
Handbook

for

Patients & Families

Center for Forensic Psychiatry

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Gretchen Whitmer, Governor
Robert Gordon, MDHHS Director

Important Telephone Numbers/Web Addresses

Alcoholics Anonymous (http://www.aa.org)	
Alliance for the Mentally Ill Michigan (http://www.nami.org)	
.....	(517) 485-4049
.....	(800) 950-6264
Center for Forensic Psychiatry (CFP)	(734) 429-2531
CFP Ethics Committee	(734) 295-4229
Office of Recipient Rights at Forensic Center	(888) 509-6006
Patient Grievance Committee	(734)-295-4351
Mental Health Association in Michigan	(248) 647-1711
Michigan Association of Community Mental Health Boards	
(www.macmhb.org)	(517) 374-6848
Michigan Dept. of Health and Human Services	
(www.michigan.gov/mdch)	(517) 241-3740
Michigan Protection and Advocacy Services	
(www.mpas.org)	(800) 288-5923
National Narcotics Anonymous	(818) 700-0700
Schizophrenics Anonymous	
(www.schizophrenia.com/help/Schizanon.html)	(810) 557-6777
National Suicide Prevention Lifeline	
(www.suicidepreventionlifeline.org)	(800) 273-9255
National Mental Health Consumers Self Help Clearing House	
.....	(800) 553-4539
Joint Commission	(630) 792-5800
Email Address: (patientsafetyreport@jointcommission.org)	
 Centers for Medicare and Medicaid Services.....	(800) 882-6006
(www6.dleg.state.mi.us/parsers/complaints/onlineform.asp)	

Street Address:

8303 Platt Road
Saline, MI 48176

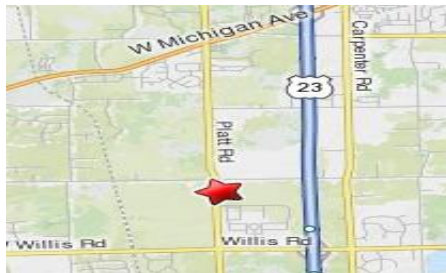


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Center for Forensic Psychiatry (CFP) (also known as the Forensic Center)

The Center for Forensic Psychiatry’s mission is to provide quality mental health services to individuals and the Michigan court system.

The word, *forensic*, means “relating to the courts.”

The Forensic Center conducts court-ordered evaluations for criminal courts, and provides treatment for mentally ill individuals who are, or have been, involved with the criminal justice system. The Center serves the entire state of Michigan and is accredited as a psychiatric hospital by the Joint Commission and certified as a psychiatric hospital by the Centers for Medicare and Medicaid Services. Most individuals admitted for treatment either have criminal charges pending or they have been found not guilty of criminal charges by reason of insanity.

Occasionally, mentally ill individuals who are unable to be managed adequately in other state-operated hospitals will be transferred to the Center for treatment for brief periods. Because the Center is a secure mental health facility, certain restrictions are imposed on patient movement, activities and personal items.

The Forensic Center, established by the State of Michigan in 1966, is part of the State Hospitals Administration, which is a division of the Michigan Department of Health and Human Services (MDHHS). Within the Forensic Center, there are three major divisions or departments: **Evaluation Services, Treatment Services** and **Administrative Services**.

The Evaluation Services Division conducts different types of evaluations for Michigan’s criminal courts to respond to questions regarding an individual’s *current mental state* (competency) and/or his or her mental state *at the time of a crime* (criminal responsibility or culpability).

The Treatment Services Division provides inpatient treatment and/or diagnostic services for individuals who have been found either Incompetent to Stand Trial (IST) or Not Guilty by Reason of Insanity (NGRI) (see pp 13-14 for an explanation of these terms).

Occasionally, individuals who have been committed to another state hospital for psychiatric treatment under Chapter 4 of the Michigan Mental Health Code may be transferred to the Forensic Center for treatment. Such persons usually are transferred here because they present special management problems in the less restrictive setting. In very rare instances, inmates from county jails may be transferred to the Center for treatment.

