

+ • ◦ Person Centered Planning 101 ◦ + ◦

Overview

- Part of Bigger Process
- Self-Determination
- Person Centered Process
- Planning
- Putting it all together

Definitions

- Person Centered Planning
- Person-centered planning is a collaborative, person-driven process designed to promote each individual's fundamental right to self-determination while making informed choices about the life they want to live. This leads to a documented plan that guides those who implement it toward realization of the person's needs and desires.

Short History

1970s – Person Centered
Planning Movement

1996 – Person Centered
Planning Law in Michigan

Today - Progress

Short History

Movements, when
effective, change laws

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Movements, when
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But laws don't change
attitudes

Today - Progress

Short History

Movements, when effective, change laws

But laws don't change attitudes

Attitudes are changed through experience and relationships

Person Centered Service Delivery

- **MI Mental Health Code**
 - “The responsible mental health agency for each recipient shall ensure that a person-centered planning process is used to develop a written individual plan of services in **partnership** with the recipient”
- **HCBS Final Rule**
 - **Optimizes**, but does not regiment individual initiative, **autonomy**, and **independence in making life choices**, including but not limited to, daily activities, physical environment, and with whom to interact.
- **Medicaid Provider Manual**
 - The services in the plan ...must reasonably be expected to achieve the goals and intended outcomes identified.
 - Independence ...means how the individual defines the extent of such freedom for him/herself during person-centered planning. **Independence = "Freedom from another's influence, control and determination."** (Webster's New World College Dictionary, 1996).
- **HCBS Wavier requirements**
 - *Person-centered planning process.* The **individual will lead** the person-centered planning process where possible.

Person Centered Service Delivery

- MI Mental Health Code

- “Person-centered planning” means a process for planning and supporting the individual receiving services that **builds** upon the individual's **capacity** to engage in activities that **promote** community life and honors **the individual's preferences, choices, and abilities.**”

- HCBS Final Rule

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- Medicaid Provider Manual

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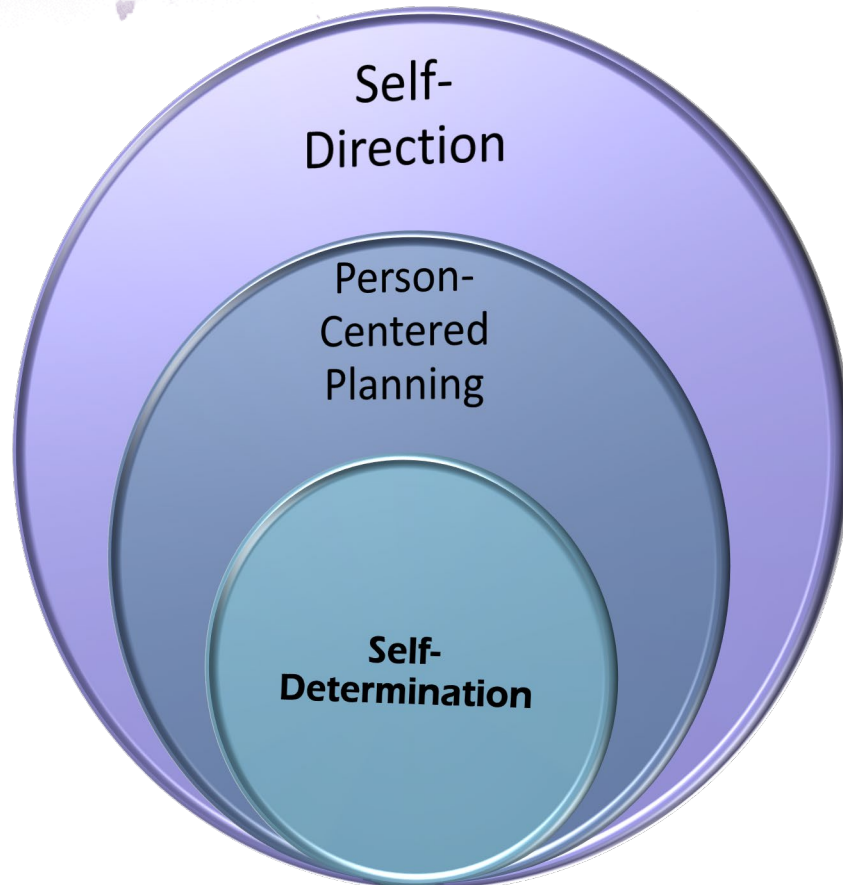
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Self-Determination



