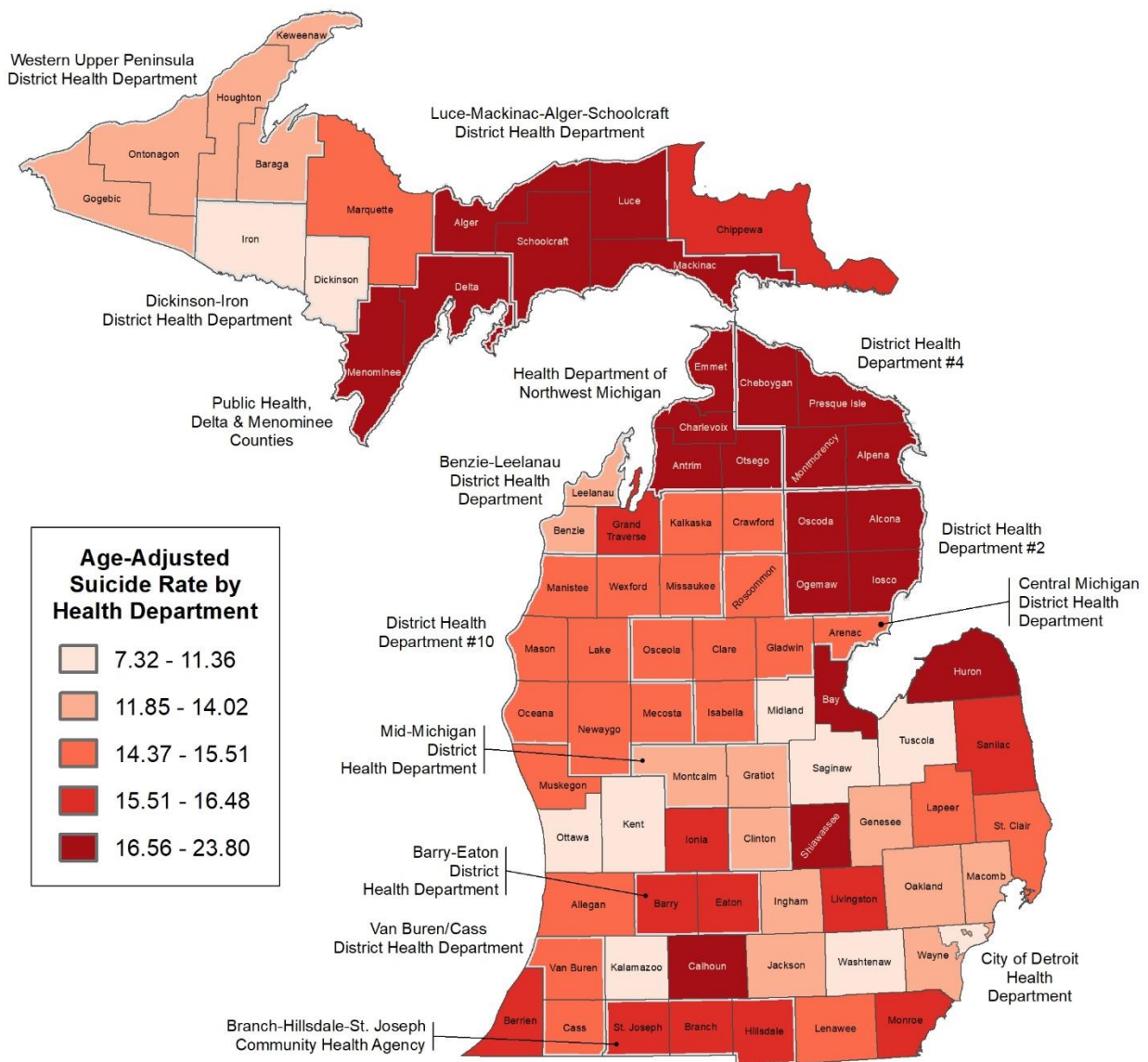


**Approximately 44,000 people die annually in the United States from suicide; over 1,300 of these deaths are in Michigan.**