The Administrative Services Division provides administrative and support services for the other two divisions, such as food, accounting, maintenance, and housekeeping services.

Accommodations for Persons with Disabilities: The Forensic Center can be accessed by and provides services to disabled persons, including those who are deaf, hard of hearing, blind, or who have other sensory impairments. Access features include:

- Convenient off-street parking designated specifically for disabled persons.
- Curb cuts and ramps between parking areas and buildings.
- Level access into first floor level with elevator access to all other floors.
- Fully accessible offices, meeting rooms, bathrooms, public waiting areas, treatment areas, and patient units.
- A full range of assistive and communication aids provided to persons who are deaf, hard of hearing, or blind, or with other sensory impairments. There is no additional charge for such aids. For example,
 - Qualified sign language interpreters for persons who are deaf or hard of hearing.
 - A twenty-four hour (24) telecommunication device (TTY/TDD) which can connect the caller to all extensions within the facility and/or portable (TTY/TDD) units, for use by persons who are deaf, hard of hearing, or speech impaired.
 - Readers and taped material for the blind and large print materials for the visually impaired.
 - Other assistive devices as needed

If you require any of the aids listed above, or are aware of the needs of someone who is a patient at the Forensic Center, please let us know. You can contact either the CFP 504 coordinator at (734)295-4308 or Nursing at (734)295-4400.

Nondiscrimination Policy: The Forensic Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment.

Patients' Rights. Patients have certain rights which are listed in Chapter 7 of the **Michigan Mental Health Code, *Rights of Recipients of Mental Health Services***. Basically, Chapter 7 states that patients have the right to be treated with dignity and respect and be provided safe, sanitary, and humane treatment in the least restrictive setting appropriate to their mental condition. A booklet entitled, *Your Rights When Receiving Mental Health Services in Michigan*, published by the MDHHS Office of Recipient Rights, summarizes these rights and is provided to all patients at the Center. Copies are available upon request. Further information regarding policies, procedures, relationship between care, treatment, and services as well as financial incentives is available upon request to all patients.

A Recipient Rights Advisor is located at the Center. The Recipient Rights Advisor investigates reported rights violations and can be reached at **(734)295-4453 or (734)295-4451**. There is also an Office of Recipient Rights (ORR) in Lansing that handles questions about rights violations.

The Lansing office can be reached at (800)854-9090, and the mailing address is: **Office of Recipient Rights, Michigan Dept. of Health and Human Services, Lewis Cass Building, Lansing, MI 48913**. If an individual demonstrates harmful or unacceptable behavior, certain patient's rights may be restricted by court order or by treatment team or administrative action, as permitted by law. These rights include, but are not limited to, the following rights:

- ...to manage one's own affairs.*
- ...to have information kept private.*
- ...to receive and send mail privately.*
- ...to have phone calls unimpeded and uncensored.*
- ...to have access to visitors.*
- ...to wear one's own clothes and keep one's own property.*
- ...to have one's money kept in an account in one's name with ready access to that money.*

For example, if a patient is careless with money, a petition may be filed in probate court to appoint a guardian to handle the patient's funds. Or, if a patient is known to make inappropriate phone calls, use of the

telephone may be restricted to be able to only *receive* calls. Again, any restrictions on these rights must be by court order or be addressed in the patient's treatment plan. (Please refer to page 16 for more information about *treatment plans*.)

There are some patients' rights that are not subject to restriction. These include the right...

- ...to see one's own attorney, doctor or mental health professional.
- ...to appropriate assessment and management of pain.
- ...to have an individualized written plan of services.
- ...to participate in the planning of one's own treatment.

Patient Grievance Resolution: Patients and/or their representatives may make an informal or formal verbal or written complaint addressing the patient's care at CFP. Attempts will be made to resolve the complaint immediately. If this is not possible, the CFP Grievance Committee will attempt to resolve the issue within seven business days. The Grievance Committee contact number is (734) 295-4351.

