 years were discussed. More to come as we learn more!

Father's Day Social Media Posts

MiTracking is in the process of creating "punny" Father's Day posts. We will share posts via an email or on our social media accounts.



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www.michigan.gov/mitracking



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