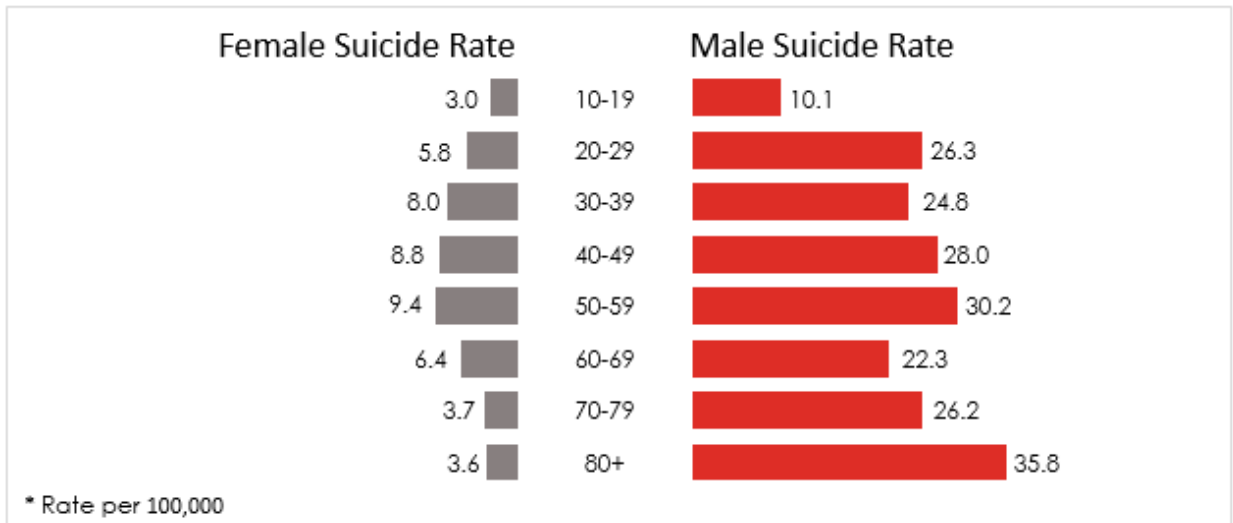
The Michigan Violent Death Reporting System (MiVDRS)<sup>i</sup> collects and links data from multiple data sources to help stakeholders develop public health prevention strategies to reduce deaths and injuries due to interpersonal and self-directed violence. During the three year period 2014–2016, Michigan lost 3,982 residents to suicide.

### Age-adjusted Suicide Death Rates by Health Department, 2014–2016

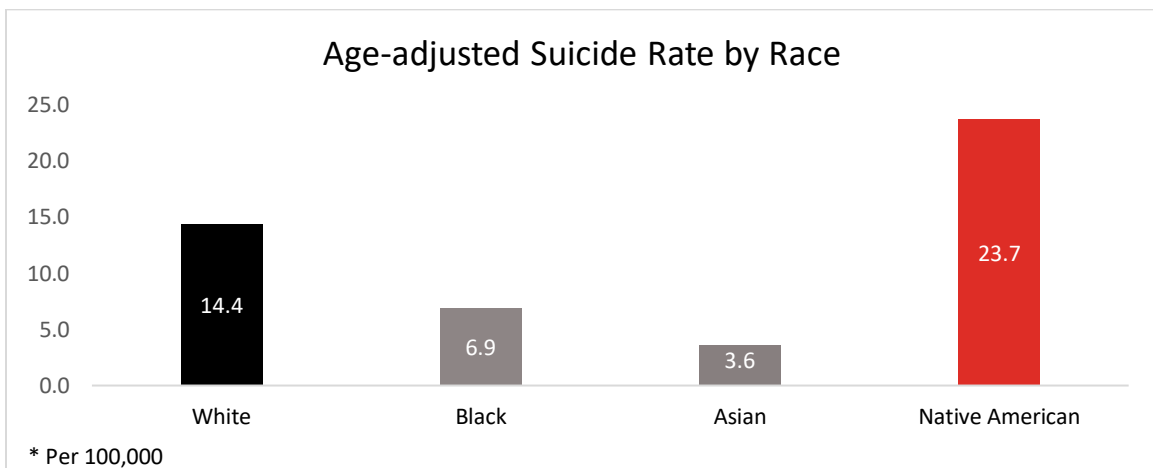


i. [MiVDRS Website—http://www.michigan.gov/mdhhs/0,5885,7-339-71548\\_54879-279986--,00.html](http://www.michigan.gov/mdhhs/0,5885,7-339-71548_54879-279986--,00.html).  
For more data details contact [SchwartzA@michigan.gov](mailto:SchwartzA@michigan.gov) or [SmithP40@michigan.gov](mailto:SmithP40@michigan.gov).