Use of Seclusion or Restraint: On occasion, staff at the Center may find it necessary to temporarily seclude or restrain a patient in order to help that patient regain control of his or her behavior. These measures are used only to prevent self-harm to the patient or physical harm to others. The use of seclusion or restraint is subject to strict controls and is closely monitored according to MDHHS guidelines and standards established by the Joint Commission and the Centers for Medicare and Medicaid Services.

Privacy and Confidentiality: Patients are allowed to decide for themselves if they wish to have certain information about them kept private, and to what extent. For example, upon admission patients are asked to choose whether they wish to receive phone calls while at the Center or not. With certain exceptions, patients must also give permission for the Forensic Center to release information about them to *anyone* other than the courts -- including their own family members. The Center is HIPAA (The Health Insurance Portability and Accountability Act) compliant.

For example, one exception to the "confidentiality rule" involves statements made by a patient during an evaluation that will result in a *court report* or *doctor's certificate*. Another example is that patients who have been found Incompetent to Stand Trial (IST) are told that talks between them and members of their treatment team are *not* confidential, and therefore can be disclosed in court. For that matter, *any* member of

the treatment team can be called to court to testify about a patient's behavior and/or mental state while at the Center as it relates to court proceedings. Also, if staff are informed that a child or adult who cannot care for themselves is being abused or neglected, we will have to report the matter.

Integrity of Clinical Decisions and Forensic Opinions: It is Forensic Center policy to avoid compromising the quality of care and quality of forensic opinions by ensuring that clinical decisions are based on identified patient health care needs, and that forensic opinions are based on accepted forensic standards and practices. Clinical decision-making and the formulation of forensic opinions, as they relate to the delivery of services, should not be compromised by financial, administrative, legal or political influences or incentives.

Ethical Treatment: Patients at the Forensic Center are entitled to be treated with dignity and respect. If a patient, family member or guardian believes the patient is being treated unfairly or unjustly, a complaint may be filed with the Center's **Ethics Committee by calling (734)295-4229**, by writing to the Ethics Committee at the address on the inside of the front cover of this booklet or by contacting the Michigan Department of Health and Human Services, Office of Recipient Rights (see p. 2) or Michigan Protection and Advocacy Services (800)288-5923. In addition, if an individual has any concerns about patient care and safety in the hospital, he/she is encouraged to contact the Center for Forensic Psychiatry management at (734)295-4400. If the concerns cannot be resolved at the hospital level, then the individual may contact either the Joint Commission or the Center for Medicaid and Medicare Services. Joint Commission's Office of Quality and Patient Safety can be reached at 1.800.994.6610 or by an email to http://www.jointcommission.org/report_a_complaint.aspx. The Center for Medicaid and Medicare Services' toll free complaint hotline is 1.800.882.6006 or the e-mail complaint form can be found at one http://www.michigan.gov/lara/0,4601,7-154-35299_63294_63302-64503--,00.html.

Designating a Patient Advocate

WHAT IS A PATIENT ADVOCATE? A Patient Advocate is someone who acts on a patient's behalf regarding his or her medical needs should the patient become unable to make his or her own health care decisions. Most people choose a family member or a close friend to be their Patient Advocate.

WHY WOULD A PATIENT WANT TO HAVE A PATIENT ADVOCATE? A Patient

Advocate will make sure that the patient's wishes regarding medical care are followed if the patient ever becomes unable to make medical treatment decision.

HOW CAN A PATIENT GET A PATIENT ADVOCATE? If a patient would like to designate a Patient Advocate, his or her psychiatrist, nurse, or chief clinician can help the patient contact someone who could assist in making the necessary arrangements. Some people who could help with the process of obtaining a Patient Advocate might be a lawyer, a family member, or Michigan Protection and Advocacy Services (800)288-5923. The document involved in designating a Patient Advocate is sometimes called an *Advance Medical Directive*.

NOTE: The existence or lack of an advance directive does not determine access to care, treatment, and services. CFP documents and honors patients'/legal guardians' advance directives within the limits of the law and the hospital's practical capabilities.