PCP

Independence

Productivity

*Community
Engagement*

Self

Determination

➤ *Autonomy*

➤ *Competence*

➤ *Relatedness*

Person Centered Process



Learning

No LOC

Learn to drive
process



Pre-Planning

Build circles



Convening



Implementation



bakedbygabby.com

power chowder
damndelicious.net


How Better
to Eat

Mexican ch
(PALEO, WHOLE 30 & GL)

Let's Make Soup

A top-down view of various legumes including kidney beans, pinto beans, black beans, green lentils, and yellow lentils, some in glass bowls and some scattered on a dark surface. The word "Ingredients" is overlaid in the center in a white, outlined font.

Ingredients



Ingredients =
Learning

A woman with glasses and a floral-patterned sleeveless top is shown in profile, looking towards a wall. The wall is covered with various papers, sticky notes, and a large sheet of paper with handwritten notes and diagrams. The scene is dimly lit, with light coming from a window on the right. The overall atmosphere is one of quiet concentration and creative thinking.

Grocery List

A woman with glasses, wearing a light-colored floral dress, stands in profile looking at a wall covered in various papers and sticky notes. The wall is made of stone or brick. The papers include a large sheet with a diagram titled 'CUSTOMER ENGAGEMENT' and other terms like 'CONTROL POSTURES', 'PRIVACY / PUBLIC', and 'TECHNICAL'. There are several yellow, blue, and white sticky notes scattered across the wall. The scene is dimly lit, suggesting an indoor office or meeting space.

Grocery List =
Pre-Planning

A person is shown from the side, pointing at architectural blueprints pinned to a wall. The person is wearing a light-colored sweater and has a watch on their left wrist. The blueprints are detailed drawings of a building's floor plan. The background is a wall covered with various papers, including a framed photograph of a dining room and a patterned fabric sample.

Recipe

A person is shown from the side, wearing a light-colored sweater, pointing at architectural drawings pinned to a wall. The drawings include floor plans and a grid. The scene is dimly lit, and the overall tone is professional and collaborative.

Recipe =
Convening



Tasting



Tasting = Implementation



Planning

- Preparations
 - Assessment
 - Preplan
 - Flexible implementation dates
 - Facilitation

Planning

- Flexibility – Person Driven
 - Meeting details
 - *How*
 - *When*
 - *Where*
 - *Who*

Planning

- Flexibility – Person Driven
 - Can be Robust
 - *Strengths*
 - *Dignity of risk*
 - *Goals*
 - Involve team/facilitation
 - Prep to co-produce

Planning

- Convening
 - Person Driven
 - All Party's Input
 - Strengths
 - Dignity of Risk
 - Goals
 - How will Supports Assist?
 - Methodology
 - Review

Cont. Person
Centered
Process

Implement

Review

Act

Make Changes as necessary

Cont. Learning



What Questions Do
You Have for Me?

Reference

- MI Mental Health Code
 - [http://www.legislature.mi.gov/\(S\(pqhs4z23iikiky21lsa121r\)\)/mileg.aspx?page=getobject&objectname=mcl-330-1712](http://www.legislature.mi.gov/(S(pqhs4z23iikiky21lsa121r))/mileg.aspx?page=getobject&objectname=mcl-330-1712)
 - MHC 330.1700(g) - [https://www.legislature.mi.gov/\(S\(0y0kqodxvpmnmakigf04zft\)\)/documents/mcl/pdf/mcl-258-1974-7.pdf](https://www.legislature.mi.gov/(S(0y0kqodxvpmnmakigf04zft))/documents/mcl/pdf/mcl-258-1974-7.pdf)
- Medicaid Provider Manual
 - Sec 17.1 “Definitions of Goals that Meet the Intent and Purpose of B3 Supports and Services”
 - https://www.michigan.gov/mdhhs/0,5885,7-339-71551_2945_42542_42543_42546_42553-87572--,00.html
- HCBS Final Rule
 - <https://www.law.cornell.edu/cfr/text/42/441.530#>
- HCBS Waiver Requirements
 - CFR 42 sec. 441.301 (1) Person-Centered planning process
 - <https://www.ecfr.gov/cgi-bin/text-idx?node=pt42.4.441&rgn=div5>
- MI PCP Policy
 - https://www.michigan.gov/documents/mdhhs/Person-Centered_Planning_Practice_Guideline_702780_7.pdf