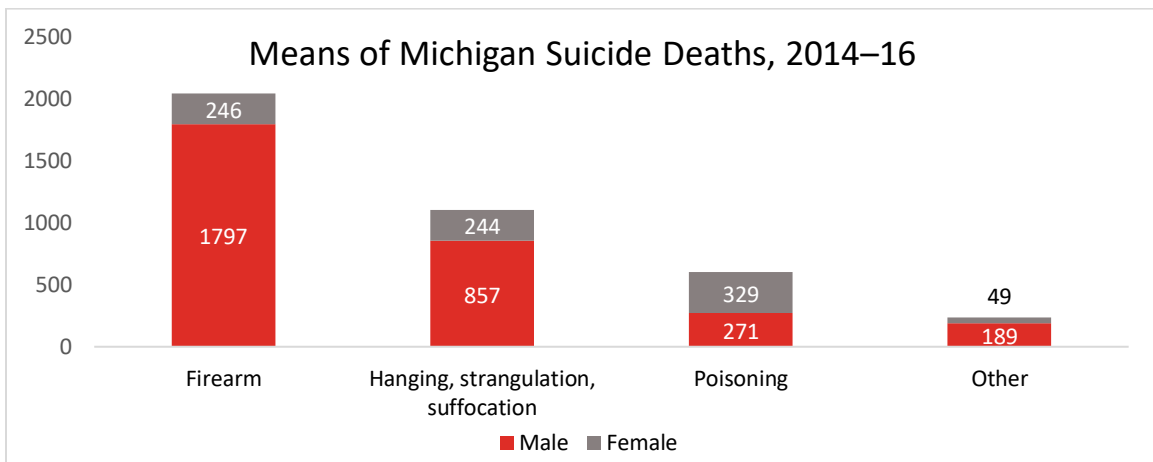
At every age, **men** were more likely than women to die by suicide in 2014–16.



The Michigan age-adjusted suicide rate was 13.2 in 2014–16, but the rates vary by race, ranging from 3.6 for Asian Americans to 23.7 for **Native Americans**.

