



You are your child's best advocate. Learn everything you can about CMV. Do not be afraid to reach out for help. Love your precious baby and learn what works best for him or her.

## Treatments

If your baby was born with CMV and you would like more information about treatment, speak with your child's doctor.

Research for CMV is on-going.



More information is available at:

[www.NationalCMV.org](http://www.NationalCMV.org)

and

[www.cdc.gov/cmV/](http://www.cdc.gov/cmV/)

Michigan Department of Health and  
Human Services  
Michigan Early Hearing Detection and  
Intervention Program  
P.O. Box 30195, Lansing, MI 48909  
517-335-8955 Phone  
[www.michigan.gov/ehdi](http://www.michigan.gov/ehdi)



# Cytomegalovirus (CMV)

## What To Do Next.



Michigan Early Hearing Detection  
and Intervention Program

**Babies born with CMV\*** may or may not show symptoms at birth but may develop symptoms.



CMV is a common virus. Hearing loss is the most common symptom found in babies born with congenital CMV. The virus may be detected soon after birth or may develop later in childhood.

**In some cases:**

- Problems may develop with the ears, eyes, brain, and/or other organs of the body. They may be mild, moderate, or severe.
- Children born with CMV may develop permanent health problems (roughly 8,000+ children in the U.S).
- Health problems or disabilities can sometimes appear two or more years after birth.

**Did you know?**

**CMV affects 1 in 150 babies per year in the U.S. (about 30,000 children.)**

**\*CMV—Cytomegalovirus**  
(pronounced sy-toe-MEG-a-low-vy-ru s)

## Moving Forward

**Hearing:** Have your baby's hearing checked regularly. Your pediatric hearing specialist will provide a plan. Early diagnosis will help ensure long-term success. To find a pediatric hearing specialist in your area, contact the Michigan Early Hearing Detection and Intervention program at 517-335-8955.

If your baby is found to be deaf or hard of hearing, contact the Guide By Your Side™ program of Michigan Hands & Voices™. They provide:

- Parent-to-parent help for families.
- Health resource information. Call or text 248-845-8762.

**Vision:** Have your baby's vision checked regularly. Your pediatric eye doctor will provide a plan. Visit InfantSEE® for a free eye exam between 6 and 12 months of age. Contact InfantSEE at 1-888-396-3937. [www.infantsee.org](http://www.infantsee.org)

**Seizures:** If you are concerned about potential seizures, record your baby's behavior. Talk with your doctor. Ask about a specialist.

**Development:** Early On® provides free in-home support for children ages 0-3 who are at risk for developmental delays. Contact Early On at 1-800-EARLYON (1-800-327-5966). [www.1800earlyon.org](http://www.1800earlyon.org)

**Finances:** If your baby has special healthcare needs, contact Children's Special Health Care Services (CSHCS) for financial help, regardless of income. Contact CSHCS at 1-800-359-3722.

### **The Family Center for Children and Youth with Special Health Care**

**Needs:** Call The Family Center phone line at 1-800-359-3722, or send an email: [cshcsfc@michigan.gov](mailto:cshcsfc@michigan.gov).