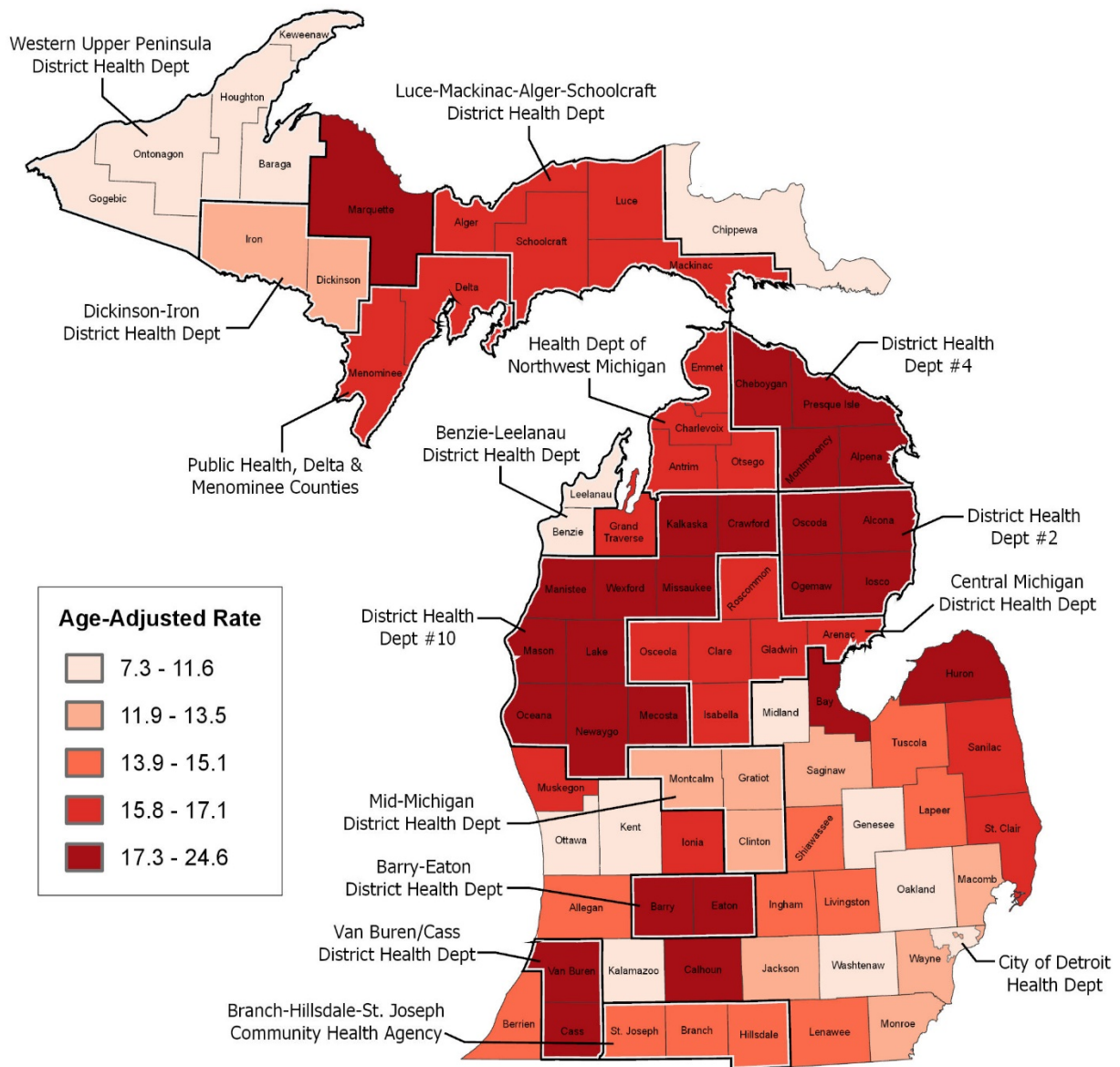


Suicide Deaths in Michigan, 2014–17

Almost 45,000 people die annually in the United States from suicide; **over 1,300 of these suicide deaths are in Michigan.**

The Michigan Violent Death Reporting System (MiVDRS)¹ collects and links data from multiple data sources to help stakeholders develop public health prevention strategies to reduce deaths and injuries due to interpersonal and self-directed violence. In Michigan from 2014–2017, over 5,300 residents died by suicide.

