



# Michigan's Opioid Health Home

## An Overview

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# Agenda

- Background
- Opioid Health Home (OHH)
  - Overview
  - Michigan's OHH Structure
  - Progress
  - Key Facts
  - Resources
  - Next Steps
- Questions?

# Background—The Facts of MI's Opioid Epidemic

- **Opioid Overdose Deaths:**
  - 2,033 deaths in 2017
    - 93% increase from 2014
    - 13<sup>th</sup> highest in nation
    - Higher per capita rate than national average
- **Opioid Prescriptions:**
  - 74 per 100 people in 2017
    - 26% decrease from 2016
    - Higher rate than national avg
- **Neonatal Abstinence Syndrome:**
  - 7.6 per 1,000 births in 2017
    - 7% increase from 2014

# Alpena man dies after vaping liquid Fentanyl

Updated on July 3, 2017 at 1:41 PM Posted on July 3, 2017 at 1:40 PM



(File photo | MLive.com)

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By **Amy Biolchini**, amy\_biolchini@mlive.com

ALPENA COUNTY, MI -- A 39-year-old Alpena man died Saturday after he apparently used a powerful pharmaceutical-grade opioid in a vape pipe, according to the Michigan State Police.

## 3 Arrested after Multiple Heroin Overdoses in Alpena

POSTED BY: BRIAN THOMPSON MARCH 11, 2019

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ALPENA, MI – After a string of heroin drug overdoses in the Alpena area, the Huron Undercover Narcotics Team (HUNT) launched an investigation which led them to arrest three suspects for their part in the delivery of suspected drug.



Bissonette / Wolff / Baytops

Testing suggests the drug may be laced with Fentanyl, an extremely potent opioid common in overdoses.

HUNT became aware of three overdoses within the City of Alpena between February 15th and 17th, 2019. That information launched an investigation into the origin of the substance involved. It was determined that there was a single residence that was the source, and ultimately the persons responsible for the distribution of the substances were identified.

On March 4th, 2019, 21-year-old Aaron Bissonette, of Alpena, was arrested for the delivery of suboxone, conspiracy to deliver heroin, and maintaining a drug house.

The investigation revealed Bissonette was renting an apartment in the 1000 block of W. Washington Ave within the City of Alpena. A search warrant was executed on that apartment during the late evening hours of March 5th.

# Suicides, often linked to opioids, spike in rural Michigan and among young



Upper Peninsula resident Delores Baross lost her father and a son to suicide.



## Region Leads State In Opioid Overdose Deaths

By Beth Milligan | Jan. 29, 2018

This fall, President Trump directed acting Health Secretary Eric Hargan to declare opioid abuse a public health emergency. The epidemic has taken hold all over the country, reaching across age, gender, and socio-economic lines — and, as anyone who reads the headlines is familiar, right here into what many perceive as our northern Michigan paradise.

While there's no way to pinpoint the number of opioid abusers in the region, Benzie County led the state in its population's proportion of opioid overdose deaths — 2.9 deaths per 10,000 residents — in 2015 (the last year the Michigan Department of Health and Human Services made data available). Antrim and Crawford counties weren't far behind with 2.2 deaths per 10,000 people respectively.

As Lynda Wheatley writes in this week's *Northern Express* - sister publication of *The Ticker* - Grand Traverse County had nine opioid-related overdose deaths, or one in every 10,000 residents. In 2016, according to Capt. Chris Clark, the Grand Traverse County Sheriff's Office documented 14 fatal overdoses (including those due to alcohol and non-opioid drugs). In 2017, that number dropped to eight.

Does credit for the slight improvement go to naloxone, the overdose reversal drug that the region supplying its officers in 2016, of which 14

https://gaa.gl/hv6CvH



## One Week, Three Overdose Deaths

By Patrick Sullivan | Feb. 13, 2018

Deputies are warning that a batch of heroin laced with the dangerously powerful opiate Fentanyl may be circulating around Traverse City after three people have died — two in Green Lake Township and one in East Bay Township — of suspected opiate overdoses in less than a week.

The latest is a 19-year-old woman who died Sunday morning at a home near Interlochen, Grand Traverse County Sheriff's deputies say.

There were few details about the woman's death immediately available. Lt. Brian Giddis says it's not clear whether the young woman's death was related to another overdose death that

## Mother motivated to spread message of the deadly risk of opioid prescriptions

By Shell Adamezky | Friday, August 10th 2018



This year her 25-year-old son died from an accidental prescription drug overdose. He hurt to die and she says she never prescribed opioids. "I just couldn't see. To it's definitely preventable. I really thought I was doing it right."



