



MOTHER INFANT HEALTH & EQUITY IMPROVEMENT PLAN



As we are all responding to the COVID-19 pandemic, it is important that information and resources be shared, during this quickly evolving situation. We will continue to share information and frequent communications to our maternal infant health network. Thank you for the work that you do each and every day to protect and promote the health of our Michigan moms, babies and families.

Information on COVID-19

Visit our website at Michigan.gov/Coronavirus for up to date information about the Coronavirus Disease (COVID-19) outbreak in Michigan.

Learn more about COVID-19, including symptoms, complications, transmission, prevention, treatment, and summary updates of the outbreak at the [Centers for Disease Control and Prevention \(CDC\) Coronavirus \(COVID-19\)](https://www.cdc.gov/coronavirus/2019-ncov/)

STAY HOME.
STAY SAFE. SAVE LIVES.

Where to Find Assistance

**211 IS HERE
TO HELP**

Just three simple numbers can make a big difference in your life! When you or someone you know is in need just call 211!

Call **2-1-1** from any phone to be connected to a list of statewide resources for everything from food and diapers to rental assistance. [You can also search the 211 online database.](#)

Apply for Benefits, Manage Your Case, and Explore Resources. [MIBridges](#) offers a number of programs to help you and your family with temporary assistance when times are tough.

[SAMHSA's Disaster Distress Helpline](#) provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to a disaster, call 1-800-985-5990.

[The Anxiety and Depression Association of America](#) has some helpful tips and strategies from mental health professionals to help you or a loved one struggling with anxiety around the coronavirus or with general health anxiety concerns. The ADAA blog posts and videos contain information about the virus and helpful tips about how to mitigate against increased anxiety.

Moms, Babies and Pregnancy

For more information on Moms, Babies & Pregnancy please refer to the resources below:

[March of Dimes Coronavirus Disease: What You Need to Know about Its Impact on Moms and Babies](#)
[World Health Organization \(WHO\) Q&A on COVID-19, pregnancy, childbirth and breastfeeding](#)
[Centers for Disease Control and Prevention \(CDC\) Pregnancy and COVID-19 FAQ](#)

How can pregnant women protect themselves from getting COVID-19?

Pregnant women should do the same things as the general public to avoid infection. You can help stop the spread of COVID-19 by taking these actions:

- Cover your cough (using your elbow is a good technique)
- Avoid people who are sick
- Clean your hands often using soap and water or alcohol-based hand sanitizer

You can find additional information on preventing COVID-19 at [CDC Prevention for Novel Coronavirus](#)

Resources for Clinicians

As this is a rapidly evolving public health pandemic, we encourage you to take into consideration the most recently available CDC guidance when developing your internal protocols.

[American College of Obstetricians and Gynecologists \(ACOG\) COVID-19 Resources](#) contain latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19.

We recognize we are all practicing pediatrics in circumstances we have never encountered before in our careers. To provide practical guidance [American Academy of Pediatrics \(AAP\) Resources for Clinicians](#) have recorded webinars by AAP experts on COVID-19.

[California Perinatal Quality Care Collaborative \(CMQCC\) resource list](#) contains webinars, sample hospital resources, information for providers and information on Pregnancy and Breastfeeding as well as Pediatric and NICU providers.



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TOGETHER, SAVING LIVES

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