Age-adjusted Annual Suicide Death Rates* by Local Health Department, 2014–2017

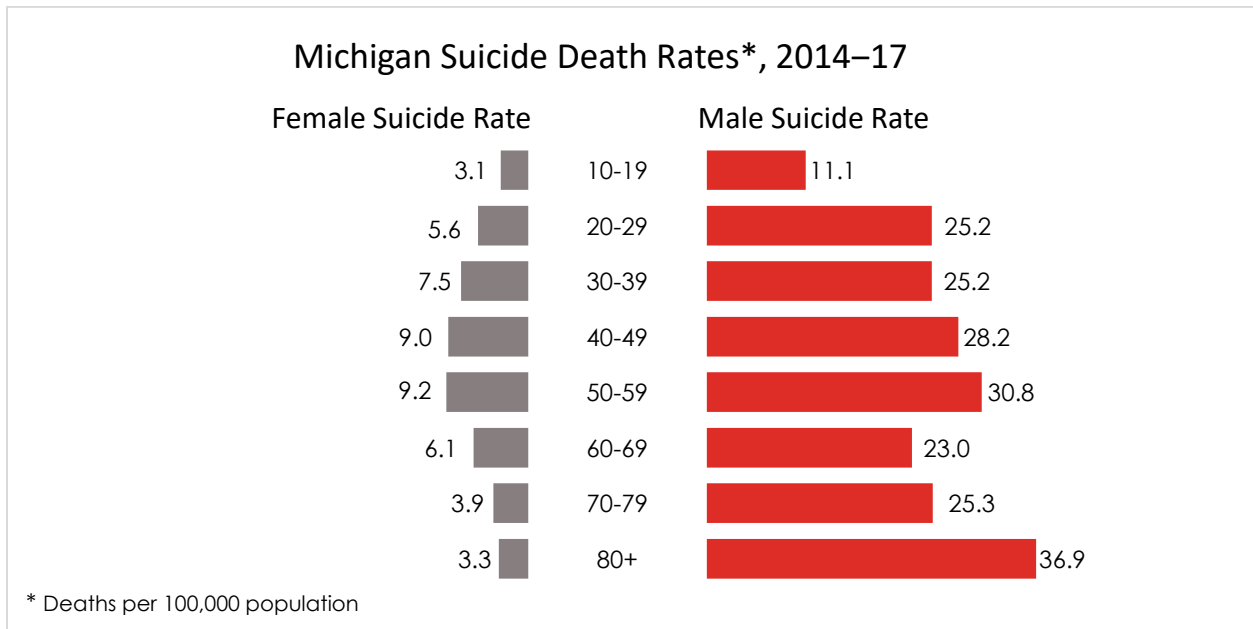


*Deaths per 100,000 population

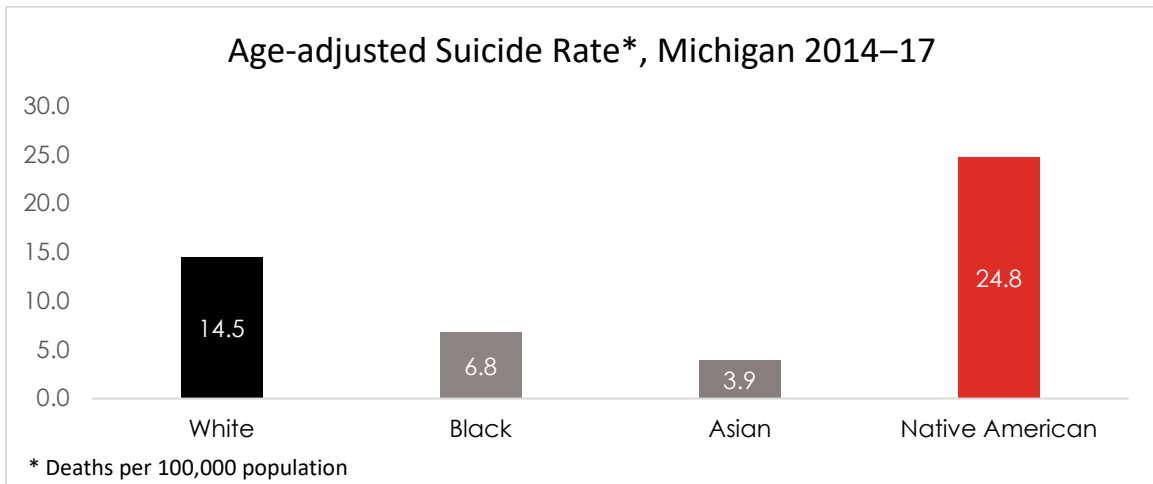
1. [MiVDRS Website—http://www.michigan.gov/mdhhs/0,5885,7-339-71548_54879-279986--,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71548_54879-279986--,00.html).

For more data details contact SchwartzA@michigan.gov or SmithP40@michigan.gov.