MANISTEE COUNTY, Mich., (WPBN/WGTU) – Michigan is fourth in the country in the amount of overdose deaths.

Now, another mother who lost her son to addiction, is trying to make a difference.

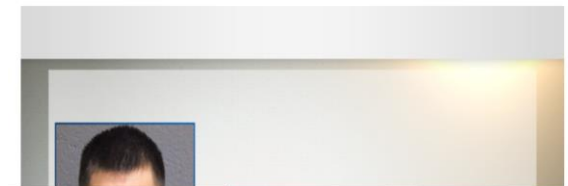
Cyndi Jacob's son, Jeremy died nine years ago.

HOME + LOCAL NEWS

## Gaylord Man Arrested for Selling Fentanyl To Undercover Officer

Remington Hernandez POSTED ON FEBRUARY 22, 2019

13K Views



# Background—The Response

- **Local, State, and Federal Governments Acting**
  - Increased funding
  - Legislative initiatives
  - Administrative initiatives
  
- **Leveraging Funds**
  - Utilization of Medicaid/Healthy Michigan Plan
  - SAMHSA State Targeted Response Grant
  - SAMHSA State Opioid Response Grant
  - SAMHSA Substance Abuse Block Grant
  - HRSA AIMS Funding
  - Private Foundation Funding
  - ***Section 2703 of the ACA (Health Home)***

# Background—The Progress

- **Medication Assisted Treatment:**
  - 261% increase in Medicaid beneficiaries receiving office-based buprenorphine/vivitrol from 2014 to 2018
  - 27% increase in people receiving methadone treatment from 2013 to 2015
- **Prescription Drug Monitoring:**
  - 269% increase in provider utilization of MAPS from 2017 to 2018
- **Prevention and Recovery:**
  - Expanding recovery housing and 24-hour Peer Support
  - Supporting the Inter-Tribal Council Peer Recovery Support
  - Implementing statewide education and anti-stigma campaigns
  - Distributing Naloxone statewide

# MICHIGAN'S OPIOID HEALTH HOME (OHH)

# Overview—Health Home “101”

- Medicaid Health Homes are an optional state plan benefit
  - Authorized by Section 2703 of the Affordable Care Act
  - Focus on high-need/high-cost beneficiaries with chronic conditions
  - Provide flexibility to create innovative and integrated care management models
  - Offer sustainable reimbursement to affect the social determinants of health
  - Core services that must be provided include:
    - Comprehensive care management
    - Care coordination
    - Health promotion
    - Comprehensive transitional care and follow-up
    - Individual and family support
    - Referral to community and social services
- States must seek federal approval to implement Health Homes
  - 23 States and DC operate a total of 38 Health Home models
  - Michigan has 3:
    - the Opioid Health Home (target: opioid use disorder)
    - the MI Care Team (target: mild-to-moderate behavioral health and physical conditions)
    - the Behavioral Health Home (target: serious mental illness/serious emotional disturbance)