WHAT IF A PATIENT HAD A PATIENT ADVOCATE BEFORE BEING ADMITTED TO THE FORENSIC CENTER? If a patient already has a Patient Advocate designated before being admitted, the patient should tell his or her psychiatrist, nurse, or chief clinician. Forensic Center staff will then be aware that the patient currently has a designated Patient Advocate. Staff will make a good faith effort to contact the designated Patient Advocate if it is ever necessary to make a medical decision at a time when the patient is unable to make medical decisions for him or herself.

Eight Areas of Special Interest:

1. PHONE PRIVILEGES. Each inpatient unit has one or more telephones which patients can use to place or receive calls between 8:00 a.m. and 9:00 a.m. and between the hours of 11:15 a.m. and 10:00 p.m. Collect calls can be *placed to others*, but not received. Phone cards are available for patients to purchase at the patient vending area.

Family can now call directly to the units. The numbers are:

South 1:	734-295-4440	East 1:	734-295-4482
South 2:	734-295-4477	East 2:	734-295-4475
South 3:	734-295-4503	East 3:	734-295-4441
South 4:	734-295-4502	East 4:	734-295-4424

2. MAIL. Patients may send and receive mail without restriction. However, all incoming mail addressed to the patient *will be opened in the presence of staff* to insure that prohibited items are not enclosed. Patients may send three (3) *free* mailings per week if they are considered indigent. All patient mail and packages should be sent to:

P.O. Box 2060 Ann Arbor, MI 48106

3. FUNDS FOR INDIGENT PATIENTS. Patients without funds of their own are provided \$25 a month to spend if they have had no more than \$24.99 processed through their account during the preceding month. "Indigent funds" are deposited in patients' accounts on or about the 10th of each month.

4. PERSONAL FUNDS. Money that patients bring with them when admitted is deposited into separate, interest-bearing accounts in each patient's name. Money may be withdrawn for personal expenditures at regular times throughout the week and prior to holidays and weekends. Receipts are provided for deposits and withdrawals, and account statements are available upon request.

5. MEDICAL, DENTAL & VISION TREATMENT. The Center makes every effort to control the spread of infections and arranges for patients to see medical doctors on the units for routine medical problems. Patients who experience more serious medical problems, or who need specialized treatment, are taken to a local hospital for medical care. **Dental, vision or foot** problems are treated first in clinics located at the Center, or patients may be referred to a local hospital, or a medical or dental clinic, for treatment if necessary.

Patients do have the right to seek medical or dental care privately, but they must be able to pay for such services with their own funds or insurances. Transportation to a private doctor or dentist, within a reasonable distance, would be provided by Forensic Center staff in a state vehicle.

6. PERSONAL PROPERTY. Space permitting, patients are allowed to keep their own clothes and personal items that are not specifically prohibited. Each patient is responsible for his or her own property and is provided limited, locked storage space on the unit. Limited additional storage is provided for valuable, prohibited, or excess items, which are labeled with the patient's name and stored in a locked, central property area.

Patient safety and security reasons do not permit us to allow patients to use medications brought into the Center. All medications brought into

the Center will be processed according to the Center's Patient Personal Property policy.

Due to security requirements at the Center, some personal items are not permitted on the inpatient units because they could be used to harm oneself or others. For example, ballpoint pens, tools of any type, matches, scissors, mirrors, and products containing alcohol are all prohibited. **Food items are also prohibited.** Patients may have small portable radios or tape players/MP3s if the recording function has been disabled, but personal television sets are not allowed. We do not have space to list all prohibited items here, so family members should ask for an **"excluded items list"** or check with security/nursing staff or a patient's chief clinician if there are questions about particular items.