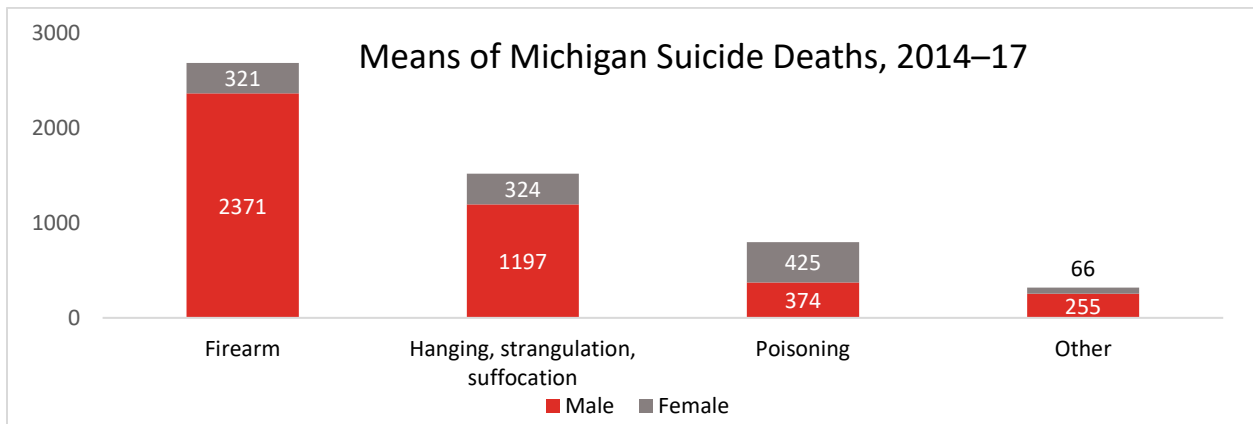
At every age, **men** were more likely than women to die by suicide in 2014–17.



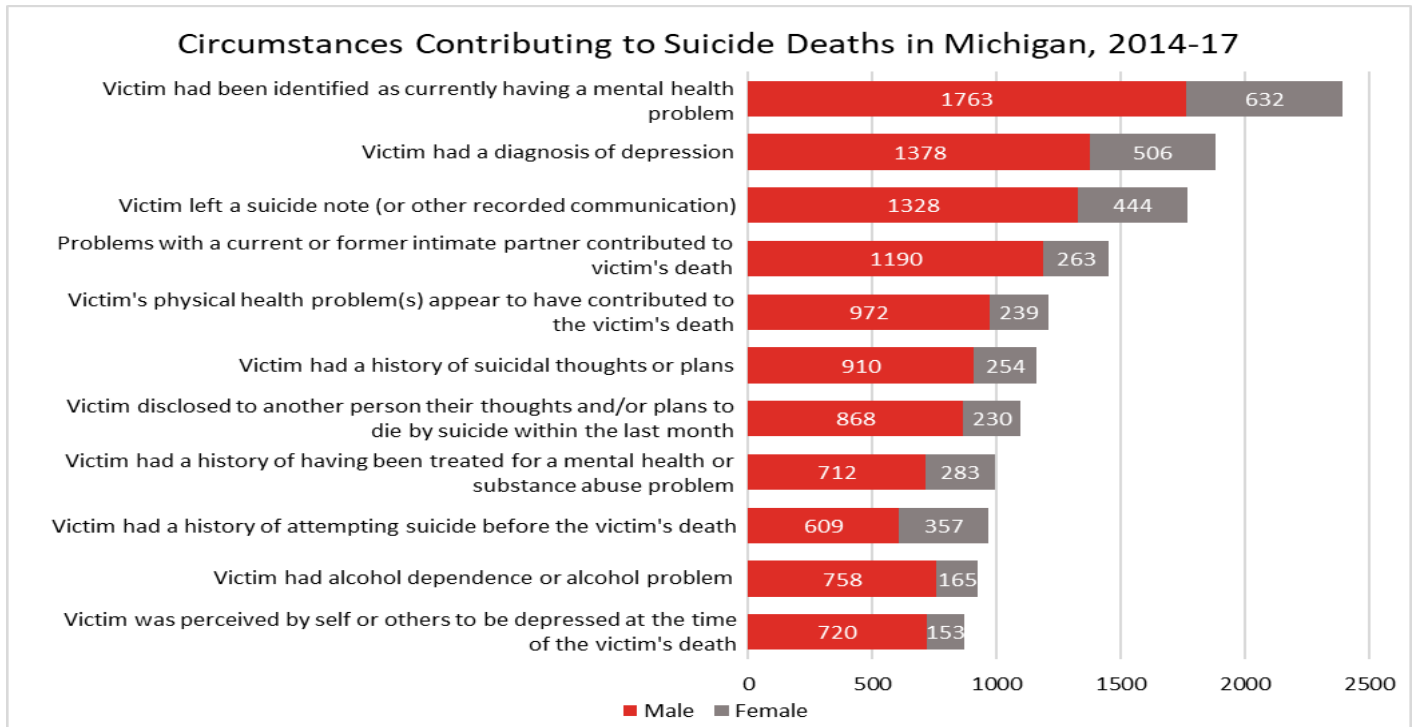
The Michigan age-adjusted suicide rate was 13.0 in 2014–17, but the rates vary by race, ranging from 3.9 for Asian Americans to 24.8 for **Native Americans**.