# Michigan's OHH—Overview

- **Target Population**

- Medicaid beneficiaries with a diagnosis of an Opioid Use Disorder

- **Geography**

- All 21 counties in Michigan's PIHP Region 2

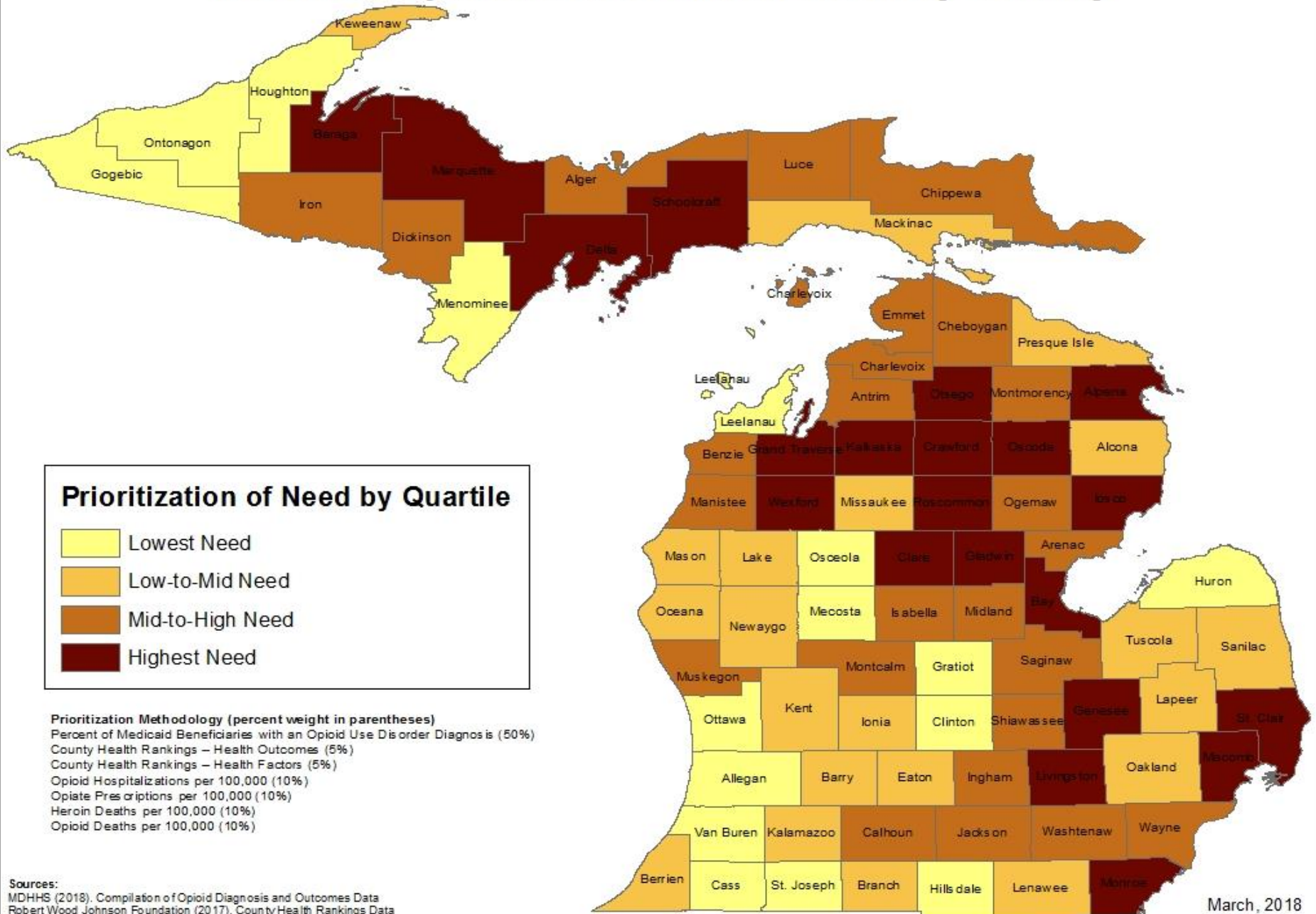
- **Goals**

- Increase access to Medication Assisted Treatment and integrated behavioral, primary, and recovery-centered services for beneficiaries with Opioid Use Disorder
- Decrease opioid overdose deaths
- Decrease opioid-related hospitalizations
- Increase utilization of peer recovery coaches
- Increase the “intangibles” of health status (e.g., the social determinants of health)

# Michigan's OHH—Why Region 2?

- **Facts of Michigan's PIHP Region 2:**
  - Region 2 has the highest per capita number of Medicaid beneficiaries with an Opioid Use Disorder diagnosis in the state
  - Income under 200% of the federal poverty level is 37% (state average is 26%)
  - Rate of Opioid Prescriptions per 100,000 is 2<sup>nd</sup> Highest among PIHP Regions
  - The region has a higher per capita prevalence of Acute Hepatitis C than the State average
  - An MDHHS ranking of opioid needs in Michigan's 83 counties shows nearly half (12) of the top 25 are located within Region 2

# MDHHS: Opioid Need Prioritization by County



# Michigan's OHH—Conceptual Focus

- PIHP and practice level care management and coordination
- Emphasis on person-centered care plan
- Team-based with potential for multiple care pathways
- Explicit and intense physical and behavioral health integration
- Utilization of Medication Assisted Treatment
- Documentation and sharing of health information
- Referral to and from providers depending on recovery stage (e.g., stability index and treatment needs questionnaire)
- Enhanced role of the Peer Recovery Coach and addressing the social determinants of health

# Michigan's OHH—Structure

- **Model Requirements:**

- Comply with the State Plan Amendment, Policy, and Handbook
- Comply with necessary licensure/waivers to provide MAT
- Utilize ASAM and other evidence-based practices for OUD services
- Sign an agreement with MDHHS to adhere to OHH provisions
- Enroll as a paneled provider with the PIHP
- Submit valid encounters to the PIHP for payment for OHH services
- Utilize current Medicaid reimbursement for other services (e.g., MAT)
- Collect and store the signed MDHHS-5515 form ( beneficiary consent to share behavioral health/SUD information)
- Meet specific staffing requirements