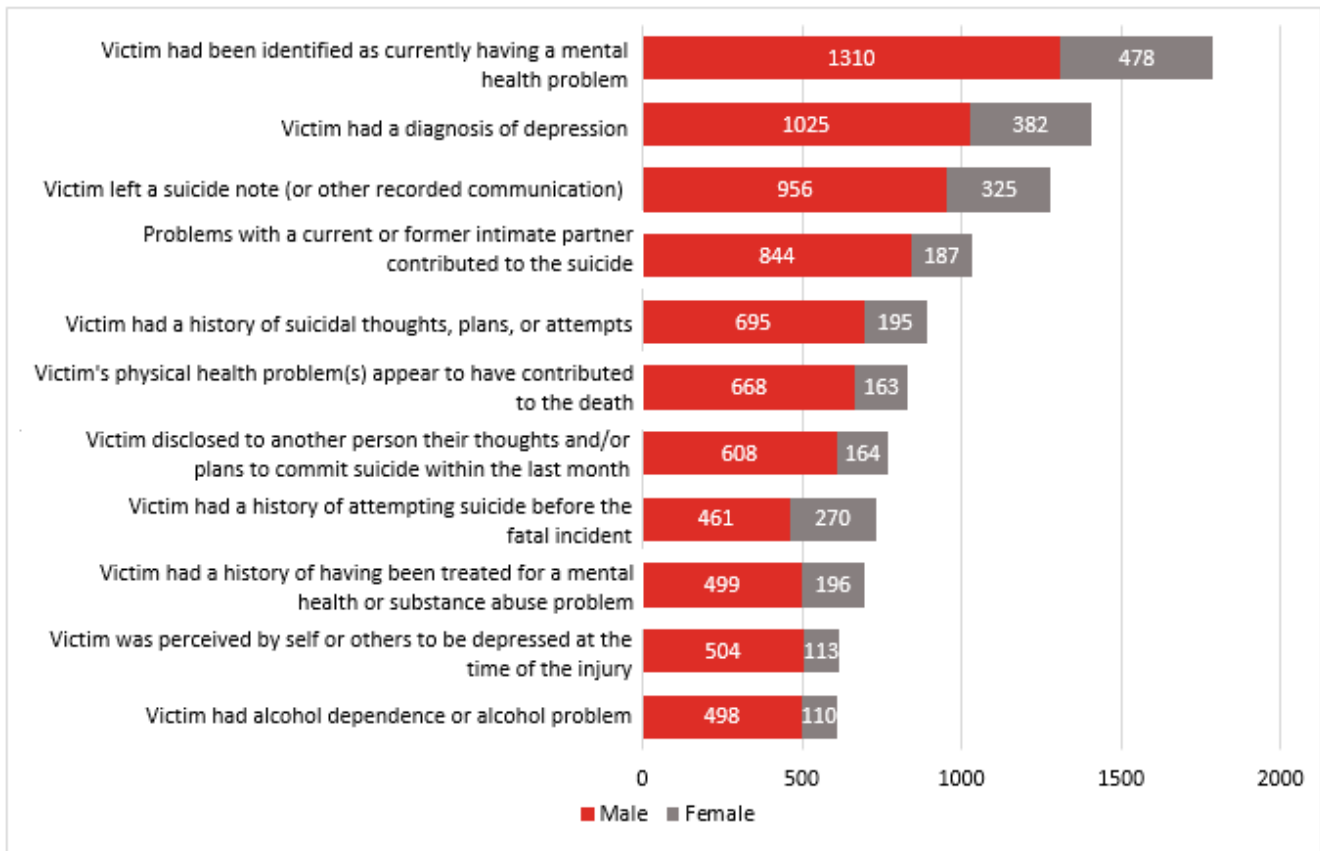


**Firearms** were used in half of all suicide deaths in Michigan in 2014–16, but women were more likely to use **poison**.

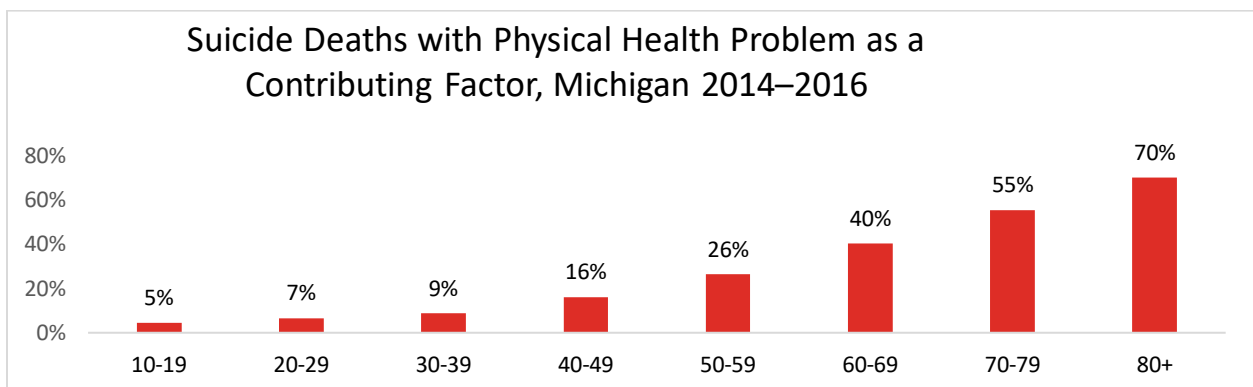


At least one circumstance was known for 90% of suicide deaths that took place in Michigan in 2014–16. Half (47% of men and 61% of women) involved someone who had a **current mental health problem**. Women (34%) were twice as likely as men (16%) to have a **history of suicide attempts**.