Firearms were used in half of suicide deaths in Michigan in 2014–17. Women were more likely than men to use **poison**.

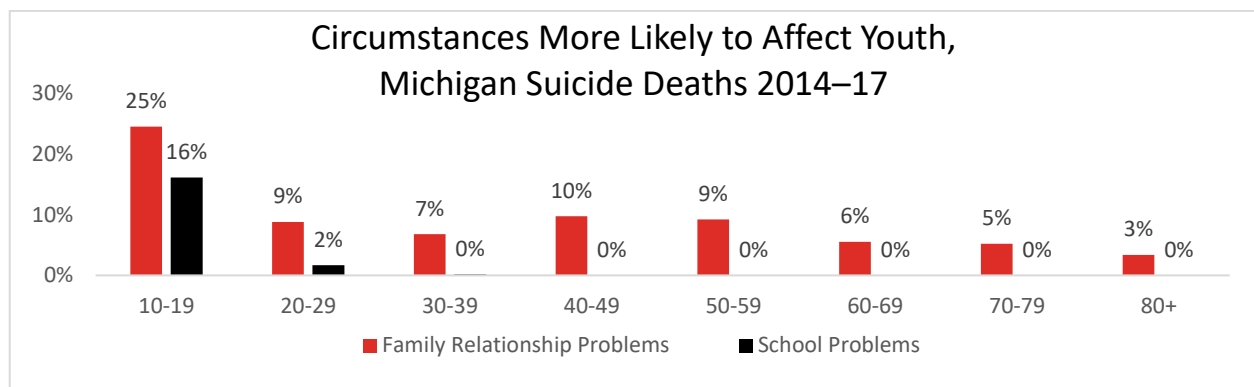


At least one circumstance was known for 92 percent of suicide deaths that took place in Michigan in 2014–17. **Women** were more likely than men to have a **history of suicide attempts** (34 percent vs 16 percent), a **current mental health problem** (60 percent vs 46 percent), or a **diagnosis of depression** (48 percent vs 36 percent).



* There may be more than one known circumstance for each death, or no known circumstance.

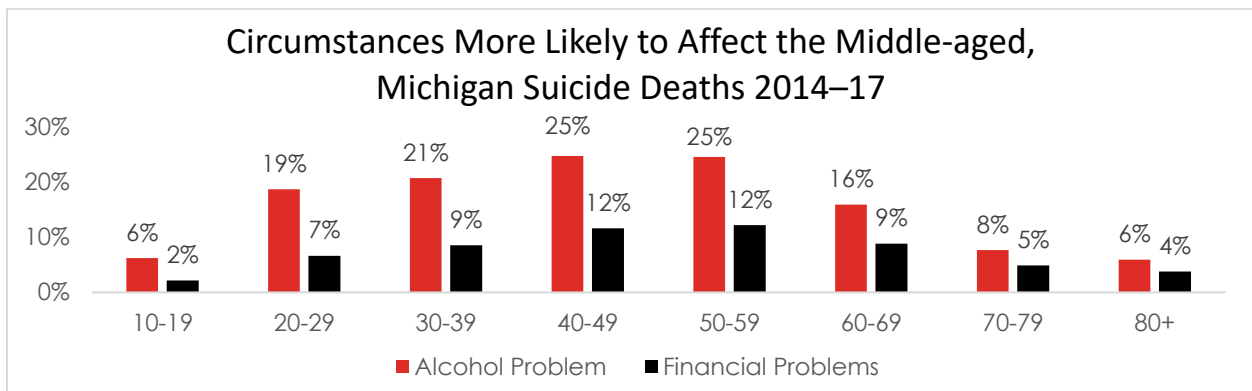
Circumstances that contributed to suicide deaths varied with age. **Family problems (25 percent)** and **school problems (16 percent)** were more of a factor for youth.