# Michigan's OHH—Structure

- **The Lead Entity:**
  - Prepaid Inpatient Health Plan (PIHP)
    - High-level care coordination
    - Enrollment
    - Payment
- **The Designated Health Home Partners:**
  - Opioid Treatment Programs (OTP)
    - Provider of most intensive recovery services
    - Methadone, buprenorphine, and naltrexone administration
    - Robust counseling/therapy and assurance of linkage to other needed services (e.g., primary care, social services, etc.)
  - Office-based Opioid Treatment Providers(OBOT)
    - Provider of recovery services and counseling
    - Buprenorphine and naltrexone administration
    - On-site primary care and behavioral health services and linkage to other needed services

# Michigan's OHH—Structure

- **Staffing Requirements:**
  - PIHP (per 400 patients)
    - Health Home Director (0.5 FTE)
    - Administrative Support Staff (5 FTE)
  - OTPs (per 400 patients)
    - RN Care Manager (3 FTE)
    - Masters-level Clinical Case Manager (1 FTE)
    - Masters-level Addiction Counselor (2 FTE)
    - Certified Recovery Coach (3 FTE)
    - Primary Care Provider (.10 FTE)
    - Consulting Psychiatrist (.20 FTE)
  - OBOTs (per 400 patients)
    - RN Care Manager (3 FTE)
    - Masters-level Clinical Case Manager (3 FTE)
    - Certified Recovery Coach or Community Health Worker (3 FTE)
    - Supervising Primary Care Provider (.15 FTE)
    - Consulting Psychiatrist/Psychologist (.10 FTE)

# Michigan's OHH—The Mechanics

- **Enrollment Process**

- Two-pronged process utilizing MDHHS systems:
  - Autoenrollment
  - Provider recommended enrollment

- **Payment Process**

- MDHHS will pay the PIHP a monthly case rate based on enrolled beneficiaries
- The PIHP will pay OHH providers based on the following approved encounters:
  - S0280 HG – Recovery Action Plan Rate (for first month): \$398.91 (OBOT) to \$417.80 (OTP)
  - S0281 HG – Ongoing Care Management Rate: \$246.32 (OBOT) to \$255.76 (OTP)
- The PIHP will submit encounters to MDHHS
- MDHHS will reconcile payments based on actual services provided
- MDHHS will pay for performance for providers meeting defined quality metrics
  - Decrease in opioid-related hospitalizations
  - Increase in the initiation and engagement of SUD treatment including MAT
  - Increase in Medicaid peer recovery coach utilization (H0043 code via the PIHP Code Chart)



# Michigan's OHH—Designated Providers

- **PIHP**
  - Northern Michigan Regional Entity (PIHP in Region 2)
- **OTP**
  - NMSAS Recovery Center (OTP)
- **OBOT**
  - Alcona Health Center (OBOT—FQHC)
  - Bear River Health (OBOT—SUD Provider)
  - Centra-Wellness Network (OBOT—CMHSP)
  - Thunder Bay Community Health Service, Inc. (OBOT—FQHC)
  - Traverse Health Clinic (OBOT—FQHC)

# Progress to Date

- **Federal and State Approvals**
  - State Plan Amendment Approved on October 1, 2018
  - Medicaid Policy Implemented on October 1, 2018
- **OHH Implementation**
  - Project Implemented on October 1, 2018
  - 7 Fully Designated OHH Providers (as of June 12, 2019)
- **OHH Enrollment**
  - 252 enrolled beneficiaries (as of June 12, 2019)
  - Target: 750 by end of FY19; 1,500 by end of FY20

# OHH Eligible Population—Key Facts

- **Demographic Breakdown:**

- Age of Eligible Beneficiaries

- Average: 39
- Median: 36
- Mode: 33

- Gender of Eligible Beneficiaries

- Female: 56%
- Male: 44%

- **Health Plan Enrollment Breakdown:**

Medicaid Health Plan/FFS	Total
Meridian Health Plan of Michigan	40%
Fee for Service	30%
McLaren Health Plan	18%
Molina Healthcare of Michigan	9%
UnitedHealthCare Community Plan	3%

# Michigan's OHH—Next Steps

- Continue outreach and enrollment
- Implement Marketing Plan (July-November 2019)
  - Estimated 15 million impressions: get ready!
- Process evaluation
- Outcomes evaluation
- Expand

# Michigan's OHH—Resources

- **Michigan's OHH Website:**

- [www.Michigan.gov/OHH](http://www.Michigan.gov/OHH)

- OHH Handbook
- List of Provider Information
- OHH Policy
- OHH Brochure and Poster
- Other Key Resources

- **Northern Michigan Regional Entity OHH Website:**

- <https://www.nmre.org/opioid-health-home/>

# Questions?

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