7. VISITING. Regular visiting hours at the Forensic Center are **4:30 – 7:30 p.m. on Wednesday and 12:30 – 2:30 p.m., Friday-Sunday**, and during holidays. *Personal contact is not allowed during regular visits* (visitors are separated from patients by a glass & screen barrier). **Picture identification is required for all visitors:** driver's license, state ID obtained through the Secretary of State's office, passport, and other government issued state identification, and military identification card. **Expired identification (driver's license, state id and passports) can be accepted as long as there is a picture of the individual.** When accompanied by a parent or guardian, youths ages 0-14 may visit with parent or guardian provided the parent/guardian have proper Identification. Students 15 years and older, with a pictured School ID is considered sufficient ID to meet our requirements and may visit without being accompanied with an adult. Children under 12 are not to be left unattended in the visiting lobby, so visitors are asked to provide proper supervision. Other rules are posted in the visiting lobby.

Barrier-free visits with family members and designated significant others, may be held if the patient is on a probate court order and the visit is approved by the treatment team. Arrangements are made through the patient's chief clinician. Barrier-free visits are monitored by nursing staff and are granted under the following conditions:

- Only two visitors will be allowed in the visiting room at one time; exceptions are possible with prior approval.
- Patients and family members may embrace, hold hands, and briefly kiss during the visit. A visit may be ended for security or safety reasons, or if physical contact becomes sexually inappropriate.
- Food or pets are not allowed.
- All visitors must be approved prior to the visit.

Authorized Leave of Absence: Patients who have met certain requirements may have the opportunity, when approved by either the Center Director or NGRI Committee to go on outings on grounds or in the community for several hours accompanied by forensic security staff.

Family Therapy: Family therapy sessions are offered if the treatment team determines they may be of benefit to the patient and members of his or her family. These sessions would be arranged by the patient's chief clinician.

8. SMOKING/TOBACCO PRODUCTS. As of 10-01-2008, the Center for Forensic Psychiatry is a Smoke and Tobacco Free environment. The law that prohibits the use of tobacco products also applies to all State psychiatric hospitals. Smoking cessation information will be made available to all who are interested. Smoking cessation treatment is also provided.

Frequently Asked Questions

Q. Is the Forensic Center more security-conscious than other state hospitals?

Yes. Extra security precautions are necessary to maintain the safety of patients, staff and visitors, and to prevent escapes. Almost all of our patients are, or have been, involved with the criminal justice system, often for violent crimes.

Q. How are things made safer at the Center?

We have more staff on the inpatient units than other state hospitals, doors are kept locked, and patient movement between units or outside the Center is restricted and closely supervised. Also, items that might be made into weapons are not allowed. A high fence with both video and electronic monitoring devices surrounds the inpatient building. Video monitoring is maintained for the safety of all CFP patient, staff, and visitors in common areas of the hospital.

Q. What should I do if I have a safety concern at the Center?

Patient safety is a hospital-wide priority. If you have a safety concern, please contact the Area Supervisor at (734)295-4300.

Q. Do these extra security measures affect visitors?

Yes. The number of visitors is restricted, visitors must agree to be “scanned” by a metal detector, and visitors are not allowed to take purses or other items with them into the visiting area. Except for **Barrier-free visits** as noted in the section on “VISITING” (see page 11), visitors and patients are separated by a glass & screen barrier, which allows visitors and patients to freely talk to each other but prevents physical contact. Gifts and packages cannot be given directly to the patient. Because packages must be inspected and the contents properly receipted, we ask that you do not wrap gifts. If approved, the gift or package contents will be given to the patient after he or she returns to the inpatient unit. For a list of “excluded” items, please ask at the visiting desk or contact the patient’s clinician.

Q. What type of patients are treated at the Forensic Center?

All patients at the Center have a mental illness or an emotional disorder, and virtually all currently have - or had - a criminal charge against them. There are three categories of patients:

1. **Incompetent to Stand Trial (IST)**. Being *IST* means that criminal charges have been brought against a person and a district or circuit court has determined that the person is not capable of standing trial *due to his or her current mental or emotional state*. This means the person may not fully understand the criminal charge(s) or may be having difficulty working with his or her attorney in a rational manner, or both. Treatment is provided within time limits defined by law until the person is well enough to return to court and face the criminal charge(s).