### Circumstances Contributing to Suicide Deaths in Michigan, 2014–2016

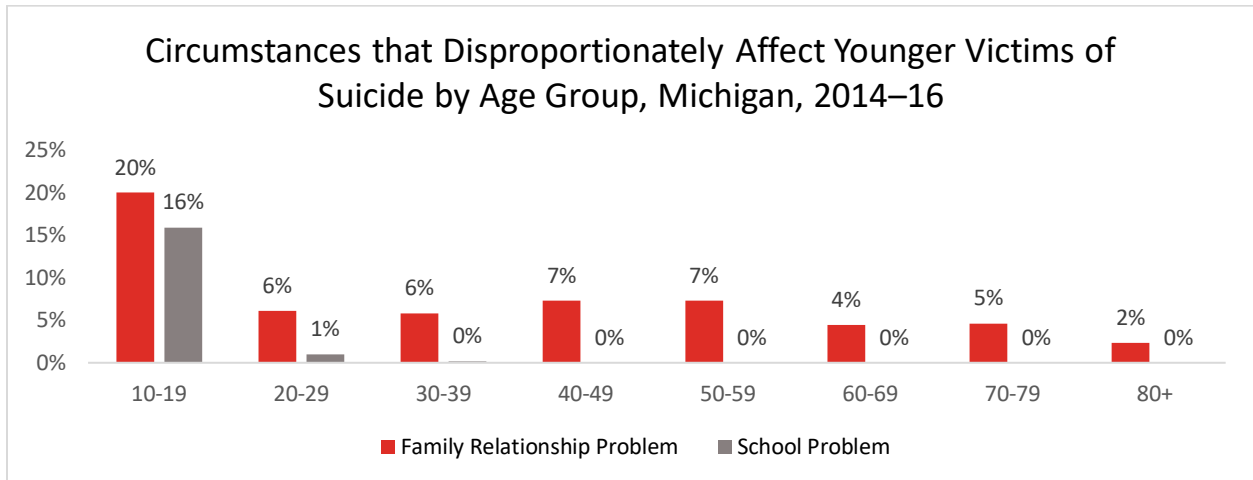


**Physical health problems** were a contributing factor in **70%** of suicide deaths among those **80 and older**.



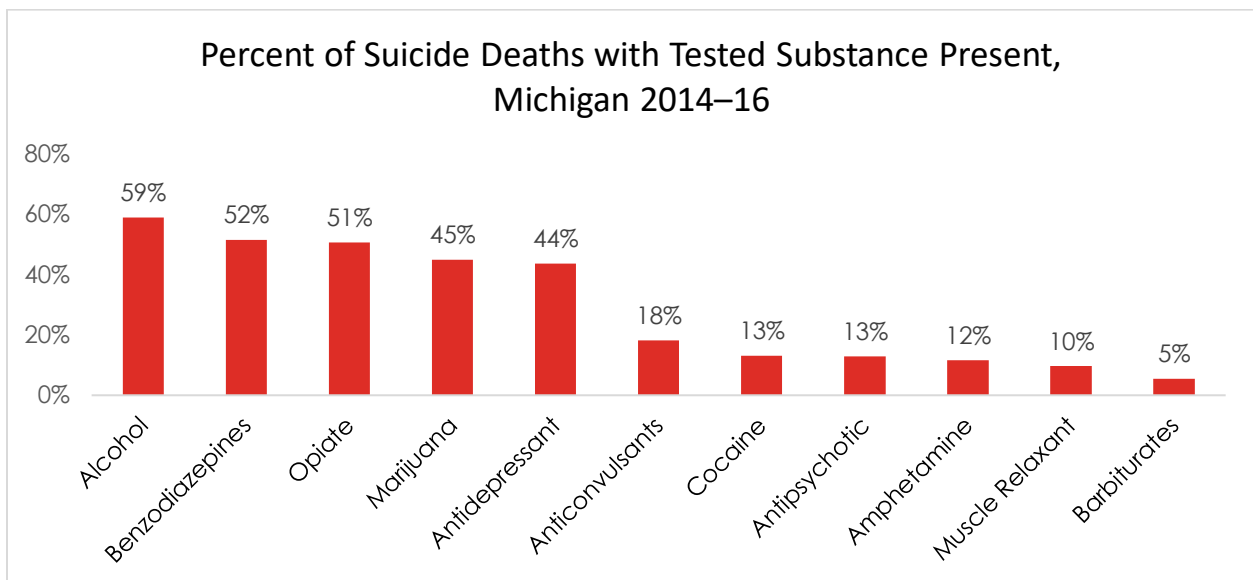
A man in his 90s had numerous health problems and discussed suicide with his great-niece. He said he did not want to become a burden on her. He left a suicide note thanking her for taking care of him and explaining, "My kidneys have quit."

**Family relationship problems** were a contributing factor in **20%** of suicide deaths among those age **10–19**, and **school problems** were a contributing factor in **16%** of deaths in that age range.



A teenager had been at his ex-girlfriend’s house but left when the police were called. He had been stalking her since they broke up several months earlier. Friends reported that he had been having family problems and making threats to kill himself since the break-up. He had a history of mental health and substance abuse problems, cutting, and suicide attempts.

**Alcohol** was present in **59%** of all suicide deaths that were tested for alcohol, followed by **benzodiazepines (52%)** and **opiates (51%)**.



\* Toxicology information was available for 2,425 (61%) of suicide deaths.

*If you or someone you know may be considering suicide, contact the **National Suicide Prevention Lifeline** at 1-800-273-8255 (En Español: 1-888-628-9454; Deaf and Hard of Hearing: 1-800-799-4889) or the Crisis Text Line by texting 741741.*

This publication supported by cooperative agreement 5 NU17CE002607-04-00 from the Centers for Disease Control and Prevention to the Michigan Department of Health and Human Services. Content is solely the author’s responsibility and does not necessarily represent the official views of the CDC. The Michigan Department of Health and Human Services is an Equal Opportunity Employer, Services, and Programs Provider.