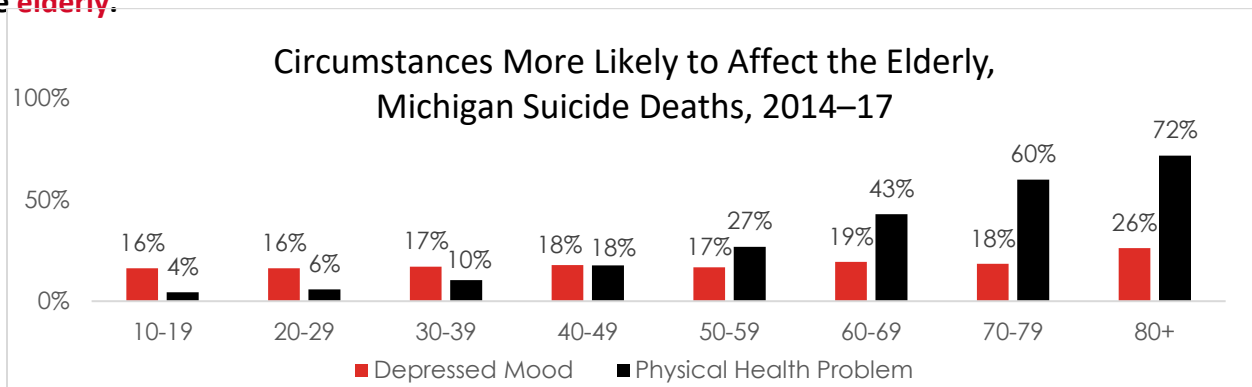
A teenager had attempted suicide a few months earlier and was getting mental health treatment since the incident. He was also on medication for depression, bi-polar disorder, and ADD. He was being homeschooled due to being cyberbullied at school. His parents were going through a divorce and there had been a family argument a few days before his death. He left a suicide note.

A man in his 40s was going through a rough divorce, had a lot of debt, was depressed, and was a heavy drinker according to his parents. He had talked about killing himself and left a suicide note.

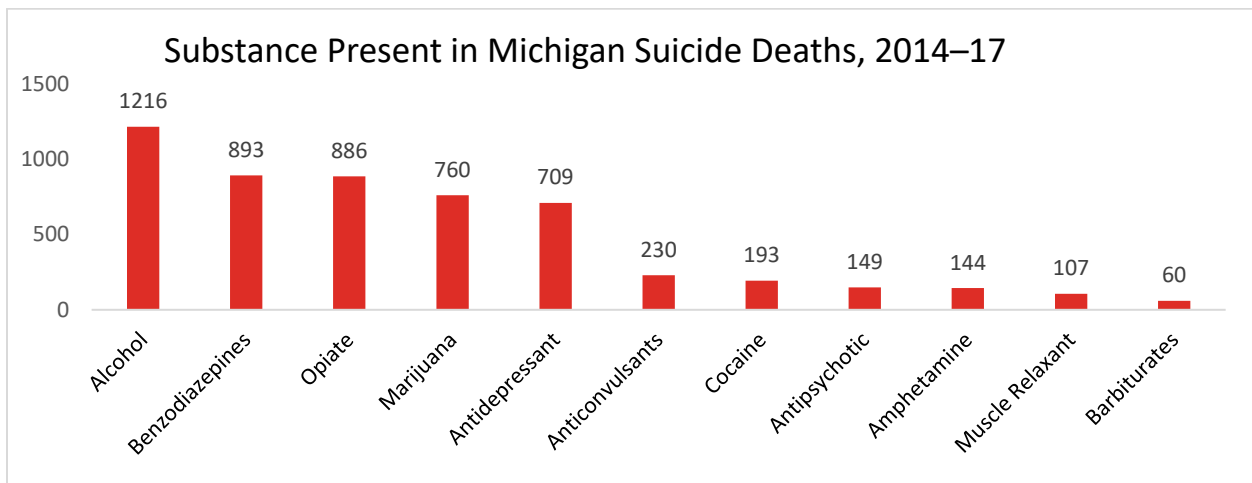
Problem drinking (25 percent) and financial problems (12 percent) were more of a factor for middle aged.



Depressed mood (26 percent) and physical health problems (72 percent) were more of a factor for the elderly.



Alcohol was the most commonly found substance in suicide deaths, followed by benzodiazepines and opiates.



* It is unknown how many suicide victims were tested for each substance. More than one substance may be present.

*If you or someone you know may be considering suicide, contact the **National Suicide Prevention Lifeline** at 1-800-273-8255 En Español: 1-888-628-9454; Deaf and Hard of Hearing: 1-800-799-4889; or Text: 741741.*

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