Persons who have been found IST can be treated for a maximum of 15 months, or no longer than *one-third of the maximum sentence* they would receive if found guilty of the charge(s) against them. Most patients are restored to competency within two to three months, at which time they are returned to jail and to court to stand trial. If a person does not regain competency within the legal time limits, civil commitment proceedings usually are begun so that psychiatric treatment can be continued. The criminal charges are dropped at this point, but may be reinstated if, later, the person becomes competent.

2. **Not Guilty by Reason of Insanity (NGRI)**. Another type of patient admitted here is someone who has been found *NGRI* in a District or Circuit court. These patients have been to trial, and a judge or a jury has determined that they were *not legally responsible* for their actions due to their *mental or emotional state at the time of the crime*.

Michigan law requires that persons found *NGRI* be evaluated and observed for up to 60 days to determine if they are mentally ill or have an intellectual disability and in need of treatment. This is called a *60-day Diagnostic Period*. During these 60 days if the person is found not to be mentally ill or have an intellectually disability, or if they have a mental illness or intellectual disability that does not need to be treated in a hospital, he or she will be released. In rare instances, if psychiatric treatment is needed, it may be possible to provide it through local community mental health programs near the person's home.

If the person is found to have a mental illness or intellectual disability and in need of inpatient psychiatric treatment, a recommendation is made to the trial court that the person be hospitalized for psychiatric treatment. The trial court will instruct the prosecuting attorney to file a Petition/Application for Hospitalization in *probate court*, which can be either in the county where the crime took place or in the person's county of residence. That probate court then will have jurisdiction over the case from that point forward.

If a treatment order is issued by the probate court, the first one will be a **60-day Treatment Order**. (This is in addition to the 60-day *diagnostic* period noted above.) A **90-day Continuing Treatment Order** follows the 60-day Treatment Order if that person still needs inpatient treatment when the 60-day period expires. A **One-year Continuing Treatment Order** may be requested if treatment is still needed after the 90-day period expires. A person on a One-year Continuing Treatment Order has the opportunity to go to court twice a year: whenever a *6-month Review Report* is sent to the court, and when a petition is filed to continue the one-year treatment order. At any hearing, the probate court may order treatment on an outpatient basis or in a less restrictive setting; if it is determined that such treatment would be appropriate.

3. **Transfers from other hospitals** Occasionally, patients are

transferred to the Center from other state-operated psychiatric hospitals. These persons may or may not have charges filed against them, but they have been ordered to receive psychiatric treatment in a hospital by a court, which is most often a probate court.

Usually, these patients are sent here because they present special diagnostic questions or management problems. Because the Forensic Center is part of the Michigan Department of Health and Human Services, these individuals can be sent to the Center for treatment until they can be managed in a less restrictive setting, at which time, they will be returned to the hospital that sent them.

Q. Are patients ever discharged directly to home or to the community from the Forensic Center?

After they have been restored to competency, IST patients are usually sent back to the county jail from where they came to face the charge (s) against them. NGRI patients who no longer need to be at the Forensic Center are usually transferred first to another state-operated hospital (or another less restrictive setting) to prepare them for discharge and for treatment in their home community. Detailed discharge planning is conducted at that hospital in cooperation with families and the local community mental health agency so that the best possible community treatment programs can be arranged for patients.

The Center also coordinates the Direct Community Placement Program (DCPP). This is a program for individuals currently residing at the Center for Forensic Psychiatry who are released directly to the community, bypassing any stay at a less-restrictive hospital setting. The CFP Treatment team will identify and refer a patient whom they believe meets the criteria for placement in this program.

Q. What about the units where the patients live at the Center?

The Center is made up of eight inpatient units, which are designed to accommodate 34 patients. Most of the patients sleep in their own individual room, on either the 1st or 2nd floor of their unit. There are a total of four double rooms on the first floor that can be used for patients with special needs. During the day, patients can attend Main Street programming and/or programming on their home unit.

Q. What is Main Street?

Main Street is the Center's common area for activities and therapeutic programs. Program areas include: a library, gym, fitness room, kitchen, activity rooms, a multipurpose room/chapel, music therapy, horticulture therapy and greenhouse. Main Street is also the work area for patients who are involved in the Vocational Therapy Print Shop and Janitorial programs. The barbershop and vending area are also located on Main Street near the "Town Square". Patients must be eligible to attend Main Street activities. A patient's eligibility to attend Main Street is impacted by behavioral, medical, and safety considerations determined by the treatment team.

Q. How are treatment plans developed?

Using a process called "**Person-Centered Planning**", the patient and the treatment team work together to develop an Individualized Plan of Services (IPOS), often called a "treatment plan." Treatment typically includes the use of medications to treat the symptoms of a psychiatric illness; individual, group or family therapy; addressing problems related to alcohol and substance abuse; instruction on how to manage medications and symptoms; and opportunities to participate in various treatment programs and activities. All efforts are focused on helping the patient return to court, move to a less restrictive setting, or be considered for discharge.

It works like this: when first admitted, the patient is asked to identify personal goals he or she hopes to achieve while in the hospital. Also, various treatment team members assess each patient during that first week. The whole treatment team then meets with the patient to help determine realistic treatment goals, and to develop a plan on how to achieve those goals. The team will also help the patient begin to think about discharge and to identify special problems that may prevent discharge.

The patient is also asked to identify family members and other persons that he or she might want to include in the treatment planning process. If these individuals have indicated they want to be involved in the treatment planning process, *and* the patient agrees, efforts will be made to meet with them and include them in developing the treatment plan. (Parents of minors and legal guardians will be included in the development of the treatment plan from the beginning.)

Q. Can patients or family members make comments in the patient's medical record?

Forensic Center policy and state law allow for patients, family members, guardians, or parents of minor children to review a medical record under certain conditions. Any of these individuals may insert a written response in the medical record if they do not agree with what has been stated or wish to provide additional or clarifying information. Arrangements to make entries in the medical record can be made by contacting the chief clinician or notifying staff in the visiting lobby.

Q. What should my family or I do if we notice a worsening of my condition?

CFP encourages the patient and family to seek assistance when the patient's condition worsens. If you notice a change, you can contact the patient's chief clinician, psychiatrist, or Nursing Supervisor, which are available twenty-four hours, 7 days a week at (734)295-4400.

Q. Who are the staff that take care of the patients?

The Treatment Team is comprised of staff from several different disciplines, all of which work directly with patients on the inpatient units. The following disciplines are represented: psychiatry, social work, nursing, psychology, occupational and recreational therapy. Other staff also may have contact with patients to consult about such things as dietary or educational needs.

Unit Director: Each unit has one psychiatrist assigned as the Unit Director, and a minimum of one other psychiatrist, assigned full or half time to assist with psychiatric care of patients. The Unit Director leads the Treatment Team for that unit and supervises the development of treatment plans. In addition to being responsible for the overall treatment of patients on the unit, the Unit Director and other psychiatrists have patients assigned directly to their care.

Chief Clinician: All Chief Clinicians at the Forensic Center are clinical social workers with a Master of Social Work (MSW) degree. The Chief Clinician helps patients develop and carry out their treatment plans, which includes planning for discharge or transfer to a less restrictive setting. The Chief Clinician provides individual and group therapy as needed and involves patients in various programs and activities to help in their recovery efforts. The Chief Clinician is also the primary contact person

for a patient's attorney and for family members and friends.

Registered Nurses (RN's): Nurses provide 24-hour nursing care on the units. They also administer medications, teach patients about medications, assess medical conditions, assess for pain and comfort, conduct groups, and help develop individual treatment plans. They, as other staff at the Center, are actively involved in assuring patient safety.

Consulting Psychologists: These are clinical psychologists with a Doctorate degree (PhD or PsyD) in clinical psychology who are assigned to work with the Treatment Team on a variety of clinical matters. Psychologists also help develop the treatment plan, and they provide consultation, do psychological testing, conduct group therapy when indicated, and occasionally serve as a chief clinician.

Rehabilitation Services: Music, occupational and recreational therapists provide a variety of treatment programs designed to help patients improve their functional skills and abilities. These therapists work closely with the interdisciplinary treatment team in development of the patient's treatment plan.

Forensic Security Assistants & Supervisors (FSA's & FSS's): These direct care staff are on the inpatient units 24-hours a day. They monitor and supervise patients' behavior on the unit to assure a safe environment. They assist patients in various activities of daily living, conduct activities and programs, and help run groups. They also provide observations about individual patients that can be used in developing and implementing treatment plans.

Other individuals who are involved in treatment planning or who may have contact with patients:

Dietitian. A registered dietitian oversees the nutritional needs of the patients and arranges for special diets for individual patients. A dietitian will meet with the patient and members of the Treatment Team as needed to discuss special diet needs and other dietary concerns.

Educational Specialists. Special education teachers are trained to work with patients who have emotional impairment. Teachers assist students in completing their GED or improving their academic skills through Adult and Special Education classes.

Pharmacists. Registered pharmacists dispense the many prescription medications ordered for patients at the Center. Pharmacists also consult with individual treatment teams about matters related to medications. Pharmacists also sometimes will help teach patients about the medications they receive in addition to providing doctors and other staff with up-to-date information about the various medications used to treat psychiatric disorders.

Pastoral Services. The Center has a full-time chaplain on staff to provide religious/spiritual counseling services to our patients. Non- denominational church services are provided weekly. Arrangements can be made to provide access to clergy of different faiths as the need arises.

Library Services. Access to various library materials, including books, magazine subscriptions, audio & video tapes, tape players, and large print materials, is provided on each inpatient unit. Selection of new materials is based mostly on patients' interests, which is determined by individual requests and surveys, and at patient government meetings. Materials that support various treatment and recreational programs are also provided. The Center employs a full-time staff librarian who is responsible for purchasing, cataloging, and distributing materials requested by the various inpatient units. The librarian also provides library services to all CFP staff.

The Forensic Center also provides graduate and post-graduate training for individuals who wish to specialize in forensic mental health practice. The following individuals may be involved with patients at the Forensic Center as part of their clinical training:

Forensic Residents & Fellows. These professionals are fully trained and licensed psychiatrists (MD's) or clinical psychologists (PhD's or PsyD's) who come to the Center for advanced training in forensic psychiatry and psychology. They may participate as members of the treatment team. They are supervised by experienced, professional staff members in the same field of practice.

Students and Interns. The Center also provides supervised learning opportunities for both bachelor's and master's level students enrolled in various types of clinical programs at local universities and colleges. Students studying social work, psychology, medicine, nursing, occupational therapy, and recreational therapy will come to the Center for varying periods of time to develop their clinical skills. These students

are assigned to work directly with patients under the supervision of qualified professional staff in the same field.

Q: What is the Family Support / Education Program?

The Forensic Center offers an educational, supportive program for family members and significant others of our patient population. Patients do not attend these meetings. We know that having a relative or friend receiving treatment at the Forensic Center can often be confusing and at times frustrating. We have designed this program to assist in clarifying some of your confusion, answering some of your questions, and providing a supportive community. This is an ongoing program that meets on the second Saturday of every month from 10:00a.m. to 12:00p.m. Its goal is to assist families in understanding general treatment concepts for the mentally ill and to get support from others who have loved ones at the Center. In addition, the group provides educational information about mental illness and what kinds of things can be done to help your family member/friend and yourself. The meeting ends as visiting hours begin. There is a bulletin board located at the entrance of the lobby that has current information about the program. Twice a year we have a special event where we share a meal with Family Support/Education members and patients.

Michigan Department of Health and Human Services (MDHHS) is an equal opportunity services and programs provider and employer.

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Treatment Services Division and Department of Social Work,
Center for Forensic Psychiatry. Ann Arbor, Michigan

+++ Personal Notes +++

Use this space to make notes about the patient's unit, doctor, chief clinician, medications, and other matters of importance.